## **Obituaries**

### Carolyn Ann Asson

October 19, 1937 — December 1, 2016

Carolyn Ann Asson, 79, passed away in the early morning of December 1, in her home, at peace and comfortable with her family by her side.

Carolyn was born October 19, 1937, in Salem, Oregon to Alphon and Dorothy Cramer. She met her husband in 1956 at the University of Portland where she received a Bachelor of Science degree in nursing. Carolyn and David were married January 9, 1960, and lived in Santa Monica and Sunnyvale, California for a few years, then 44 years in Beaverton, Oregon, before retiring in Sisters in 2006.

Carolyn had a long career as a registered nurse, always working tirelessly for others. She raised four children, Kathy, David, Steven and Kenneth, with endless love and strong values of kindness, character and education. Carolyn was an accomplished pianist, an excellent cook, a crack bridge player, and loved to take trips to Reno with her husband to try beating the slot machines and blackjack tables.

Carolyn is survived by her husband David and her four children, Kathy Peterson of Sisters; David

### Nancy Cowan

Nancy Cowan of Sisters, wife of Jim Cowan, passed away Sunday morning, December 4, resting comfortably in her own home.

Services for family and friends will be held Friday, December 9 at 1 p.m. at Niswonger-Reynolds funeral home in Bend, Oregon.

# FREE TALK December 14 at 6 p.m. with Dr. Kim Hapke & Sara Conroy DC, on Seasonal Stress at Bigfoot Wellness 392 E. Main Ave. Participants will make their own essential oil stress-relieving blend. \$2 to cover the cost of the roller-topped bottle. MEANINGFUL MEDICINE Dr. Kim Hapke 971-409-0908 SISTERS ART WORKS BUILDING



also of Sisters; Steven of Williamsburg, Virginia; and Ken of Park Ridge, Illinois; her brother David of Los Angeles; 13 grandchildren; and one great-grandchild.

A memorial mass is scheduled for 11 a.m. Friday, December 9 at St. Edward the Martyr Catholic Church with a reception to follow at the Pine Meadow Village Clubhouse. Please favor a charity in lieu of floral remembrances.

# Wrestlers grapple at invitational

**By Rongi Yost**Correspondent

The wrestling team competed at the Perry Burlison Invitational on Saturday, December 3 among 23 teams.

Marshfield took top honors with 183 points. Sweet Home was runner-up with 152.5, and North Marion took third with 145 points. The Dalles, West Albany, Thurston, Silverton, Evergreen, Lebanon, Junction City, North Salem, Stayton, Siuslaw, Crescent Valley, Stuccoes, South Salem, Cascade, Cottage Grove, Phil moth, Sisters, Gervais, Yamhill-Carlton and McKay also competed in the tourney.

Sisters had 21 matmen wrestle at the top-notch tournament, and all saw some tough competition.

competition.

Several Outlaws won matches. Cole Pade (junior) defeated Edgar Gonzalez from North Marion with a

pin in 4:16, and Damien Will (junior) beat Conner Russel from Sweet Home with a pin in 4:49. Junior Jake Stevens defeated Tyler Johnston from South Salem with a pin in 4:45, and freshman Ethan Martin pinned Taylor Mespelt from South Salem in 2:29. Martin took sixth in the tournament at 182 pounds.

Coach John Downs said, "I felt the team needed to go to this tournament this year to see the caliber of wrestlers we will meet at our regional tournament. Out of the 23 teams at the tournament, eight of them are in our regional tournament. It is difficult for us to know what to expect once we get to the end of the season when all we wrestle are teams in Central Oregon. All of our regional teams are in the Valley area. Other than Crook County, all the other teams in Central Oregon are smaller or larger than us and are not in our classification."

Downs told *The Nugget* his wrestlers got a real eye-opener as to how tough the regional tournament will be, and he expects them to show more effort and desire to improve and compete hard.

The Outlaws will attend the Culver Invitational Dec. 9-10.









