



**A Romantic Topic in a Romantic Location**  
— Light your Fire —  
**Herbal Aphrodisiacs**  
a presentation by Dr. Kim Hapke at  
Cork Cellars, Tuesday, February 6, 5 p.m.  
Kim Hapke N.D. | 971-409-0908  
www.meaningfulmedicine.com



**Fireside Dining**  
— Valentine's Day Prix-fixe Menu —  
Wednesday, February 14, 5-9 p.m.  
Expanded selection of champagne and exceptional ports  
— Reservations required —  
**CHOPS BISTRO**  
541-549-6015  
370 E. Cascade Ave.  
Lounge open 4:30 p.m. to close  
Dining Room 5 p.m. to close  
Closed Mondays



**DINE WITH YOUR Valentine**  
Enjoy a romantic dinner at the Lodge Restaurant, featuring our exceptional menu and Chef created specials.  
Wednesday, February 14  
5pm-Close  
RESERVATIONS  
541.595.1260  
**Black Butte Ranch**  
Side by Side Spa Special available at BlackButteRanch.com/Spa  
541.595.5878



**Valentine's Day Dinner**  
Spinach, Blueberry, Strawberry, and Feta Salad  
Fresh-Baked Rolls  
Grilled Salmon or Pan-Seared Filet Mignon  
Rosemary Roasted Potatoes  
Steamed French Green Beans  
Chocolate Lava Cake with Fresh Strawberries  
Glass of Champagne  
\$38/\$15 (child)  
Call for reservations: 541-516-3030  
www.lakecreekdodge.com

# STAY IN SISTERS FOR valentine's day

## Meaningful Medicine

Dr. Kim Hapke says that a lot of what she does in her practice of naturopathic medicine is fun. And what could be more fun than finding out how herbs can enhance your romantic life?

Dr. Hapke will teach on that vital Valentine's Day subject at Cork Cellars on Tuesday, February 6, starting at 5 p.m. Men, women, couples are all invited to enjoy a glass of wine, some dinner — and learn how herbs can put a little zing in the romantic action.

Herbs can increase circulation, promote relaxation and support your hormones — and many herbs have multiple actions. All of that is good for you, and good for your partner, too. The use of herbs isn't about fixing a problem — it's about enhancing well-being and pleasure.

That's a... hot... topic, but a fun one, and, as Dr. Hapke says, "I'm going to try to get through the presentation without blushing."



## Chops Bistro

Chops Bistro has become a local favorite and destination for connoisseurs of exceptional dining throughout Central Oregon — especially for Valentine's Day.

Co-owners Tracy Syanovitz and Grant Dixon have built a stellar reputation for their restaurant, and want to thank the Sisters community for their support. And they urge you to make your Valentine's Day dinner reservations NOW, because it WILL fill up.

Chops Bistro provides a lovely atmosphere and delightful food for your romantic dinner with your sweetheart. They're featuring a four-course prix-fixe menu with three entrées to choose from. To make the occasion even more special, Chops Bistro has a big, brand-new selection of champagne and an expanded selection of exceptional ports.

Make your Valentine's Day dinner a memorable one at Chops Bistro, with a nightcap to follow in the lounge. It's the perfect setting for a perfect night out in Sisters.

## Black Butte Ranch

Valentine's dinner. A couples' spa experience. Romantic overnight options. Black Butte Ranch has all of the ingredients to celebrate an unforgettable Valentine's Day. Situated amidst stunning natural beauty, Black Butte Ranch is the perfect place to enjoy a memorable Valentine's dinner at the Lodge Restaurant. For dining reservations, call 541-595-1260. Surprise your Valentine with a romantic side-by-side treatment at the Spa at Black Butte Ranch, featuring a 90-minute treatment that begins with our Ranch Signature massage, followed by a luxurious Hot Stone foot massage. A relaxing warm oil scalp massage completes the experience. Call 541-595-5878 for spa reservations. If it's a getaway you're seeking, take advantage of a night away in a tastefully decorated condo, cabin or custom home. Enjoy 20 percent off your nightly rate, along with champagne or wine, logo wine glasses, truffle chocolates and a late checkout upon request so you relish in relaxation. To book your perfect Valentine's getaway, call 855-253-2562.



## Shibui Spa

Something about the month of romance and Shibui Spa just fit together — like soul-mates.

Make a visit to Shibui a part of your mid-winter romantic interlude. Taking care of yourself makes you a better partner, and it certainly makes you feel more relaxed and romantic! And giving the gift of ongoing well-being is one of the greatest gestures of love and affection a person can make for someone they love and want to share their years with.

Guests of Shibui Spa know that their time there is so much more than an indulgence (though it certainly feels indulging!) — it's an important part of a lifestyle based around health and wellness. Shibui restores the body and the spirit so you can live better every day.

And you can keep on giving the gift of health and wellness with a Shibui Spa wellness gift certificate for your Valentine!



## 3 Sisters and Cook Contracting

Want to make your sweetheart REALLY happy this Valentine's Day? Get those projects done! Ed Cook is just the man to make it happen.

"Sisters is the best-kept secret" he says. "I am trying to make it even better by offering the highest quality of work I can."

Running a 70-year-old business in Virginia, started by his father, and starting a new business here in Sisters, Ed knew that things wouldn't happen overnight. But now the word is out — 3 Sisters and Cook Contracting does outstanding work at a fair price.

"With the help of *The Nugget*, Ace Hardware and Hoyt's, I am on my way," Ed says. "Let me do what other contractors don't want to do or can't get to."

Fill your Valentine sweetheart with joy — call 3 Sisters and Cook Contracting and get your home projects done with first-rate quality that will truly stand the test of time.

## Clearwater Gallery/Open Door

Celebrate Valentine's Day with The Open Door. Reserve your table and enjoy lovely service, a four-course prix-fixe menu, specialty cocktails and an elegant wine pairing menu.

And you can show a little heart for art at Clearwater Gallery, where renowned artist Dan Rickards is tracing his personal "Roots" in an exhibit and silent auction that will benefit Sisters High School's visual arts program.

Dan's early pen-and-ink works are up for auction as the artist looks back at the early inspiration for an illustrious career.

"My artist roots were watered by the encouragement of my parents, the enthusiasm of my wife to pursue my God-given talent... I remember (art teacher) Mr. Dvorak encouraging me to draw, paint and create art professionally," Dan recalls.

The silent auction runs through February 9 at Clearwater Gallery — and the proceeds will be donated to the Sisters High School arts program to provide art supplies.

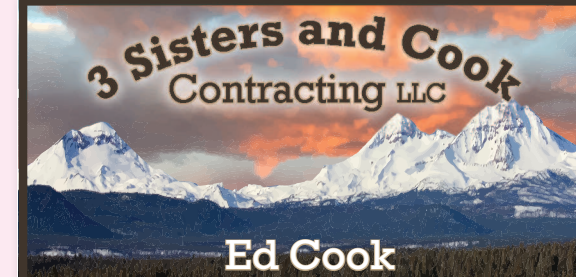


Ayurvedic & Body Treatments | Massage  
Skin Care | Nails | Waxing

Give a gift of love on Valentine's Day...  
A Gift Certificate for Wellness at...

**Shibui SPA** AT FIVEPINE

ShibuiSpa.com | 720 Buckaroo Trail, Sisters  
541-549-6164



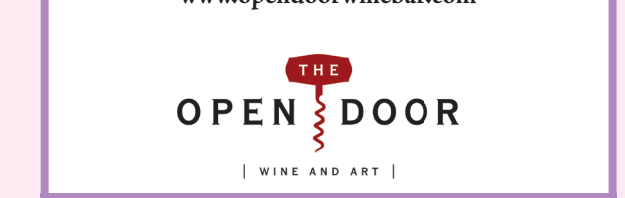
**3 Sisters and Cook Contracting LLC**  
Ed Cook  
**I Love Sisters!**  
Remodeling • Kitchens • Baths  
Finish Carpentry Airbnb Remodels  
Painting & More  
Sisters-owned • 46 years experience  
Licensed & Insured  
**I will return your call promptly!**  
NOT 541-540-454-2040 CCB#212871



## Special Valentine's Day Dinner

Whether dining with a friend or a sweetheart this February 14th, celebrate Valentine's Day with The Open Door. Reserve your table and enjoy lovely service, a 4-course prix fixe menu for \$62, specialty cocktails and an elegant wine pairing menu.

Call for reservations 541-549-6076 and visit our website for our menu  
www.opendoorwinebar.com



**Love Your Realtor!**

**OREGON LIFESTYLE**  
PROPERTY GROUP

Successful and consistent performance  
World-class service & sales  
Exceptional integrity & client satisfaction  
Experience...25 years national sales award-winner  
Targeted and specific global marketing campaigns  
~YOUR LOCAL Real Estate Specialists~  
Serving Buyers & Sellers in Central Oregon for over 14 years!  
Team of Brokers for the price of one!  
Jodi Satko, Broker, Team Leader 541-550-0819  
satkosellsoregon@gmail.com  
Luxury, Ranch, Resort, Investment, Custom, Land

**kw** CENTRAL OREGON  
KELLY PEREIRA | LAURA

**New Lunch Specials!**  
Great deals on a variety of delicious from-scratch authentic Mexican lunches.  
Dine-In or To-Go  
11 to 3 Every Day  
**RANCHO VIEJO**  
Sisters, Oregon, Est. 2007  
541-549-3594 | 150 E. Cascade Ave.  
7 Days a Week | 11 am-9 pm

**Sweet Treats for your Sweetheart!**  
Cookies • Cakes • Pies  
Candy • Chocolates  
Heart Shaped Pizzas & More  
All made from scratch  
Vegan • Gluten-free and traditional options.  
Call to place your custom order!  
Now offering gift certificates.

**The RAINWATER CAFÉ & BAKERY**  
161 E. Cascade Ave., In Town Square • 541-904-0153  
Open every day 8 a.m.-7 p.m.

**Beautiful Jewelry for Your Valentine!**  
Plus a wonderful selection of clothes, boots & more.  
GIFT CERTIFICATES, TOO!

**DIXIE'S** 100 E. Cascade Ave.  
Sisters, Oregon  
541-549-6451