

Cascade Trailstop Market opens in Sisters

By Jim Cornelius
News Editor

There is a new stop on the trail through downtown Sisters.

Cascade Trailstop Market opened in the space adjacent to the downtown Shell station last week, offering convenience shopping for local folks and travelers passing through.

The market is the endeavor of Drew Herburger and Erin Chapman. Both have a food-services background. Chapman had worked in the field before taking a desk job, and Herburger is the son of Melvin Herburger, who owns Melvin's Fir Street Market. Opening their own market was a natural progression for the soon-to-be-married couple.

"It kind of came about when I got tired of sitting behind the desk all day," Chapman told *The Nugget*.

She and Herburger brainstormed ideas and decided to open a market that would not be as seasonal as other food-related businesses tend to be — and the space right on Cascade Avenue in the heart of town seemed perfect. It already had a kitchen, so they are able to offer hot meals as well as traditional convenience grab-and-go items.

They're offering a couple of hot-food options now and will expand the options as their capacity grows. And Chapman says that, "We're totally open to any suggestions."

That goes for all the products they offer, Herburger noted. If you want something, let Drew and Erin



PHOTO BY JIM CORNELIUS

Drew Herburger and Erin Chapman have launched Cascade Trailstop Market in Sisters.

know and they'll do their best to get it in for you.

"We've got a running wish-list," Erin said.

In the summer, they plan to have some outdoor seating and offer options cooked on an outdoor grill.

The couple is looking to fill a niche in the market, offering grab-and-go convenience, some guilty pleasures and some healthy options. They're also going to expand a camping supply section — so that it really is a trailstop for folks heading into or out of the Sisters backcountry.

Drew points out that the market has a Cycle Town Coffee exclusive, so they're offering something a little different in a town that has lots of coffee options.

Herburger also has a small section devoted to his non-profit charity organization, Pretty Awesome Gamers. He and Chapman provide expenses-paid trips for terminally ill children to Comic Con events where they can immerse themselves in their superhero fantasies. The store will accept donations and sell Totally Awesome Gamers merchandise, which

supports the cause.

"It's kind of a storefront headquarters for that as well," Drew said.

While they expect plenty of traffic from people passing through town or visiting for a few days, Chapman notes that "we're hoping for locals. That's who we want to cater to."

Cascade Trailstop Market will be open a little later than the usual roll-up-the-side-walks time in Sisters so that people can grab a bite after a game or before heading over the pass. The market is, after all, a stop on the trail.

Film screening tackles childhood trauma

Sisters School District will host the screening of the documentary "Resilience," on Thursday, December 1, at 6:30 p.m. at Sisters High School auditorium. The event is free to the public. The film is not recommended for younger audiences; the film is not rated; 60-minute running time.

The film reveals how toxic stress can trigger hormones that inflict havoc on the brains and bodies of children. Exposure to trauma effects children's development of the brain, putting them at greater risk for disease, homelessness, and prison time.

Resilience chronicles the dawn of a movement that is determined to fight back.

Doors open at 6 p.m., with refreshments and available resources from local social service agencies.

For more information visit <http://kplrfilms.co/resilience/about-the-film/> or call Brook Jackson at Sisters Middle School at 541-549-2099, Becky Stoughton at Sisters Elementary School at 541-549-8981, or the FAN office at 541-549-0155.

NOW OPEN

CASCADE TRAILSTOP MARKET

Convenience Store Featuring Cycle Town Coffee

"Your stop before and after the trail"

III SISTERS

Shell

Fill up your gas tank for **10% off any purchase** inside Cascade Trailstop Market!

Offer ends January 1, 2017

240 E. Cascade Ave.
Next to Shell

Open every day 6 am-9 pm

Nelson Horse Waterers

Install • Repair
Year-round Parts & Service

miller
IRRIGATION

541-388-0190

LCB#8234

FEAST
with Loved Ones
at our TABLE

Celebrate Thanksgiving with us and enjoy a festive dining experience with family and friends.

Enjoy a three-course plated brunch specially crafted for the holiday.
10:30am-4:30pm seatings
Menus starting at \$37 per person

Black Butte Ranch
THERE IS A PLACE

Reservations 855-318-9848 ♦ BlackButteRanch.com

PAJAMA SALE!

SATURDAY
NOVEMBER 12

6:30 am - 8:30 am • 30% off
8:30 am - 11 am • 25% off
11 am - 2 pm • 20% off
2 pm - 5 pm • 15% off

Wear your PJs for an extra 5% off!

1/2 Yd Min. on All Fabric Cuts • 1 Yd Min. on Clearance Fabrics
(Excludes consignment items. Other exclusions may apply.)

Stitchin' Post 311 W. Cascade • Sisters, OR
SEWING • QUILTING • KNITTING 541-549-6061 • stitchinpost.com