

C O M M U N I T Y

Speaker seeks to take “war out of words”

By Sue Stafford
Correspondent

Sharon Strang Ellison, M.S., the author of “Taking the War Out of Our Words,” will be the featured speaker on Tuesday, July 12, for the free quarterly learning session sponsored by Citizens4Community.

As part of the Sisters Country Civility Project, ongoing trainings are offered to the general public at the Sisters fire hall. From 5 to 6 p.m., there will be an introduction to Speak Your Peace and the Civility Project for those who haven’t yet heard

about the program that began locally last January.

At 6:30 p.m., Ellison will lead a skill-building session on how to give constructive criticism, which is one of the core tenets of the Civility Project. She is a pioneer in the field of eliminating defensiveness and has presented her Powerful Non-Defensive Communication process as a guest speaker, presenter, and keynote speaker to more than a dozen professional fields, in public workshops, and for organizations and associations. Her clients

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Garden quilts bring color to Sisters

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Colorful quilts amid vivid flowers will create a feast for the eyes on Thursday, July 7 at the 19th Annual Quilts in the Garden tour of two homes and five gardens sponsored by the Sisters Garden Club.

Club members and the homeowners provide the quilts, which hang between the trees, on fences, and among the flowers on the tour. Five gardens and several homes will be open from

9 a.m. to 3 p.m. for the self-guided tour. Tickets are \$15 and may be purchased at The Gallimaufry, the Sisters Area Chamber of Commerce office, or at any of the gardens on tour day.

One of the stops on the tour is the Sisters Community Garden, located at Sisters Eagle Airport off Barclay Drive. Lunch will be available for purchase, and visitors may eat in the garden while admiring the lush vegetation

See **GARDEN QUILTS** on page 22



PHOTO PROVIDED

The Coach Pearl British basketball team is headed to town.

SPRD hosting summer camps

Sisters Park & Recreation District (SPRD) is bringing in regional and international coaching this summer for sports camps including UK Soccer, British basketball, and lacrosse camp. The coaching for each of these programs draws from a wealth of coaching experience.

SPRD works with UK Soccer to bring two soccer camps to the Sisters community in June and August. UK Soccer fields coaches that travel the West Coast during the spring, summer, and fall bringing soccer education to communities. At the younger ages, the focus is on developing players’ coordination and building age-appropriate skills for attacking and defending. As kids age through the program, players are provided with sessions that help the athletes make better in-game decisions.

Coach Stephen Pearl and his British basketball team are also making their way back to Sisters this August. Coach Pearl won an additional junior national team title this past winter bringing his total national titles to nine. In addition to Coach Pearl’s national titles, many of his former players have gone on to play D1 and D2 NCAA basketball. Coach Pearl’s team will be assisting the camp this summer providing Sisters youth a unique cross-cultural learning experience. The camp is open for grades one through eight.

True Idaho Lacrosse is another summer camp where Sisters kids will benefit from talented coaching. True Idaho is bringing coaches who played D1 lacrosse and run youth lacrosse camps in Boise during the summer. This camp will have both men and women coaches

to go over the particulars of each sport. Drills focused on proper passing, shooting and ground ball fundamentals, as well as clearing, riding, fast-breaks, extra-man offense, and man-down defense. Players will also participate in games and scrimmages.

Kelly Crowther, program coordinator at SPRD, is excited these camps are coming to Sisters

“It is unique that a town of our size is able to host such high-level coaching from across the region and internationally,” he said. “The young athletes of our town get an exceptional opportunity with soccer, basketball and lacrosse to broaden their sports education by coming to these camps. It makes our athletic programs much stronger for the regular season.”

More information and registration information is online at sistersrecreation.com.

SISTERS AREA MEETING CALENDAR

BOARDS, GROUPS, CLUBS

Al-Anon Monday, noon, Shepherd of the Hills Lutheran Church • Wednesday, 6 p.m., The Episcopal Church of the Transfiguration. 541-549-8737 or 541-549-1527.

Alateen Thursday, 7 p.m., The Episcopal Church of the Transfiguration. 541-549-1527.

Alcoholics Anonymous Thursday & Sunday, 7 p.m., The Episcopal Church of the Transfiguration • Saturday, 8 a.m., The Episcopal Church of the Transfiguration • Monday, 5 p.m., Shepherd of the Hills Lutheran Church • Tuesday, noon, Big Book study, Shepherd of the Hills Lutheran Church • Thursday, noon, Sober Sisters Women Meeting, Shepherd of the Hills Lutheran Church. 541-548-0440.

Authors Support Group 2nd Friday, 10 a.m., Sisters Area Chamber of Commerce. 541-588-0081.

Black Butte Macintosh Users Group 3rd Thursday, 3:30 to 5:30 p.m., Sisters Library community room. 541-549-1471.

Black Butte Ranch Bridge Club Tuesdays, 12:30 p.m., Black Butte Ranch community room. All welcome; partner required. 541-595-6236.

Central Oregon Council on Aging Senior Lunch Tuesdays, noon, Sisters Community Church. 541-678-5483.

Central Oregon Fly Tyers Guild 4th Saturdays, 10 a.m. to 4 p.m. For location information: 541-549-2072.

Central Oregon Spinners and Weavers Guild 4th Saturday, 1 to 3 p.m. Sisters Library. 541-639-3217.

Central Oregon Woodworkers Guild 1st Tuesday. 541-639-6216.

East of the Cascades Quilt Guild 4th Wednesday, September-June, Stitchin’ Post. All are welcome. 541-549-6061.

Friends of the Sisters Library Board of Directors 2nd Tuesday, 9 to 11 a.m., Sisters Library. 541-977-8285.

Heartwarmers (fleece blanketmakers) 1st & 3rd Tuesdays, 1 p.m., Sisters City Hall. Materials provided. 541-408-8505.

Hero Quilters of Sisters Thursday, 1 to 4 p.m. 541-549-1028 or 541-548-3304.

Military Parents of Sisters 2nd Thursday, 5:30 p.m., 17549 Knight Rd., Bend (Plainview area). 541-388-9013.

Oregon Band of Brothers – Sisters Chapter Wednesdays, 11:30 a.m., Takoda’s Restaurant. 541-408-5594.

SAGE (Senior Activities, Gatherings & Enrichment) Wednesdays, 1 to 4 p.m. at SPRD. 541-549-2091.

Sisters Area Photography Club 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157.

Sisters Area SketchUp Users Group 2nd Wednesday, 7 p.m., Earthwood Timber Frame Homes. 541-549-0924.

Sisters Astronomy Club 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

Sisters Bridge Club Thursdays, 12:30 p.m., The Pines Clubhouse. Novices welcomed. 541-549-9419.

Sisters Cribbage Club Tuesdays, 11 a.m. to 1:30 p.m., Ray’s Food Place community room. 541-923-1632.

Sisters Habitat for Humanity Board of Directors 4th Tuesday, 6 p.m. Location information: 541-549-1193.

Sisters Kiwanis Thursdays, 7 to 8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870.

Sisters Parent Teacher Community 3rd Wednesday, 3:15 p.m., Sisters Elementary C-wing. 971-570-2405.

Sisters Red Hats 1st Friday. Location information: 541-279-1977.

Sisters Rotary Tuesdays, noon, Aspen Lakes Lodge. 541-977-6545.

Sisters Trails Alliance Board 2nd Wed., 5:30 to 7 p.m. Sisters Art Works. Public welcome. 541-719-8822.

Sisters Veterans Thursdays, noon, Takoda’s Restaurant. 541-903-1123.

Three Sisters Irrigation District Board of Directors 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

Three Sisters Lions Club 1st Thursday, noon, Ray’s Food Place community room. 541-419-1279.

VFW 8138 & American Legion 1st Wednesday, 6:30 p.m., Sisters City Hall. 541-903-1123 or 541-549-1132.

CITY & PARKS

Sisters City Council 2nd & 4th Thursday, 7 p.m., Sisters City Hall. 541-549-6022.

Sisters Park & Recreation District Board of Directors 1st Tuesday, 6 p.m., SPRD building. 541-549-2091.

Sisters Planning Commission 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

FIRE & POLICE

Black Butte Ranch Police Dept. Board of Directors Meets monthly. 541-595-2191 for time & date.

Black Butte Ranch RFPD Board of Directors 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

Cloverdale RFPD Board of Directors 3rd Wednesday, 7 p.m., Main Station, George Cyrus Rd. 541-548-4815. See the agenda at www.cloverdalefire.com.

Sisters-Camp Sherman RFPD Board of Directors 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

Sisters-Camp Sherman RFPD Drills Mondays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

SCHOOLS

Black Butte School Board of Directors 2nd Tuesday, 5 p.m., Black Butte School. 541-595-6203.

Sisters Christian Academy Board of Directors 2nd Thursday, 8 a.m., RE/MAX Out West Realty office at Outlaw Station. 541-549-4133.

Sisters School District Board of Directors One Wednesday per month, SSD Admin Bldg. See schedule at www.sisters.k12.or.us. 541-549-8521 x4011.

