

Sisters ramps up for Solstice season

The longest day of the year falls on June 21, heralding the start of summer. As in the Shakespeare play *A Midsummer Night's Dream*, it's a time for celebrating with song, dance, bonfires, and evening intrigue. Folks will gather for a drum circle and labyrinth walk at Sisters Community Labyrinth, followed by a campfire and potluck in the woods. A new event called Solstice in the Pines will offer creativity and nature workshops throughout the weekend.

Labyrinth walk and drum circle

Walking a labyrinth is an ancient practice that quiets the mind, slows the heart rate, promotes relaxation, and helps people tap into their creative energy. For Summer Solstice, celebrants will trade contemplative silence for drumming and movement. Everyone is welcome to join in and bring their own drum or noisemaker on June 21 at 5:30 p.m. No sign-up is required.

The Sisters Community Labyrinth is located in the U.S. Forest Service East Portal, near the corner of Highway 242 (McKenzie Highway) and West Hood Avenue across from XPress Printing. Native shrubs and local rocks form a seven-circuit design like those found on the floors of medieval European churches and cathedrals.

The labyrinth is disabled-accessible and also features a sculptural three-dimensional "finger labyrinth," so those who are unable to physically walk the labyrinth can trace the path with a finger. Sisters Cohort 3 of the Ford Institute Leadership Program created the site, which is now maintained by the group Friends of the Labyrinth.

Creative workshops

Visiting artist Cara Cadwallader of San Diego will lead a series of workshops called "Embodied Storytelling Under the Stars" for Solstice in the Pines. Cadwallader calls herself an embodiment artist, trained in dance and



PHOTO PROVIDED

Cara Cadwallader of San Diego will lead a series of workshops called "Embodied Storytelling Under the Stars."

interdisciplinary arts.

"In our bodies is where our pleasure, purpose, passion, and power are located," she explains. "That's why I use the word embodiment." For three nights in a row, participants will meet under the moon and stars, exploring the creativity of body movement in a natural setting. No previous dance or movement experience is necessary.

The workshop "Solstice Herbs & Meditation" will be led by local theatre artist and herbology enthusiast Maesie Speer, also known for her work as Caldera's Arts Center programs manager. Other workshops throughout the weekend include Nature Connection for adults and families, Tarot for the Creative Soul, and writing workshops intended to give writers, artists, and other creatively minded folks a creative reboot.

Some participants plan to camp together in Deschutes National Forest within a 10-minute drive of Sisters. Prince acknowledged that in such parts of the forest, visitors are likely to encounter less wildlife. Highway and all-terrain vehicle noise can

scare off some animals and distract visiting humans. "It still beats sitting on your rear end in front of the TV," says organizer Tiffany Lee Brown, "or clicking 'Like' on your phone all weekend.

"It's an informal gathering," says Brown. "We'll be meeting at private homes close to town, and in the forest, depending on the weather. The workshops will be small and intimate." For this reason, participants must email in advance to reserve their spots. Spaces are limited and registration is required.

Solstice in the Pines is family-responsive, with some childcare options and child-friendly classes (*see related article*). The event takes place June 21-24. Admission is free; donations to the organization are appreciated. Details at www.neworegon.org or email neworegonarts@gmail.com.

Campfires, potlucks & poetry

Following the labyrinth walk on June 21, celebrants will drive a short distance into the forest and share a campfire and potluck. Additionally, all are invited to join in a Poetry

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WEDNESDAY NIGHT COOKOUTS!!

JUNE 20 EVERYBODY'S BREWING / JUNE 27 PFRIEM
 JULY 04 FORT GEORGE / JULY 25 DOUBLE MOUNTAIN
 AUGUST 01 GOODLIFE / AUGUST 08 CRUX
 AUGUST 15 WILDRIDE / AUGUST 22 EX NOVO
 AUGUST 29 VON EBERT

5PM - 7PM AT THE BEER GARDEN
 FIRST COME. FIRST SERVED

13300 HWY 20, SISTERS, 97759
WWW.THESUTTLELODGE.COM/HAPPENINGS

SISTERS ENTERTAINMENT & EVENTS

WED...JUNE 13

Food Cart Garden at Eurosports Trivia Night
 6:30 to 7:30 p.m. Sign-up is at 6:15 p.m. Free, every Wednesday! For info call Eurosports at 541-549-2471.

Sisters Saloon Poker Night
 7 p.m. Every Wednesday! \$20. For additional information call 541-549-7427 or go online to sistersaloon.net.

THURS...JUNE 14

The Episcopal Church of the Transfiguration Concert with Celtic Harpist Kim Robertson, Harpist Rebecca Hilary Smith, and Friends! 7 p.m. \$15 at the door. For more information go to centraloregonharpist.com.

Sisters Saloon Karaoke Night 9 p.m. to midnight. Every Thursday, no cover! For additional information call 541-549-7427 or go to sistersaloon.net.

FRI...JUNE 15

Food Cart Garden at Eurosports Live Music & CD Release Party with Beth Wood 5 to 7 p.m. Free! For additional information call Eurosports at 541-549-2471.

Hardtails Bar & Grill Karaoke Night 9 p.m. Every Friday, no cover! For more information call 541-549-6114 or go to hardtailsoregon.com.

SAT...JUNE 16

Cork Cellars Live Music with NTT 7 to 9 p.m. No cover! For additional information call 541-549-2675 or go online to corkcellarswinebistro.com.

Sisters Saloon Live Music with Thomas T & the Blue Chips 7 to 10 p.m. No cover! For additional information call 541-549-7427 or go to sistersaloon.net.

Food Cart Garden at Eurosports Live Music & Swing Dance Lessons 5:30 to 6:30 p.m. With professional dance instructors Clint & Jenny. Come alone or bring a partner, free! For information call Eurosports at 541-549-2471.

Hardtails Bar & Grill Karaoke Night 9 p.m. Every Saturday, no cover! For additional information call 541-549-6114 or go to hardtailsoregon.com.

SUN...JUNE 17

Sisters Saloon Open Mic Night 8 to 10 p.m. Free, every first and third Sunday! For additional information call 541-549-7427 or go to sistersaloon.net.

MON...JUNE 18

Hardtails Bar & Grill Open Mic & Jam Night 7 p.m. Every Monday, no cover! For additional information call 541-549-6114 or go online to hardtailsoregon.com.

Sisters Saloon Painting Party 6 to 8 p.m. \$35, every Monday! For additional information call 541-904-5280 or go to sistersaloon.net.



Events listings are free to advertisers. Submit items by 5 p.m. Fridays to teresa@nuggetnews.com

TUES...JUNE 19

Sisters City Hall Annual City BBQ with Live Music 4:30 to 6:30 p.m. All are invited to enjoy hamburgers, hot dogs & more, free! Meet City staff and enjoy the meal and entertainment, courtesy of the City of Sisters. For additional information call 541-549-6022.

Sisters Saloon Trivia Night 6:30 to 7:30 p.m. Sign-up is at 6:15 p.m. Free, every Tuesday! For additional information call 541-549-7427 or go to sistersaloon.net.

WED...JUNE 20

Sisters Saloon Poker Night 7 p.m. Every Wednesday! \$20. For additional information call 541-549-7427 or go online to sistersaloon.net.

Food Cart Garden at Eurosports Trivia Night 6:30 to 7:30 p.m. Sign-up is at 6:15 p.m. Free, every Wednesday! For info call Eurosports at 541-549-2471.

THURS...JUNE 21

Sisters Saloon Karaoke Night 9 p.m. to midnight. Every Thursday, no cover! For additional information call 541-549-7427 or go to sistersaloon.net.

FRI...JUNE 22

Food Cart Garden at Eurosports Live Music with Bitter Creek Band 5 to 7 p.m. Free! For information call Eurosports at 541-549-2471.

Hood Avenue Art Artists' Reception for JoAnn Burgess and Elyse & Steven Douglas and Live Music with Bob Baker 4 to 7 p.m. See beautiful pastels and Oregon sunstone jewelry! For more info call 541-719-1800 or go to hoodavenueart.com.

Downtown Sisters 4th Friday Art Stroll 4 to 7 p.m. Galleries and shops feature live entertainment and refreshments, every fourth Friday of the month! For info: sistersartsassociation.org.

Hardtails Bar & Grill Karaoke Night 9 p.m. Every Friday, no cover! For more information call 541-549-6114 or go to hardtailsoregon.com.

SAT...JUNE 23

Paulina Springs Books Author Readings with Milree Latimer, Gary Leiser, and Julie O'Neill 11 a.m. to 2 p.m. Enjoy these three local authors, reading and signing their work. Latimer shares "Those We Left Behind;" Leiser reads from "Prostitution in the Eastern Mediterranean World;" and O'Neill presents "Living Without Walls, A Memoir." For information call 541-549-0866.

Cork Cellars Live Music with Doc Ryan & the Whychus Creek Band 7 to 9 p.m. No cover! For additional information call 541-549-2675 or go online to corkcellarswinebistro.com.

MON...JUNE 25

Hardtails Bar & Grill Open Mic & Jam Night 7 p.m. Every Monday, no cover! For information call 541-549-6114 or go to hardtailsoregon.com.

Sisters Saloon Painting Party 6 to 8 p.m. \$35, every Monday! For additional information call 541-904-5280 or go to sistersaloon.net.

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