

Outlaws ready for season in Oregon West League

By Rongi Yost
Correspondent

Sisters varsity volleyball graduated five strong seniors this past spring, leaving big shoes to fill. Six players return to the varsity squad and six new players will be added to the roster.

The veteran players include seniors Kendra Sitz and Sydney Head, juniors Sam Silva and Addy Myhre, and sophomores Ellie Rush and Sophie Silva.

Sitz worked hard during the off-season, has become much stronger, and will play outside hitter. Last year, Kendra played after coming off an ACL surgery and according to Coach Rory Rush found herself to be timid at times. This year, she’s back at full strength in her fourth year on varsity and will be a force to contend with on the outside.

Head is also a fourth-year varsity player and this season will take over the starting libero spot. Rush noted that Head is ready to anchor the back row as the Outlaws’ top defensive specialist. Sydney, along with Kendra, will provide leadership to the young squad.

Silva returns to her role as a starting outside hitter from the Outlaws’ State Championship team. Sam will be a threat on the outside, and will also provide solid passing in the back row. With only a handful of upperclassmen this year, the Outlaws will also look to Sam for leadership on the floor.

Myhre will play at both right side and at setter. Addy worked hard on the off-season to establish herself as a setter, and a strong right-side hitter. She will bring her knowledge of the game to the floor, and will provide a strong block on the right side.

Rush returns in her role as setter from the State Championship team. Ellie learned a lot from setter Hawley Harrer last year, and is excited to bring her knowledge of the game to the floor as she leads the offense. Ellie was one of the Outlaws’ top servers last year, and the team will look to her for accuracy from the serving line again this year.

Rounding out the returning players is middle-hitter Sophie Silva, who played middle on last years’ winning squad. Sophie will bring both intensity and consistency at



PHOTO BY BECKY AYLOR

The SHS varsity volleyball team trekked to the Oregon Coast for a jamboree last weekend.

the net. She’s explosive when she hits, and when she blocks her timing has the ability to frustrate hitters from the opposing team. She was also one of the team’s top servers last year, and they will look to her for that same effectiveness again this season.

Six new players, juniors Maddison Anderson and Rianna McGonagle, sophomores Natalie and Tatum Sitz, and freshmen Greta Davis and Sydney Myhre will complete the roster for the young squad.

Anderson and McGonagle will both see time at the right side. Maddison will bring court awareness and

athleticism to the team, and Rianna, who took off last season, worked hard to get back on the court.

Natalie will be an added addition as a passer in the back row, and the team is excited to have her competitiveness and consistency in the back. Tatum improved her hitting in the off-season, and she will bring athleticism and enthusiasm to the team as an outside hitter.

Davis is expected to be a strong and consistent player in the middle for the Outlaws. She’s quick, and will bring strength to the middle. Sydney Myhre is a great

passer, understands the game well, and will add consistency in the back row.

Rush told *The Nugget* that they are excited to continue the strong traditions of Outlaw volleyball this year.

“This is a great group of volleyball players, and they are ready for the challenge. They’ve been working hard this off-season to make this a great season. This team brings to the floor competitiveness and grit every time they play. We are ready to enter our new league, the Oregon West Conference, and once again establish ourselves as one of the top teams.”



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