

Seth Roy

Sisters High School December 2014 Student of the Month

Seth Roy attributes his success as a student at Sisters High School (SHS) to his work ethic, which he credits to good influences — starting with his parents.

"They've always pushed me to be a better person," he said. "Also, I've been involved in Boy Scouts since sixth grade."

Roy has skied on the Outlaws Nordic ski team and served as captain of the cross-country team. He is vice-director of the school's tech crew. He plays trumpet and French horn in the school band and was accepted into the Central Oregon Honor Band.

Academically, Seth's bent is toward the sciences. He's almost got his pilot's license through the SHS flight sciences program.

"I like the sciences," he said. "I plan to go into the medical field. My favorite course here is definitely biology."

For his peers and his teachers, Seth embodies an ethic of hard work and service to others.

"In addition to his academic pursuits, Seth is to be applauded for his talent, dedication and enthusiasm toward the arts in Sisters. He is an accomplished trumpet player, recently earning a spot in Central Oregon Honor Band. He goes above and beyond with tech crew to help make each performance all that it can be. Thank you, Seth for your passion for music and your positive attitude! Congratulations!"

— Julie Cash

"Seth is a humble leader with great ambition and drive. I assume Seth will be successful in any goals he sets out to accomplish. When I think of Seth I think of him leading a small group of workers over the summer to clean up the landscaping in our parking lot. The small group, led

by Seth, was pulling weeds and covering the area with mulch. It was not an easy task and Seth never asked for any sort of recognition or accolades, he simply did a job that he set out to accomplish."

— Joe Hosang

"Seth simply brightens the day of those he is around. He is positive, friendly, and welcoming. His joy of life and learning is both contagious and inspiring. For these reasons (and many more), he is an excellent role model and will be missed at SHS. Congratulations, Seth!"

— Samra Spear

"SETH! I am so happy to see Seth receive this — he totally deserves it! He is always willing to help with whatever is going on and does so with a smile! Congratulations, Seth!"

— Terri Rood

"I have had the pleasure of working with Seth on and off throughout his four years at Sisters High School. He is a positive addition to our high school culture. He's easy to work with, tries hard and puts a lot of time into the projects he takes on. I've seen Seth working in our life skills program, and he is kind to all those around him. He works on our tech crew which demands a lot from students. He is involved, friendly, and hard-working. Congratulations, Seth!"

— Kristy Rawls

"Seth gives so much to our school community. From spear-heading an effort to maintaining the landscaping in the high school parking lot to dedicating himself as a captain of the cross-country team, Seth has shown he will work hard for his community. I am grateful to have known Seth these past four years and to have been able to

watch him grow and contribute. He is well deserving of this recognition. Congratulations, Seth!"

— Rima Givot

"Seth is one of the kindest, most sincere individuals I have ever known. He is dedicated to making this world a better place both by his actions and his words. His smile and hello every morning brighten my day! Congratulations, Seth."

— Suzanne Lind

"Seth is a sincere and kind young man who brings a smile and a dedicated heart to everything he does, including his academics, music, scouting activities and friendships. He is the sort of person who enriches our school community every day he's in the building. Congratulations, Seth!"

— Rob Corrigan

"Seth Roy is a kind, caring, and giving young man. He has been a wonderful citizen of Sisters High School, giving a lot of his time and energy to the track and cross-country programs and sprucing up the outside entry area to make our school more welcoming. Congratulations on your accomplishments, and thank you for your contributions, Seth!"

— Sally Taylor

"I have enjoyed getting to know Seth. He served the cross-country team strongly as a captain, then he also works well with special-needs students as a mentor. More importantly he is a good neighbor. Seth is a very caring and warm young man, but just be careful when you are driving around him. He still needs some work in that area, but otherwise he is awesome!"

— Josh Nordell

"Congratulations, Seth! I have watched Seth over the past two years take on leadership roles throughout the school, but he does so quietly that I think many don't realize all that Seth makes happen at the high school. From planning and implementing the Veterans' Day Celebration, to ensuring that all of the assemblies have their technical needs met. I have come to rely on Seth, as he is the type of student who does what he says he's going to do, and always with a smile on his face. Congratulations, Seth, you deserve this honor."

— Michele Hammer

"Seth has shown a great deal of initiative in flight science, and is working steadily toward his private pilot's license ... a challenging undertaking. Well done!"

— Jon Renner

"We are extremely lucky to have a student like Seth Roy at Sisters High School. He is one of the most well-rounded, kind, service-oriented students I have worked with. He not only participates in multiple athlete programs, but he excels in music and academics. Seth is a leader within the scouting program here in Sisters and he is often found in and around the community performing service projects. His commitment to his school and community is unparalleled. Over the summer months when most students are off playing at the lake, I would often pull up to the high



school parking lot early in the morning to find Seth and his work crew sweating and digging in the dirt to help beautify the SHS grounds. I am proud that Seth Roy will graduate from Sisters High School this spring."

— Tim Roth

"Seth is a terrific young man. He has great integrity and always looks to help others before himself. He leads by example and is respected for his actions."

— Rand Runco

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