

New plan to help disabled Oregonians save

PORTLAND (AP) — A new state program will soon allow Oregonians with disabilities to save money without fear of losing their state or federal benefits.

KNKX-FM reports that Oregon lawmakers created the new saving program following the passage of a 2014 federal law, which paved the way for people with disabilities to open tax-advantage savings accounts without disqualifying them from their benefits.

The program is open to anyone who was diagnosed with a disability before the age of 26. Individuals can contribute up to \$14,000 a year. The money in the plans can be used tax-free on qualified disability-related expenses.

The state will begin rolling out the new program, dubbed the "Oregon ABLE Savings Plan," on December 6.

Sisters Country birds

By Douglas Beall
Correspondent

The American kestrel (*Falco sparverius*) is our most common small falcon.

Often seen on fence posts and telephone wires, this 8- to 12-inch tall bird is also known as the sparrowhawk. They build their nests in cavities in trees, rock walls and even buildings. The male will choose several nest sites and present them to the female — and she makes the final decision. No nesting material is used except what is already in the cavity.

Incubation of four to six mottled yellowish-white eggs for 26 to 32 days is shared by both male and female kestrels and then the hatchlings are fed grasshoppers, moths, lizards, moles, mice and large variety of insects as they grow at a rapid pace. Fledging begins in 28 to 31 days, and then the chicks for several months are taught to hunt for themselves.

For the last 17 years Don McCartney has installed nesting boxes throughout

Central Oregon and tracked the hatching success with much assistance from volunteers, especially master raptor-bander Jim Anderson. This program has enabled the kestrels to maintain a healthy population as more nesting trees are removed and falcon habitat is shrinking.

Kestrels in groups are called a "hover," a "flight" or a "soar." On the British Isles the European kestrel is called a "windhover."

For more American Kestrel photos visit <http://abirdsingsbecauseithasa.com/recent-journeys>.



PHOTO BY DOUGLAS BEALL

The American kestrel, sometimes called sparrowhawk.

SISTERS Entertainment Arts Special Events

Wed. ~Nov. 30

352 E. Hood Ave. Three Sisters Lions Club Holiday Faire 10 a.m. to 5 p.m. Gift items & handmade treasures! For more info: 206-850-5352.

Thursday ~Dec. 1

Hope Aesthetics & Wellness Holiday Open House 5:30 to 8:30 p.m. Grab your girlfriends for wine, raffle prizes & more! If attending, please RSVP in advance to 541-588-6503.

352 E. Hood Ave. Three Sisters Lions Club Holiday Faire 10 a.m. to 5 p.m. Gift items & handmade treasures! For more info: 206-850-5352.

Friday ~Dec. 2

352 E. Hood Ave. Three Sisters Lions Club Holiday Faire 10 a.m. to 6 p.m. Gift items & handmade treasures! For more info: 206-850-5352.

Saturday ~Dec. 3

Sisters Art Works Holiday Open House 9 a.m. to 4 p.m. Come for holiday cheer from the studios of artists! And **Pet Photos with Santa** 11 a.m. to 2 p.m. inside SAW, the annual fundraiser for Furry Friends Foundation! For more information call 541-549-9941 or go to sistersartworks.com.

Sisters Library Sisters High School Jazz Choir Serenade 2 p.m. Enjoy holiday harmonies, free! For more information call the Sisters Library: 541-312-1032.

Sisters Saloon Live Music with Kurt Silva 7 to 10 p.m. Hawaiian and Country, no cover! For additional information call 541-549-7427 or go to sisterssaloon.net.

Paulina Springs Books Cooking Demo with Jill Stanford & Robin Johnson, "Cowgirls in the Kitchen" 11 a.m. to 2 p.m. Plus **Storytelling with Rick Steber & Poetry with A.K. Moss**. For more info call 541-549-0866 or go to paulinasprings.com.

Cork Cellars Live Music with Jim Cornelius & Mike Biggers 7 to 9 p.m. No cover! For additional information call 541-549-2675 or go online to corkcellars.com.

Submit by 5 p.m. Fridays to teresa@nuggetnews.com

Thursday ~Dec. 8

Hood Avenue Art Art Raffle Fundraiser for Ryan Benson 6:30 to 8:30 p.m. with **Live Music by Jim Cornelius**. Enjoy food & drink & help raise money for medical expenses for 11-year-old Ryan Benson of Sisters. For info call Michelle Deaderick at 541-719-1800.

352 E. Hood Ave. Three Sisters Lions Club Holiday Faire 10 a.m. to 5 p.m. Gift items & handmade treasures! For more info: 206-850-5352.

Friday ~Dec. 9

Jill's Wild Tasteful Women Gallery Wine, Women & Chocolate Christmas Show 4 to 7 p.m. at 207 N. Fir St. Eat, drink & be merry and check out the latest gifts to buy! For more info call 541-617-6078.

The Belfry Silent Echo Theater Piano Bar with Dave Finch 7:30 p.m. \$12 adults, \$10 students & over 65 at bendticket.com (\$15 & \$12 cash at door). 541-719-8779.

352 E. Hood Ave. Three Sisters Lions Club Holiday Faire 10 a.m. to 5 p.m. Gift items & handmade treasures! For more info: 206-850-5352.

Saturday ~Dec. 10

Sisters Saloon Live Music with the Bobby Lindstrom Trio 8 to 11 p.m. Blues and Rock, no cover! For info call 541-549-7427 or go to sisterssaloon.net.

Cork Cellars Live Music with Melanie Rose Dyer & Daniel Cooper 7 to 9 p.m. No cover! For information call 541-549-2675 or go to corkcellars.com.

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Sisters
MOVIE HOUSE

STARTS FRIDAY
FRI., DEC. 2 - THURS., DEC. 8

Fantastic Beasts and Where to Find Them (PG-13)
Fri 4:30, 7:15
Sat-Sun 1:45, 4:30, 7:15
Mon-Thurs 4:30, 7:15

Billy Lynn's Long Halftime Walk (R)
Fri-Sat 5:00
Sun 2:30, 7:45
Mon 7:45
Tues-Thurs 5:00

Allied (R)
Fri 4:15, 6:45
Sat-Sun 1:30, 4:00, 7:00
Mon-Thurs 4:15, 6:45

Moana (PG)
Fri 4:45, 7:00
Sat-Sun 2:00, 4:15, 6:30
Mon-Thurs 4:45, 7:00

Rules Don't Apply (PG-13)
Fri 7:30
Sat 2:15, 7:30
Sun-Mon 5:00
Tues-Thurs 7:30

Movie times and titles are subject to change. Visit website or call for latest information.

WWW.SISTERSMOVIEHOUSE.COM
541-549-8800

The Belfry

Dec 3 / Sat / 10AM-4PM
Holiday Art Bazaar Extravaganza
Art, Food & Festive Music!
All your favorite local vendors in one place!

Dec 3 / Sat / 8-11 PM
Moon Mountain Ramblers
Hard-working & successful, they are always on the creative edge of acoustic music.

Dec 9-10 / Fri-Sat / 7:30 PM
Silent Echo Theater Company Holiday Piano Bar
Sing songs with friends or sing a solo!

Dec 17 / Sat / 8-11 PM
Dry Canyon Stampede
Western dance band!

PUB OPENS 1 HR PRIOR TO SHOWS
BelfryEvents.com
541-815-9122