



PHOTO BY JERRY BALDOCK

Sisters youth turned out for football camp to learn safe tackling – and to have fun just being a kid.

Football camp beats the heat with fun

The 2017 Sisters Outlaws football season will be upon us soon. But before the Outlaws take the field, the program took some time to invest in the future. From July 31 to August 3 the Little Outlaws took to the gridiron. Almost 30 kids showed up for some football, a lot of fun, and most importantly some safe tackling training.

“It was hot out, but these boys showed a lot of toughness this week,” said first-year Head Coach Neil Fendall. “I was impressed with their energy and work ethic considering they could be home playing video games or in an air-conditioned movie theater somewhere.”

Practice times were adjusted to accommodate the heat index, employing the same guidelines that would be used at the high school level.

Said one parent, “All my boy talked about was how fun the high school players were.

That, and the slip-n-slide!”

The boys doused themselves with water during breaks and cooled down with a popsicle in hand. When asked about the water games and popsicles, Coach Fendall said, “We wanted to create a setting similar to growing up in a neighborhood where all the kids go out and play and then raid the garage freezer when they get tired. Kids start youth sports at a very young age so we want to try and alleviate some of the over-coaching and over-drilling that occurs and focus more on ‘organized play’ atmosphere.”

Jett Mingus, a senior on the Sisters High School team, said, “If all camps were like this, more kids would come out and play!”

That was the goal as camp wrapped up and the message to kids and parents was loud and clear: Sports are supposed to be fun. Competition

will evolve as kids get older and develop the emotional maturity to handle it.

“At these ages, all kids care about is if it’s fun and which friends are there — and popsicles!” Fendall said.

High school coaches and players alike seemed to enjoy the return to the days of “just being a kid” and throwing the old pigskin around. As camp broke, Coach Fendall reiterated the message to all in earshot, “Let these kids have fun and teach them how to play the game safely.

“Good tackling technique, fundamentals, and balance between training and rest is what we can do to ensure these kids have a quality experience in all their sports.”

Celebrate summer at annual Country Fair

The Episcopal Church of the Transfiguration will hold its 22nd annual Country Fair and Art Show on Saturday, August 12, from 10 a.m. to 3 p.m. The Art Show and Silent Auction begin with a reception on Friday evening, August 11, from 5 to 8 p.m.

The silent auction at the Friday evening reception and also on Saturday guarantees something for every taste. Items include art, jewelry, crystal, quilts, wood creations, gift certificates and gift baskets.

The Country Fair is old-fashioned fun for the entire family. There are animals, face painting, a bouncy castle, games and craft activities.

The Country Store offers homemade preserves and

relishes, fresh produce, candy, home-baked breads, pies, and cookies, potted plants and handmade craft items.

The Good Book has a great selection of gently read books.

Relax under the pines enjoying a cheeseburger or hot dog at the Café Transfig and finish with home-made marionberry cobbler a la mode.

The Country Fair and Art Show is the church’s major outreach fundraiser each year and all funds earned are given back to the community.

The Church of the Transfiguration is on Brooks Camp Road at the corner of Highway 242 just west of Sisters. Admission and parking are free.

Dr. Thomas R. Rheuben
General, Cosmetic, Implant and Family Dentistry
~ Over 22 years Serving Sisters ~
 We are preferred providers for Delta Dental PPO and Premier, MODA, Advantage, Pacific Source, Cigna and the V.A.
541-549-0109 | 304 W. Adams Ave. | Sisters

Hood Avenue Art
An Outstanding Fine Art Gallery
 ON THE CORNER OF PINE ST. AND W. HOOD AVE.
HOODAVENUEART.COM | 541.719.1800

Great hair doesn't happen by chance. It happens by appointment.
R
Salon Renaissance
 Tim & Ronnica Westcott
 Jenny Duey
541-588-6611
 220 W. Cascade Ave.
Come in, Relax, Enjoy!

For all your summer project needs right here in Sisters!
 Lumber • Hardware • Paint
 Fencing & Decking • Doors & Windows
FREE Local Delivery! **HOYT'S HARDWARE & BUILDING SUPPLY, Inc.**
 Hours: M-F 8 to 5, Sat. 8 to 4:30, Closed Sundays
 440 N. Pine St. • 541-549-8141 • www.hoyts.net

Your Family's Dental Health matters to us!
Summer is a great time to schedule your children's dental appointments.

SISTERS DENTAL
Ben Crockett, D.D.S.
 Check us out on facebook
 p 541-549-9486 /541-549-9110
 410 E. Cascade Ave. ■ P.O. Box 1027 ■ Sisters, Oregon 97759
 Hours: Mon., 10 a.m.-7 p.m.; Tues.-Wed., 8 a.m.-4 p.m.; Thurs., 7 a.m.-3 p.m.

THE GALLERY RESTAURANT AND BAR
Family owned & operated for over 35 years!
Enjoy Breakfast or Lunch

Breakfast & lunch 6:30 a.m.-2:30 p.m.
 Full-service dining in the bar nightly until 10 p.m. (21 & over)
171 W. Cascade Ave., Sisters 541-549-2631

SOUP OF THE DAY
August 9th - 15th
 Sat..... Cream of Chicken
 Wed..... Tomato Gorgonzola Sun..... Vegetable Beef
 Thurs..... Chicken Tortellini Mon..... Chicken Rice
 Fri.. Clam Chowder & Vegetable Tues..... Corn Chowder