

HOT DOGS: Deadly heat will persist for several days in Sisters

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Burns, every year HSCO hears about dogs needlessly suffering from heat stroke, and the City of Bend Animal Control receives four to eight calls per day regarding dogs left in hot cars during the summer months.

Heatstroke or exhaustion can occur very quickly for your pooch as he only has the ability to sweat through the pads of his feet. And the way Fido expels heat is through panting.

Remember that your furry friend doesn't realize that he will overheat while playing fetch in the park on a hot day, he won't know when he is overheated until it is too late. It's up to you as a responsible pet parent to watch for heat stress and dehydration in your dog, know when it's time to take a break, to give him a drink, and to rest in the shade for a while.

The best time to exercise your furry friend in the summer heat is early in the morning or later in the evening. Since these are the cooler parts of the day, this will make the walk more comfortable for both you and Fido.

Remember to keep your pooch hydrated.

Different dogs have different needs when battling the heat. Keep in mind that dogs with darker coats absorb more heat than lighter coats. Also overweight dogs, very

young or older dogs are at a higher risk for dehydration. Carry a bottle of water when going on a walk with your furry friend.

Get creative and find innovative ways to cool Fido down. Find a spot in the shade and set up a kiddie pool. Lay down a wet towel for your dog to lie on or bring him to Fir Street Park in Sisters and let him run through the sprinklers.

Did you know that dogs cool from the bottom up? So make sure to spray the paws and stomach, not just the top of Fido. That's why a wet towel does more good on the bottom of your dog than when laid on top of him.

If you walk your furry friend on the roadside you might need doggie boots. Heat rises from the ground, so if you can't walk barefoot on the streets, neither can your dog. If your dog's foot pads feel warm to the touch, cool them down with some water and stay off the hot pavement. (*See asphalt temperature chart on page 32.*) You can find dog boots at your local pet store.

Many people in Central Oregon don't have air-conditioning. With extreme temperatures this summer you will have to watch for signs of heatstroke indoors, also. To keep your furry friend from overheating indoors, try a cooling body wrap vest or mat, such as Keep Cool Mat. You can also give Fido doggie popsicles using peanut butter, berries or watermelon.

STROLL: Artists will be on hand to demonstrate technique

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engage in "hands-on" activities with a number of the artists. Fiber Art Stroll maps can be found in participating businesses that host the artists, Stitchin' Post, and at the Sisters Area Chamber of Commerce.

The goal of the event is to increase awareness and showcase fiber arts to the public while honoring the work of fiber artists from a broad range of mediums. The event provides artists with a quality environment to present their work to the public.

The Fiber Arts Stroll artists share and demonstrate their textile work including



PHOTO PROVIDED

Fabric bag by Natalie Mason.



PHOTO PROVIDED

"Under the African Sun" by Kristin Shields.

weaving, felting, hand-knitting, tiles, fabric-dyeing, basketry, quilting and more. Artists are selected on the basis of originality of their work and adherence to a "fiber-arts" theme.

The Sunday event kicks off a week of festivities for the 40th Annual Sisters Outdoor Quilt Show.

For more information, call 541-549-1004 or visit www.sistersoutdoorquiltshow.org.

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