

**Gift Certificates**  
Beautifully wrapped  
in gift bag with ribbons,  
tag and bow!

*Marine Flower Peptide Eye Cream*  
Ultrarich, locks in moisture,  
decreases puffiness, wrinkles,  
and dark circles.  
LED Series of 6 ~ \$195  
includes deep cleanse, exfoliation,  
serums, and makeup.

*Essentials Skin • Nails*

Valid through Dec., 31, 2017

Karen Keady, NCEA Certified Esthetician  
541-480-1412 • 492 E. Main Ave., Sisters  
Monday-Saturday Flexible Hours | [www.SistersEssentials.com](http://www.SistersEssentials.com)

LOCALLY OWNED & OPERATED  
BY WORKING MUSICIANS

**Taylor** **Eastman**  
HANDCRAFTED GUITARS & MANDOLINS

AUTHORIZED DEALER FOR  
Taylor Guitars  
Eastman Guitars & Mandolins  
Roland Amplifiers, Boss Pedals  
Yamaha Portable Digital Pianos  
Gold Tone Banjos  
Amahi & Kanaloa Ukuleles  
Accessories & Print Music

**MusicMakers**

Ask about our layaway plan. 3<sup>rd</sup> St. 3<sup>rd</sup> St. ( Hwy 97 )  
200 NE Greenwood Ave  
541-382-3245  
[musicmakersofbend.com](http://musicmakersofbend.com)

Open Mon-Fri 10-6; Sat 10-5

**Canyon Creek Pottery**

541-390-2449  
Visit our website at  
[CanyonCreekPotteryLLC.com](http://CanyonCreekPotteryLLC.com)  
310 N. Cedar St.

**Gobbling Up Holiday Food?**  
**Don't let indigestion take your holiday joy!**  
Get fast relief with Bio-Design digestive formulas:

**Enzy Flora** - Heavy meal, no problem, break down proteins, carbs, fats and dairy.  
**Charcozyme** - Get relief from stomach gas and reduce bloating.  
**Probio-10** - An effective probiotic for digestive & immune health.

**800-822-6193 Call today - 10% OFF & FREE SHIPPING!**  
(Phone orders only - valid through Dec. 31, 2017)

**BIO-DESIGN®**  
Trusted by Practitioners since 1979

[bio-design.com](http://bio-design.com) • 742 SE Glenwood Dr., Bend

**Wildflower Studio**  
Art Boutique & Framing

Holiday gifts handmade by local artisans, hats, scarves, jewelry, ornaments, paintings and prints.

Framing for the Holidays!

**20% OFF Custom Picture Framing**

541-904-0673 • 103-B E. Hood Ave., Sisters  
a unique blend of working artists' studios & custom framing  
[wildflowerstudioartandframing.com](http://wildflowerstudioartandframing.com)

## Keep security in mind during Christmas season

There are many good reasons to shop local in Sisters during the holiday season. One of them is that it's safer than just about any other option.

If you shop online or in the big city, you're putting yourself at greater risk for theft. Identity thieves can steal your information online and old-fashioned thieves can steal from your car while you shop, or even steal a wallet or purse.

So if you must shop online or in the big city, it's important that you keep some basic security measures in mind.

• Always lock up. That goes for your home while you're out and about as well as your vehicle while shopping. Even if you're just running into a store, take the extra time to make sure your vehicle and its contents are secure.

• Keep packages and valuables out of sight in the trunk or out of view through a window.

• Deal only with reputable and secure websites for online shopping, and keep an eye on your credit card activity. Notify the credit card issuer immediately if your credit card is lost, stolen or misused.

• If you're out at the mall or in the big town, stay aware of your surroundings, no matter how rushed you are or how many things are on your list.

• Avoid carrying large amounts of cash.

• Don't load up with packages. Make sure you can see and move comfortably.

• If you're leaving for the holidays, don't broadcast it over social media. It's not a good idea to let too many people know you aren't going to be home.

• Keep the lights on, the Christmas lights lit, and maybe leave the television on when you're out to deter anyone from entering your home. Large displays of holiday gifts should not be visible through the windows and doors of your home.

Of course the best way to relax and enjoy a calm, safe and secure holiday is to do your shopping in your hometown, where you know everyone and we're all looking out for each other.



ISTOCKPHOTO.COM/BEER5020

Lock your car and keep packages and valuables out of sight, in the trunk or otherwise out of view.

## Bio-Design Nutritional Supplements

New to Central Oregon, but founded in 1979, Bio-Design has been trusted by healthcare practitioners for almost 40 years to provide quality nutritional supplements.

Bio-Design's product line includes vitamins, minerals, enzymes, digestive support supplements, targeted herbal formulas, as well as glandular tissue concentrates. Our team at Bio-Design is dedicated to sourcing the freshest and highest quality ingredients for our unique and synergistic supplement formulas.

Bio-Design's director, Dr. Phil Horning, a 35-year cancer conqueror, brings his passion for wellness to Bio-Design in the creation of health supplements to improve health and well-being.

Visit us at [www.bio-design.com](http://www.bio-design.com) or give us a call at 800-822-6193 so you can start experiencing our life-enhancing nutritional supplements for results you can feel!



## Wildflower Studio

Chris Nelson and Wendy Rickards launched Wildflower Studio in Sisters as a workspace studio where they could both make art and sell it directly to their customers.

That makes it the perfect place to visit to put checkmarks on your Christmas list.

Get your orders in now for any framing projects you want them to get ready for Christmas. If you have a painting you wish to give, they'll set it off in a frame that will make it truly special.

And if local, unique and handmade gifts mean a lot to you, Wildflower Studio has the selection you're looking for: Hats; scarves; jewelry; ornaments; paintings and prints.

"There's a lot of talent right here," Chris notes.

And she's right. Sisters is full of artisans and craftspeople who offer up real, handmade creations that will mean so much to those you give to. And Wildflower Studio is a delightful place to hunt for your treasures.

