

NATURE'S DEFENCE AGAINST DISEASE WHICH ENABLES THE BODY TO CAST OFF POISONOUS GERMS IS RICH, HEALTHY BLOOD

The Best Way to Prevent and Cure Most Common Diseases Is to Keep the Blood in Good Condition

Pure red blood is the body's only defence against disease. When healthy, the blood attacks the poisons of disease and so changes them that they can be thrown off through the skin, kidneys and bowels.

In the case of Mrs. M. Durkee, of Goff Falls, N. H., the common mistake was made of neglecting the blood and merely treating the symptoms.

"I have always worked hard and was in a run-down condition when I began to suffer with lack of blood. I suffered at first with fainting spells, then with fits of faintness. When I walked I found that my feet were weak, and after a time I could not get on my feet. My appetite was poor, and I was often sick to my stomach. My complexion was sallow. I lost nearly 15 pounds in weight and kept growing weaker."

"The doctor said I had anaemia and he treated me for it. When I saw that his medicine wasn't helping me, I thought I would give Dr. Williams' Pink Pills a trial. This was after I had been ailing for five years. I had been from the first box that the pills were helping me and kept on using them until entirely cured. I felt like a new person. I haven't used any medicine since I was cured of the anaemia."

"The tonic treatment with Dr. Williams' Pink Pills is successful, where all others fail, because it acts directly on the blood, purifying and building it up to its normal health. It thereby keeps the body healthy even under unusual conditions."

"A booklet 'Diseases of the Blood,' showing what Dr. Williams' Pink Pills have done in anaemia and other blood diseases, will be sent free upon request."

"Dr. Williams' Pink Pills are sold in all drug stores or sent by mail, postpaid, on receipt of price, 50 cents per box; six boxes for \$2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y."

EATING "BILED OWL" - A DELICIOUS DISH

I told the guides that it would be better to begin supper right away. In order that we might not get too hungry before the owl was done, I thought them slow in their preparations for the meal. It was curious, too, for I had promised them they should have a piece of the bird.

Del was generous. He said he would give his to Charles. That he never really cared much for birds, anyhow. Why, once, he said, he shot a partridge and gave it away, and he was hungry, too. He gave it to a boy that happened along just then.

and when another partridge flew up he didn't even offer to shoot it. We didn't take much stock in that story until it dawned upon us that he had shot the bird out of season and the boy happened along just in time to be incriminated by accepting it as a present. It was better to have him as a partner than a witness.

Wood was gathered then, and the fire blazed. The owl's breast—fat and fine it looked—was in the broiler, and on the fire. There it cooked—and cooked. Then it cooked some more and sent up an appetizing smell. Now and then, I said I thought the time for it had come, but there was a burden of opinion that more cooking would benefit the owl.

Meantime, we had eaten a pan or two of trout and a few other things—a bird of course being later in the bill of fare. At most dinner I have attended, this course is contemplated with joy. It did not seem to be on this occasion. Eddie agreed with Del that he had never cared much for bird, anyway, and urged me to take his share. I refused to deprive him of it. Then he said he didn't feel well, and thought he really ought not to eat anything more. I said again that possibly this was true, but that he would eat the owl.

It was served then, fairly divided and distributed, as food is when men are on short rations. I took the first taste—I was always venturesome—a little one. Then, immediately, I wished I had accepted Eddie's place. But meantime he had tasted, too—a misery taste—and then I couldn't have got the rest of it for money.

For there was never anything so good as that breast of young owl. It was tender. It was juicy. It was as delicately flavored as a partridge almost. Certainly it was a delicacy morsel to us who had of late dealt so largely in fish diet. Had we known where the rest of that brood of owls had flown to we should have started after them, then and there.

—Albert Bigelow Palmer in Outing.

THE FINE PEACHES OF MONTREAL

At this time of year, when everybody is eating, or is longing to eat, Montreal peaches, it may be interesting to Express readers to learn how they got their reputation. Louis XIV was the first king of France to eat a Montreal peach. An old musketeer, who might have stemmas, was wounded in the wars and spent the evening of his life gardening in the hermitage of Melasse, close to the village of Montreal. His name was Girardot, and peach trees were his hobby. By careful grafting he obtained fine specimens, and, wishing to immortalize them, he schemed to set some of his peaches on to the king's table.

Conde was receiving Louis XIV at Chantilly. The table had been set for luncheon, and the royal guest and his host were walking in the garden. Suddenly a man appeared before them. "There is a gift of heaven and its sun upon your table," he said, and disappeared. Louis XIV did not like these surprises, and every effort was made to catch and punish the visitor, but without success. A basket of peaches, with a label, "For the king's breakfast," and made its mysterious appearance on the table. The king admired the fruit, but, as a measure of precaution, insisted on its being tasted before he ate of it. Nobody being a penny the worse, his majesty ate a peach, and liked it so much that he did not rest until Girardot had been found and ordered to supply him with a dish of peaches every day throughout the season. And ever since the juicy peach of Montreal has enjoyed its deserved celebrity.

London Express.

If you were removed from our midst, the occupation of a whole lot of people would be gone.

A Woman's Back

Has many aches and pains caused by weakness and falling, or other displacement, of the pelvic organs. Other symptoms of female weakness are frequent headache, dizziness, imaginary specks or dark spots floating before the eyes, gnawing sensation in stomach, dragging or bearing down in lower abdominal or pelvic region, disagreeable drains from pelvic organs, faint spells with general weakness.

If any considerable number of the above symptoms are present there is no remedy that will give quicker relief or a more permanent cure than Dr. Pierce's Favorite Prescription. It is the most potent purgative yet devised, and is made of the glyceric extracts of native medicinal roots found in our forests and contains not a drop of alcohol or harmful, or habit-forming drugs. Its ingredients are all printed on the bottle wrapper and attested under oath as correct.

Every ingredient entering into "Favorite Prescription" has the written endorsement of the most eminent medical writers of all the several schools of practice—more valuable than any amount of non-professional testimonials—though the latter are not lacking, having been contributed voluntarily by grateful patients to numbers to attest the endorsement given to any other medicine extant for the cure of woman's ills.

You cannot afford to accept any medicine of unknown composition as a substitute for this well proven remedy or known composition, even though the dealer may make a little more profit thereby. Your interest in regarding health is paramount to any selfish interest of his and it is a insult to your intelligence for him to try to palm off upon you a substitute. You know what you want and it is his business to supply the article called for.

Dr. Pierce's Pleasant Pellets are the original "Little Liver Pills" first put out by Dr. Pierce over forty years ago. Little sugar-coated granules—easy to take a sandy.

Positive Mistake—We have determined to use 200 years in order to read that Chinese history about to be issued in 432 volumes. Or is it 642 volumes?

COFFEE

Good grocers like Schilling's Best, for it makes good-will and not trouble; in case of complaint, the money is ready.

Your grocer returns your money if you don't like it; we pay his.

It's easier to be a college graduate than it is to earn a living.

They Take the Kinks Out.

"I have used Dr. King's New Life Pills for many years, with increasing satisfaction. They take the kinks out of stomach, liver and bowels without fuss or friction," says N. H. Brown, of Pittsfield, Vt. Guaranteed satisfactory at J. C. Perry's drug store, 25c.

After all, most of us know a lot about our neighbors that we don't tell.

How to Get Strong.

P. J. Daly, of 1247 W. Congress St., Chicago, tells of a way to become strong: He says: "My mother, who is old and was very feeble, is deriving so much benefit from Electric Bitters, that I feel it's my duty to tell those who need a tonic and strengthening medicine about it. In my mother's case a marked gain in flesh has resulted, insomnia has been overcome, and she is steadily growing stronger." Electric Bitters quickly remedy stomach, liver and kidney complaints. Sold under guarantee at J. C. Perry's drug store, 50c.

It is such a great comfort to a man to think how kindly he is letting his wife have her own way.

A Paying Investment.

Mr. John White, of 38 Highland Ave., Houlton, Maine, says: "Have been troubled with a cough every winter and spring. Last winter I tried many advertised remedies, but the cough continued until I bought a 50c bottle of Dr. King's New Discovery; before that was half gone, the cough was all gone. This winter the same happy result has followed. A few doses once more banished the annual cough. I am now convinced that Dr. King's New Discovery is the best of all cough and lung remedies." Sold under guarantee at J. C. Perry's drug store, 50c and \$1.00. Trial bottle free.

You may need all you get, but if the other fellow is sharper it is his.

Don't be afraid to give Chamberlain's Cough Remedy to your children. It contains no opium or other harmful drug. It always cures. For sale by Dr. Stone's drug store.

There are lawyers who work with a will. When they have finished it is apt to be badly broken.

Kodol will, without doubt, make your stomach strong and will almost instantly relieve you of all the symptoms of indigestion. Get a bottle of it to-day. It is sold here by all druggists.

Every fat man is willing to do anything on earth to be thin except to quit eating.

A Sure-enough Knocker. J. C. Goodwin, of Rola, Mo., N. C., says: "Bucklen's Arnica Salve is a sure-enough knocker for ulcers. A bad one came on my leg last summer, but that wonderful salve knocked it out in a few rounds. Not even a scar remained." Guaranteed for piles, sores, burns, etc. 25c at J. C. Perry's drug store.

CLASSIFIED DEPARTMENT

Three Lines, Three Insertions, 25c.

FOR SALE

For Sale—18 head of Merino bucks, from the Minto stock, one of the oldest breeders of Merinos in Oregon. Price \$10 per head. G. W. Eoff, Salem, Oregon, Route No. 6, Box 42. 9-11-1m*

I Will Sell—Couches, Davenport and other goods; in that line for cost of material. All in good condition, not second-hand, 323 Center street, corner of Commercial street. O. A. Chapel. 9-19-1f

For Sale—Three lots in Bay City, Oregon. Owner will sell at a bargain, if sold soon. Call at Journal office. 9-23-1wk

For Sale—One lot, with seven-room house, fruit tree, berry vines and garden spot. 336 South 17th St. Price \$850. 9-23-1m*

For Sale—A fresh Jersey cow. Call at L. Baumgartner's, close to fair grounds store. 9-24-3f*

For Sale—Four choice residence lots on East State street. Inquire of P. H. D'Arcy, attorney at law, D'Arcy building. 9-24-1w

For Sale—A 6-room house, large porch, concrete walks, electric lights, water in house, lot 60x145, with fruit trees and berries; in healthiest part of city, 351 North 21st street. 9-24-3f

Lots for Sale—Last chance to buy good choice building lots in one of the best blocks on the east side at the low prices of \$225, \$250 and \$300 each. Lots can be bought on the installment plan, if desired. Inquire of E. Lupton, 1673 State street. 9-24-1m

For Sale—A dark bay mare, 6 years old, gentle to ride or drive. Apply at 1656 Court street. 9-24-3f*

Look at some of our bargains in real estate.

Only one of those choice lots left, corner Court and 13th street. Price \$1000; the others sold.

73 fine lots near car line. Only \$75 each, if sold soon.

Good 4-room house and two lots, one block from car line, only \$550; \$100 cash; balance installments; a snap.

A fine 200-acre farm, good buildings, 160 acres in cultivation, some good timber; can irrigate 100 acres; good orchard; on gravel road; close to town; is an extra farm; best bargain in this county. Only \$50 per acre.

If you want to buy a home or fruit tract, see us. We have some fine acre property to sell cheap. Houses in any part of the city. Have houses to rent; money to loan. No charges for showing property.

A. C. SMITH & CO., Room 9 Over United States National Bank.

FOR SALE

One fine house with 7 rooms, bath room, toilet, 3 bedrooms, closets with every bedroom, good barn, house fronting east, city water, 4 large lots; \$4000.

Six-room house, good well of water, barn, chicken park, one acre of land. Price \$1500.

A good 6-room house, bath, toilet, good windmill, plenty of fruit, barn, two large lots. New stove and some other furniture goes with it; \$2500.

Good house, 6 rooms, new windmill, plenty of fruit, good large barn, 4 acres of land, \$4000.

160-acre fine farm, 6 miles from Salem, south, 15 acres new orchard, good house, almost new barn, and some outbuildings, two springs on place, two good wells, 145 acres under cultivation; \$54 per acre, cheap.

25 acres, all in cultivation, good orchard, all under fence, 4 miles from Salem; \$3000.

30 acres, all in cultivation, good house and good barn, \$2000.

15 acres, all in cultivation, good house with new barn, 2 wells, 3 horses, 7 cows, some hogs, new wagon, new buggy and all farming implements, 25 tons of hay, \$4300.

J. C. SCHULZ, 134 N. Liberty St.

STOP PAYING RENT

And buy a cozy six-room house, electric light, front and back porch, good drilled well and water, wood shed, 1 1/2 lots, young fruit trees, on car line. Snap. \$700, part cash, balance time.

\$1100—Here's Another Snap—\$1100 Good 5-room house, corner lot, 75x150 feet, on Commercial street, brick foundation, fruit trees, not far out. If you are looking for a bargain, take a look at this one.

Another Good Buy. Five-room house, barn, chicken house and park, woodshed, lots of bearing fruit, different varieties, 2 lots, East Salem. Price \$1100.

FARMS! FARMS! FARMS! 10 1/2 acres, 1/2 acres under cultivation; 2 acres in timber, balance good pasture; new 4-room house; 40 young fruit trees. Only two miles from Salem.

40 Acres—\$3000. 32 acres under cultivation, very best of soil, balance in timber and pasture, running water all year. This is a very fine piece of land. No better in Willamette valley. If you are wanting 40 acres of good land, don't overlook this snap.

For Rent. Strictly modern residence, close in. Lots in a1 parts of the city, \$50 and up.

RENTAL & MINTON, 341 State St., Hayes Bldg., Room 7-3

MISCELLANEOUS

For Rent—Furnished rooms at 730 North Front street. Also for housekeeping. 9-24-1wk

Hair, Hair—Save your combs and switches made at home by Mrs. J. Y. Goswick, West Karney street, South Salem. 9-24-3f*

Lost—Friday afternoon on street, a small black and white dog, Flinder please leave at Journal office for reward. 9-21-3f*

Lost—A 15 jewel, gold filled Elgin watch. Reward of \$5 if returned to Journal office. 3-21-3f*

Lost—A ladies' purse of very great value to the owner was lost or stolen from the home of J. A. Bishop, in South Salem. Owner will give more money than is in the purse for its return to Journal office, and no questions asked. 9-21-3f*

Cement Work—Concrete walks, septic tanks, cement floors and foundations. Estimates furnished and all work guaranteed. J. P. Vetch, 328 Marion street. Phone 608. 9-10-1f

Wenger & Cherrington—Pianos and Organs sold, on easy terms; telephone 1187; 247 Commercial Street, Salem, Oregon. 1f

Salem Cash Market—The finest cuts of meats at the lowest prices. My phone 370, 247 S. Commercial St. P. W. Reyeltz, Prop. 7-21-1f

Help Furnished Free of Charge—By Latham Land Company, 475 State street, phone No. 149. Parties wanting help please call at office or phone us. Also have cows for sale.

Concrete Work—Get my prices on sidewalks, curbs, septic tanks and cement work of any kind. All work guaranteed first-class. M Ward, 2378 Maple Ave., Highland Phone 569. July 24-1f

Veget Lumber and Fuel Co.—Lumber, shingles, building material, wood and coal. Low prices and prompt deliveries. One block east of S. P. passenger depot. Phone 198. 7-2-1f

Butte & Wenderoth—Fine wines, liquors and cigars. We handle the celebrated Kellogg and Castille whiskeys. Cool and refreshing beer constantly on draught. South Commercial street. 9-3-1yr

Enlarged—Our meat market on E. C State street has been doubled in size and we are better prepared than ever to serve customers. Prompt service and the best of meats our motto. Call or phone 199. R. E. Edwards Meat Co.

The Home Seekers Information Bureau will place you in direct communication with owners of farms and city property. Chamber Commerce, Portland. 222 N. Commercial street, Salem Or. 7-21-1f

Found—On Commercial street, a small gold watch. Owner can have same by calling at Capital Commission House and proving property. 9-22-3f*

Elma Weller—Pianist, has resumed teaching and will receive pupils in piano, ensemble playing and in classes in the "Dunning Improved Music Study for Beginners." Studio 695 N. Liberty St. Phone Ma'n 1351. 9-22-1m.

Estroy—A black and white calf. Owner can have same by calling at 1249 South Liberty St., and paying charges. 9-22-3f*

LODGES.

Carpenters Union No. 1065—Locs Union No. 1065 of Carpenters and Joiners of America meet every Saturday evening at 8:00 p. m. in Hearst hall, 420 State St. A. W. Dennis, Rec. Sec.

Foresters of America—Court Sherwood Foresters, No 15. Meet Saturday night in Holman hall, State street Waldo Miller, C. R. J. C. Perry, financial secretary.

Central Lodge No. 18, K. of P.—Castle Hall in Holman block, corner State and Liberty street. Tuesday of each week at 7:30 p. m. Oscar Johnson, C. C.; E. F. Anderson, K. of R. and S.

Modern Woodmen of America—Oregon Cedar Camp No. 5246. Meet every Thursday evening at 7 o'clock in Holman hall. W. W. Hill, V. C.; F. A. Turner, clerk.

Woodmen of World—Meet every Friday night at 7:30, in Holman hall. E. Lupton, C. C.; F. L. Frasier, Clerk.

Liaison Annuity Union.—Sick, accident and pension insurance; \$2,000,000 pledged; every claim paid. Good agents wanted. J. H. Montgomery, supreme organizer, Box 432 Salem, Oregon. R. P. Ryan, secretary, 646 State street.

PLUMBERS

Geo. St. Barr—Plumbing, hot water and steam heating and tinning. 164 Commercial street. Phone Main 192. 9-1-1yr

DRAYMEN.

Wasson Bros.' Transfer Company—All kinds of transfer work done. Furniture and pianos boxed ready for shipment. Prompt service is our motto. Stand and office at 253 South Commercial street. Phone 216. Residence Phone 988.

SALEM WATER COMPANY

OFFICE CITY HALL. For water service apply at office. Bills payable monthly in advance.

REAL ESTATE FOR SALE

NOTE THESE

41 acres, good 6-room, plastered house, 15 acres bearing orchard, cherries and apples. Price \$200 per acre.

2 acres, inside city limits, 5-room house, on car line. Price \$1800

9 acres, the best buy we have. 1 1/2 story, 8-room house, good barn, 6 miles from Salem, all cleared, 7 acres in fruit, running water. Price \$2100.

Good 7-room house, about 1 acre ground, barn, stone cellar, 2 1/2 blocks from car line. Price \$2000.

City lots for sale cheap. Small amounts down, balance in monthly installments, no interest.

OLMSTED LAND CO.

373 STATE STREET.

LIVERY AND FEED STABLES

Livery and Feed stables—Old Post office stables, at 254 Perry street, between Commercial and Front streets. Telephone 188. Some of the finest livery in the city can be found here. Westcott & Johnson, props. 10-1-1yr.

SASH AND DOOR FACTORIES

Frank M. Brown—Manufacturer of sash, doors, mouldings. All kinds of house finish and hard wood work. Front street, between State and Court. Make all complaints at the office.

WANTED

Wanted—Young man to learn newspaper work. Apply at Journal office to city editor. 9-21-

Wanted—A place to work for board and room by high school students. Communicate with J. M. Powers, superintendent city schools, Phone office, 446, residence 330. 9-12-2v

Wanted—At once, good boy to carry papers, one with pony preferred. Apply to Journal. 9-8-1f

Wanted to buy—A blacksmith shop with or without tools, in good location in city. Will buy the property at a reasonable price. Address Fred Dupras, 235 Baraga avenue, Marquette, Mich. 8-13-1f.

Wanted—Money to loan. If you have money to loan on real estate at 6, 7 or 8 per cent, send it to me, as I have many applications for such loans. Bank references furnished on application. S. H. Gruber, 826 Board of Trade Bldg., Portland, Oregon. 9-9-1m*

Boy Wanted—Wanted, a boy of 16 years of age or over, to work in a printing office with the view of learning the business. Apply to Ross E. Moores & Co., 191 South Commercial street, over Lawrence grocery store. 9-22-3f*

Wanted—Family washings wanted. Call at 855 South 13th street, Salem, Or. 9-23-3f*

Wanted—A bell boy, apply at Hotel Willamette office.

Wanted—Parties to room and board. 667 South Capital St. 9-24-3f*

Wanted—Experienced stenographer in law office. Apply, stating salary expected. P. O. box 55, Salem, Oregon. 9-24-3f*

INSIDE PROPERTY.

Here is a cheap home, yet it is within four blocks of the postoffice and two blocks of the high school. It is a 6-room cottage, with east frontage, nice lawn and roses, cement sidewalk, etc. With a few repairs added this will make a splendid little home. See me at once for further particulars. Price \$1350.

J. F. HOLDER, Room 1, Steusloff Building.

PLUMBERS

Geo. St. Barr—Plumbing, hot water and steam heating and tinning. 164 Commercial street. Phone Main 192. 9-1-1yr

DRAYMEN.

Wasson Bros.' Transfer Company—All kinds of transfer work done. Furniture and pianos boxed ready for shipment. Prompt service is our motto. Stand and office at 253 South Commercial street. Phone 216. Residence Phone 988.

- O O O O O O O O O O O O O O O O MISS BEATRICE SHELTON O O O O O O O O O O O O O O O O Teacher of Piano, Organ and O O Ensemble Classes, until Octo- O O ber 1, in Chicago taking ad- O O vanced studies. O O O O O O O O O O O O O O O O First National Bank Bldg Studio O O O O O O O O O O O O O O O O Residence Studio; 545 Marion O O Street, Phone 1299. O O O O O O O O O O O O O O O O

CASTORIA The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment. What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend. GENUINE CASTORIA ALWAYS Bears the Signature of The Kind You Have Always Bought In Use For Over 30 Years.