## The Notables offer free swing band concert

The Notables' 17-piece swing band will play a free concert Sunday, September 27, 4 to 6 p.m.

Shepherd of the Hills Lutheran Church is hosting the outdoor concert to benefit Circle of Friends, an organization that mentors vulnerable children in our community.

The Notables Swing Band is a spin-off of the 75-member Cascade Horizon Band and brings back the classic swing music popularized by musicians such as Glen Miller, Duke Ellington and Count Basie. Swing has been enjoying a resurgence, and The Notables are excited to be part of that trend in Central Oregon.

Betty Berger has come out

of retirement and is singing with the band. Many know her from the 15 years she led her own band and played regularly at the Riverhouse in Bend. Before that she had a 40-year career singing with bands in Southern California.

Circle of Friends board members will have information available at the event about their program and volunteer opportunities. All donations will benefit the program.

Shepherd of the Hills Lutheran Church, located at 386 N. Fir St. in Sisters, will hold the outdoor concert in their new events tent. Refreshments and chairs will be provided. You may wish to bring your own lawn chair for more comfort.

## Sisters salutes...

• From the staff and board of the Sisters Folk Festival:

The 20th anniversary of the Sisters Folk Festival was a huge success!

A substantial part of that success is due to the efforts of Paul Bertagna, Nicole Montalvo, and the entire City of Sisters Public Works Department. Thank you for going out of your way to keep the parks and town beautiful; help us out with keys; keep up the restrooms; and a myriad other tasks — large and small — that put the whole town in its best light for our festival.

All of us at Sisters Folk Festival are deeply grateful for all you do!

• Metolius Property Sales congratulates our agent Ross Kennedy, who will be honored on October 24 in Ashland by being inducted into the Southern Oregon University Sports Hall of Fame for track and field. While at SOU, Ross did the Decathlon and placed second in the NAIA National Championships. Way to go, Ross — we're proud of you!

• The Kiwanis Club of Sisters would like to thank all the Kiwanis and community volunteers who made the Run to the Top Black Butte Challenge 10K Run a success.

In addition, thank you to our partner, the Sisters Ranger District, to SPRD for the use of their buses and to our sponsors. Proceeds from the race will support the Sisters Kiwanis Club scholarships and community service projects.

• The staff of *The Nugget* want to say thank you and kudos to Audrey Tehan and the Seed-to-Table program. What an incredible venture and accomplishment!

We enjoyed a weekly delivery of fresh veggies all summer long, an amazing variety from the harvest.

We're sad to see the bountiful season end, but want to send a shout-out to the community: don't miss signing up next year. Thanks again to Audrey and all the interns.

## Make mustard and sausage

Learn how to safely prepare and can mustard and prepare and store summer sausage and jerky at a "hands-on" workshop taught by Glenda Hyde, OSU Extension Family and Community Health Senior Instructor and OSU Extension Master Food Preservers. The class will be on Tuesday, October 13, at the OSU **Deschutes County Extension** office at the Fairgrounds in Redmond, 9 a.m. to noon. Cost of the workshop is \$15. The registration fee includes products made in the lab and OSU publications and recipes. Class size is limited. The deadline for registration is

Friday, October 9. To register, call the OSU Extension/Deschutes County office at 541-548-6088.

OSU Extension recommends only using up-to-date, tested recipes from reliable resources for canning. Food preservation booklets with tested recipes can be purchased at your local county Extension office or downloaded for free online at http://extension.oregonstate.edu/fch/foodpreservation.

If you have canning and preserving questions, call the OSU Extension Food Safety/Preservation Hotline at 1-800-354-7319.

## Youth basketball held in Redmond

Basketball for fifth and sixth grades is being held in Redmond again this year through the Redmond Area Park and Recreation District (RAPRD).

Sisters has sent kids to RAPRD for the last several years to give kids their first chance at traveling to new areas to play out-of-area teams and kids. Last year, the Sisters community fielded both a boys and a girls team at RAPRD. Last year's participation levels boasted

a large number of fourthgrade kids for the in-district league and with a number of players moving into fifth grade this year, Coach Paul Patton is hopeful to have two boys teams in the Redmond league.

According to Patton, moving into the Redmond league provides players with a host of experiences, which enhances their athletics. From meeting new players and experiencing new coaching styles to preparing for

away games, the experience the Sisters youth basketball players gain aids them tremendously as they enter into middle school basketball in seventh and eighth grade.

The Redmond Area Park and Recreation signup deadline for basketball is October 4 for boys and December 13 for girls. All interested families should contact the RAPRD at 541-548-7275 and indicate that you are interested in playing with a Sisters team.



