

Reifschneider signs to run for Corban University

By Rongi Yost
Correspondent

Sabrina Reifschneider has loved to run for as long as she remembers and will get the chance to run track for Corban University next fall.

Reifschneider's love for track started when she was in elementary school when she would go on runs with her older sister Chelsea, who ran track.

"I saw Chelsea's love and passion for track, and that was intriguing to me," said Sabrina. "So, I joined the track team in middle school and absolutely fell in love with it."

Sabrina has been on the high school track team the past four years, and has diligently worked hard in her two main events, the 100 and 300 hurdles. She also runs a leg of the 4x100 and 4x400 relay teams.

"The track team has become almost like a second family to me," said Reifschneider. "I love the atmosphere it brings, and the coaches and my teammates are a constant support."

Reifschneider signed an official letter of intent to run track for Corban on March 9, and hopes to compete in the same events. She is very familiar with Corban, as both her older sisters Chelsea and Crystal are recent graduates.

"I started going to Corban as an eighth-grader to watch Chelsea run track, and visited

my sisters often while they were there and liked it from the start," said Sabrina.

In the spring of 2016, Norm Bernie, head coach at Corban, contacted Reifschneider and said he was interested in her joining the track team. He made several visits to Sisters to visit Sabrina, and also kept in contact via phone and email.

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— Sabrina Reifschneider

Sabrina did consider Seattle Pacific (SP) and California Baptist, and made visits to both colleges, but in the end Corban won out.

"I didn't like the location of California Baptist, and SP is more of a school I might transfer to later on," said Reifschneider. "I knew I didn't want to go to a big school and do track. Corban is smaller and I know it will be the perfect fit for me. Corban is like a little hidden gem in our family. Not many people know about it. It's



Sabrina Reifschneider will run track for Corban University.

PHOTO BY JERRY BALDOCK

small, but its impact is great."

"I visited Corban this past fall and was able to stay in the dorm, attend classes I was interested in, and got to attend several special events. I absolutely loved the community of people there. Everyone is kind and caring and you're treated as an individual and not a number."

Corban is part of the Cascade Conference in the NAIA, and Sabrina is looking forward to being a part of their track team.

"I'm really excited about being part of the Corban track team," said Sabrina. "Out of all the sports I've done (also soccer and volleyball) track has always been my favorite and the one I love the most. The one thing that does make me a little nervous is that in college it's the 400 hurdles

and not 300."

Reifschneider will go from being an Outlaw to a Warrior in the fall, and will immediately start conditioning to prepare for the 2018 season. She plans to major in health sciences and possibly pursue a career in nursing.

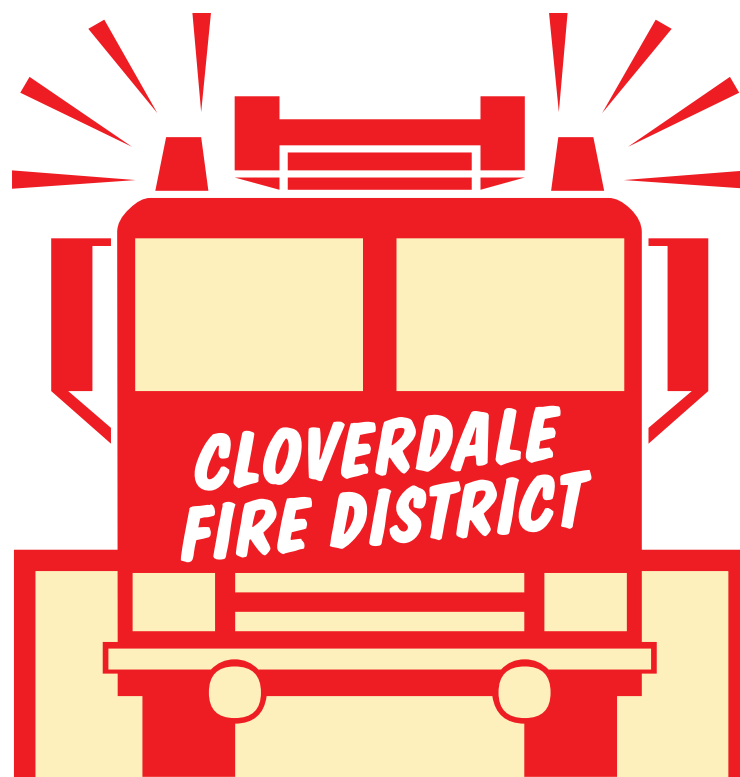
Sisters salutes...

Kathryn Godsiff, past president, Rotary Club of Sisters, wrote:

On behalf of the Rotary Club of Sisters, I would like to thank the many volunteers who made the Rotary Invitational Track meet a success. I'd also like to thank Takoda's for donating 10 delicious pizzas and Sisters Coffee Company for providing coffee at a discount.

Working around an active construction site at the new athletics track was a pleasure when the sun was shining, athletes were working hard and smiling and Rotarians, parents and student volunteers supported their efforts by helping run the meet.

This track meet has long been a part of the track season and it felt good to be back at it on the new and improving facilities.



Re-Elect
Keith Cyrus

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— Keith Cyrus

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