

Rylee Weber drives for two against Burns.

Girls basketball loses two on the hardwood

By Rongi Yost Correspondent

The Lady Outlaws lost both their games this past week, but gained experience and skills on the court and look forward to league play. Sisters fell 47-28 at home against Redmond on Tuesday, January 3, and then lost 56-34 to the Highlanders at Burns three days later.

Sisters came out flat in Tuesday's matchup against the Panthers and just couldn't recover. Redmond consistently put the ball through the net and earned an easy win.

Rylee Weber led the Outlaws with 12 points, Alexa Steward scored six, and Hogan Hernandez added

On Friday, the Outlaws faced a well-coached Burns

squad. Coach Alan Von Stein told The Nugget he felt his players played with enthusiasm and did much better than they did on Tuesday.

Rheanna Salisbury was Sisters' leading scorer with eight points, and Weber followed with seven. Amanda Smith recorded six points, and Gracie Sundstrom added five.

Von Stein said, "The girls put four quarters together nicely, and outscored Burns 14-6 in the fourth quarter. Overall, I am very pleased with their performance."

Sisters was to play at home against Madras on Tuesday, January 10. The Lady Outlaws will kick off league play at home against Sweet Home on Friday, January 13. Tip-off is scheduled for 7:15 p.m.

Sisters Park & Recreation **District hosts** after-school activities

The Sisters Park & Recreation District After-School Program provides daily learning and fun to students from Black Butte School and Sisters Elementary School. The program was moved to SPRD's Coffield Community Center this year and students like the change. Kids can routinely be found having recess on the playground, engaging in group games in the gym, or working on a fun craft project in the classroom. Daily activities always include a healthy snack and time to exercise.

University of Oregon graduate Katie Lyda leads the program. Under her enthusiastic tutelage, students experience a wide variety of activities ranging from chalk drawings on the pavement to building gingerbread houses for the holidays.

During free-play students can be found painting, using beads to make necklaces, playing board games, or designing their future spaceship with Legos.

The SPRD After-School Program has become an essential stop for nearly 40 families in Sisters Country. The friendly and safe environment at the Coffield Center allows working parents the freedom to finish their jobs knowing that their children are having fun and are being well cared for. The program mirrors the Sisters School District calendar, which makes easy planning for busy moms and dads. New families are always welcome!

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Nordic racers...

Two high school skiers from Sisters participated in the 2017 Oregon Interscholastic Ski Racing Association Jamboree held at Diamond Lake, on January 7. Sam Thorsett (pictured) raced in the 4km skate event, finishing eighth in 15:01.3. Caitlin Schwab raced in the 4km classic event, finishing fifth in 25:29.9.

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How to Select Your Financial Advisor

Speaking from experience, the relationship between a financial advisor and his or her clients is incredibly important. Whether you rely on your advisor to help with retirement planning, saving for college, or meeting other goals, this individual will help determine how you approach some of life's biggest financial decisions. That's why it's critical to ensure you're working with the right person. Here are a few tips to keep in mind when choosing an advisor.

Find someone who cares about your goals for the future. Your financial advisor should ask questions about your hopes, dreams and concerns. Find someone who not only discusses important financial topics, but also listens and understands your needs. The individual should help you feel at ease and communicate clearly.

Select an advisor and a firm with a solid reputation. As you interview advisors, ask for references and specific examples that show how they helped clients like you reach their goals or weather difficult financial times. Also, check the advisor's educational background and note any professional designations or industry accolades they have earned. You may find this information and more on their personal website, social media accounts and industry databases like Finra.org. It's also important to consider what firm the advisor is affiliated with. Do they have years or decades of experience working with clients like you? Are they financially sound and reputable?

Understand how the advisor approaches financial planning. Steer clear from someone who offers a cookie-cutter approach to financial planning. Instead, look for an advisor who offers a disciplined, comprehensive and customizable approach. A good advisor should offer a tailored plan based on your goals — whether it's building cash reserves, protecting your income against death or disability or creating a balanced portfolio.

You and your advisor should have compatible expectations about your relationship. Before agreeing to work with a professional, understand what his or her relationship with clients looks like. How often do they meet with clients like you? What would they expect from you at each meeting? How accessible are they between meetings? Make sure that the person you select is willing to work with you the way you want to interact with an advisor.

You should have a clear understanding of what you're paying for. Advisors should provide information and materials to help you evaluate the benefits, risks and costs of the investments and services they offer, as well as the full range of options for the services you will be provided and account types you may select. If anything is unclear, make sure to ask questions.

Financial advisors should know how to tap into the expertise of others. A smart advisor knows when it's time to gather input from other experts, such as tax and legal professionals. Find an advisor who is willing to use a team approach to help you reach your goals.

Once you choose an advisor you can team up to start customizing a financial plan that fits your unique needs. Selecting an advisor and creating a financial plan does take some time and effort, especially if working with a financial processional is new to you. Once you take action to achieve your goals, however, you'll likely discover how life's challenges can be better managed with the security of having a financial plan.

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