

Women as Well as Men Are Made Miserable by Kidney and Bladder Trouble.

Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness soon disappear when the kidneys are out of order or diseased.

Kidney trouble has become so prevalent that it is not uncommon for a child to be born afflicted with weak kidneys. If the child urinates too often, if the urine scalds the flesh, or if, when the child reaches an age when it should be able to control the passage, it is yet afflicted with bed-wetting, depend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs.

This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as most people suppose. Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of Swamp-Root is soon realized. It is sold by druggists, in fifty-cent and one-dollar size bottles. You may have a sample bottle by mail free, also a Home of Swamp-Root pamphlet telling all about Swamp-Root, including many of the thousands of testimonial letters received from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and mention this paper. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

"Today I passed some women washing clothes in a little stream in native fashion, where they crouch for hours in the bitter cold, sousing the clothes back and forth in the water—no soap and no washboard—lucky if they have a mat or a stone to sit on. Another heavy task in the fall season is the making of wadded garments for the whole family. It is no easy matter when added to all that a woman is expected to do. A woman near us tried to commit suicide last fall because she was asked to make her husband's uncle's winter clothes. These wadded garments are ungainly looking, but are said to be very comfortable by missionaries who wear them. They are made of two layers of muslin dyed blue or black, with a layer of cotton batting between. Each individual wears three or four of the wadded coats, and usually one pair of trousers, the latter very loose and baggy above, and very tight around the ankle where they are secured by a strap. The accumulation of coats makes a man look as round as a barrel, while the little children are spherical, and if they fall down have hard work to get up again. The winter hat is a great hood of wadded cotton like a fisherman's sou'wester, falling over the back and shoulders, and in children ornamented with all the colors of the rainbow."

A Common-Sense View. All interested in hearing a common-sense discussion of the subject of Christian Science by one who knows what he is talking about should turn out at the Grand opera house next Tuesday evening and hear the lecture of Edward A. Kimball, of Chicago. Seats free.

Franchise Tax For Florida. Jacksonville, Fla., April 4.—The Florida legislature is expected to pass at the coming biennial session a franchise tax bill which will seriously affect the telegraph and express companies and all the railroads doing business in the state. It is said that the governor has been assured by a majority of the members of both houses that they favor the bill as it will compel all foreign corporations to contribute materially to the expenses of the state government.

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A wonderful spring tonic. Drives out all winter impurities, gives you strength health and happiness. That's what Hollister's Rocky Mountain Tea will do. 35 cents. Tea or Tablets. Stone Drug Store.

CHILDREN CRY FOR FLETCHER'S CASTORIA.

Nebraska Will Make Twine. Lincoln, Nebraska, April 4.—Nebraska is going into business to fight the binder twine and cardage trust, and to that end the state legislature has appropriated \$250,000 with which to build and equip a factory for the manufacture of binding twine. The plant will be constructed at Lincoln within the walls of the state prison and the convicts of the penitentiary will do all the work. The finished article, which is used in binding grain, will be sold at cost to farmers of Nebraska. Should the experiment prove a success, the markets of adjoining states may be invaded in time. Work is expected to begin immediately, and, if possible, the output will be ready for use in harvesting this coming summer.

New Cure for Cancer. All surface cancers are now known to be curable by Bucklen's Arnica Salve. Jas. Walters, of Dumfries, Va., writes: "I had a cancer on my lip for years, that seemed incurable, until Bucklen's Arnica Salve healed in, and now it is perfectly well." Guaranteed cure for cuts and burns. 25c at J. C. Perry's drug store.

Indian Territory Agog. South McAlistier, I. T., April 4.—President Roosevelt, en route to Texas, is slated to make two stops in the Indian Territory tomorrow, and this entire section is on edge in anticipation of the coming of the chief executive. The stops will be made at Muskogee and at this place. Though the will be of brief duration it is expected the President will find time to say a few words and to shake hands with some of thousands of visitors eager to meet him. The railroads are preparing to bring many visitors to this city and the crowd is expected to be the largest ever seen here.

What Time Proves. This thing of being sick and looking for a cure is a mighty serious business. People are not given to joking even at the first symptom of the approach of the Grim Destroyer. They do not want to be the subjects of experiment, but want medicine that has had the test of years behind it. A medicine that has been made and used for 20 years gives assurance of its worth, and can be taken with a faith that they have the very best cure the world affords. All this can be said about Dr. Gunn's Improved Liver Pills as a remedy for sick headache, dyspepsia and indigestion, it begins right at the source of the trouble and removes the cause. Sold by all druggists for 25c per box. One pill a dose.

For sale by Dr. S. C. Stone, druggist, A strength tonic that brings rich, red blood. Makes you strong, healthy and active. That's what Hollister's Rocky Mountain Tea will do. 35 cents. Tea or Tablets. Stone's Drug store.

At the Old Standstill



Some are born great, some have greatness thrust upon them—others advertise. The merchant who sits down and waits for business to come to him will find himself among the left over baggage when the Empire State express of business success pulls out.

Business success needs three things—knowledge, push and good advertising. Advertising isn't an art; it's just applied common sense. Advertising is naturally a creative force. Since it has been applied to modern commerce there have been created dozens of commodities and branches of trade that did not exist before its advent. The \$300,000,000 spent annually in this country for publicity has set many hundreds of millions of dollars running into wholly new channels.

Business is warfare—in a sense, a hard, constant fight to the finish. Advertising is the business man's most modern, most effective, weapon.

Once in awhile we hear some old fellow saying, "I have never advertised and am still doing business at the old stand." He means that he is doing business at the old standstill.—M. L. Corey in Retailer and Advertiser.

The most successful merchants in this town advertise regularly in this paper. The moral is obvious.



Looking For Work?

Enroll in the I. C. S. and you will not have to look long. The demand for technically trained men is far in excess of the supply. Obtain the technical knowledge contained in one of our Courses and you will soon be one of the thousands that owe their success to our instruction. We can help you qualify at home, in spare time, and at small expense, for any of the following positions:

Mechanical, Electrical, Steam, Civil, or Mining Engineer; Draftsman; Architect; Bookkeeper; Stenographer; Show-Card Writer; Window Dresser; or Ad Writer.

Write TODAY, stating which position interests you, to

INTERNATIONAL Correspondence Schools

Box 799, SCRANTON, PA.

OR CALL ON OUR LOCAL REPRESENTATIVE.

Schools, Scranton, Pa. Salem, Or., April 20, 1904.

International Correspondence Gentlemen: In reply to your request asking for my opinion of your schools as a student, will say I am well pleased with your methods of instruction, and the faculty you have of making your lessons so plain and easily understood. Any person with a common school education cannot help but be benefited by pursuing a course in which he is interested.

In so far as I have pursued my course, could not suggest any way to improve your methods of instruction. I beg to remain, Yours truly, FRED A. LEGG.

Class-L, A. C. 625,334

Free Circulars

R. W. WITTICHEN, Local Agent.

F. X. HOLL, Asst. Supt.

McKay Bldg, 3rd P. Stark. PORTLAND, ORE.

HARPER WHISKY advertisement featuring an illustration of a man drinking and text: "Pronounced by World's best experts—The World's best Whiskey. Grand prize, highest award, St. Louis World's Fair. For Sale by AUGUST SCHREIBER"

The Club Stables advertisement: "First-class Livery and Cab Line. Funeral turnouts a specialty. Tally-ho for picnics and excursion parties. Phone Main 241. Corner Liberty and Perry. Chas. W. Yankke, Prop."

WITH LEWIS & CLARK By JULIAS FRASER Is an interesting article in APRIL SUNSET MAGAZINE

THIS ARTICLE IS WELL ILLUSTRATED, AND SHOULD BE READ BY PEOPLE OF THE NORTHWEST, AND THEN SENT TO THEIR EASTERN FRIENDS. IT WILL HELP TO SHOW THEM THE ENTERPRISE AND PROGRESS OF THE NORTHWEST BETTER THAN MANY LETTERS WOULD. OTHER ARTICLES, SHORT STORIES AND VERSE.

Sold by All News Dealers

When you want Hop Baskets, Fruit Boxes, Trays for fruit Dryers, call on

G. F. Mason Miller Street, South Salem, Phone 2191 Red.

MARKET QUOTATIONS TODAY

"Make Salem a Good Home Market."

Poultry—at Steiner's Market. Eggs—Per dozen, 15c.

Ducks—10@12c. Chickens—9@10c. Hens—12c. Frys—12@16c.

Harritt & Lawrence. Eggs—Per dozen, 16c. Fruits, Vegetables, Etc.

Potatoes—40c. Potatoes, sweet, \$1.85. Onions—3 1/2c. Apples—75@1.00.

Tropical Fruits. Bananas—5 1/2c lb. Coconuts, \$1.00 per doz.

Oranges—\$1.75@2.00. Lemons—\$2.75@3.50.

Live Stock Market. Steers—3@3 1/2. Cows—3@3 1/2. Sheep—4c.

Dressed veal—6c. Fat hogs—5 1/4 @ 1/2c.

Hay, Feed, Etc. Baled wheat—\$11.00. Baled clover—\$11@12.

Brn—\$22. Eggs, Butter and Cream. By Commercial Cream Co.

Butter—27c. Butter fat—30c at station.

Grain, Hops and Flour. Oats—Choice white, \$1.40. Barley—\$23@23.50.

Flour—\$4.40. Wheat—80c.

PORTLAND MARKET.

Wheat—Walla Walla, 86c. Valley—92@93c.

Flour—Valley, straights, \$4.10; granular, \$4.00.

Oats—Choice white, \$1.35@1.40. Millstuff—Bran, \$19.50.

Hay—Timothy, \$14.50. Potatoes—85@95c.

Poultry—Mixed chickens, per pound, 12@12 1/2; springs, 14@15c; hens, 12 1/2@13c; fryers, 18@20c; broilers, 22 1/2@25c; geese, 7@8c; turkeys, live, 15@17c; turkeys, dressed, 17@22c; ducks, old, dozen, \$7@8; spring ducks, \$9@9.50.

Pork—Dressed, 7 1/2@8c. Beef—Dressed, 2 1/2@3c.

Veal—3 1/2@3c. Mutton—Dressed, 5@7c.

Hops—1904 crop, 22@23c. Wool—Valley, 20@21c; Eastern Oregon, 14@18c; mohair, 30c.

Hides—dry, 16 pounds and upwards, 16@16 1/2c.

Butter—Fancy creamery, 27 1/2@32 1/2; dairy, 18@20c; cooking, 11@12c.

Cheese—Young America, 17c; Oregon full cream, 16c.

Eggs—Oregon ranch, 17 1/2@18c.

MADAME DEAN'S FRENCH FEMALE PILLS advertisement: "A Safe, Certain Remedy for Suppressed Menstruation. NEVER SHOWS TO FAIL. Sold by all druggists. Price 25c per box. 50c for 3 boxes. Sold by mail. Write for particulars to the UNITED MEDICAL CO., Box 74, Lancaster, Pa. Sold in Salem by S. C. Stone."

O.R.&N. OREGON SHORT LINE UNION PACIFIC

Three Trains to the East Daily. Through Pullman standard and tourist sleeping cars daily to Omaha, Chicago, Spokane; tourist sleeping cars daily to Kansas City; through Pullman tourist sleeping cars (personally conducted) weekly to Chicago; reclining chair cars (seats free) to the East daily.

70 HOURS PORTLAND TO CHICAGO No Change of Cars

Table with columns: DEPART FOR, TIME SCHEDULES From Portland, Or., ARRIVE FROM. Lists routes to Chicago, St. Paul, and other cities.

Ocean and River Schedule. For San Francisco—Every five days at 8 p. m. For Astoria, every days and North Beach—Daily (except Sunday) at 8 p. m.; Saturday at 10 p. m. Daily service (water permitting) on Willamette and Yamhill rivers.

For fuller information ask or write your nearest ticket agent, or A. L. CRAIG, General Passenger Agent. The Oregon Railroad & Navigation Co., Portland, Oregon.

TIME CARD NO. 26

No. 2 for Yaquina— Leaves Albany ... 12:45 P.M. Leaves Corvallis ... 1:45 P.M. Arrives Yaquina ... 5:40 P.M.

No. 1. Returning— Leaves Yaquina ... 7:15 A.M. Leaves Corvallis ... 11:30 A.M. Arrives Albany ... 12:15 P.M.

No. 3 for Detroit— Leave Albany ... 1:00 P.M. Arrives Detroit ... 6:00 P.M.

No. 4 from Detroit Leave Detroit ... 6:39 A.M. Arrives Albany ... 11:15 A.M.

Train No. 1 arrives in Albany in time to connect with the S. P. south bound train, as well as giving two or three hours in Albany before departure of S. P. north bound train.

Train No. 2 connects with the S. P. trains at Corvallis and Albany giving direct service to Newport and adjacent beaches.

Train No. 3 for Detroit, Breitenbush and other mountain resorts leaves Albany at 1:00 p. m., reaching Detroit about 6:00 p. m.

For further information apply to T. H. CURTIS, Acting Manager. T. COCKRELL, Agent, Albany. H. H. CRONISE, Agent, Corvallis.

EXTENDING WINTER RATES

To Yaquina Bay Which to People Wishing to Enjoy Nature's Beauties Proves So Popular.

The low rates in effect from points on the S. P. to Yaquina Bay during the winter, which proved so popular with the people wishing to view the beauties of nature at that magnificent seaside resort, have been extended during the month of April, and tickets will be sold on Wednesdays and Saturdays until the last of April, good for return at any time up to May 31, 1905.

The month of April should be a favorite one for visiting the seaside, where "Smiling Spring her earliest visit pays," and where the health-giving breezes of the Pacific will banish "Spring Fever" and other ills to which flesh is heir.

Through Ticket Arrangements. Tickets from all East Side points to all West side points, and vice versa, via the C. & E. are also on sale; and on April 1st tickets to all West side points will be on sale by the C. & E. at Albany; and to all East side points on the S. P. by the C. & E. at Corvallis on which baggage can be checked through to destination, thus avoiding delay and annoyance to passengers traveling between East and West side points.

Full information in regard to rates, etc., can be obtained from any S. P. or C. & E. agent or from W. E. COMAN, C. P. A., S. P. Co., Portland, or T. H. CURTIS, Acting Manager, C. & E. R. R. Co., Albany, Oregon.

DR. GUNN'S ONION SYRUP

DRUGS, COUGHS, COLDS, HOARSENESS & GRIPE. Best Remedy for Children. Pleasant to take and never in an overdose. The only original. Beware of cheap imitations. Sold by all druggists. Write us or send you a Sample Bottle Free.

MIDDLE CLASS IN CHINA

New York, April 4.—Dr. Charles K. Roys, a missionary at Wei Hsein, China, in a letter just received here throws some light on the condition of the middle class women of China. He says: "We have been employing a Chinese sewing woman for a couple of weeks, and I have been much impressed with the cheerfulness and force of character shown by these poor creatures, condemned to hobble through life on feet not much larger than a sheep's hoof. This woman can go upstairs only with great difficulty; she can't run a footpower sewing machine without pain, so our little hand machine is a boon to her. Although carrying any burden is very painful, in their own homes these women have to carry a heavy child around with them while they do their housework, buttoning the child into the front of their clothing to keep it warm through the winter. Yet many of the women have cheerful faces and kindly, smiling eyes very much like an old southern mammy who has seen much trouble, yet remains cheerful and content. This is especially true of the Christian Chinese women, so much so that their neighbors say some magic changes their faces."

Books by William J. Long

- Ways of Wood Folk 75c
Wilderness Wars 75c
Secrets of the Woods 75c
Wood Folk at School 75c
Beasts of the Field \$1.75
Fowls of the Air \$1.75
School of the Woods Net \$1.50
Following the Deer Net \$1.25
A Little Brother to the Bear Net \$1.50

GINN & COMPANY, Publishers Trade Department, 29 Beacon St., Boston

JOHN SHOLUND, Merchant Tailor

Experienced cutter and fitter. Will guarantee all work Also cleaning, pressing and repairing.

Opera House Block. Court Street