

SPRD offers excursions for Sisters seniors

near a sliding door — a reminder that ice damming creates real

Sisters seniors can enjoy excursions to various locations and activities around Central Oregon through Sisters Park & Recreation District.

hazards for homeowners in the area.

SPRD runs Sage (Senior Activities, Gatherings & Experiences). All seniors are invited on these excursions, and SPRD strives to make the activities affordable for seniors through grants, scholarships, and sponsorship from local businesses and individuals.

Adult/Senior Programs Coordinator Shannon Rackowski has planned excursions through 2018, which alternate every other month.

The first excursion for 2017 is to the Warm Springs Museum and the local casino on Thursday, February 23, then in April they will be going to the Oregon Observatory/Sunriver Nature Center. Trips to places like

Cascades Lavender Farm, Lava Lands, Chimps, Inc. and other places are in the plans.

"My purpose is to keep our kupunas (elder ancestors) active, engaged, laughing, healthy, and happy," said Rackowski. For more information or to reserve a spot for any of the excursions call Shannon at SPRD 541-549-2091, or visit www. sistersrecreation.com.

sions call Shannon at SPRD 541-549-2091, or visit www. sistersrecreation.com. Lobos), acoustic guru Mi Marshall, and left-coarocker Tim Bluhm (Mother For winter plumbing emergencies call Sweeney Plumbing. Local. Dependable. Professional



Music returns to The Belfry

Sassparilla brings their "dirty bluegrass" sound to The Belfry on Friday, February 17 to kick off a new series of music shows at the Sisters venue.

Then, Hot Buttered Rum returns to Sisters on Friday, February 24 for a high-energy Americana dance party. Doors open at 7 p.m., show begins at 8 p.m.

Hot Buttered Rum spent much of 2016 performing new music from the band's recently released EPs, each focusing on a different aspect of the band's diversity and inspiration, and driving the point home by conspiring with the appropriate producer for each release.

Hot Buttered Rum lives for a good time, and a mindful recklessness settles in whenever these five guys step on stage. Rooted in the trajectory of West Coast bluegrass, Hot Buttered Rum plays what has been described as California's own acoustic music.

HBR's years of touring have given the band the chance to work and play with a wide cross-section of musicians, people like Peter Rowan, Phil Lesh, Chris Thile, Brett Dennen, and Robert Earl Keen. Seasoned veteran Steve Berlin (Los Lobos), acoustic guru Mike Marshall, and left-coast rocker Tim Bluhm (Mother



PHOTO PROVIDED

Hot Buttered Rum returns to Sisters for a concert.

Hips, Nicki Bluhm) have all produced studio albums for the band.

At the center of Hot Buttered Rum is the enduring camaraderie of old friends. The band was conceived on a backpacking trip of high school and college buddies in the High Sierra. What was dreamed up on mountaintops and around campfires has found its way into the hearts, minds, and bodies of thousands.

For tickets and more information visit www. belfryevents.com.

