

Lard Laden Stomachs

"Necessity" is the mother of invention. Lard is the father of indigestion.

More than half the indigestion in the country to-day is directly attributable to greasy, indigestible food prepared with lard.

Cottolene is the original anti-lard product. It was the first, and it is the best. It is purer, more healthful, and will give better results than any other shortening medium.

Just as the original is always better than the imitation, Cottolene is superior to its imitators. Ask your grocer for Cottolene, and see that our trade-mark, a steer's head in a cotton-plant wreath, appears on the pail.

Cottolene is never sold in bulk; therefore, is a cleanly product, absolutely protected from all the odors and dust to which lard is usually exposed in the ordinary grocery store.



Nature's Gift from the Sunny South

BUILDING BOOM IS GROWING

WILL EXTEND INTO FUTURE

There was never as much building going on at Salem as right now—both business and residence and street improvement.

The city and the railroads are spending about \$20,000 advertising the resources of the country about here.

Next year will see more new houses going up than have been built for the past two years, and some fine business blocks are going up besides.

The low price of lumber is stimulating the construction of many dwellings, and people of small means can now build their own homes.

Build now, is the slogan of the day, and any houses built this year or early next year will cost the builder from one-third to one-half less than they will after lumber prices begin to advance again.

With the fall crops to move the railroads could not handle very much lumber for eastern markets and lumber will not go up right away.

Asa Schumacher, manager of the Citizens Lumber company, at Franklin, Neb., is a "build now" booster.

A "Build Now" Letter. Your letter came some two weeks ago, and you will excuse my not answering before now, but it was purely for the want of time.

You know in the absence of my best girl I am it first, last and the middle, too. There is the old brindle to pull, the calf and the pigs to feed dishes to wash, sweep out and dust. Well, I don't know what not, but it seems to be all waiting for Asa. Oh, yes, and there are the eggs to gather and market. Say, I believe there is a fortune in chickens all right, but the "deuce" is to get it out of them. Still, I have a sneaking notion to quit the "boards," borrow a little money (if I can) and go into the business, on a big scale of course.

Well, now, about your question as to why you should build now, as you saw it in the Sentinel. You see it is this way: Money is plentiful again to what it was! Building material of all kinds cheaper! Hardware cheaper, labor cheaper and better; better for the reason that only the best mechanics are at work. The scrub carpenter has gone to work at something else. You can build cheaper now than you could any time within the last five years, or will in three months from now. Just see the following bill and judge for yourself.

- 25 sacks cement.
- 3,000 feet dimension, No. 1.
- 2,000 feet shiplap, No. 1.
- 1,600 feet sdg., best white pine.
- 8,000 shingles, Ex. X & X.
- 10 2-8 6 8 3-8 best W. P. doors.
- 10 2x28 windows.
- 4 rolls building paper.
- 400 feet base and casing.

A year ago a man paid us \$356.65 for it. Today we would duplicate it at \$293. How does that look to you? That's why I urge you to go at it at once. It is money in your wallet—not mine. It is better to build this year than next year, to wish you had. You need not worry about the outcome of the corn crop or the election either. You will have plenty of corn and I predict a good price, too. I would get busy at once. If you can't find a carpenter come down and we will assist you. Is lumber going higher this fall? Yes, it will. Any lumberman that will put his ear to the ground can hear it advance now. We are not giving you hot air either when we tell you this. Come to think, I never told you that we have put in a rip saw in our elevator to do little odd jobs with; say, for instance, you wanted to rip out a 2x2 for a pump rod or make a cultivator tongue out of a 4x4, or saw a couple of buck rake teeth, or some stuff for quilting frames for your wife, why just drop in and Jimmy will start up the engine and buzz goes the saw, and he will have it out in a jiffy.

Yes, we will have another guessing contest and prizes on coal, but we haven't just made up our minds what it will be. We will start about August 1. Yes, we have smitthing coal, too! Will sell you any quantity you want from a pound to a half ton. Your neighbor gave it to you straight. We have sewer pipe or

"The Blood is The Life."

Science has never gone beyond the above simple statement of scripture. But it has illuminated that statement and given it a meaning ever broadening with the increasing breadth of knowledge. When the blood is "bad" or impure it is not alone the body which suffers through disease. The brain is also clouded, the mind and judgement are affected, and many an evil deed or impure thought may be directly traced to the impurity of the blood. Foul, impure blood can be made pure by the use of Dr. Pierce's Golden Medical Discovery. It cures and purifies the blood, thereby curing, pimples, blotches, eruptions and other cutaneous affections, as eczema, tetter, or salt-rheum, hives and other manifestations of impure blood.

In the cure of scrofulous swellings, enlarged glands, open eating ulcers, or old sores, the "Golden Medical Discovery" has performed the most marvelous cures. In cases of old sores, or open eating ulcers, it is well to apply to the open sores Dr. Pierce's All-Healing Salve, which possesses wonderful healing potency when used as an application to the sores in conjunction with the use of "Golden Medical Discovery" as a blood cleansing constitutional treatment. If your druggist don't happen to have the "All-Healing Salve" in stock, you can easily procure it by inclosing fifty-four cents in postage stamps to Dr. R. V. Pierce, 663 Main St., Buffalo, N. Y., and it will come to you by return post. Most druggists keep it as well as the "Golden Medical Discovery."

You can't afford to accept any medicine of unknown composition as a substitute for "Golden Medical Discovery," which is a medicine of known composition, having a complete list of ingredients in plain English on its bottle-wrapper, the same being attested as correct under oath by Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels

well pipe, as some call it. There is nothing any better for wells, no rot, no odor, and no bad tasting water. Yes, and 3-inch bridge material and piling is some more items we have added to our mammoth stock. Your road boss has asked twice now for 3-inch plank, and we didn't have them, but will get them next time.

So you wanted to know who painted our shed. "Jim," of course, and he did a good job, too. That "Jim" is a pretty useful piece of furniture. He will figure your bill, load your load or buy your wheat.

Good morning to you! Am just getting back to my desk; had to quit last night to do chores and incidentally made another discovery, or really two discoveries in the hen business. It was this way: I have an old rooster that had been moping around, around and around; didn't know what ailed him, so I spoke to George Austin, who runs quite a hen farm across the street from me. George came over and told me the rooster was lousy and that an application of lard under his wings would spell "death" to the lice. So I up and doped him proper. This morning he was as proud as ever; that's one discovery. The next one was that I needed the next application of lard to rid myself of the pesky things. So you see it is not all pleasure and profit in the hen business particularly, and I had better stayed with the boards a while longer.

Speaking about discoveries, one of our nearby carpenters, whose name we will not mention, told me on the side that he had worked lumber from four different towns in the county and discovered that we had the largest, best assorted, best in quality stock of lumber in this neck of the woods. Now that is a pretty good statement, but the gentleman knows what he is talking about, and if you don't believe it just try it. We would be glad to have you. You know that the proof of the pudding is in the tasting of it, and when it comes to paying top notch prices for your wheat we don't take second place, either. Quick sales and small profits is our motto. Well, John, I must come to a close. Let me hear from you often. With the best of wishes I am, your friend.

What is Best for Indigestion? Mr. A. Robinson of Drumquin, Ontario, has been troubled for years with indigestion, and recommends Chamberlain's Stomach and Liver Tablets as "the best medicine I ever used." If troubled with indigestion or constipation give them a trial. They are certain to prove beneficial. They are easy to take and pleasant in effect. Price, 25 cents. Samples free at Dr. Stone's drug store.

If you wish for better conditions try to make them.

There are many imitations of DeWitt's Carbolized Witch Hazel Salve but just one original. Sold by all druggists.

Automobiling is not all poetry. Sometimes it is death.

TEA

You can have it good you want to.

Or bad if you don't take care.

Your grocer returns your money if you don't like Schilling's Best; we say him

Harvesters and Campers Dry Goods Supplies

Overalls, Sox, Suspenders, Gloves, Calico, Muslin, 8 to 11 oz. Duck, Denims, Drilling, Ticking, Shirtings

LOW PRICES LOW PRICES LOW PRICES

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- Straw Hats from 10c up
- Table cloth, white or turkey red, yard 25c
- Toweling 5c
- Toweling, all lined, unbleached 8c
- Sheets, bleached, 81x90, hemmed, each 65c
- Blankets, a pair 50c
- Children's Overalls 25c
- Grey cotton hose, a pair 12c

ROSTEIN & GREENBAUM, 240 and 246 Commercial Street, Salem, Oregon

SMALL ACCOUNTS

As well as large ones are welcome here—you need not wait until your business has assumed great proportions before opening an account with us DO SO TODAY.

Our patrons, regardless of the amount of business done, receive every courtesy in all matters of business entrusted to us, and there is nothing in safe banking that we cannot perform.

One advantage in dealing with us is THAT YOU ARE NOT TOO SMALL FOR US, NOR WE TOO LARGE FOR YOU.

Another advantage is that banking is MADE CONVENIENT for all at this bank, because there is no unnecessary RED TAPE allowed to enter into the transaction of business with our patrons. Our theory is that time is valuable to all concerned.

We're conveniently located, offer every up-to-date facility for promptness, and wish to do business with you.

We invite checking accounts, issue Certificates of Deposit, and buy and sell Foreign and Domestic Exchange.

United States National Bank of Salem, Ore.

When You Are Dry WHY NOT BUY

A pure and wholesome beverage that is sold in all the cities of Western Oregon and Northern California.

Made of the Choicest Malt and Hops Grown in Marion County

Made of Filtered Water and strictly in accordance with the Pure Food Law Salem Beer is the best mild beverage offered the public.

Made by scientific processes and guaranteed pure and wholesome.

No adulteration. No drugs or chemicals and under the most perfect sanitary conditions. Address all orders to

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WONDERFUL CHINESE DOCTOR Will treat you with Oriental herbs and cure any disease without operation or pain.

Dr. Kum is known everywhere in Salem, and has cured many prominent people here. He has lived in Salem for 20 years, and can be trusted. He uses many medicines unknown to white doctors, and with them can cure catarrh, asthma, lung troubles, rheumatism, stomach, liver and kidney diseases.

Dr. Kum makes a specialty of dropsy and female troubles. His remedies cure private disease when everything else fails. He has hundreds of testimonials, and gives consultation free. Prices for medicines very moderate. Persons in the country can write for blank. Send stamp if you want some extra fine tea. Get it from us.

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Offers collegiate course in Agriculture, including Agronomy, Horticulture, Animal Husbandry, Dairy Husbandry, etc.; Forestry, Domestic Science and Art; Civil, Electrical, Mechanical and Mining Engineering; Commerce; Pharmacy.

Offers elementary courses in Agriculture, Forestry, Domestic Science and Art, Commerce, and Mechanic Arts, including forge work, cabinet making, steam fitting, plumbing, machine work, etc.

Strong faculty, modern equipment; free tuition; open September 25.

Illustrated catalogue with full information on application to the Registrar, free.

7-31-8-w2

TEACHERS EXAMINATION

Notice is hereby given that the County School Superintendent of Marion county will hold the regular examination of applicants for state and county papers at the First M. E. church, Salem, Or., as follows:

For State Papers.

Commencing Wednesday, August 12, at 9 o'clock a. m., and continuing until Saturday, August 15, at 4 o'clock p. m.

Wednesday—Penmanship, history, spelling, physical geography, reading, psychology.

Thursday—Arithmetic, theory of teaching, grammar, bookkeeping, physics, civil government.

Friday—Physiology, geography, composition, algebra, English literature.

Saturday—Botany, plane geometry, general history, school law.

Four County Papers.

Commencing Wednesday, August 12, at 9 o'clock a. m., and continuing until Friday, August 14, at 4 o'clock p. m.

Wednesday—Penmanship, history, orthography, reading, physical geography.

Thursday—Arithmetic, theory of teaching, grammar, physiology.

Friday—Geography, school law, civil government, English literature.

W. M. SMITH, County School Superintendent.

8-1-11-w1

GERMAN BAKERY AND CONFECTIONERY

Now under new management SCHLERET & SCHNEIDER Proprietors Complete line of fresh and up-to-date bakers goods delivered to all parts of the city free. We are proud of our party and wedding cakes, delivered on short notice. Give us a trial it is all we ask. Store corner Twelfth and Chestnut Sta. Phone Main 961.

Great Chinese Doctor

L. M. H. U. M

Medicine which will cure any disease. He makes a specialty of, and guarantees to cure Catarrh, Rheumatism, Lung, Throat, Rheumatism, Stomach, Liver, Kidney troubles; also any blackened or swollen sores, broken limbs; Gout; Epidemic; all kinds of Cholera, Lost Manhood, Female Weakness, Hereditary Troubles and Paralysis. Consultation free. Care of Yick So Co., Chinese drugs and herbs, 13 High St., upstairs, Salem, Or.



ARE YOU GOING TO BUILD a modern style house? If so let us figure with you on your mill work. We call the special attention of builders and contractors to the high quality of our work and the reasonable prices charged for same. A. M. HANSEN, Manufacturer of Sash, Doors, Mouldings, and all kinds of House Finish. Corner Mill and Church Sts. Phone Main 244.