

Dyspepsia

Is weakness of the stomach. It is the source of untold misery. It may be cured by toning and strengthening the stomach and enriching and purifying the blood with Hood's Sarsaparilla. Many thousands have been cured by this medicine and write that now they "can eat anything they wish without distress."

Hood's Sarsaparilla
Is prepared by C. I. Hood & Co., Lowell, Mass. Sold by druggists. 25c. six for \$3. Get Hood's. Hood's Pills cure all liver ills. 25 cents.

Daily Capital Journal.

BY HOPER BROTHERS.
SATURDAY, AUGUST 7, 1897.

General Weyler's name will go down in history as cursed as that of Cortez.

In August, next year, America will be visited by Prince Albert, of Belgium.

The Gold Democrats will conduct campaigns in Ohio, Kentucky and Michigan.

The waterworks of Des Moines, Ia. have been "reorganized" and are bonded for \$1,000,000.

Bishop Barkley, of Woodburn, is being hard pressed to help make the campaign for silver forces in Ohio.

Mayor Harrison, of Chicago, has signed two ordinances against department stores, to prohibit sales of liquor and sales of meat.

Woman's progress is vindicated by the San Francisco Examiner sending Helen Dare to the Clondyke gold fields.

Now we have a tariff bill, currency reform is not to be agitated, splendid crops are coming into harvest, and certainly President McKinley is to be congratulated.

Plan an excursion for the children. Grown-ups can have as much fun out of it as the kids, if rightly managed. The rights of children do not stop at going to the circus with them.

THE JOURNAL reduced its price when hard times set in. When times grow good, and all prices advance, and labor is paid higher wages, the price of this paper may be advanced. All will be duly notified.

The man who in hot weather will drive a horse that is painfully lame, or with a sore shoulder, or let it stand unprotected in a blazing sun—such a man ought to be compelled to go to Clondyke on foot. He would learn to appreciate a horse.

While the so-called "best Americans" sigh for matrimonial alliances with the English aristocracy, because as the London Times says, "it is the finest in the world," the Duchess of Hamilton, an English peeress, has wed a plain commoner by name of Foster. If she is a young woman she probably wants to get some pure blood into her family.

Lady Cook, (Viscountess de Montserrat) nee Tennessee Claflin, has just published three volumes of her "Essays on Social Topics" in a blazing red volume, for which Mr. Hebrun, 7419 Euclid avenue, Chicago, is the American agent. Agents are wanted. It is in Lady Cook's boldest and clearest style. The book is a stirring appeal for exactly the same code of morals for men and women.

There is no reason why the feet should not be washed as often as the hands. The circulation of the blood through the feet is more essential than through any other part of the body. Besides most people stand or walk on their feet and as they are enclosed in leather all day, a footbath is even more important than washing the face or hands. The free use of fresh water is conducive to sleep, and anyone who can do so should sleep twice in the period of one day. These are simple propositions but not observed by many people.

It is not strange that summer, the period of lassitude and debilitation, should become the period of

recreation, health seeking recuperation. Much can be done for preservation of the vital forces without leaving home, and wasting of energies can be accomplished at the most salutary resort. The mental attitude of the individual is responsible for physical collapse in most cases. Of course, it is assumed that vices and pernicious habits will destroy the most adamant constitution. So will mental strife, jealousies, ill-will, hatred, bickerings, ruin the temper, destroy the digestion and unstring the nerves. Headaches and jaundiced liver too often prove coyettousness, unbridled passions and entire absence of unselfishness as the motive power of life. Let us reason it out this way: Clear the mind of selfish thoughts; the man or woman who acts from a really unselfish motive feels good over it; kind acts; generous deeds, thoughtfulness for others, restraining from causing others distress, leaves the doer physically stronger, mentally more active and spiritually elevated above disease. Try it.

Miss Jean Ingelow, the distinguished poet and novelist, died in London. She was in her 77th year.

Jean Ingelow was the daughter of William Ingelow a banker, and was born at Boston, Lincolnshire, England, in 1820. She was 33 years old before her first book appeared. Her poems have been many since, and of deep, tender pathos. When that book appeared, Jean Ingelow was at once hailed as one of the greatest poets of the century.

A second volume of poems appeared in 1867 and a third in 1885. In addition to these poems she had written stories for children, and four novels.

Among her poems her "Songs of Seven," "Divided," and "Lawrence" are supposed to be autobiographical. Many of her verses were set to music. "Mopsa the Fairy" was a phantasy that attracted much attention. She was ranked as the peer of Mrs. Browning.

The Clondyke gold discovery has dwarfed interest in foreign affairs. The ambassadors of the powers are drawing the boundaries of the map of Turkey, made necessary by the war with Greece, and Turkish forces are evacuating Thessaly. The Turk has undoubtedly enlarged his domain and added to his prestige. He is no longer talked of as the sick man of Europe. The Russian official press mockingly suggests that the powers most interested in the settlement of the Eastern question should immediately, on behalf of Greece, pay the whole war indemnity. In Germany the government declines to comply with the demand of the Farmer's Alliance to exclude foreign grain, as inconsistent with foreign treaties, but declined to stigmatize the proposal as mischievous. There is an economic war brewing in the German Empire between the demand of the large landholders and manufacturers for exclusion of American products and wares, and the consumer and capitalist classes for freedom of commerce. In Brazil the government troops have been successful in capturing the city of Canudos, which had been held by the rebels, who were driven out and the city destroyed completely by artillery.

There is but one consistent course for Republicans of Oregon to pursue in their next state convention and that is to continue the policy for a new deal. The new deal demanded resulted in smashing the officeholder's slate in 1894 and nominating an entire new ticket, except treasurer. Of the old crew of state officials a place was made for McElroy at the state university, for McBride, in the senate and Judge Lord became governor. The platform promised the people reductions in expenses and the placing of the state departments and institutions on a business basis. So far as this has been done it deserves recognition at the hands of the party and will be endorsed by the people if a favorable showing of retrenchment can be demonstrated. Republican state officials, who took office four years ago, only to carry on the spendthrift habits developed under more prosperous times, have shown a disregard of party instructions and a contempt for the people who gave them their votes that entitles them to a severe rebuke. Indications are that there is an element in the Republic

can party that resents progress and keeping of pledges as a bull does a red flag.

Pingree, the Republican governor of Michigan, is out in a severe arraignment of the new tariff. He can see no good to come from it. As Michigan is a doubtful state, he is probably playing for Democratic, People's and Republican low tariff votes. He declares the duty on hides will add 25c to the cost of each pair of shoes, while the Big Four beef trust will coin millions out of it. He hits the sugar tariff hard, as solely a scheme to benefit the trusts. The lumber schedule will add \$2 a thousand to the cost of this necessity for farmers and workmen, as business blocks, factories and rich men's houses are built of other material. The bill imposes no increased duty on paintings and diamonds, but increases taxes on necessary commodities. Pingree predicts "a reckoning for the promoters of this bill with the people." It is to be regretted that a few needed amendments could not have been drawn to emphasize the trust question, and there will be no rest from agitation. Our Wall street operator, James I. Keene, cleared \$300,000 on the advance in sugar trust stocks. The additional profits of the trust from raw sugar imported before the bill went into effect will be at least \$13,000,000, and recalls the remark that Senator Turner made when elected in Washington last winter, that he was a protectionist, but would never vote for a tariff bill that would yield a \$7,000,000 campaign fund, and he didn't.

UNION PARTY PLATFORM

Adopted at Albany, Oregon, June 2, 1897.

We demand the free and unlimited coinage of gold and silver at the ratio of 16 to 1 independent of the action of any nation. That the government shall issue all money without the intervention of banks, and in quantity adequate to the needs of the people. That all money issued by the government, whether gold, silver or paper, shall be legal tender for all debts, public or private. That no contract or law shall discriminate against any kind of money issued by the government.

We are opposed to the issue of United States interest-bearing bonds in time of peace. We demand the redemption of Oregon from rings, commissions and corrupt methods, and demand honest elections and election laws, including stringent registration laws.

We demand that the people shall have the veto power over all legislative enactments by the use of the referendum.

We demand the election of all officers by a direct vote of the people. We advise that all nominations for municipal and county officers, including members of the legislature, shall be made by primary elections.

We recommend that this party shall be known as the Union party, and invite all reform forces of the state to unite with us in realizing these principles by united efforts, and we pledge ourselves to unite with such reform forces in carrying out this bond of union.

Tired, Nervous, Sleepless
Men and women—how gratefully they write about Hood's Sarsaparilla. Once helpless and discouraged, having lost all faith in medicines, now in good health "able to do my own work," because Hood's Sarsaparilla has power to enrich and purify the blood and make the weak strong—this is experience of a host of people.

Hood's Pills are the best family cathartic and liver medicine. Gentle, reliable, sure.

Washington county court has decided to build a new jail. It will be 24x40 at an expense of \$3,000.

The dreamer finds himself at the edge of a cliff. He stumbles, falls, and grasps frantically at a rope, which breaks uselessly, letting him fall straight down the precipice. He awakes with a start and a struggle. If he has a dream, it is a warning. It is a sign that all is not right in the dreamer's body. It means that his digestion is out of order; and that means that his blood is not receiving sufficient nourishment; and that has its effect on the nerves; and the nerves on the brain. Imperfect digestion means imperfect nutrition. It means that the strength and food that ought to go into the blood from the digestive organs—that should go to build the tissues that waste every day—is being perverted and is doing no good. It means that there will be loss of strength, that the nerves will be uncovered just that much, that ability will ensue; and that the man's body is ready for the reception of disease germs. That is the real meaning of the man's dream, and such a dream should always be taken to mean that the use of Dr. Pierce's Golden Medical Discovery is urgent and imperative, if health would be preserved. The "Discovery" is a certain cure for indigestion, dyspepsia and liver complaint.

When constipation is present, it is frequently necessary to supplement the "Discovery" by the use of Dr. Pierce's Pleasant Pellets. One little "Pellet" is a gentle laxative, and two a mild cathartic. They greatly facilitate the action of the "Golden Medical Discovery," by ridding the system of poisonous, effete matter, increasing the activity of the lower bowels so that the impure matter forced out of the blood by the "Golden Medical Discovery" may find quick egress. Both the "Golden Medical Discovery" and the "Pellets" may be obtained at any drug store. Complete information concerning them may be had by addressing the World's Dispensary Medical Association, Buffalo, N. Y.

be tries to figure out the meaning of the dream. If he is not superstitious, he looks for the cause, finds it in indigestion and nervousness, and then he finds the real meaning. It is a good thing to believe in dreams, but to believe in them in the right way. A bad dream is a warning. It is a sign that all is not right in the dreamer's body. It means that his digestion is out of order; and that means that his blood is not receiving sufficient nourishment; and that has its effect on the nerves; and the nerves on the brain. Imperfect digestion means imperfect nutrition. It means that the strength and food that ought to go into the blood from the digestive organs—that should go to build the tissues that waste every day—is being perverted and is doing no good. It means that there will be loss of strength, that the nerves will be uncovered just that much, that ability will ensue; and that the man's body is ready for the reception of disease germs. That is the real meaning of the man's dream, and such a dream should always be taken to mean that the use of Dr. Pierce's Golden Medical Discovery is urgent and imperative, if health would be preserved. The "Discovery" is a certain cure for indigestion, dyspepsia and liver complaint.

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ASPORT TALK OF GREAT INTEREST TO WOMEN.

Pale Cheeks and Nerveless Hands are no Longer Admired. To be Strictly Correct you must have Rosy Cheeks and Good Health.

Men Admire Wholesome-looking Women, and now Seek their Wives from that Class.

A FEW POINTERS FOR THE GIRL OF THE PERIOD.

Pure blood is the secret of health and beauty. The features may be regular, the form perfect, but no woman can be beautiful in the full sense of the word while suffering from the peculiar ailments of her sex. Disease destroys the complexion, is productive of wrinkles and premature old age. Regular monthly uterine action is necessary to every woman's health, and if this function of life is checked, disease, a pale and sallow complexion, and a feeling of exhaustion, are the result. The monthly secretion, when it comes from puberty to the turn of life without unobstructed. Any breach of this law of Nature will result in the distressing symptoms which make the life of a woman miserable, almost unbearable. A few of these symptoms are severe headaches, loss of appetite, pale or sallow complexion, palpitation of the heart, swollen ankles or legs, nervousness, offensive breath, etc., etc. The sufferer may exhibit one or more of these symptoms, or may have all. They simply indicate the ravages disease has made upon the system, and the more of the symptoms the patient shows the greater the necessity for prompt and persistent treatment, until they have been banished and the blood is restored. To accomplish this end Dr. Williams' Pink Pills are the only unfailing remedy. They positively cure all depressions, and inevitably attend sickness and trouble. By taking these pills for a week or ten days before the expected return of each period, the prompt appearance of the blood is insured. For suppressions, the pills must be taken steadily until the re-appearance takes place—generally in a month's time, sometimes less. Follow directions on the pamphlet sent with each box. Nursing women will find their milk improved in quality and quantity by taking these pills, and also obtain relief from pain in the back and general aching of the body. All displacements from weakness of the uterine ligaments are speedily relieved and ultimately cured by the use of these pills. Leucorrhoea, bearing down, weight in the pelvis, and all female weaknesses, find speedy relief and cure in the administration of the Pink Pills for Pale People.

The most critical period in the life of a woman is that attending the cessation of menstruation, or, as it is most generally termed, the change or turn of life. The symptoms attending this period are fainting spells or attacks of faintness or dizziness, headache, general debility, exhaustion, a feeling of melancholy, hysteria, pain in the loins or limbs, hypochondria, etc. The change is a gradual one, or better or worse, for the former if the patient is wise enough to fortify the system against the ravages of the symptoms attending the change. For this purpose Dr. Williams' Pink Pills are the only reliable remedy. They purify the blood by acting directly upon the sexual system, lessen the severity of the critical period, and finally leave the patient in the enjoyment of robust health. All ladies approaching this critical period should take Dr. Williams' Pink Pills.

PALE AND SALLOW GIRLS.
What can be more distressing than to see a girl drooping and fading in the springtime of youth? Instead of bright eyes, glowing rosy cheeks, and an elastic step, there are dull eyes, pale, sallow, or greenish complexion, and a languidness of step that bespeaks disease and an early death if proper treatment is not promptly resorted to and persisted in until the impoverished blood is enriched, and the functions of life become regular. Upon parents rests a great responsibility at the time their daughters are budding into womanhood. If your daughter is

pale, complains of weakness, is "tired out" upon the slightest exertion; if she is troubled with headache or backache, pain in the side; if her temper is fitful and her appetite poor, she is in a condition of extreme peril, a fit subject for the development of that most dreaded of all diseases—consumption. If you notice any of these symptoms lose no time in procuring Dr. Williams' Pink Pills. They will assist the patient to develop properly and regularly; they will enrich the blood and restore health's roses to the cheeks, bright eyes and a lightness of step will surely follow their use, and all danger of consumption and premature death will be averted. Wise and prudent mothers will insist upon their daughters taking Dr. Williams' Pink Pills upon the approach of the period of puberty, and thus avoid all chances of disease and early decay.

A Thankful Girl.
From the Examiner, San Francisco, Cal.
Miss Lottie Donell lives with her parents at 192 Natoma Street, San Francisco. She is a young lady nineteen years of age, and of prepossessing appearance. Ever since she was ten years old Miss Donell has been a sufferer from a rheumatic affection of the wrist, and since she was thirteen years of age she has been subject to various female weaknesses which have kept her physical vitality at a very low stage. Thus, as she grows older, she has become a victim of disease ever since she can remember. When she was a little girl at school she was always placed at a disadvantage with her playmates on account of her frailty of body and timidity of manner. She could never join in any of the more boisterous games, although she always longed to do so.

But the embarrassing conditions of Miss Donell's life have all been eliminated within the past year, and the change is wholly due to the effective work of Dr. Williams' Pink Pills.

"It must be remembered," said Miss Donell in telling of the great relief that Dr. Williams' Pills had afforded her, "that at the time I began taking the pills I had been for years a confirmed invalid. My wrist was swollen out of all proportion by the chronic rheumatism that had long since settled in it. The female complaints from which I had suffered were but a mere shadow of my former self and I had really come to think that the spells or attacks of faintness or dizziness, headache, general debility, exhaustion, a feeling of melancholy, hysteria, pain in the loins or limbs, hypochondria, etc. The change is a gradual one, or better or worse, for the former if the patient is wise enough to fortify the system against the ravages of the symptoms attending the change. For this purpose Dr. Williams' Pink Pills are the only reliable remedy. They purify the blood by acting directly upon the sexual system, lessen the severity of the critical period, and finally leave the patient in the enjoyment of robust health. All ladies approaching this critical period should take Dr. Williams' Pink Pills.

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pale, complains of weakness, is "tired out" upon the slightest exertion; if she is troubled with headache or backache, pain in the side; if her temper is fitful and her appetite poor, she is in a condition of extreme peril, a fit subject for the development of that most dreaded of all diseases—consumption. If you notice any of these symptoms lose no time in procuring Dr. Williams' Pink Pills. They will assist the patient to develop properly and regularly; they will enrich the blood and restore health's roses to the cheeks, bright eyes and a lightness of step will surely follow their use, and all danger of consumption and premature death will be averted. Wise and prudent mothers will insist upon their daughters taking Dr. Williams' Pink Pills upon the approach of the period of puberty, and thus avoid all chances of disease and early decay.

PRICE LIST

E. M. ROWLEY

Successor to J. G. Wright,
227 Commercial street, Salem.

Pioneer Grocery!

I am still on deck with a fine assortment of crockery, glassware and China ware to be sold at "same price" the next 30 days. Also have just received fifty toilet sets of the finest patterns that ever came to Salem. Call and be convinced.

227 Commercial street, Salem.

Best Gunpowder..... 10
A good uncolored Japan..... 10
English Breakfast..... 25
Best wine..... 25
WASAING POWDER..... 25
Gold Dust, 3 lb pkg..... 10
Pearline..... 10
TOBACCO..... 10
Battie Ax, plug..... 10
Saw Log, 32 oz plug..... 10
Spear Head, plug..... 10
Dice..... 10
Climax, plug..... 10
Smoking V pkg..... 10
BROOMS..... 10
No. 1—best..... 10
No. 2..... 10
No. 3..... 10
No. 4..... 10
CLOTHES PINS..... 10
3 doz for..... 10
TOOTH PICKS..... 10
No. 1, V pkg..... 10
STONEWARE..... 10
BEST IN MARKET..... 10
Gal. jars with covers..... 10
2 gal. jars with covers..... 10
3 gal. jars with covers..... 10
AMMONIA..... 10
Washing, pints 10c; V doz..... 10
AXLE GREASE..... 10
Frazer's, wood box, 10c; V doz..... 10
K. & S., tin box, 10c; V doz..... 10
BAKING POWDER..... 10
Price's Cream, 8 oz..... 10
Price's Cream, 16 oz..... 10
Royal, 8 oz..... 10
Royal, 16 oz..... 10
K. C. 25 oz..... 10
Pioneer, 8 oz..... 10
Yankee, 8 oz..... 10
do 5 lbs..... 10
Glassware given with the Yarn them.

BEANS..... 10
Have advanced, Clondyke..... 10
Small white, V lb..... 10
Lima..... 10
CATSUP..... 10
Van Camp's, best made, pts..... 10
Old Homesteads..... 10
CANNED GOODS..... 10
Tomatoes 3 cans..... 10
Corn, 3 cans..... 10
Beans, 3 cans..... 10
VanCamp baked beans..... 10
DRY FRUITS..... 10
Peaches, evaporated..... 10
do do..... 10
Apricots..... 10
Apples..... 10
Prunes, Italian V lb..... 10
Raisins, seedless..... 10
Lemon peel..... 10
CHICORY..... 10
Ground..... 10
COFFEE—GREEN..... 10
Costa Rica..... 10
Rio, best..... 10
Caracola..... 10
Java, old gov..... 10
COFFEE—ROASTED..... 10
Blended Mocha and Java, 10 lb..... 10
do do..... 10
Java..... 10
A fine roast V lb..... 10
Arbuckle V pk..... 10
CRACKERS..... 10
Soda Cartoons, 3 lbs..... 10
Plectic, by case..... 10
Ginger snaps and cookies..... 10
CREAM TARTAR..... 10
STANDARD..... 10
EXTRACTS..... 10
Lemon, 2 doz..... 10
do 8 oz..... 10
do 16 oz..... 10
Dr. Price's lemon, 2 oz..... 10
do vanilla, 2 oz..... 10

CEREALS..... 10
Yellow corn meal 10 lb sk..... 20
White do do..... 20
Either white or yellow 25 lb sk..... 40
Seminole, 10 lb sack..... 30
Graham, 10 lb sack..... 25
Grano, V pkg..... 25
Rolled Oats, "Cream" V lb..... 6
do second do..... 4
Whole wheat flour 25 lbs..... 75
FLOUR..... 10
Six brands, V sack..... \$1 to \$1 05
Subject to change in price.
OYSTERS..... 10
Roaster 2 lb can..... 15
do 1 lb can..... 10
Preferred stock, none better 2 lb do do 1 lb..... 25
FISH—CANNED..... 10
Salmon, 1 lb..... 10
Sardines, French..... 20
do American do..... 5
do do Per dozen..... 40
CANNED MEAT..... 20
Corned beef 2 lb can..... 20
Deviled Ham V can..... 5
HONEY..... 10
Nice and fresh Oregon 1 lb comb LYE..... 10
Babbett's, V can..... 10
American..... 10
LARD..... 10
Salem, pure leaf, fresh 5 lb pail..... 45
Union brand 5 lb pail..... 40
do 10 lb pail..... 80
SMOKED MEAT..... 12
Salem Hams, sugar cured..... 12
Side Bacon do..... 9
Picnic Hams..... 8
Shoulders, sugar cured..... 8
PICKLES..... 25
Plain or mixed, V bottle..... 25
By keg, 5 gal..... 75
New Goods, in bulk V gal..... 35
RICE..... \$1 00
18 lbs..... \$1 00
SODA..... 8
Arm and Hammer, V pkg..... 8
Arm and Hammer, in bulk, 6 lbs..... 25
SAPOLIO..... 25
V Cake 10c; 3 for..... 25
SALT..... 20
R. S. V. P., 5