

# SPRD offers range of classes for all ages this fall

Sisters Park & Recreation District (SPRD) will be offering new classes this fall, and bring back old favorites.

Photography for Everyone is a new workshop for all skill levels, taught by Jeff Omodt, a lifelong photographic fanatic. Omodt will bring examples to illustrate various concepts and then encourage everyone to share their own special skills and techniques.

This five-week class will explore the building blocks and concepts of making better pictures using your own camera, whether it's an iPhone or DSLR. Each class session will have a skill or technique to explore and develop, then a homework assignment to go out and apply what you have learned in class. This workshop is held on Tuesday for five weeks, starting September 19, from 5:30 to 7 p.m.

CarFit is an educational program created by the American Society on Aging, and developed in collaboration with AARP, AAA, and AOTA. The goal for this community-based program is designed to give you and your vehicle a quick but

comprehensive check on how well you work together by:

- Promoting conversation among older adults and families about driving safety.
- Linking adults with relevant, local resources that can help ensure safe driving.
- Help older drivers improve the "fit" of their vehicles for safety and comfort.

"This community-based program, like the evidence-based programs that I teach for SPRD, is based on real findings, pilot-tested, driver participation, and survey follow-up," said Shannon Rackowski, adult/senior programs coordinator for SPRD. "I am just a helper," said Rackowski. "The real force behind this class coming to this community is Sharon Ling, of the Sisters Community Luncheon."

The class is not only for seniors; bring the whole family and learn tips and ideas for car safety. CarFit will take place on Saturday, September 16 at Sisters Community Church parking lot. CarFit is sponsored by AARP. Sign up with Sharon Ling at 541-390-6075.

SPRD will also bring back Painting in Watercolors with Jodi Schneider-McNamee.

"This adult class was so well received when it was offered in the spring that we thought we would bring it back," said Rackowski.

The Adult Ukulele, with

Peggy Tehan, and Adult Hula Classes with Rackowski are also on offer.

One of the special classes offered for women is the Women's Fall Mountain Biking class with LIV Cycling USA Ambassador and MRB enthusiast Brittany

Simonis.

SPRD offers indoor pickleball play at Sisters Elementary School.

Visit sistersrecreation.com, stop by the office at 1750 W. McKinney Butte Rd., or call 541-549-2091 for more information.

# Hearings to deal with alleged confession in Bend killing

BEND (AP)— A former security guard's purported confession to killing a woman at the community college where he worked will be the subject of a hearing this week in a capital murder case in Bend.

The first of three days of hearings was set for Tuesday in the case of Edwin Lara, who is charged with killing Kaylee Sawyer, 23, in July 2016. The killing rocked the town, which is well-known for its outdoor recreation and microbreweries and lies in the shadow of the Cascade Range.

*The Bulletin* reported that the hearing could include discussion about whether there was a violation of a judge's gag order on attorneys and investigators speaking about the case outside court.

Lara, 32, is accused of kidnapping, sexually assaulting and killing Sawyer, 23, while on duty as a Central Oregon Community College security guard.

He then drove to Salem, the state capital, where authorities say he kidnapped another woman and took her to California, then shot

and wounded a man and carjacked a vehicle carrying three people. After a high-speed chase on the main freeway along the West Coast, the California Highway Patrol arrested Lara.

A detective from Oregon testified that he interviewed Lara in a California jail and that Lara described where he had dumped Sawyer's body.

Attorney Tim Williams on July 24 sued Central Oregon Community College and Lara on behalf of Sawyer's family, *The Bulletin* reported. The lawsuit describes an encounter between Sawyer and Lara in graphic detail.

Four days later, defense attorneys filed the motion seeking sanctions due to a violation of the judge's gag order. Williams said he has not been contacted by the court or anyone else involved regarding a possible violation of the gag order and that he believes it does not pertain to him.

The trial is scheduled to start in October 2018. Deschutes County District Attorney John Hummel is seeking the death penalty.



## We can't thank you enough!

It was with great regret that we cancelled the 22nd annual Sisters Folk Festival. We thank the community of Sisters, our patrons, artists, volunteers, friends and neighbors for their outpouring of support. Our organization will overcome the impacts of cancellation, but the community of Sisters can use your help! Please patronize our sponsors and local businesses to thank them for their generosity and commitment to keeping arts and music alive and well in our community:



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