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#### **DLT Walk & Hike Series**

Deschutes Land Trust volunteer naturalists lead free walks and hikes in small groups. Upcoming walks include September 29 from 9 to 11 a.m. Gölden Eagle Walk in Aspen Hollow Preserve; October 6 from 10 a.m. to noon Kids Falling for Nature at Metolius Preserve; October 6 from 10 a.m. to noon Hindman History Wander at Camp Polk Meadow preserve. Online registration is required at deschuteslandtrust. org/hikes. Info: 541-330-0017.

**Suicide Prevention Training** In collaboration with St. Charles Hospital, a training session will be held for the general public on Wednesday, October 3 from 12 to 2 p.m. Participants will learn warning signs for suicide and the 3-step QPR method from a certified instructor. Meeting at Shepherd of the Hills Lutheran Church. For more info call 541-549-5831.

**Christmas Choir Voices** Sisters High Desert Chorale is welcoming new members. No experience is necessary and all ages are welcome. The first rehearsal is Monday, October 1 from 6:30 to 8:30 p.m. at Episcopal Church of the Transfiguration. Questions? Call Connie at 541-588-0362.

**Bingo & Community Dinner** On Monday, October 1, all are invited to Sisters High School for a community dinner and bingo night. From 5 to 6:30 p.m., enjoy a delicious dinner, just \$2 per plate. Bingo will follow at 6:30 p.m., Fun family event! Great prizes! Proceeds benefit SHS sports. For additional information call Jillian Frankl at 541-549-4045.

### **Run and Race Sisters**

First Annual Fresh Hop Fest 5K on Saturday, September 29 at 10 a.m. Run or walk and receive a Fresh Hop fest hat and a pint glass with five tasting tickets. Any age welcome, under 21 has a lower registration fee. Proceeds benefit SHS sports. Call 541-549-1171 for more info.

## **Crafters Wanted**

Quality-oriented crafters are being sought as consigners for the 43rd Snowflake Boutique (November 2 & 3). Jury will be held Saturday, October 6 at 9:30 a.m. at Highland Baptist Church in Redmond. For more info call 541-504-4048, 541-350-4888, or 541-447-1640.

**Volunteer Tutors Needed** 

Would you like to volunteer your time at Sisters Middle School or Sisters High School as an AVID tutor? There are multiple times available, training is included and you don't have to be an expert in any specific area of study. Email Kristy Rawls at kristy. rawls@sisters.k12.or.us or call 541-549-4045.

**Spinners/Weavers Group** The Central Oregon Spinners and Weavers Guild will meet at Sisters City Hall on Saturday, September 29 from 1 to 4 p.m. and cover processing and spinning alpaca fiber. All fiber enthusiasts are welcome! Info: 541-639-3217.

#### **Author Larry Peterson Presentation**

Larry Peterson will speak from his award-winning book, "American Trinty: Jefferson, Custer, and The Spirit of the West." Larry is the recipient of two Western Heritage Awards and his subject will be "The World of Thomas Jefferson and How Culture Influences Our Beliefs." Wednesday, October 3 at 7 p.m. at Sisters Community Church. For more information call 541-549-1201.

**Sisters Community Cleanup** The Beach & Riverside Cleanup organized by SOLVE is Saturday, September 29. Volunteers are needed for local projects including the Sisters Community Cleanup and the Whychus Creek Cleanup. Register at solveoregon.org or call 503-844-9571 for information.

**Community Gear Swap** Local schools and Hike N Peaks are hosting a gear swap on Saturday, October 6 from 10 a.m. to 4 p.m. to raise funds for outdoor programs. Donate or sell your outdoor gear in good condition. Bring gear to Hike N Peaks by October 5 at 5 p.m. For more information call Sharri at 541-904-0778.

## **Sendoff at ReStore**

Come say goodbye to ReStore Robin Wednesday, September 26 from 10 a.m. to 4 p.m. at the Sisters Habitat for Humanity ReStore, 254 W. Adams Ave. Robin Tawney, the Sisters Habitat ReStore Manager, is retiring and the community is invited to enjoy a piece of cake and send her off with warm wishes as she gets ready to move to Arizona. For information call 541-549-1193.

#### 60+ Senior Health Fair

The Second Annual 60+ Senior Health Fair will be held on Friday, October 19 from 10 a.m. to 2 p.m. at Sisters Park and Recreation Building. Over 30 tables on local health services and resources. Free prizes! For more info call 541-272-0529.

#### **Panoramic Access Special Road District Board Term**

Letters of interest are being accepted for a 3-year-term volunteer position on the PASRD three-member board. Must be a resident of the Panormaic Access Special Road District for more than 90 days and a registered voter. Send to: PASRD, POB 1226, Sisters, OR 97759. Info, call 541-610-6731.

#### Walk to End ALS

The Walk to End ALS Central Oregon will take place on Saturday, October 6 at Riverbend Park in Bend. Registration opens at 11 a.m. and the 2-mile walk begins at noon. Join a team or donate at CentralOregonWalkto DefeatALS.org. Call 541-890-9570 with questions.

**Stars Over Sisters Star Party** Learn about the night skies! Stargazers are invited to

gather at the Sisters Park & Recreation District building on Saturday, October 6 at 7:30 p.m. for a free presentation and slide show. If weather then permits, plan on heading out to the SHS sports fields to observe the night sky through powerful telescopes. For more information call Ron at 541-549-8846.

**Volunteer for Green Tour** The Environmental Center

needs volunteer ambassadors to be in two green buildings in Sisters during the 18th Annual Green Tour on September 29. Learn and educate about energy efficiency. No experience required. Choose from 9:30 a.m. to 1 p.m. shift or 1 to 4:45 p.m. shift. For information contact Ani at 541-385-6908 x26.

## **Free Meditation Group**

All are welcome to a free meditation group meeting on Sundays at 6 p.m. at 484 W. Washington Ave. #A, Wear comfortable clothing; no experience necessary. For more information please email dawnsong03@gmail.com or text only (no voice calls) to Dawn at 541-207-7266.

#### **CPR and First Aid Class**

Sisters-Camp Sherman RFPD will offer the AHA "Heartsaver" CPR/AED class on Saturday, October 27 and the First Aid module on Sunday, October 28 at the Sisters Fire Hall. The cost is \$30 which includes a student workbook and completion card. Register no later than Friday, Öctober 19: online at sistersfire.com (CPR tab) or at the Sisters Fire Hall weekdays, 9 a.m. to 5 p.m. For info call Gail at 541-595-5712.

**Habitat Home Dedication** The community is invited to a home dedication celebration for Michelle Ehr on Sunday, October 7 at 2 p.m. Ehr will be the 64th family to purchase a home through Sisters Habitat's homeownership program. The celebration will take place at Village Meadows South on N. Desert Rose Loop. Refreshments will be served. For info call 541-549-1193.

**Animal Blessing** 

Episcopal Church of the Transfiguration is hosting an Animal Blessing on Saturday, October 13 at 1 p.m. (please note the date change). Glutenfree treats and water for the animals. A photographer will be on-site. All animals included even fish, chickens, horses and well-behaved pigs! Call 541 549-7087 for more information.

#### Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids.org or call Katie at 541-719-8727.

# PET OF THE WEEK

Humane Society of Central Oregon 541-382-3537



**WATSON** is an adorable Netherland Dwarf rabbit with a big personality in a pocket nackagel surrendered to HSCO because

his previous owner was moving. He has been neutered and microchipped during his stay at HSCO. Watson was previously a house rabbit, which means he ran around inside the house and used a litterbox. He is 5 years young with lots of love to give!

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### **Empty Nesters Inspiration**

"Welcome to the New: Re-Imagining the Heart of Home" is a faith-based workshop to inspire moms with emptying nests to create a new sense of place & purpose. Local author Nancie Carmichael will speak and be signing copies of her new book, "The Unexpected Power of Home." Saturday, September 29, 9 to 11:30 a.m. at the Tollgate Community Center, 15004 Saddle. For more information call 541-610-9783.

**One-Act Play Submissions** Silent Echo Theater Company is accepting one-act play submissions to be considered for the 2019 "Now You're Talking" event happening late February, early March 2019. Plays not performed in Oregon are preferred and can be from 10 to 20 minutes long. To be considered, submissions can be emailed to silentechotheatercompany@ gmail.com by October 14. For information call 541-719-8779.

Parkinson's Support Group The second Tuesday of each month, Sisters Parkinson's Support Group meets at Sisters Community Church from 1 to 2:30 p.m. (following the Senior Luncheon). All are welcome to learn, share, and receive support. For more info contact Lenetta at 907-687-8101 or Carol at 541-668-6599.

## Sisters Library **FALL EVENTS**

**Open Computer Labs** 

From 3 to 5 p.m. on Friday, September 28, a free open lab is offered at the Sisters Library. Practice skills, receive help with technical tasks, and have your questions answered. For more info call 541-312-1072.

**Family Fun Story Time** Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursday, September 27 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

The Library Book Club Read and discuss "This is the Story of A Happy Marriage" by Ann Patchett with other thoughtful readers at the Sisters Library on Wednesday, September 26, from 5:30 to 6:30 p.m. Info: 541-617-7078

## **Animal Adventures**

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesday, October 2 at 11:30 a.m. Info: 541-312-1072.

**Frankenstein History** 

This talk on Wednesday, October 10 at noon will cover the little-known and often misunderstood history of Mary Shelley's "Frankenstein; Or the Modern Prometheus" as we celebrate the 200th anniversary of its publication. Info: 541-312-1072.

## STERS AREA CHURCH

Shepherd of the Hills Lutheran Church (ELCA) 386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational) 1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship (with signing) sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church 123 Trinity Way • 541-549-9391 5:30 p.m. Saturday Vigil Mass 9 a.m. Sunday Mass 8 a.m. Monday-Friday Mass

Calvary Chapel (Nondenominational) 484 W. Washington St., Ste. C & D • 541-588-6288 10 a.m. Sunday Worship

New Hope Christian Center (Assembly of God) 222 Trinity Way • 503-910-9069 10:30 a.m. Sunday Worship

Chapel in the Pines Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

The Episcopal Church of the Transfiguration

68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Sisters Church of the Nazarene 67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org 10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com **Westside Sisters** 

442 Trinity Way • 541-549-4184 | westsidesisters.org 9 a.m. and 10:45 a.m. Sunday Worship

Vast Church (Nondenominational) 1700 W. McKinney Butte (Sisters High School) • 541-719-0587 9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church 386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints 68885 Trinity Way • Branch President, 503-932-2401 R.S. Pres., 541-549-4499. 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586