

ELEANOR FRANCIS' LETTER

Tells About Dainty Things in the Way of Sandwiches for Summer-time Luncheons.

Sandwiches are the chief reliance for any sort of cold lunches, hence are especially in demand at this season of the year. They should be daintily made of the best ingredients, and if they must be kept some time for travelling purposes, each sandwich should be wrapped in paraffin paper.

White, graham or brown bread, or small fine grained rolls, such as the Parker House rolls are best for this use. Whole wheat and rye bread are also excellent. The bread should be at least one day old and of fine grain. A five-cent loaf cuts to good advantage. The loaf should have the crust cut off and be trimmed to a good shape before the slices are cut. The butter should be spread on the loaf, and the bread then cut into even slices about one-eighth of an inch thick. The second slices, used for the upper covering, do not usually need spreading, but must be cut off and fitted over the first slice at once to avoid mismatching rough edges. Next cut the slices

into the desired shapes. One cut across the loaf will make two squares, a second cut diagonally will make four triangular sandwiches. For jelly and extra dainty sandwiches the bread is cut very thin and rolled into long oblongs, which are often tied with ribbons, individually or in packages.

The butter for sandwiches should be the best and soft enough to spread easily. Sometimes the butter is worked into the neat paste. What are called "sandwich butters" are frequently used. They are made by rubbing the butter to a cream combined with anchovy paste, mustard, pate de foie gras, tarragon, chopped parsley etc.

Poultry, Game and Ham.

Poultry, game ham or any other meat can be pounded to a paste, and mixed with butter seasonings and French or Mayonnaise dressing. Chicken made into a paste, mixed with the mashed yolks of hard boiled eggs with milk or cream, and a little butter and seasoned with salt and pepper and a few drops of onion juice, makes a delicate sandwich.

Fish Sandwiches.

Anchovies, sardines or any fresh boiled fish pounded to a paste with a white, or other sauce, or with Mayonnaise, with a little chopped pickle added, or shad roe seasoned in the same way make excellent sandwiches.

Egg Sandwiches.

Hard boiled eggs cut into slices, sprinkled with salt and pepper and spread on buttered bread with chopped parsley or sliced eggs between lettuce leaves with Mayonnaise; or hard boiled eggs chopped fine with white sauce placed between layers of buttered bread are all good.

Spanish Sandwiches.

Spread buttered graham bread with mustard, then with a layer of cottage cheese, then chopped olives spread with Mayonnaise.

Raw Beef Sandwiches.

Scrape the raw beef, spread it between thin slices of plain bread sprinkle with salt and pepper. Place sandwiches on a toaster, and put over coals until heated, serve hot.

Brown Bread Sandwiches.

Flake one cupful of cold boiled salmon, and mix it to a paste with one tablespoonful of Mayonnaise dressing, adding a more than ordinary portion of salt and Cayenne pepper. Cut Boston brown bread in thin slices and spread with the fish, adding thin slices of cucumber that have been allowed to soak for a short time in iced water, salted and made acid with vinegar.

Press a second thin slice of bread over the first, and cut in pointed sections like a pie. Garnish the dish with sprigs of parsley.

Letuce Sandwiches.

Select nice, tender, crisp lettuce, wash and dry well, and make up just before serving. Butter bread on the loaf, slice thin and insert lettuce between the two pieces, adding a little Mayonnaise dressing, cream cheese, nuts or other salad material for flavor as desired. The plain lettuce is sufficient, however, and it should be torn, not cut, to fit the sandwich.

ELEANOR FRANCIS.

Ashland Elks advertised their town all the way to Los Angeles and back on the recent convention.

Grain harvest in the Willamette valley will be two weeks late, owing to the rains.

MURDERED WIFE WITH HATCHET

Hacked Body to Pieces, Wrote Letter Confessing the Crime, Then Killed Himself.

[United Press Leased Wire.]
New Bedford, Mass., July 26.—Killing his wife and hacking her body to pieces with a tomahawk, Robert E. Fanning, a wealthy resident of Westport, cast the mutilated corpse into the bushes beside a lonely road, returned to his home and wrote a sensational letter, sped in his automobile to the police station here, delivered the written confession of his crime to an officer and blew off the top of his head with a revolver shot. Drink is believed to have been responsible for the double tragedy.

Half crazed from a prolonged debauch, Fanning selected a spot which he knew his beautiful wife would pass on her way home from a neighbor's, where she had been visiting. The woman, without suspecting the terrible fate which awaited her, walked into the ambush and was felled with a blow from a tomahawk. Mad with blood lust, she man hacked at her prostrate body until it was mutilated almost beyond recognition. Then hiding the evidence of his crime in the bushes near the roadway, he turned to his home at Westport.

Fanning spent the remainder of the night in composing a sensational letter to the police. Early today he got into his automobile and came to New Bedford. Meeting friends and acquaintances Fanning chatted with them and none suspected that anything was wrong. He took his machine to a garage and left detailed instructions regarding its care. He then walked to the police station, where he asked for the chief. When he learned that the chief was not in the office he handed the letter, which was addressed "To Whom It May Concern," to a sergeant, who opened and read it.

He then fired a gun, blowing off the top of his head. Three policemen seeing his intention to commit suicide, tried to prevent the act, but he pulled the trigger before they could disarm him, and he fell dead at their feet.

In his letter to the police Fanning declared he was sorry for what had occurred and praised his wife's beauty and grand qualities. He held that he loved his baby better than himself. In an attempt at justification for his terrible deed the murderer declared that he "had a good deal to contend with."

"I hope my baby will have the best of care as she is one of the best babies who ever lived, and it is hard to leave my child, but my God I must. Oh, God, I wish you would comfort my child. I hope she will benefit by it, as there is enough to be wealthy.

"I would like for our baby to join us, but, cruel as I am, I have not the heart for such.

"My wife's body lies on the west side of Lyons brook, about 500 south, in the bushes. Please give it immediate attention, and remove the same as soon as possible."

In a postscript Fanning urges that the baby be given into good hands. He gives his belongings to his brother, Will.

A special policeman was sent to the scene of last night's tragedy and found the body.

SAYS HE EMBEZZLED TO AID HIS BROTHER

[United Press Leased Wire.]
Tacoma, July 26.—Confessing that he had embezzled a large sum of money to save his brother from the penitentiary, John Nolan of Chicago is under arrest here today awaiting word from the authorities of the eastern city. Nolan says he took the money from Darling & Co., a stockyards firm, and has been a fugitive for two years. Two days ago at the Seattle exposition he met a friend who told him his brother, to save whom he claims to have embezzled the money, had committed suicide. This decided him to stand for trial and he gave himself up yesterday. The police have wired Chicago that he waives extradition and confesses his guilt.

EXAMINING THAW JUST ONCE MORE

[United Press Leased Wire.]
White Plains, N. Y., July 26.—Investigation into the sanity of Harry Thaw was resumed today in Judge Mills' court. The court room was crowded when the case was reopened, most of the spectators being women.

Joseph Thaw and his wife and Harry Thaw's mother and sister were present at the hearing. District Attorney Jerome also appeared in the court room.

THE WRIGHTS TO MAKE ENDURANCE TEST

[United Press Leased Wire.]
Washington, July 26.—Wright brothers today informed Mr. Allen, head of the United States army signal service, that they would attempt another flight a 6 o'clock this evening.

Orville Wright will operate the aeroplane, and will be accompanied by an officer of the signal corps.

The flight will be an endurance test, it being required that the machine carry two persons, and remain in the air for one hour without alighting.

MORE PINKHAM CURES

Added to the Long List due to This Famous Remedy.

Camden, N. J.—"It is with pleasure that I add my testimony to the already long list—hoping that it may induce others to avail themselves of this valuable medicine, Lydia E. Pinkham's Vegetable Compound. I suffered from terrible headaches, pain in my back and right side, was tired and nervous, and weak, could hardly stand. Lydia E. Pinkham's Vegetable Compound restored me to health and made me feel like a new person, and it shall always have my praise."

—Mrs. W. P. VALENTINE, 602 Lincoln Avenue, Camden, N. J.

Gardiner, Me.—"I was a great sufferer from a female disease. The doctor said I would have to go to the hospital for an operation, but Lydia E. Pinkham's Vegetable Compound completely cured me in three months."

—Mrs. S. A. WILLIAMS, R. F. D. No. 14, Box 39, Gardiner Me.

Because your case is a difficult one, doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has cured many cases of female ills, such as inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pain, backache, that bearing-down feeling, indigestion, dizziness, and nervous prostration. It costs but a trifle to try it, and the result is worth millions to many suffering women.

Nervous People

And those afflicted with heart weakness may now have no fear of the dental chair. READ WHAT MRS. HANLEY SAYS: "I had 16 teeth extracted at the Harvard Dentists' without the least pain, and highly recommended them."

MRS. HANLEY, Fremont Station.

Whalebone Plate \$10

A Great Discovery, the New Whalebone Plate, which is lighter and strongest set known; does not cover the roof of the mouth; bite corn off the cob; guaranteed 10 years.

10 Year Guarantee

Gold Crown, extra heavy... \$25.00
Full Set Teeth (whalebone S. S. W.)... \$25.00
Bridge Work, per tooth, best gold... \$25.00
White Crowns... \$25.00
Teeth Re-named... \$25.00
Gold Fillings... \$15.00
And not exceeding... \$25.00
Best Silver Fillings... \$15.00
Platinum Fillings... \$15.00
Teeth Cleaned... \$10.00

TEETH EXTRACTED WITHOUT PAIN
Free When Other Work Is Ordered

By our new system of painless dentistry, used by us alone. Our success is due to the high-grade work done by our expert, gentle, unvarying operators.

Harvard Painless Dentists

Corner Park and Washington Sts., Over Royal Bakery, Portland, Or.

Largest and best equipped Dental establishment in the world; 20 offices in United States. Open Sunday, 9 to 1. Daily until 8.

Folger's Golden Gate Coffee

Just Coffee, but perfect Coffee.
Your grocer will grind it—better if ground at home—not too fine.

SOUTHERN PACIFIC CO. TIME TABLE

Effective Sunday, July 4, 1909, at 12:01 A. M. Northbound.

No. 16 Oregon Express	5:15 a.m.
No. 18 Cottage Grove Pas.	8:15 p.m.
No. 20 Roseburg Pass.	3:15 p.m.
No. 14 Portland Express	8:20 a.m.
No. 12 Shasta Limited	7:43 p.m.

Southbound.

No. 13 San Francisco Ex.	3:31 a.m.
No. 11 Shasta Limited	7:43 p.m.
No. 19 Ashland Passenger	10:36 a.m.
No. 17 Cottage Grove Pass.	8:45 p.m.
No. 15 California Express	9:56 p.m.

Northbound.

No. 226 Way Freight	11:45 a.m.
No. 222 Portland East Frt.	9:56 p.m.

Southbound.

No. 225 Way Freight	11:45 a.m.
No. 221 Portland East Frt.	2:43 a.m.
No. 225 will leave Grants Pass in the morning instead of evening and will not carry passengers between Grants Pass and Ashland.	
No. 4 and 46 between Woodburn and Crabtree and 51 and 52 between Lebanon and Albany will run daily.	
No. 74 will connect with No. 4 at Sheridan Junction.	
No. 3 will connect with No. 75 at St. Joseph.	

OREGON ELECTRIC RAILWAY

Time Card Effective Nov. 15, 1908.

Leaves For:

Portland and intermediate, local	7:00 a.m.
Portland-Hillsboro and intermediate, local	9:00 a.m.
Portland and intermediate, local	10:05 a.m.
Portland and intermediate, local	11:15 a.m.
Portland-Tualatin and Hillsboro, local	1:05 p.m.
Hillsboro	3:35 p.m.
Portland-Hillsboro and intermediate, local	4:15 p.m.
Portland and intermediate, local	6:20 p.m.
Portland and intermediate, local	8:40 p.m.

Arrives From:

Portland and intermediate, local	8:30 a.m.
Portland-Hillsboro and intermediate, local	9:40 a.m.
Portland-Hillsboro-Tualatin, local	10:20 a.m.
Portland and intermediate, local	11:35 a.m.
Portland and intermediate, local	1:35 a.m.
Portland-Hillsboro and intermediate, local	4:00 p.m.
Portland and intermediate, local	5:45 p.m.
Portland and intermediate, local	8:20 p.m.

Faith is always foolish to those who have their eyes in the feet trough.

Children Cry FOR FLETCHER'S CASTORIA



All Patent Medicines or medicines advertised in this paper are for sale at

DR. STONE'S Drug Store

The only cash drug store in Oregon, owes no one, and no one owes it; carries large stock; its shelves, counters and show cases are loaded with drugs, medicines, notions, toilet articles, wines and liquors of all kinds for medicinal purposes. Dr. Stone is a regular graduate in medicine, and has had many years of experience in the practice. Consultations are free. Prescriptions are free, and only regular prices for medicine. Dr. Stone can be found at his drug store, Salem, Or., from 7 in the morning until 9 at night.

MAGAZINE BARGAINS

The following offers contain only selected magazines of the highest merit. The desires of every one will be found represented in this list—Women, Literature, Reviews, Juvenile, Outdoor Interests, Fiction, Technical, Music, Art, Humor, Religious, etc.

THE WEEKLY CAPITAL JOURNAL and COSMOPOLITAN or AMERICAN or SUCCESS—Value \$2 for \$1.65

GREATEST SUBSCRIPTION OFFER

Through a most unusual arrangement with the publishers we are able to make this remarkable offer to our subscribers.

FOUR PUBLICATIONS AND A DRESS PATTERN

TOTAL VALUE . . \$3.65 for only . . \$2.15

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Success Magazine	Literary " " 1.00	
Modern Priscilla	fancywork " " .50	
Pictorial Review Pattern	(Value) .15	

(To be selected by the subscriber from the styles illustrated in Pictorial Review, at any time within 60 days after receiving the first copy.)

Total Value of the Four and Pattern.....\$3.65

\$2.15

THE CAPITAL JOURNAL

And Value, Cost.	And Value, Cost.	And Value, Cost.
Ainslee's Magazine.....\$2.80 \$2.35	Illustrated London News.....\$7.00 \$6.45	Reliable Poultry Journal.....\$1.50 \$1.35
American Boy.....2.00 1.65	Independent.....3.00 2.35	Review of Reviews.....4.00 3.00
American Homes & Gardens.....4.00 3.60	International Studio.....6.00 5.25	Rudder.....4.00 3.35
American Motherhood.....2.00 1.75	Judge.....6.00 5.25	Scientific American & Sup.....8.00 6.80
American Poultry Journal.....1.50 1.30	Keramic Studio.....5.00 4.50	Scribner's Magazine.....4.00 3.55
Atlantic Monthly.....5.00 4.25	Ladies' World.....1.50 1.35	Smart Set.....3.50 3.35
Black Cat.....2.00 1.65	Leila's Weekly.....6.00 5.40	Smith's Magazine.....2.50 2.20
Blue Book.....2.50 2.25	Life.....6.00 5.35	St. Nicholas.....4.00 3.80
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Book-keeper.....2.00 1.85	Little Folks (Salem) new.....2.50 1.85	Suburban Life.....4.00 2.55
Bookman.....3.00 3.10	McCall's Mag. and pattern.....1.50 1.40	Sunday School Times.....2.00 1.80
Boston Cooking School.....2.00 1.85	McClure's Magazine.....2.50 1.90	Sunset Magazine.....2.50 1.85
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Burr McIntosh Monthly.....4.00 3.90	Modern Priscilla.....1.50 1.35	Table Talk.....2.00 1.65
Century Magazine.....5.00 4.80	Mother's Magazine.....1.50 1.35	Taylor-Frostwood Magazine.....2.50 2.00
Children's Magazine.....2.00 1.85	Motor Boat.....3.00 2.90	Technical World Magazine.....2.50 2.00
Christian Herald (N. Y.).....2.50 2.10	Musicalian.....2.50 2.00	Theatre Magazine.....4.50 3.80
Country Life in America.....5.00 4.90	Nation.....4.00 3.75	Toilettes.....3.00 3.35
Craftsman.....4.00 3.35	National Home Journal.....1.50 1.25	Travel Magazine.....2.50 2.00
Current Literature.....4.00 3.25	National Magazine.....2.50 2.00	Van Norden Magazine.....2.50 1.75
Designer.....3.50 3.35	National Sportman.....2.00 1.65	Vogue.....5.00 4.90
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Electrical World.....4.00 3.65	Outdoor Life.....2.50 2.25	Woman's National Daily.....2.00 1.80
Electrician & Mechanic.....3.50 3.35	Outing Magazine.....4.00 3.75	World Today.....2.50 2.00
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Garden Magazine.....2.00 1.65	People's Home Journal.....1.35 1.25	
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Harper's Weekly.....5.00 4.50	Primary Education.....2.25 2.00	
Home Needlework.....1.75 1.50	Primary Plans.....2.00 1.85	
Home Beautiful.....3.50 3.25	Puck.....6.00 5.10	
Housekeeper.....1.75 1.60	Putsman-Reader.....4.00 3.25	
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THE CAPITAL JOURNAL - SALEM, OREGON

N. B.—If you wish to take the Daily with this offer, simply substitute the price of the Daily for the price of the Weekly. The Daily is \$4.00 per year by mail or \$6.00 by carrier in the city.

PORTER BROS. BACK OF DESCHUTES ROAD

A dispatch from Spokane, dated July 24, says:

"It is true that we are building a new railroad in central Oregon," stated R. B. Porter of Porter Bros., the contractors, to the Chronicle today. "It will be called the Oregon Trunk Line and will run south from The Dalles to Madras, a distance of 122 miles. The government has approved our right of way for 110 miles from Cello to Madras.

"The cost of this 110 miles will be about \$3,000,000, and we expect to complete this part of the track within a year. A line of boats will connect with the road, running to Portland, and we also expect to run boats to Lewiston, Idaho.

"Our present plans are only to run south to Madras, but probably in the near future the road will extend further into the interior.

"The entire stock of the Oregon Trunk Line is owned by Porter Bros. of Spokane and V. D. Williamson of New York. We have nothing whatever to do with the Hill interests. It is true we are in opposition to Harriman's line, but only as a matter of competition."

THE HOBO RAN AGAINST A VARIETY OF TROUBLE

[United Press Leased Wire.]
Marysville, July 26.—A police hobo, who was thrashed by Justice Judge Morrissey, is on trial before his honor today for begging money from the judge, and when refused hurling vile epithets at him.

The judge thrashed the tramp, and ended the fisty affray by grabbing the man by the coat collar and marching him off to the jail.

Lewis McKibben, while working in Rouses logging camp near Cottage Grove, had his leg broken by a cable.

Cyrus C. Brock, father of Mrs. D. J. Durbille, of Cottage Grove, has suffered a stroke of paralysis.