AFTER **DOCTORS**

Lydia E. Pinkham's Vegetable Compound Cured Her.

Willimantis, Cont. - "For five years troubles, causing backache treepubli-ties, dizziness and retrons progra-tion. It was into some for the to on the write it is it is declarated three differential declars and

thing different, received no beneat from any of them but section to s per more. The last ing would restr by health. If or hear vergetals

-Mrs. Err. Boxov. s. Pox 200, Whilmand Com. The success of Lydia E. Ph khat.

Vegetable down awaid, made from the translation is transportable do. It may be need with rease to orralence by women who suffer from displacements, inclain Empired, therefore a correct tuners, in regularities, periodic pains, bar tache, bearing-down feeling, dattlency, indiction, dizziness, or nervous prostra-

For thirty years I odia E. Pickham's Ever many years, that E. Phishing Compound has been the form of the second to the relation of least rise this meeting a trial

The Road to Success.

Has many obstructions, but none so desperate as poor health. Success today demands health, but Electric Bitters is the greatest health builder the world has ever known. It know how to put stone and bricks tocompels perfect action of stomach, gether as the ancients did. liver, kidneys, bowels, purifies and enriches the blood, and tones and invigorates the whole system. Vigor out body and keen brain follow their use. You can't afford to slight Biectric Bitters if weak, run-down or sickly. Only 50c. Guaranteed by J. C. Perry.

A physician in New York recommends that children be taught in the open air, as this would be a great step toward the ultimate stamping out of tuberculosis.

A Reliable Remedy Ely's Cream Balm



the diseased membrane resulting from Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 ets, at Druggists or by mail. Liquid Cream Balm for use in atomizers 75 ets. Ely Brothers, 56 Warren Street, New York.

vantage for you.

out again-pays his toll.

Try The Capital Journal.

They pay the toll.

The Mill of Circumstances

and YOU

In this city, as everywhere, the Mill of Cir-

cumstances is grinding away 24 hours a day-

and today it may be grinding YOUR GRIST. It

may be turning one of the incidents of this town's

daily life into an opportunity for you-into an ad-

When a merchant gets caught in "the Mill,"

and is pressed for cash, YOU benefit in the en-

forced sacrifice of some of his stocks-that is,

YOU BENEFIT if you keep posted on what is

A real estate owner gets into "the Mill" and

sacrifices some of his property in order to get

The owners of hings-automobiles, securitie

businesses, machinery, horses and carriages,

typewriters, office fixtures, houses, books, pic-

tures-get into this "Mill of Circumstances," and

out of their troubles come your opportunities.

incidentally, it's better to watch the ads and

to profit by the products of "the Mill" than to

get caught in it yourself. Although, if your turn

should come, an ad will usually get you out safely

going on at "the Mill" by reading the ads.

OLD CANNED GOODS **CAUSE 1000 DEATHS**

[United Press Lensed Wire.] San Diego, Cal., March 29.—Physicians to-day declared that they be-

quantity of canned goods they had 1.60, according to quality. kept in stock for some time. Althe poison are very sick. It is be- 22c; seconds, 20c; thirds 19c. lieved to-day that all of them will

Salem Gets Wireless Statoin. The United States Wireless Tele-in this city to carry on a regular 14 1/2c; firsts. 14c; Oregon flats, Cheese, pound20c commercial business along the coast

from San Francisco to the stations 16 1/2 c. in Washington.

The pole is fifteen inches thought set in the ground on the Spaulding Logging Company's property behind their stables south of the South Commercial street bridge. The work of construction is being superintended by W. E. Thomson, a wireless expert, and he expects to have the apfew days.

There will probably be demonstrations given to the Salem people who are interested in this complicated way of conversing to other thousands of miles away, and the business car ried on the company will be the same of is about ant that it has cured as that of other larger cities. There is and so I others and why should it is nothing which can stop a wireless telegraph message, and in an emergency case the local station will be a great benefit to Salem business.

> It is said that not one out of every 10,000 buildings now standing will be standing in 500 years. We do not

Quality-clean-perfect

Your grocer will grind it-

better if ground at home-not

THE MARKETS

lieved that more than 1.000 cases No. 1 California club, per cental \$1.90 Mill feed, bran\$30 ptomaine poisoning report- @ 1.95; California white milling, Hops, 1908 crop10c ed here in the past week, were cause1 \$1.95@2.05; northern bluestem, Hops, 1907 crop 2@3%c by old canned food-stuff which has \$2.05@2.15; off grades wheat, \$1.75 Chittim bark 3@5c

It is reported that the old food Barley-Feed barley, \$1.42 1/2 @ was sold off after the state food in- 1.471/2; common to fair, \$1.35 @ 1.40, spector warned several local mer- brewing at San Francisco, nominal, Hay, cheat \$13.00 chants that they must dispose of a at \$1.50 @ 1.52 %; chevaller, \$1.50 @

Eggs-Per dozen, California fresh, Apples, bushel50c@\$1.00

Butter - Per pound, California Cranberries, Howe's variety, bbl

seconds, 26c.

fanny, 15c; do Young America fancy,

\$1.75@2.

Oranges-Per box, navels, standparatus in working order within a ard, \$1.25@ 1.75; choice, \$1.75@ in my presence this 6th day of De-2.25; fancy, \$2.25@ 2.50; tangerines, cember, A. D. 1886. per box, \$1.50; do small boxes, 75c

	CONTROL SACRED A VIDE AND A SACRED AND A SAC
,	Club\$1.08
6.	Bluestem \$1.20
f	Turkey Red \$1 10
,	Red Russian, \$1.05
	Valley\$1.10
	Flour.
1	Patenta \$5.65
1	Straights \$4.55 @4.80
	Exports\$4.00
*	Valley \$5.40
	Graham, 1% sack\$5.20
	Whole wheat
ľ	Rye\$5.50
ŀ	Feed \$30.50
ŀ	Oats.
ľ	2000
ľ	No. 1 White\$39.00
1	Gray \$38.00
	Hay.
	Williamette val. ordinary\$16 00
	Mixed \$18.00
	Eastern Oregon, fancy\$17.50
	Alfalfa\$14@15
	Clover\$13@14
	Cheese.
	F. C. Twins
	F. C. Triplets
	Young America
	Cream brick20c
	Swiss block20c
	Limburger 18@ 20c
	Milistuffs.
	Bran\$25.50@26
	Middlings\$38.00
	Shorts, country\$29@30
	Shorts, city\$30.00

Hogs, large7c Veal, heavy Who wants Cottage roll that her namesake raised her first Regular short clears, smoked ... 13c Ditto, unsmoked12c Clear backs, smoked13e shoulders stomach, liver and kidney cure, Dr. Poultry. Chickens, mixed15@15%c J. C. Perry says he never saw the Brollers and fryers 15c gestion, billousness, jaundice, wick Dressed poultry, I cent pound high- headache, chills and malaria. Only Ducks 112 Geese, live 9c "Clasamates," with Norman Hack-

Choice Whether

Lemons \$1.50@4 All dealers. Bananas, pound 6 @ 5 1/4 Onions, per cwt\$1.25@1.50

Local Retail Market. Wheat, per bu\$1.10 and expels colds. Get the genuine Shorts, per sack\$1.35@1.55 Rolled barley \$35 Bears the Wheat, per bu\$1.16

SAN FRANCISCO MARKETS. San Francisco, March 29.-Wheat. been sold at bargain prices recently. @1.85; reds, \$1.85@1.90.

fresh, extras, 27 %c; firsts, 26 %c;

Potatoes-Per cental, river whites. fancy, \$1.25@1.50; Salinas Bur- be is senior partner of the firm of at the butt, 6 inches at the top and banks, \$1.85@1.95; do, Oregon, r. J Cheney & Co., doing business is 123 feet in length. The pole was \$1.75@1.85; new potatoes, per in the city of Toledo, county and pound, 4@4%c; sweet potatoes, per state aforesaid, and that said firm

> 1.90; other stocks, \$1.65@1.85; new the use of Hall's Catarrh Cure. green, per box, 25@50c.

PORTLAND MARKETS.
Wheat—Track Prices.
Club
Bluestem\$1.20
Turkey Red \$1 10
Red Russian,, \$1.05
Valley\$1.10
Flour.
Patenta \$5.65
Straights \$4.55 @ 4.80
Exports\$4.00
Valley \$5,40
Graham, 134 sack\$5.20
Whole wheat
Rye \$5.50
Feed \$30.50
Oats.
No. 1 White\$39.00
Gray\$38.00
Hay.
Williamette val. ordinary\$16 00
Mixed \$18.00
Eastern Oregon, fancy\$17.50
Alfalfa\$14@15
Clover\$13@14
Cheese.
F. C. Twins
F. C. Triplets
Young America
Cream brick20c
Swiss block20c
Limburger
Milistuffs.
Bran\$25.50@26
Middlings \$38.00
Shorts, country\$29@30
Shorts, city\$30.00
Chop \$20@28
Eggs.
Select Oregon
Eastern 15@29c
Dressed Meats.
Hogs, fancy
Hogs, ordinary 8@9c

Oats, per bushel50c Flour, hard wheat\$5.45 Mill feed, shorts \$33.60 Wool, coarse 13c Wool, medium 15c Mohair 20c Hay, clover \$12.00

Local Wholesale Market.

...... \$13.00 Butter and Eggs, Retail. New cheese-Per pound, California Eggs200

Potatoes, bushel 70 @ 80c

Prunes, per pound 1% @ 4%c

Luc s County, ss.

Frank J. Cheney makes outh that crate, \$1.25@1.65; do, repacked, will pay the sum of ONE HUNDRED DOLLARS for each and every case Onlons-Per sack, Oregon, \$1.75@ of catairh that cannot be cured by

> FRANK J. CHENEY. sworn to before me and subscribed

A. W. Gleason, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimohials free. F. J. CHENEY & CO.,

Toledo, O. Sold by all druggists, 75c. Take Hall's Family Pills for constipation.

There are some compensations. While the wireless has saved many vessels, it won't let T. R. get out of

Night on Bald Mountain.

On a lonely night Alex. Benton, of Fort Edward, N. Y., climbed Bald Mountain to the home of a neighbor tortured by asthma, bent on curing him with Dr. King's New Discovery, that had cured himself of asthma. This wonderful medicine soon relieved and quickly cured his neighbor. Later it cured his son's wife of a severe lung trouble. Millionr believe it is the greatest throat and lung cure on earth, coughs, colds, eroup, hemorrhages and sore lang. are surely cured by it. Best for hay fever, grip and whooping cough, 50e and \$1.00. Trial bottle free. Guaranteed by J. C. Perry.

There have been 450 new members added to the rose family withlu the past three years, but no florist has yet been able to grow a blue or a

Unequaled as a Cure for Croup. "Besides being an excellent remedy

for colds and throat troubles, Chamberlain's Cough Remedy is unequaled as a cure for croup," says Hurry Wilson of Waynetown, Ind. When given as soon as the croupy cough apears, this remedy will prevent the attack. It is used successfully in many thousands of homes. For sale

Go With a Rush.

The demand for that wonderful King's New Life Pills is astounding.

Dressed 20 @ 23c presented at the Grand opera house.

A Swollen Jaw

accident, Ballard's Snow Liniment Buying prices, per cwt...\$1.25 @ 1.35 will reduce the swelling and relieve Sweets, owt. \$2.75@3 the pain. The great and sure cure for rheumatism, cuts, burns, bruises. Oranges\$1.75 @ 2.75 scalds—and and all aches and pains.

"Boosters"-first letter wrong, for Cranberries, barrel .. \$14.00 @ 15.00 it should be "R.," so they could crow

Foley's Honey and Tar cures coughs quickly, strengthens the lungs

the The Kind You Ram Always Bengit





Fingles Seed -De Souse -E selle Selle-de Seed -

A count fair o

Business Men, Attention!

We have added the Y. & E. Filing Cabinets to our lines and invite you to call and inspect. No matter what your business or profession, we can fit you out with the most convenient and timesaving appliances at very small cost compared to other lines. These goods are the best on the market and are strong and durable. Let us fit up your office.

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163 COMMERCIAL ST.

CURES LIQUOR HABIT

New medical preparation in liquid and powder forms. The only known remedy for Alcohol diseases. Can be given with coffee, ten, cocea or milk without patient's knowledge.

SUCCESS ABSOLUTELY GUARANTEED

SOO PACKAGES OF THIS VALUABLE
MEDICINE TO BE GIVEN AWAY PREE

A Specialist has lately discovered a new medicine for the cure of the drink habit. Do you wish a package? If you have in your family a loving husband, father, brother or son, who is giving you trouble, or making life miserable for you, and whom you wish to be cured from this disease, do not hesitate a moment, but act at once. Alcabel has this victim in his clutches and the unfortunate one is not able to escape him. Discoliol, has cured thousands and will cure any one belonging to you. Write to us at once, before it is too late. It is goaranteed haymless and its effects are positive. If you wish free treatment and further instructions, fill our coupon below and mail to us. Don't hesitate, as the 500 packages will soon be given away and each further package will cost \$1. NOW you can seen see the FREE. Cut out this Coupon. Send it today. Sent in plain wrapper.

Coupon for free Drink Habit Cure. Address Mail this Coupon to THE REMEDY ASSOCIATION, 62 East 181st St., New York, N. Y.

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Is the Test of Your Ability

The I. C. S.

can qualify you for larger earnings. Call at office today and learn how to double your present salary.

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