

# ANNOUNCEMENTS

## Thrive Cooking Tutorial

On October 15 and 22 at 6:30 p.m. at the Sisters Library all are invited to attend a free cooking tutorial "Holiday Foods for Health." Samples, recipes, and door prizes will be included. For information and registration, call 541-948-6628.

## DLT Walk & Hike Series

Deschutes Land Trust volunteer naturalists lead free walks and hikes in small groups. Upcoming walks include October 6 from 10 a.m. to noon Kids Falling for Nature at Metolius Preserve; October 6 from 10 a.m. to noon Hindman History Wander at Camp Polk Meadow preserve; October 7 from 9 a.m. to 2 p.m. Fall Colors Hike at Metolius Preserve. Online registration is required at [deschuteslandtrust.org/hikes](http://deschuteslandtrust.org/hikes). Info: 541-330-0017.

## Suicide Prevention Training

In collaboration with St. Charles Hospital, a training session will be held for the general public on Wednesday, October 3 from 12 to 2 p.m. Participants will learn warning signs for suicide and the 3-step QPR method from a certified instructor. Meeting at Shepherd of the Hills Lutheran Church. Info call 541-549-5831.

## Crafters Wanted

Quality-oriented crafters are being sought as consigners for the 43rd Snowflake Boutique (November 2 & 3). Jury will be held Saturday, October 6 at 9:30 a.m. at Highland Baptist Church in Redmond. For more info call 541-504-4048, 541-350-4888, or 541-447-1640.

## Free Spay & Neuter

It's as easy as 1-2-3. Stop by the Furry Friends Foundation (FFF) office to fill out a simple form, call to make your appointment at Bend Spay & Neuter, transport your pet. FFF also sponsors vaccinations and chipping. Located in the Sisters Art Works building, 204 W. Adams Ave., Suite 109. For information call 541-797-4023.

## Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

## Firebusters for Kids

Attention parents of children grades K-5! The Sisters-Camp Sherman Fire District will be offering the 32nd Annual FIREBUSTERS Life Safety Program during Fire Prevention Week, October 8-12. Look for a worksheet in your child's schoolwork, or stop by the fire station at 301 S. Elm St. Prizes awarded for completed worksheets! Info: 541-549-0771.

## Go Fish Gathering

Go Fish Group meeting will be held on Monday, October 8th at Sisters Community Church at 7 p.m. Our speaker will be Paul Snowbeck, the manager of Fin and Fire Fly Shop in Redmond. He will present information about fishing the Lower Deschutes River. Everyone is welcome to attend. For more information please contact Gary Kutz 541-771-2211.

## Volunteer Tutors Needed

Would you like to volunteer your time at Sisters Middle School or Sisters High School as an AVID tutor? There are multiple times available, training is included and you don't have to be an expert in any specific area of study. Email Kristy Rawls at [kristy.rawls@sisters.k12.or.us](mailto:kristy.rawls@sisters.k12.or.us) or call 541-549-4045.

## Author Larry Peterson Presentation

Larry Peterson will speak from his award-winning book, "American Trinity: Jefferson, Custer, and The Spirit of the West." Larry is the recipient of two Western Heritage Awards and his subject will be "The World of Thomas Jefferson and How Culture Influences Our Beliefs." Wednesday, October 3 at 7 p.m. at Sisters Community Church. Info: 541-549-1201.

## Community Gear Swap

Local schools and Hike N Peaks are hosting a gear swap on Saturday, October 6 from 10 a.m. to 4 p.m. to raise funds for outdoor programs. Donate or sell your outdoor gear in good condition. Bring gear to Hike N Peaks by October 5 at 5 p.m. For more information call Sharri at 541-904-0778.

## 60+ Senior Health Fair

The Second Annual 60+ Senior Health Fair will be held on Friday, October 19 from 10 a.m. to 2 p.m. at Sisters Park and Recreation Building. Over 30 tables on local health services and resources. Free prizes! For more info call 541-272-0529.

## One-Act Play Submissions

Silent Echo Theater Company is accepting one-act play submissions to be considered for the 2019 "Now You're Talking" event happening late February, early March 2019. Plays not performed in Oregon are preferred and can be from 10 to 20 minutes long. To be considered, submissions can be emailed to [silentechotheatercompany@gmail.com](mailto:silentechotheatercompany@gmail.com) by October 14. For information call 541-719-8779.

## Stars Over Sisters Star Party

Learn about the night skies! Stargazers are invited to gather at the Sisters Park & Recreation District building on Saturday, October 6 at 7:30 p.m. for a free presentation and slide show. If weather then permits, plan on heading out to the SHS sports fields to observe the night sky through powerful telescopes. For more information call Ron at 541-549-8846.

## Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from 11 a.m. to 12:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to [alz.org/oregon](http://alz.org/oregon).

## Donate Antiques & Jewelry

Sisters Kiwanis takes donations of antiques & vintage jewelry throughout the year for its annual Antique & Collectibles Sale, held on Saturday every Memorial Day weekend. Your donation is tax-deductible! For more information call Lert at 541-410-2890; to arrange for pickup of large items, please call Pam at 541-719-1049 or Roger at 541-430-7395. You may also drop off small items at Essentials at 492 E. Main Ave.

## Tai Chi/Balance Sessions

Sisters Drug hosts free adult fitness and health sessions in the Ray's Food Place community room, the first and last Thursday each month, 11:15 to 11:45 a.m. Sessions are based on the STEADI Program, to reduce adult injuries from falls. Tai Chi has been shown to improve balance and strength, helping to accomplish this. For info: 541-549-6221.

## CPR and First Aid Class

Sisters-Camp Sherman RFPD will offer the AHA "Heartsaver" CPR/AED class on Saturday, October 27 and the First Aid module on Sunday, October 28 at the Sisters Fire Hall. The cost is \$30 which includes a student workbook and completion card. Register no later than Friday, October 19: online at [sistersfire.com](http://sistersfire.com) (CPR tab) or at the Sisters Fire Hall weekdays, 9 a.m. to 5 p.m. For more information call 541-595-5712.

## Habitat Home Dedication

The community is invited to a home dedication celebration for Michelle Ehr on Sunday, October 7 at 2 p.m. Ehr will be the 64th family to purchase a home through Sisters Habitat's homeownership program. The celebration will take place at Village Meadows South on N. Desert Rose Loop. Refreshments will be served. For info call 541-549-1193.

## Animal Blessing

Episcopal Church of the Transfiguration is hosting an Animal Blessing on Saturday, October 13 at 1 p.m. Pet treats will be donated by Trader Joe's. A photographer will be on-site. All animals included — even fish, chickens, horses and well-behaved pigs! Please bring pets on a leash or in a carrier. Call 541-549-7087 for more information.

## Willow Springs Preserve

The Deschutes Land Trust will discuss its plans for Willow Springs Preserve on October 9 and 11 at the Sisters Library. Time: 12 pm to 1:30 pm. Please call 541-330-0017 for further information.

## PET OF THE WEEK

Humane Society of Central Oregon  
541-382-3537



Meet **RON**, a goofy Hound who is looking for his forever home. Ron came to the shelter as a stray and was sadly never reclaimed. Ron is very much a hound and follows his nose wherever he goes. Once he finds a scent, Ron becomes very focused on it and will track it to its source. Ron does well with the other dogs here at the shelter, but was a little too focused on the cats.

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## Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

## Sisters Library OCTOBER EVENTS

### Animal Adventures

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesday, October 16 at 11:30 a.m. Info: 541-312-1072.

### Frankenstein History

This talk on Wednesday, October 10 at noon will cover the little-known and often misunderstood history of Mary Shelley's "Frankenstein; Or the Modern Prometheus" as we celebrate the 200th anniversary of its publication. Info: 541-312-1072.

### Lucky Stars Origami

Fold a jar full of lucky stars. Origami supplies provided or bring your own. Part of 2018 Teen Read Week for ages 10 to 17. Wednesday, October 10 at 4 p.m. at Suttle Tea. Info: 541-617-7078.

### Monster Cupcake Wars

Make monster cupcake creations then race against the clock in cupcake competitions. For ages 10 to 17. Supplies provided. Registration required. Tuesday, October 16 at 4 p.m. Sisters Public Library. Info: 541-617-7078.

### The Library Book Club

Read and discuss "Today Will Be Different" by Maria Semple with other thoughtful readers at the Sisters Library on Wednesday, October 24, from 5:30 to 6:30 p.m. Info: 541-617-7078.

### Pumpkin Party

Pumpkin decorating, stories and games for ages birth to 11. No registration required. Sisters Library on Saturday, October 27 from 10 a.m. to noon. Info: 541-617-7078.

### Open Computer Labs

From 3 to 5 p.m. on Fridays, October 5, 12, 19 and 26, a free open lab is offered at the Sisters Library. Practice skills, receive help with technical tasks, and have your questions answered. For more info call 541-312-1072.

### Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, October 4, 11, 18 and 25 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

### Art in the Library

During the month of October, in the community room and computer room of the Sisters Library, members of the Central Oregon Spinners & Weavers will exhibit their art, along with collages by Katie Loquist. For info call Zeta at 541-549-6157.

## SISTERS AREA CHURCHES

### Shepherd of the Hills Lutheran Church (ELCA)

386 N. Fir Street • 541-549-5831  
10 a.m. Sunday Worship  
[shepherdofthehillslutheranchurch.com](http://shepherdofthehillslutheranchurch.com)

### Sisters Community Church (Nondenominational)

1300 W. McKenzie Hwy. • 541-549-1201  
10 a.m. Sunday Worship (with signing)  
[sisterschurch.com](http://sisterschurch.com) | [info@sisterschurch.com](mailto:info@sisterschurch.com)

### St. Edward the Martyr Roman Catholic Church

123 Trinity Way • 541-549-9391  
5:30 p.m. Saturday Vigil Mass  
9 a.m. Sunday Mass  
8 a.m. Monday-Friday Mass

### Calvary Chapel (Nondenominational)

484 W. Washington St., Ste. C & D • 541-588-6288  
10 a.m. Sunday Worship

### New Hope Christian Center (Assembly of God)

222 Trinity Way • 503-910-9069  
10:30 a.m. Sunday Worship

### Chapel in the Pines

Camp Sherman • 541-549-9971  
10 a.m. Sunday Worship

### The Episcopal Church of the Transfiguration

68825 Brooks Camp Road • 541-549-7087  
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare)  
10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

### Sisters Church of the Nazarene

67130 Harrington Loop Road • 541-389-8960 | [sistersnaz.org](http://sistersnaz.org)  
10:45 a.m. Sunday Worship | [2sistersnaz@gmail.com](mailto:2sistersnaz@gmail.com)

### Westside Sisters

442 Trinity Way • 541-549-4184 | [westsidesisters.org](http://westsidesisters.org)  
9 a.m. and 10:45 a.m. Sunday Worship

### Vast Church (Nondenominational)

1700 W. McKinney Butte (Sisters High School) • 541-719-0587  
9:37 a.m. Sunday Worship | [vastchurch.com](http://vastchurch.com)

### Seventh-Day Adventist Church

386 N. Fir Street • 541-595-6770, 541-306-8303  
11 a.m. Saturday Worship

### The Church of Jesus Christ of Latter-Day Saints

68885 Trinity Way • Branch President, 503-932-2401;  
R.S. Pres., 541-549-4499. 10 a.m. Sunday Sacrament Meeting

### Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586