

# Four Outlaws get all-league lacrosse honors

By Rongi Yost  
Correspondent

The boys lacrosse team had four players, including Casey Warburton, Trey Stadeli, Ethan Morgan, and Matt Harris named honorable mention all-league. That fact in itself is quite impressive, and speaks to the Outlaws skills, considering the young squad didn't win a single league game all season.

Warburton (junior) faced more shots than any other goalie in the league, and according to Coach Paul Patton had a save rate as good as anyone. Casey was the vocal leader of the Outlaws' defensive unit.

Stadeli (sophomore) was an honorable mention last year and earned it again this year. Trey was one of the Outlaws' statistical leaders in goals, assists, and ground balls. He's a versatile player, and saw time at attack, defense, and at midfield.

Harris (sophomore) was recognized last year as well. Patton stated that Matt is rock-solid as a long stick defenseman and led the team in ground balls, despite missing several games with an injury. He also stepped in for one game as goalie and did an outstanding job.

Morgan is also a repeat honorable mention. He earned the award even though he missed a big chunk of the season due to a concussion.

"The other coaches recognize that he is one of the most capable scorers in our league," said Patton. "All of these boys are amongst the most committed players on the team, and their dedication has been rewarded with this recognition."

In addition, Doug Hull was named Assistant Coach of the Year, and the Outlaws won the Sportsmanship Award.

"Doug is a well-deserving assistant Coach of the Year," said Patton. "He is more than an assistant. It'd be fair to say that he is more like a co-head coach. He and I are partners in this, and he does great work for the program, and has a great relationship with the players."

"The sportsmanship award was kind of cool because it's something we emphasize in the program. It's not always easy to stay positive when you're struggling to gets wins, but the team and coaches did a good job of that. With no seniors on the team this year, we'll have everyone back next year with a great chance to have a great season."

# Singleton named swim head coach

By Rongi Yost  
Correspondent

Bryn Singleton has been Sisters High School's assistant swim coach for the past three years, so will easily slide into the head coach position.

Although she didn't swim in high school or college, she took up the sport when she started to compete in triathlons about five years ago. Through that process Bryn discovered she loved swimming, and it's become one of her favorite ways to exercise.

"I really like swimming because it's a challenging, great workout, and also great for your body long term," said Singleton. "It's a complement to running and other sports, and something you can do life-long."

Bryn started coaching swimming at Sisters Athletic Club, and from there was hired as the assistant swim coach at the high school. In addition to swimming, Singleton has coached middle school track for the past two years, and has helped coach the SPRD summer cross-country camp the

past two years as well.

This winter, Bryn hopes to bring new swimmers to the current 16-person squad.

"I think people assume swimming is a hard sport to take up if they haven't done it before high school," said Singleton. "Even though it's a hard workout, we love having new swimmers on the team. Anyone can learn and progress."

Since Bryn has been with the program for the past three years, it should be a seamless transition. Bryn told *The Nugget* she hopes to continue to help kids have a great team experience, and to realize being on a high school team is about much more than just the sport itself.

"The best part is seeing all the kids come together and bond as a team during bus rides, dinners out, and overnight trips," said Singleton.

Bryn and her husband, Ryan, have lived in Sisters for the past six years. Their son, Will, is in kindergarten, and their daughter, Kate, is in third grade. Bryn works full-time at the high school as a



PHOTO BY RONGI YOST

The Outlaws have named Bryn Singleton head swimming coach.

paraprofessional in special education.

Gary Thorson, SHS athletic director said, "Bryn has been involved here at the high school for a number of years and has a great feel for the type of culture we are trying to build for our athletes. Having already served as an assistant in our swim program, she knows the athletes very well, and it will be a smooth transition for the team this winter. She is very organized and has high expectations for the athletes she works with, and we are excited about her taking on this role as head coach for the swim program."

Not just a voice on the phone...  
We're right here when you need us...

**FULLHART**  
INSURANCE OF SISTERS

Serving Sisters for over 20 years

CALL FOR A QUOTE TODAY

AUTO • HOME • HEALTH • LIFE • BUSINESS  
541-549-3172 • 1-800-752-8540 • 704 W. Hood Ave.  
A member of Fullhart Insurance Agency, Inc.

The Garden Angel  
541-549-2882

A natural approach to lawn care

LCB#9352

**2017 FORD F-350 4x4 XLT Diesel LB SRW**  
23k miles, BW hitch, new wheels & tires  
**\$52,900**

Best Price! No Hassles! CARFAX Certified!

Buy or sell your car with locally owned...  
(Low miles • newer than 2005)

**Sisters Car Connection**  
541-815-7397 102 W. Barclay Dr., Sisters

**WELCOME RODEO FANS**

Don't let an injury, allergies or feeling puny get you down!

Your Care is here for you... after hours, every day and weekends too!

**YourCare** your health  
Walk-in • Urgent Care  
Occupational Medicine

541-548-2899 3818 SW 21st Pl.  
Hwy. 126 to Redmond, 2 turns & you're there!  
(Near fairgrounds) YourCareMedical.com

**ON-SITE DIGITAL X-RAYS!**

**CONCEALED CARRY PERMIT CLASSES**

**MULTI-STATE | VALID 35 STATES**  
Valid in Washington

Legend:  
 Honored  
 Do Not Honor  
 Utah Residents Only

**June 15 • 1 p.m. & 6 p.m.**  
Best Western Ponderosa Lodge, 500 Hwy. 20 W., Sisters

**360-921-2071** Call or Text | [FirearmTrainingNW@gmail.com](mailto:FirearmTrainingNW@gmail.com) | [www.FirearmTrainingNW.com](http://www.FirearmTrainingNW.com)