



PHOTO BY JERRY BALDOCK

Tyler Friend runs for a big gain, behind a big block by Jarod Richerson.

Outlaws fall in close game against JC

By Rongi Yost
Correspondent

The Outlaws lost 10-7 at Junction City in their final league game of the season on Friday, October 20.

Junction City scored the first touchdown of the contest early in the second quarter. The Tigers recovered a fumble on the one-yard line and ran it in for the TD on the next play. The extra point was good and JC went up 7-0.

Sisters marched down the field and evened the score 7-7. Jake Stevens scored on a 35-yard run, and Hayden Sharp's kick for the extra point was good.

The Tigers started the third with an eight-minute drive. At first and goal on the second-yard line, the Outlaws' defense held, and JC was forced to kick a field goal.

"Our defense really dug in three consecutive tries and

stopped them," said Coach Neil Fendall. "Sam Mitchell had a great tackle on third down in the backfield.

"We played on a very sloppy field, the ball was wet, and it wasn't a great offensive night for either team, but our defense played very tough" added Fendall. "They just had fewer mistakes than we did at the end."

Spanish, mindfulness classes on tap

Claudia Bisso-Fetzer, PhD., is a new resident of Central Oregon.

She is currently living in Bend but loving Sisters as a place to work with people of all ages.

Born in Peru, she is a native speaker of Spanish and uses emergence in the language to teach it in an experiential way. She will begin Wednesday classes at the Tollgate clubhouse on November 1. Class will run from 11:30 a.m. to 1:30 p.m. through December 27. This will involve all levels in Spanish individualized for the level of each student. The first session is free, while students sample her teaching methods, get acquainted, and decide if they can make the commitment to the entire nine-week Wednesday series. A fee will be decided at the end of that session.

Claudia will also be teaching mindfulness to develop capacity for empathy, compassion, and connection with others from 10 to 11 a.m.

Born in Lima, Peru, she is a U.S. citizen. She successfully concluded her BS in Psychology in 1994 in Lima from Ricardo Palma University. She began her doctoral program in psychology at the University of

Groningen, The Netherlands, followed by Alliant International University, San Francisco, California.

She is co-founder and was co-owner of FETZONE, an Environmental Company in the Bay Area for 13 years. She served four years as a board member of The Child Abuse Prevention Council of Contra Costa County, California (CAPC).

Claudia enjoyed her work with seniors in the Bay Area providing psycho-education and mindfulness to them in Spanish and in English.

Claudia complements her professional activities with sports such as cycling and running. She enjoyed her five-year term as a CYO track and field coach assistant to second- through eighth-grade children in Walnut Creek, California, where she lived for more than 20 years.

Family reasons led her to Central Oregon. She is happy, proud and closer now to her beautiful and smart 19-year-old daughter Valerie, attending her second year at



PHOTO PROVIDED

Claudia Bisso-Fetzer has launched classes in Sisters.

Gonzaga University.

Claudia wants to continue working with the senior community in Central Oregon, and she is looking forward to showing the beauty, culture, gastronomy and richness of the Latin culture through the Spanish language.

For more information call 541-639-9817 or email bissofetzer@gmail.com.

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on this week's inserts in the Nugget:

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Spanish & Mindfulness Classes

with *Claudia Bisso-Fetzer PhD*

Develop the capacity for empathy, compassion & connection with each other



Wednesdays, November 1 - December 27

Mindfulness: 10 to 11 a.m. (\$20 per class)

Spanish: 11:30 a.m. to 1:30 p.m.

First hour free to sample Claudia's methods before commitment to a nine-session series of experiential teaching. Claudia's background is exceptional!

For more information call 541-639-9817

Classes will be held at Tollgate Clubhouse, 15004 Saddle, Sisters

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