

First Rule of Health

Ask your doctor, "What is the first great rule of health?" Nine doctors out of ten will quickly reply, "Keep the bowels regular." While you are about it, ask him another question, "What do you think of Ayer's Pills for constipation?" We are willing to trust him. Are you? We have no secrets! We publish the formulae of all our preparations. J. C. Ayer & Co., Lowell, Mass.

British Coal and Hours of Work.

A remarkable official report issued recently on the miner's eight-hour day shows that the matter is of vital national concern. In the national interest the government is advised to retain the power of regulating or suspending any law that may be adopted for restricting the hours of miners.

As is well known, miners themselves are not agreed on the eight-hour day. A few weeks ago a private bill was read a second time in the House of Commons, but it was then stated that in view of the committee inquiring into the subject the government would explain its intentions later. The committee (which included Mr. Russell Rea, M. P., Lord Gladstone, and Sir Robert Giffen) issued its report.

The committee finds that some diminution of production would follow a legal reduction of hours. At present the average theoretical week is 49 hours 53 minutes, and on that basis the reduction would be 25,783,000 tons, calculated on the output of 1906. But so much time is lost, the committee finds, that the real week is 43 hours 13 minutes, and it holds that the lost time could be utilized, while other improvements would mean that the reduced output would not be so great as might appear.

The effect on the wages and on the price of coal is next considered. A temperate shortage of supply must mean enhanced prices and wages; and should prices be raised to such an extent as to cripple or cause the removal from this country of other industries, a temporary cause might be found to have a permanent effect.

Discussing the export trade, the committee cannot accept the reassuring conclusion that the foreign buyer is our most tenacious customer, in view of the rapid extension of production abroad. Already "although British coal is shipped to all parts of the world, the British command of all distant markets has disappeared." Particularly in the trade to the ports from Hamburg to Nantes, as shown by the effect of the coal tax, any special disadvantage to the British exporter would mean the partial or entire success of foreign competition. At the same time, Britain is supreme in the middle and largest markets—e. g., the Mediterranean ports—although German competition has appeared at Marseilles and American is threatened.

It is notable that our most serious competitors, Germany and America, have not uniformly limited miners' hours; the underground hours are at present shorter than here, but longer than they would be by an eight-hour law.

But the effect on other British industries is "an interest of greater national importance than any immediate effects on the owners or workers in collieries." "All our industries are ultimately completely dependent upon British coal for their existence." There is not much chance of relief by foreign competitors, although a point might be reached to cause recourse to such import of German coke in West Cumberland and by the fact that some Atlantic liners carry American coal here to use on the outward voyage.

Accordingly, before making the recommendation that Parliament should reserve power of suspending an eight-hour day, the committee says emphatically:

"A situation might be created by an enhanced price of coal, following the enactment of an eight-hour law for miners, in which the immediate economic interest of employers and men engaged in the production of coal alike might be opposed to the economic interest of the country at large."—London Mail.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. Cheney & Co., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him firm. Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

American and British Capital in Russia.

The Temps of Paris draws attention to the extraordinary influx of British capital into Russia. It says:

During the past three months the American and English, and especially the English, have bought up everything there was to sell in the nature of mining and kindred industries in Siberia, Central Asia, the Urals and the Caucasus. Even in the region of Moscow the number of industrial concerns which have been lately acquired, privately or otherwise, by English capital, is very great. It is affirmed that at the very gates of St. Petersburg, on Lake Ladoga, on the boundary of Finland and Russia, the Pitkaranta mines, the only copper mines left in Finland, are now in the hands of the English. During the past year a great deal of money has been made in Moscow. The colossal increase of business noted at the last Nijni Novgorod fair shows no sign of relaxing. The state itself is said to have caught the fever, and as a start is negotiating the sale of the Eastern Chinese Railway, while other deals would follow.

Don't!!!

Don't let your child suffer with that cough when you cure it with Ballard's Horehound Syrup, a sure cure for Coughs, Bronchitis, Influenza, Croup and Pulmonary Diseases. Buy a bottle and try it.

B. B. Llaughter, Byhalia, Miss., writes: "I have two children who had croup. I tried many different remedies, but I must say your Horehound Syrup is the best Croup and Cough medicine I ever used." Sold by D. J. Fry.



THOMAS H. PAYNTER.

Former Kentucky judge who recently succeeded Joseph C. S. Blackburn as United States senator.

The Magic No. 3.

Number three is a wonderful mascot for Geo. H. Parris of Cedar Grove, Me., according to a letter which reads: "After suffering much with liver and kidney trouble, and becoming greatly discouraged by the failure to find relief, I tried Electric Bitters, and as a result I am a well man today. The first bottle relieved and three bottles completed the cure." Guaranteed best on earth for stomach, liver and kidney troubles, by J. C. Perry druggist. 50c.

Poor Drama.

"Are we alone?" asked one of the villains in the piece of his brother conspirator. "No, gov-nor," came a voice from the gallery, "but you will be tomorrow night."—London Tatler.

Success in life is accompanied by increase of enemies. That's why Hollister's Rocky Mountain Tea has imitators; it's a success. 35 cents. Tea or Tablets. Dr. Stone's Drug Store.

Cherries Wanted!

Highest Market Price Paid Also Other Canning Fruit

H. S. Gile & Co.

Corner Trade and High Sts. Salem, Oregon

X-RAYS

State street will be successfully paved when a sufficiency of asphalt gets amalgamated with an equal quantity of good intentions—the first named material is what is shy.

The latest suggestion for a Democratic presidential ticket is John A. Johnson, of Minnesota, and Tom Johnson, mayor of Cleveland, Ohio. The only trouble with it is that there is too much Johnson.

The only conspiracy so far proved against Haywood is that he helped Orchard deceive his wife as to where he was. This, to some people, is evidence sufficient to hang him.

The weather clerk has ordered up a brand of weather that will keep Portland's roses from withering.

If U. S. District Attorney Bristol would turn his attention to cleaning up the S. P. land question, instead of monkeying with that forest reserve question in Colorado, Oregonians would appreciate his services more.

Some one defined metaphysics to be one ignoramus explaining to another ignoramus something which neither of them knows nothing about.

"Senator Beveridge is not a constitutional lawyer, nor a constitutional statesman," says Harper's Weekly. Tush, tush! Albert Jeremiah Beveridge, of Indiana, is the constitution itself. Likewise he is the Pilgrim Fathers, the Spirit of '76, the Declaration of Independence, the Ordinance of 1787, the Emancipation Proclamation, the general welfare and the blessings of liberty to ourselves and our posterity. Harper's Weekly needs a little regulation.—New York World.

Nearly every paper in the state published the statement that the Salem band refused to play for the G. A. R. on Memorial day, and not a single one of them noted the fact that the story was subsequently proved to be false. Yet the correction was surely due the band boys.

It would be interesting to know whether the country pup that licked "Pete," the White House bull dog, grabbed his opponent according to the London and Long methods, and if Pete followed the system suggested by the President.

A New York broker is kicking because he lost \$50,000 in a fake mining deal. He had probably lost more than that many times in such ventures before, but this time it was his own money.

At the Seashore.

Mrs. Hoyle—How often do you write to your husband?
Mrs. Doyle—Every day.
Mrs. Hoyle—I don't see what you can find to say.
Mrs. Doyle—One can always ask for money, you know.—New York Press.

Tetter Cured.

A lady customer of ours had suffered with tetter for two or three years. It got so bad on her hands that she could not attend to her household duties. One box of Chamberlain's Salve cured her. Chamberlain's medicines give splendid satisfaction in this community.—M. H. Rodney & Co., Almond, Ala. Chamberlain's medicines are for sale by Dr. Stone's drug store.

Call for Polk County School Bond.

Notice is hereby given that in accordance with section 3389, paragraph 31, of Bellinger and Cotton's Annotated Codes and Statutes of Oregon, I will within thirty (30) days from the date of this notice redeem and pay bond No. 1, of School District No. 29, Polk county, Oregon, issued Feb. 1, 1894, the same being now redeemable and payable. No interest will accrue on said bond after thirty (30) days from the date of this notice.

Dated at Dallas, Polk county, Oregon, Monday, June 17, 1907.

J. E. BEEZLEY,
County Treasurer.

6-19-31

Reform School Supplies.

Sealed proposals are hereby invited for furnishing the Oregon State Reform School with supplies for the next six months, ending December 31, 1907. Lists, with specifications, will be furnished upon application to the superintendent. All bids must be in by June 26th. All goods must be in strict accordance with sample, in original package when possible.

N. H. LOONEY,
Superintendent

6-14-11t

The World's Muddled Coinage.

Twenty-six different monetary units are used by the forty-eight principal countries of the world. Thus, Great Britain uses the sovereign or pound sterling, France and six other countries of Europe use a unit equal to the franc, and Canada and the United States uses the dollar.

In value these different units range from 4.4 to 494.33 cents of money of the United States. They are represented in their turn by coins the values of which are either multiples of fractional parts of the value of their own chief units, and there are no doubt at least 200 such different coins, not one of which seems to have a value equal to that of any commonly known unit of weight, as the gram, for example, or the ounce of gold, although forty-three of these forty-eight countries have accepted gold as their standard measure of value.

This lack of logical relation of coins to any widely used unit of weight of the precious metals may be due to the fact that money systems seem to have grown up haphazard, under diverse conditions of life, in different parts of the world.

Such diversity in moneys may have been of little moment when millions of people spent their lives knowing nothing of the existence of other millions, and there was little traffic; but these differences in monetary units are of importance, now that international commerce includes millions of tons of products of the toll of all lands, and billions of dollars each year to settle its bills for such differences put upon trade a wholly unnecessary tax. No account is made here of the burden laid on domestic trade by like variation in the value of such units at home as of the tael of China, which has sixteen different values within that empire.—E. W. Perry in Moody's.

Every Man His Own Doctor.

The average man cannot afford to employ a physician for every slight ailment or injury that may occur in his family, nor can he afford to neglect them, as so slight an injury as the scratch of a pin has been known to cause the loss of a limb. Hence every man must from necessity be his own doctor for this class of ailments. Success often depends upon prompt treatment, which can only be had when suitable medicines are kept at hand: Chamberlain's Remedies have been in the market for many years and enjoys a good reputation.

Chamberlain's Colic, Cholera and Diarrhoea Remedy for bowel complaints.

Chamberlain's Cough Remedy for coughs, colds (croup and whooping cough).

Chamberlain's Pain Balm (an antiseptic liniment) for cuts, bruises, burns, sprains, swellings, lame back and rheumatism pains.

Chamberlain's Stomach and Liver Tablets for constipation, biliousness and stomach troubles.

Chamberlain's Salve for diseases of the skin.

One bottle of each of these five preparations costs but \$1.25. For sale by Dr. Stone's drug store.

At the Rainbow's End.

At a recent dinner in Philadelphia Archbishop Ryan and Rabbi Joseph Krauskopf were seated side by side. In front of them was one of those celebrated Virginia hams which make the mouths of men water.

Turning to his neighbor the Archbishop inquired graciously:

"My dear rabbi, when may I help you to some of this delicious ham?"

With ever-ready wit the rabbi smiling replied:

"At your wedding, your grace."—Saturday Evening Post.

There Are Few

People who know how to take care of themselves—the majority do not. The liver is a most important organ in the body. Herbine will keep it in condition. V. C. Simpkins, Alba, Texas, writes: "I have used Herbine for Shills and Fever and find it the best medicine I ever used. I would not be without it. It is as good for children as it is for grown-up people and I recommend it. It is fine for La Grippe." Sold by D. J. Fry.

But Different.

Redd—I see that roller skates were invented by Plympton in 1863.
Greene—Yes, but the people sat down long before that.—Yonkers Statesman.

Tonight.

If you would enjoy tomorrow tak Chamberlain's Stomach and Liver Tablets tonight. They produce an agreeable laxative effect, clear the head and cleanse the stomach. Price, 25 cents. Samples free at Dr. Stone's drug store.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND



LYDIA E. PINKHAM

It is acknowledged to be the most successful remedy in the country for those painful ailments peculiar to women.

For more than 30 years it has been curing Female Complaints, such as Inflammation, and Ulceration, Falling and Displacements, and consequent Spinal Weakness, Backache, and is peculiarly adapted to the Change of Life.

Records show that it has cured more cases of Female Ills than any other one remedy known.

Lydia E. Pinkham's Vegetable Compound dissolves and expels Tumors at an early stage of development. Dragging Sensations causing pain, weight, and headache are relieved and permanently cured by its use.

It corrects Irregularities or Painful Functions, Weakness of the Stomach, Indigestion, Bloating, Nervous Prostration, Headache, General Debility; also, Dizziness, Faintness, Extreme Lassitude, "Don't care and want to be left alone" feeling, Irritability, Nervousness, Sleeplessness, Fatulency, Melancholia or the "Bines." These are sure indications of female weakness or some organic derangement.

For Kidney Complaints of either sex Lydia E. Pinkham's Vegetable Compound is a most excellent remedy.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, Lynn, Mass. for advice. She is the Mrs. Pinkham who has been advising sick women free of charge for more than twenty years, and before that she assisted her mother-in-law Lydia E. Pinkham in advising. Thus she is well qualified to guide sick women back to health. Her advice is free and always helpful.

USE

SELF RISING

Allen's

B. B. B. Flour

For Boston Brown Bread, Griddle Cakes, Muffins and Plum Pudding. ALLEN'S B. B. B. FLOUR CO., INC., SAN JOSE, CAL.

A SQUARE DEAL

AND A FAIR TRIAL OF OUR FARM IMPLEMENTS AND MACHINERY OF ALL KINDS. IF YOU ARE NOT SATISFIED WITH A FAIR TRIAL YOU NEED NOT BUY.

I SELL TRACTION AND STATIONERY ENGINES, NICHOLS AND SHEPARD'S RED RIVER SEPARATORS, HAY BALERS, STREET AND ROAD GRADING MACHINERY.

WE HANDLE THE BURG WAGONS, ENGER BUGGIES, HACKS AND CARRIAGES.

WE ARE AGENTS FOR THE ADRIANCE, BUCKEYE MOWERS, CLIPPER PLOWS AND BLUE RIBBON CULTIVATORS, ALSO SOME SECOND HAND FARM IMPLEMENTS AND WAGONS VERY CHEAP.

PAINTS, OILS AND VARNISHES AT WHOLESALE AND RETAIL, GLASS AND STAINS OF ALL KINDS, AND PAINTERS SUPPLIES.

BUGGY TOPS, DASHBOARDS, WHIPS, ROBES, ETC. CORRESPONDENCE SOLICITED, CIRCULARS AND DESCRIPTIVE CATALOGUES FURNISHED ON APPLICATION.

GEO. B. JACOB, Prop.

PHONE 464 MAIN COR. FRONT AND PINE STREETS

BIG STOCK!

FANCY GOODS

AT BIG SALE

- Beautiful line of all-over net wasts \$2.00 up to \$5.00.
- Embroidered Lawn and Silk Waists \$1.15 up to \$6.50.
- Calicoes, ginghams from 7c up to 15c.
- Lawn wrappers trimmed with lace and insertion \$1 up to \$7.50.
- Kimonas short ones 50c up; long ones \$1.25 up to \$6.00.
- Just received big line of men's neckties, socks, sleeve holders.
- Men's embroidered socks 25c up to \$3.00 a pair.
- Men's windsor neckties 25c up.
- Men's fancy dress shirt \$1.00 up to \$4.50.
- Ladies embroidered hose 75c up.
- Ladies' stockings in blue, pink, white, tan, 25c up.
- Ladies' under vests 10c up to 50c.
- Ladies' muslin night gowns 75c up to \$4.00.
- Ladies' white petticoat \$1.25 up to \$7.00.
- Ladies' embroideries, insertions, trunks, telescopes, valves, combs—(back and side combs)—going at law prices.

HUIE WING SANG CO.

Chinese and Japanese Bazaar

346 Court Street Salem, Oregon

Salem Fence Wire

Headquarters for Woven wire

Fencing.

Netting, Pickets, Gates, Shingles, P & B. Ready Roofing, Screen Doors and Adjustable Window Screens

All at lowest prices.

Walter Morley

250 Court St. Salem, Ore

FOR SALE!

We are now in a position to make prices on vacant lots, also houses and lots in Highland addition, along the Salem-Portland new electric line. This property has not been offered for sale before since the completion of the road, and we have some of exceptionally good buys.

Derby & Willson