

# focus on health

Fall 2017



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**Pumpkin Spice Facial**  
For normal/combination/dry skin

**Pumpkin/Yam Enzyme Peel**  
Resurfaces the skin and refines pores by dissolving dead skin and providing a beautiful glow.

**Pumpkin Latte Hydration Masque**  
Hydrates, firms, and improves skin tone and suppleness.

— Add on LED for \$20 —

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## Essentials Skincare

Essentials offers a variety of modalities, organic treatments and products, to improve skin of every age and condition — micro-current, microderm-abrasion, and LED light therapy, a noninvasive alternative to Botox and dermal fillers; LightStim is an industry leader.

Professional anti-aging light emits four wavelengths, absorbing into the dermis, stimulating cellular regeneration, producing collagen and elastin. Tone, texture, fine lines and wrinkles are improved.

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Éminence organics, a global leader in skincare, first in the world to certify as a B corporation, using



business as a force for good, grows products without pesticides, processes without toxic preservatives to improve skin health, body health, and the health of our planet.



## St. Charles Family Care

At St. Charles Family Care, we are passionate about providing patients with comprehensive medical care close to home. At our Sisters clinic, we provide a team approach to your care. Our clinic is staffed with primary care physicians, highly trained medical assistants and a nurse care coordinator. Also available are X-ray services and an outpatient laboratory.

By using our team-based care approach, we hope to ensure you receive the treatment you need based on your unique health circumstances. This care team will partner with you as you pursue your healthcare goals both inside and outside of our clinic. Because the Sisters clinic is part of St. Charles Health System, our patients benefit from ready access to specialized services, including



onsite visiting cardiology and orthopedics. We believe active engagement between you and our clinic team is an important part of achieving your healthcare goals.

Call 541-549-1318 for an appointment.

care you trust.

St. Charles Family Care

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