

Lady Outlaw swimmers take first at dual meet

By Rongi Yost
Correspondent

The Outlaws matched up against Redmond and Ridgeview on Tuesday, February 3, and the Lady Outlaws came out on top. Sisters' girls defeated Ridgeview 78-39 and beat Redmond 87-39.

Highlights included first-place finishes by Mary Stewart and Emily Christen. Stewart finished first in the 50-meter freestyle with a time of 29.14 and also took top honors in the 100-meter butterfly with a time of 1:14.14. Christen finished first in the 100-meter backstroke with a time of 1:18.08.

Several other Lady Outlaws finished in the top five. Madelyn Zadow took second in the 100-meter freestyle with a time of 1:13.16. Christen finished at 30.41 in the 50-meter freestyle for a second-place finish. Brooke Knirk took fifth in the same event with a time of 31.89.

In the 100-meter backstroke, Zadow finished third at 1:21.08, and Hawley Harrer took fifth at 1:33.50.

Christen, Harrer, Zadow, and Stewart took first place in the 200-meter freestyle relay with a finish time of 2:02.95. In the 400-meter freestyle relay (Christen, Harrer, Zadow and Stewart) took first place with a time of 4:49.22.

On the boys' side, Jonathan Luz and Shawn Horton took first and second respectively in the 100-meter butterfly. Luz finished with a time of 1:15.64, and Horton was close behind with a time of 1:15.96.

The 400-meter freestyle relay team of Horton, Cyrus Alexander, Will Werts and Luz took second with a time of 4:41.12.

Swimmers used their last league meet of the season to prepare for the district championships, which will be held in Albany on Friday and Saturday, February 13-14.



PHOTO BY JERRY BALDOCK

Brooke Knirk swims in the 400-meter freestyle relay finals.

Outlaws tame the Lions

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The boys basketball team defeated Cottage Grove 48-38 at home on Friday, February 6, and pushed their league record to 5-1.

Although they are small in stature, the Lions boast a strong dribble-drive offense and are very proficient shooting the three-pointer and getting to the rim. Sisters was able to extend pressure and throw the Lions off their offensive game.

It was a tight start and at the close of the first quarter Sisters held a one-point lead at 9-8. The second quarter was also close, but just before the half, Hayes Moore hit a huge three-pointer that gave the Outlaws momentum. At the half, Sisters held a 21-17 advantage.

Sisters' defense held strong and the offense geared up in the second half. The Tigers ran a compact zone-defense and the Outlaws struggled a bit with spacing. Tysen Gill and Connor Schaab did a nice job inside, and Justin Harrer and Isaac Mackenzie were tough defensively and at the high-posts. Sisters extended their lead and closed out the third on top at 35-26.

Sisters was up by 16 twice in the final period, but CG hit enough of their shots to narrow the gap. When the final buzzer sounded the Outlaws had bested the Lions by 10.

Steen Johnson paced the Outlaws with 13 points. Tysen Gill scored 10 points, Justin Harrer tallied six, and Hayes Moore added five.

Harrer told *The Nugget* he felt the Outlaws executed well.

“We take pride in the defensive end of the court and are one of the top defensive teams in the state for points allowed per game.”
— Justin Harrer

“We knocked down outside shots and got the ball in the paint,” said Harrer. “We take pride in the defensive end of the court and are one of the top defensive teams in the state for points allowed per game. We have two big games on the road next week, and if we continue to improve and play our game, I have



PHOTO BY CEILI CORNELIUS

Connor Schaab drops in a shot from the free throw line.

complete trust in the team that we will get the job done.”

Sisters is currently 12-6 overall. The Outlaws were to play at Sweet Home on Tuesday, February 10. Sisters will wrap up their week with a road game at Junction City on Friday, February 13.

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Happy Birthday, Paul!