

COMMUNITY

Explore ‘constructive confrontation’

By Sue Stafford
Correspondent

Citizens4Community is offering their first quarterly forum of 2017 on Wednesday, January 25, at the Sisters Fire Station Community Hall, 301 S. Elm St.

“Soaring Toward Common Ground” will explore the concept of what it means to “Be Agreeable” (the sixth tenant of Speak Your Peace) — even when you disagree. The focus will be on constructive confrontation as a conflict-management technique.

The free educational event will begin at 5:30 p.m. with something new: Soup and Civility. All are invited to meet and enjoy a cup of soup with bread from Melvin’s Fir Street Market. Immediately following the light meal, Professor Gregg Walker will lead a workshop where attendees will gain skills in constructive confrontation.

C4C Program Committee chair Maret Pajutee issued the invitation, saying, “Wisdom says ‘breaking bread’ together

See CIVILITY on page 30



PHOTO BY JIM CORNELIUS

Carly Bell and Alexis at work on a birdhouse during a Circle of Friends/Heart of Oregon service project.

Mentors help students find their path

By Sue Stafford
Correspondent

Started at Sisters High School (SHS) about 11 years ago, ASPIRE is the State of Oregon’s mentoring program that matches adult volunteer mentors with students to help them meet their education and training goals beyond high school. It is for all juniors and seniors, not only those who are college-bound.

“Our ASPIRE mentors have a multiplying effect on our programs. Without our local mentors we would not be able to help as many

students define their goals and dreams for their future,” said Rick Kroytz, ASPIRE coordinator at Sisters High School.

The program is always looking for more volunteers willing to become mentors. All it takes is a desire to work with students — no college degree or special experience is required. Training and materials are provided, and new volunteers begin by shadowing current mentors. Most new mentors begin with two or three students with

See MENTORS on page 31

Youth give back to community

By Jim Cornelius
News Editor

Service to the community is a theme of Martin Luther King Day observances, and two local mentorship programs hit the ideal of giving back from a variety of angles on Monday.

Circle of Friends and Heart of Oregon YouthBuild worked together on the MLK holiday on Monday, January 16 to build and donate birdhouses for the Seed to Table program and Harmony Farm Sanctuary. Sisters Eagle Airport donated the use of hangar five at the airport for the work party.

Teens from the Heart of Oregon program worked one-on-one with younger children who are part of the Circle of Friends mentorship program in constructing dozens of birdhouses. The teens are learning and applying construction skills in the YouthBuild program, and the birdhouse project allowed them to pass on some basic skills to younger kids.

“It’s pretty fun to watch them work with the younger kids,” said Heart of Oregon coordinator Chelsea Anttila. “It gives them the opportunity to teach someone younger than them.”

The youngsters were responsive. Nine-year-old Jayden was churning out his third birdhouse when he paused for a moment to talk with *The Nugget*. He explained that he has lots of experience in construction.

“I go in the summer with my dad and help him remodel houses,” he said.

Kay Johnson has mentored Alexis in Circle of Friends for the past four years. She watched smiling as she pounded in nails under the watchful instruction of Carly Bell.

“Isn’t this fun?” Johnson said. “It’s a great partnership between the organizations.”

SISTERS AREA MEETING CALENDAR

BOARDS, GROUPS, CLUBS

Al-Anon Mon., noon, Shepherd of the Hills Lutheran Church / Wed., 6 p.m., Episcopal Church of the Transfiguration. 541-549-8737 or 541-549-1527.

Alateen Thursday, 7 p.m., Episcopal Church of the Transfiguration. 541-549-1527.

Alcoholics Anonymous Thurs. & Sun., 7 p.m., Episcopal Church of the Transfiguration / Sat., 8 a.m., Episcopal Church / Mon., 5 p.m., Shepherd of the Hills Lutheran Church / Big Book study, Tues., noon, Shepherd of the Hills / Gentlemen’s meeting, Wed., 7 a.m., Shepherd of the Hills / Sober Sisters Women’s meeting, Thurs., noon, Shepherd of the Hills / Step & Tradition meeting, Fri., noon, Shepherd of the Hills. 541-548-0440.

Authors Support Group 2nd Friday, 10 a.m., Sisters Area Chamber of Commerce. 541-588-0081.

Black Butte Macintosh Users Group 3rd Thursday, 3:30 to 5:30 p.m., Sisters Library community room. Partner required. 541-595-6236.

Black Butte Ranch Bridge Club Tuesdays, 12:30 p.m., BBR community room. Partner required. 541-595-6236.

Central Oregon Council on Aging Senior Lunch Tuesdays, noon, Sisters Community Church. 541-678-5483.

Central Oregon Fly Tyers Guild 4th Saturdays, 10 a.m. to 4 p.m. For location information: 541-549-2072.

Central OR Spinners and Weavers Guild 4th Saturday, 1 to 3 p.m., Sisters Library (Jan.-Oct.). 541-639-3217.

Central Oregon Woodworkers Guild 2nd Tuesday. 541-639-6216.

East of the Cascades Quilt Guild 4th Wednesday (September-June), Stitchin’ Post. All are welcome. 541-549-6061.

Friends of the Sisters Library Board of Directors 2nd Tuesday, 9 to 11 a.m., Sisters Library. 541-977-8285.

Heartwarmers (fleece blanketmakers) 1st & 3rd Tuesdays, 1 p.m., Sisters City Hall. Materials provided. 541-408-8505.

Hero Quilters of Sisters Thursday, 1 to 4 p.m. 541-549-1028 or 541-548-3304.

Military Parents of Sisters 2nd Thursday, 5:30 p.m., 17549 Knight Rd., Bend (Plainview area). 541-388-9013.

Oregon Band of Brothers – Sisters Chapter Wednesdays, 11:30 a.m., Takoda’s Restaurant. 541-408-5594.

SAGE (Senior Activities, Gatherings & Enrichment) Wednesdays, 1 to 4 p.m. at SPRD. 541-549-2091.

Sisters Area Photography Club 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157.

Sisters Area SketchUp Users Group 2nd Wednesday, 7 p.m., Earthwood Timber Frame Homes. 541-549-0924.

Sisters Astronomy Club 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

Sisters Bridge Club Thursdays, 12:30 p.m., The Pines Clubhouse. Novices welcomed. 541-549-9419.

Sisters Caregiver Support Group 3rd Tuesday, 10 a.m., Ray’s Food Place community room. 541-771-3258.

Sisters Cribbage Club Tuesdays, 11 a.m. to 1:30 p.m., Ray’s Food Place community room. 541-923-1632.

Sisters Habitat for Humanity Board of Directors 4th Tuesday, 6 p.m. Location information: 541-549-1193.

Sisters Kiwanis Thursdays, 7 to 8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870.

Sisters Parent Teacher Community 3rd Wednesday, 3 p.m., Sisters Elementary C-wing. 971-570-2405.

Sisters Red Hats 1st Friday. Location information: 541-279-1977.

Sisters Rotary Tuesdays, noon, Aspen Lakes Lodge. 541-977-6545.

Sisters Trails Alliance Board 1st Wednesday, 5 p.m. Sisters Art Works. Public welcome. 541-719-8822.

Sisters Veterans Thursdays, noon, Takoda’s Restaurant. 541-903-1123.

Three Sisters Irrigation District Board of Directors 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

Three Sisters Lions Club 1st Thursday, noon, Ray’s Food Place community room. 541-419-1279.

VFW 8138 & American Legion 1st Wednesday, 6:30 p.m., Sisters City Hall. 541-903-1123 or 541-549-1132.

CITY & PARKS

Sisters City Council 2nd & 4th Thursday, 7 p.m., Sisters City Hall. 541-549-6022.

Sisters Park & Recreation District Board of Directors 1st Tuesday, 6 p.m., SPRD building. 541-549-2091.

Sisters Planning Commission 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

FIRE & POLICE

Black Butte Ranch Police Dept. Board of Directors Meets monthly. 541-595-2191 for time & date.

Black Butte Ranch RFPD Board of Directors 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

Cloverdale RFPD Board of Directors 3rd Wednesday, 7 p.m., Main Station, George Cyrus Rd. 541-548-4815. See the agenda at www.cloverdalefire.com.

Sisters-Camp Sherman RFPD Board of Directors 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

Sisters-Camp Sherman RFPD Drills Mondays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

SCHOOLS

Black Butte School Board of Directors 2nd Tuesday, 0 p.m., Black Butte School. 541-595-6203.

Sisters Christian Academy Board of Directors 2nd Thursday, 8 a.m., RE/MAX Out West Realty office at Outlaw Station. 541-549-4133.

Sisters School District Board of Directors One Wednesday per month, SSD Admin Bldg. See schedule at www.sisters.k12.or.us. 541-549-8521 x4011.

