

COMMUNITY

Sisters woman receives Kiwanis scholarship

The Sisters Kiwanis Club awards financial aid to adults who are seeking a career change. This program, known as the Kiwanis Career Opportunity Fund (COF) assists local adults (25 or older) who are financially unable to return to school or retrain for a career change.

Aleshia Detweiler, a Sisters resident, was recently awarded a COF scholarship that will allow her to enroll in the Nutritional Therapy Practitioner (NTP) program at Central Oregon Community College. The NTP program is a distance learning holistic nutrition

course where students learn tools for assessing the body's nutritional deficiencies and how to address those weaknesses through diet, supplements, and lifestyle changes. Upon successful completion of the NTP course, students graduate with a certification from the Nutritional Therapy Association.

Detweiler said that Kiwanis financial support makes it possible for her to enroll in the NTP program that begins in February.

The Kiwanis Career Opportunity Fund provides

See **KIWANIS** on page 15



PHOTO PROVIDED

Local firefighters are preparing for the Scott Firefighter Stairclimb.

Local firefighters take on cancer

On March 6, firefighters from throughout the Northwest, and indeed the world, will travel to Seattle to participate in the 25th annual Scott Firefighter Stairclimb.

The Scott Firefighter Stairclimb offers firefighters the chance to display their physical conditioning by climbing the second-tallest building west of the Mississippi River — the Columbia Tower. At 69 stories, this is a physical challenge that can be quite formidable. Each firefighter is timed and monitored throughout the climb. The climb is performed in full firefighter gear, including SCBA, or self-contained breathing apparatus, the air tank that firefighters wear to have

breathable air when entering hazardous environments, such as burning buildings.

Typical equipment such as boots, fire-resistant clothing, helmet, and SCBA can weigh 50 pounds or more. Each firefighter is checked prior to the climb to ensure that his equipment meets the requirements of the National Fire Protection Association (NFPA). This is the organization that sets national standards for firefighting equipment and response. If his equipment has been modified and no longer meets the standard, that firefighter is not allowed to climb the building.

Attended by both paid and volunteer firefighters from departments large and small alike, the event is a

fundraiser for the Leukemia & Lymphoma Society, to support their research into curing blood cancers. In 2015, the event featured 1,900 firefighters from over 330 different departments and brought in a record \$2.2 million for blood-cancer research and patient services.

Cloverdale Fire District's Lieutenant Clinton Weaver said that "from last years' experience, performing this climb at 56 years old was not easy. It was quite a feeling of accomplishment to know that I could finish this climb. It was even more gratifying to know that I could finish in under 30 minutes, and come out somewhere in the middle

See **STAIRCLIMB** on page 10

'Hillbilly sheepherder' looks to the stars

By **Bonnie Malone**
Correspondent

A young Ken Robbins was foiled early in life with every future he dreamed. Yet, at almost 92, his life is filled with wonder, having found new opportunity beyond every closed door.

His work will bring him to Sisters as a guest at the Sisters Science Club presentation by Scott Fisher, professor of astronomy at the University of Oregon on January 26. (See *announcements*, page 12.)

Robbins, a civil and geotechnical engineer, consulted on the construction of six Portland-area hospitals, Portland's Veterans Hospital, the OHSU and Veterans Hospital Sky Bridge, the "Pill Hill" parking tower, and water and sewer district developments throughout the Northwest.

His geotechnology expertise was sought in constructing landmark buildings and infrastructure at Sunriver, The

See **ROBBINS** on page 18

SISTERS AREA MEETING CALENDAR

BOARDS, GROUPS, CLUBS

Al-Anon Monday, noon, Shepherd of the Hills Lutheran Church • Wednesday, 6 p.m., The Episcopal Church of the Transfiguration. 541-549-8737 or 541-549-1527.

Alateen Thursday, 7 p.m., The Episcopal Church of the Transfiguration. 541-549-1527.

Alcoholics Anonymous Thursday & Sunday, 7 p.m., The Episcopal Church of the Transfiguration • Saturday, 8 a.m., The Episcopal Church of the Transfiguration • Monday, 5 p.m., Shepherd of the Hills Lutheran Church • Tuesday, noon, Big Book study, Shepherd of the Hills Lutheran Church • Thursday, noon, Sober Sisters Women Meeting, Shepherd of the Hills Lutheran Church. 541-548-0440.

Authors Support Group 2nd Friday, 10 a.m., Sisters Area Chamber of Commerce. 541-588-0081.

Black Butte Macintosh Users Group 3rd Thursday, 3:30 to 5:30 p.m., Sisters Library community room. 541-549-1471.

Black Butte Ranch Bridge Club Tuesdays, 12:30 p.m., Black Butte Ranch community room. All welcome; partner required. 541-595-6236.

Celebrate Recovery Thursdays, 7 p.m., Westside Church-Sisters Campus. 541-389-6859.

Central Oregon Council on Aging Senior Lunch Tuesdays, noon, Sisters Community Church. 541-678-5483.

Central Oregon Fly Tyers Guild 4th Saturdays, 10 a.m. to 4 p.m. For location information: 541-549-2072.

Central Oregon Spinners and Weavers Guild 4th Saturday, 1 to 3 p.m. Sisters Library. 541-639-3217.

Central Oregon Woodworkers Guild 1st Monday. 541-610-9022.

East of the Cascades Quilt Guild 4th Wednesday, September-June, Stitchin' Post. All are welcome. 541-549-6061.

Friends of the Sisters Library Board of Directors 2nd Tuesday, 9 to 11 a.m., Sisters Library. 541-977-8285.

Heartwarmers (fleece blanketmakers) 1st & 3rd Tuesdays, 1 p.m., Sisters City Hall. Just bring scissors! 503-880-5832.

Hero Quilters of Sisters Thursday, 1 to 4 p.m. 541-549-1028 or 541-548-3304.

Military Parents of Sisters 2nd Thursday, 7 p.m., 17549 Knight Rd., Bend (Plainview area). 541-388-9013.

Oregon Band of Brothers – Sisters Chapter Wednesdays, 11:30 a.m., Takoda's Restaurant. 541-408-5594.

SAGE (Senior Activities, Gatherings & Enrichment) Wednesdays, 1 to 4 p.m. at SPRD. 541-549-2091.

Sisters Area Photography Club 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157.

Sisters Area SketchUp Users Group 2nd Wednesday, 7 p.m., Earthwood Timber Frame Homes. 541-549-0924.

Sisters Astronomy Club 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

Sisters Bridge Club Thursdays, 12:30 p.m., The Pines Clubhouse. Novices welcomed. 541-549-9419.

Sisters Cribbage Club Tuesdays, 11 a.m. to 1:30 p.m., Ray's Food Place community room. 541-923-1632.

Sisters Habitat for Humanity Board of Directors 4th Tuesday, 6 p.m. Location information: 541-549-1193.

Sisters Kiwanis Thursdays, 7 to 8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870.

Sisters Parent Teacher Community 3rd Wednesday, 11:30 a.m., Sisters Elementary School loft. 971-570-2405.

Sisters Red Hats 1st Friday. Location information: 541-279-1977.

Sisters Rotary Tuesdays, noon, Aspen Lakes Lodge. 541-977-6545.

Sisters Trails Alliance Board of Directors 2nd Wed., 5:30 to 7 p.m. The Pines Clubhouse. 541-719-8822.

Sisters Veterans Thursdays, noon, Takoda's Restaurant. 541-903-1123.

Three Sisters Irrigation District Board of Directors 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

Three Sisters Lions Club 2nd Tuesday, noon, Ray's Food Place community room. 541-419-1279.

VFW 8138 & American Legion 1st Wednesday, 6:30 p.m., Sisters City Hall. Service officer available. 541-903-1123 or 541-549-1132.

CITY & PARKS

Sisters City Council 2nd & 4th Thursday, 7 p.m., Sisters City Hall. 541-549-6022.

Sisters Park & Recreation District Board of Directors 1st Tuesday, 6 p.m., SPRD building. 541-549-2091.

Sisters Planning Commission 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

FIRE & POLICE

Black Butte Ranch Police Dept. Board of Directors Meets monthly. 541-595-2191 for time & date.

Black Butte Ranch RFPD Board of Directors 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

Cloverdale RFPD Board of Directors 3rd Wednesday, 7 p.m., Main Station, George Cyrus Rd. 541-548-4815. See the agenda at www.cloverdalefire.com.

Sisters-Camp Sherman RFPD Board of Directors 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

Sisters-Camp Sherman RFPD Drills Mondays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

SCHOOLS

Black Butte School Board of Directors 2nd Tuesday, 5 p.m., Black Butte School. 541-595-6203.

Sisters Christian Academy Board of Directors 2nd Thursday, 8 a.m., RE/MAX Revolution office at Outlaw Station. 541-549-4133.

Sisters School District Board of Directors One Wednesday per month, SSD Admin Bldg. See schedule at www.sisters.k12.or.us. 541-549-8521 x4011.

