



Valentine's Day is the most romantic of holidays. It's a day for declaring your love or reaffirming it with your lifelong sweetheart.

From traditional gifts of candy and flowers to one-of-a-kind items of jewelry and apparel, Sisters' merchants offer wonderful ways to tell someone special just what he or she means to you. Romantic getaways and delightful dining are right here, too, so you can whisk your love away without ever leaving Sisters Country. Indulge yourself a little and — more importantly — indulge the one you love. Saying "you're special and I want to spend time with you" is a worthy gesture any day.

It is said that St. Valentine himself gave the first "Valentine." Legend has it that he fell in love with a young woman who visited him while he was imprisoned in Rome. Just before he died he gave her a letter declaring his love. It was signed "From your Valentine."

Your Valentine doesn't have to be quite so dramatic. But with the help of the unique shops, spas, resorts and restaurants in Sisters Country, you can make sure that it is something truly special.

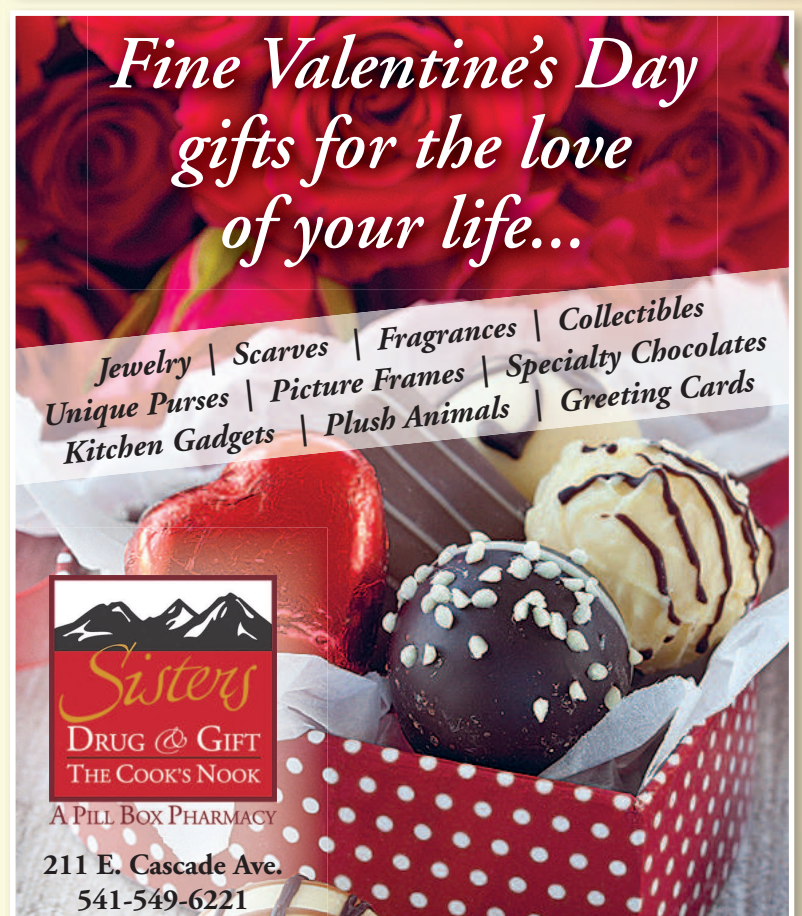


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Metabolic Maintenance Products

For more than a quarter century, Metabolic Maintenance Products has been helping people across the world enhance their health, wellness and quality-of-life through best-quality nutritional supplements. Their products are based on the latest wellness research. Ingredients are sourced from the finest suppliers and tested for purity and potency.

Throughout these decades, Metabolic Maintenance founder Ed Fitzjarrel has been a key supporter of the arts in Sisters — because he knows that good music and a sense of community are also keys to quality of life.

Metabolic Maintenance Products is currently sponsoring music on Friday nights at Cork Cellars, which is rolling out chef-created tapas and new menu items. Metabolic Maintenance Products invites you to join them to enjoy the best of Sisters' local music scene — and celebrate the art of living well.




Music Night!

Get Valentine's weekend off to a rock'in good start! Bring your Sweetheart to Cork Cellars Friday, February 12th, 7pm-9pm for music with Ed Fitzjarrell, Joe Leonardi and special guest Fiddler Bob Baker.

Come enjoy the fun!

Sponsored by
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