

CommunityCalendar

Friday, March 17

Chamber Breakfast
8:15 a.m., Finn's Fish House, 227 Broadway, Seaside, 503-738-6391, www.seasidechamber.com. Open to the public, weekly speakers, discussions and a no-host breakfast.

Low Impact Walk
9:30 a.m., 503-738-7751. This low-impact walking group meets weekly at different locations. Sponsored by the Seaside Branch of American Association of University Women (AAUW).

Golf Tourney
1 p.m., Gearhart Golf Links, 1157 Marion Ave., Gearhart, 503-738-3538, www.gearhartgolfinks.com, \$55 to \$65, 21 +. Wear your green and spend a day celebrating Irish heritage in the "Nobody Here is From Ireland" golf tournament.

St. Patrick's Dinner
5 p.m., American Legion, 1315 Broadway, Seaside, \$10, all ages. The public is invited to a traditional St. Patrick's Day dinner with corned beef and cabbage to benefit high school scholarships.

The Snake Skinners
6 p.m., McMenamins, 1157 Marion Ave., Gearhart, 503-717-8150, www.mcmenamins.com, no cover, all ages. Celebrate St. Patrick's Day with Irish stout, Irish coffee, Irish Reubens and Irish music by Spud Siegel and the Snake Skinners.

Open Mic & Jam
7 p.m., Pacific Pearl Bistro, 111 Broadway, Seaside. All styles welcome at this weekly jam session hosted by the Tim Kelly Blues Band.

Saturday, March 18

Pouring at the Coast
3 p.m., Seaside Convention Center, 415 First Ave., Seaside, 503-738-6391, www.pouringatthecoast.com, \$20, 21 +. "Pouring at the Coast Beer Fest" includes live music, a People's Choice award for best beer, a souvenir tasting glass and five tasting tickets.

"Thumbelina"
3 p.m., Tolovana Hall, 3779 Hemlock St., Cannon Beach, 541-215-4445, www.tolovanaartscolony.org, free, all ages. Mixing storytelling, live music and shadow puppets, Oregon Shadow Theatre presents Hans Christian Andersen's fairy tale "Thumbelina."

Karaoke
8 p.m., American Legion, 1315 Broadway, Seaside, 503-738-5111, www.seasidepost99.org, 21 +-. All are welcome to come by and try out a new song or sing an old standard during American Legion's karaoke night.

Sunday, March 19

Storm Large Concert
3 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$125, 18 +-. Singer songwriter Storm Large performs alternative pop rock, alternative indie rock and hard rock music.

Monday, March 20

Knochlers Pinochle
1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393, www.sunsetempire.com, all ages, \$1 per session per person. This is a weekly, regular play card game.

Tuesday, March 21

TOPS Meeting
9:15 a.m., North Coast Family

Fellowship, 2245 Wahanna Road, Seaside, 509-910-0354. Take Pounds Off Sensibly (TOPS) focuses on healthy lifestyle changes for weight loss; meets weekly.

Film Screening
5 p.m., Seaside Civic and Convention Center, 415 First Ave., Seaside, NR (not rated). This is a free screening of the documentary "Paper Tigers" followed by a panel discussion with Amy Baker, Chief Dave Ham, Debbie Morrow and Tom Rogozinski.

Coaster Auditions
6:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com. Director Patrick Lathrop will cast up to five males and three females for the summer musical "Clue;" come prepared with a one minute a cappella song, dress comfortably and be on time.

Wednesday, March 22

Sou'Wester Garden Club
10 a.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-6786, free. This month's program will be "Wild Life on the North Coast" with conservationist and photographer Neal Maine; visitors are welcome.

Bingo!

12:30 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com, 10 cents per card, \$2.40 all games. Bring some friends, add lucky charms, grab a stamper and play a friendly game of Bingo every week.

CEDR Awards

5:30 p.m., Seaside Convention Center, 415 First Ave., Seaside, 503-338-2402, \$25, RSVP. Celebrating business success in Clatsop County, refreshments provided.

Coaster Auditions

6:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com. Director April Poland will cast six females for the summer comedy drama "Steel Magnolias;" come prepared to read from preselected sides.

Thursday, March 23

Ham Radio Breakfast
8 a.m., Finn's Fish House, 227 Broadway, Seaside, 503-738-9692. Ham radio operators meet every Thursday.

SDDA Breakfast
8:30 a.m., Pig 'N' Pancake, 323 Broadway, Seaside, 503-717-1914, www.seasidedowntown.com. Weekly speakers, discussions and a no-host breakfast.

Kiwanis Club Meeting
Noon, Pig 'N' Pancake, 323 Broadway, Seaside, open to the public, www.facebook.com/pages/Kiwanis-Club-of-Seaside-Ore. Features weekly speakers, discussions and a no-host lunch.

Matinee Thursdays
1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-7393, www.sunsetempire.com, free. Enjoy popcorn and a movie every week on senior matinee Thursdays.

Pinochle Refresher

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com. The Knochlers pinochle group offers a free refresher and beginning course in pinochle to adults 55 +. Beginners are welcome.

Tide Pool Tours
3 p.m., Cannon Beach City Hall, 163 Gower St., Cannon Beach, 503-436-



SUBMITTED PHOTO

Students share their stories in "Paper Tigers."

'Paper Tigers' provides educational insights

Columbia Pacific CCO and Way to Wellville in Clatsop County are hosting a free community screening of the movie, Paper Tigers.

The movie talks about adverse childhood events of students in an alternative school in Walla-Walla, Washington and how the school staff was able

to step up to help these kids become successful. This movie is the basis for area efforts for trauma informed practices in health care and schools.

A discussion follows the screening; 5:30 to 8:30 p.m., Tuesday, March 21, at the Seaside Civic and Convention Center, 415 First Ave., Seaside.

8060, \$25. Haystack Rock Awareness Program offers guided tide pool tours to the marine reserve at Haystack Rock with Stephen Grace; limited to 10 participants.

Revamp Retreat

4 p.m. check in, Seaside Convention Center, 415 First Ave., Seaside, www.revampretreat.com, \$695 to \$995. A four-day spring retreat for business owners and entrepreneurs filled with a host of speakers, special events and panel discussions; registration required.

Little Library Auction

5:30 p.m., Seaside Convention Center, 415 First Ave., Seaside, 503-738-6742, www.seasidelibrary.org, \$15. Be part of the Little Free Library Auction fundraiser, a silent and live auction to benefit Reading Outreach Clatsop County.

Coaster Auditions

6:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242.

Friday, March 24

Chamber Breakfast
8:15 a.m., Finn's Fish House, 227 Broadway, Seaside, 503-738-6391.

Revamp Retreat
9 a.m., Seaside Convention Center, 415 First Ave., Seaside, \$695 to \$995.

Junebugs

7 p.m., McMenamins, 1157 Marion Ave., Gearhart, 503-717-8150, www.mcmenamins.com, no cover. The eclectic taste of the Junebugs ranges from turn-of-the-century Americana to modern hip hop.

"The Mousetrap"

7:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$20 to \$25, rated PG. "The Mousetrap" follows the tale of a group of strangers, a blizzard and an unknown killer that culminates to the famous Agatha Christie ending.

Saturday, March 25

Babysitter Training
9 a.m., Sunset Pool, 1140 Broadway, Seaside, 503-738-3313, \$60, www.sunsetempire.com. American Red Cross offers training for ages 11 to 15

Author Reading
7 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org, free. Gloria Linkey, author of "A Town Called Seaside" will be featured, followed by book sales and signings.

Mark Dove
7 p.m., American Legion, 1315 Broadway, Seaside, 503-738-5111, www.seasidepost99.org, no cover, 21 +-. Mark Dove plays roadhouse classic country and vintage rock-n-roll music.

"The Mousetrap"

7:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$20 to \$25, rated PG.

Sunday, March 26

Revamp Retreat
11 a.m., Seaside Convention Center, 415 First Ave., Seaside, \$695 to \$995.

NAMI Meeting

2 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6165, www.nami.org. The National Alliance on Mental Illness welcomes individuals and caregivers of anyone who suffers from mental illness.

"The Mousetrap"

3 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, \$20 to \$25, rated PG.

Smith & Jeffrey

7 p.m., Seaside Brewing Co., 851 Broadway, Seaside, 503-717-5451, www.seasidebrewery.com, no cover, all ages. Co-headliners Bruce Smith and Holly Jeffrey perform duo acoustic sets of classic guitar rock.

Monday, March 27

Spring Break Camp
10 a.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$125, 8 +. During the week, campers will learn song, movement and select, develop and present a Loveable Monster using inspiration from "Shrek" and others.

City Council Meeting

7 p.m., City Hall, 989 Broadway, Seaside, 503-738-5511, www.cityofseaside.us. The Seaside City Council meets on the second and fourth Mondays of the month.

Wednesday, March 29

Aaron Larget-Caplan
7:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, no cover, all ages. Aaron Larget-Caplan will perform "Night Songs & Dreams," an all-ages 21st century concert featuring new works written for his Lullaby Project.

Thursday, March 30

Ham Radio Breakfast
8 a.m., Finn's Fish House, 227 Broadway, Seaside, 503-738-9692.

SDDA Breakfast
8:30 a.m., Pig 'N' Pancake, 323 Broadway, Seaside, 503-717-1914.

Kiwanis Club Meeting
Noon, Pig 'N' Pancake, 323 Broadway, Seaside, open to the public.

Friday, March 31

Chamber Breakfast
8:15 a.m., Finn's Fish House, 227 Broadway, Seaside, 503-738-6391.

Ghost Conference

2 p.m., Seaside Convention Center, 415 First Ave., Seaside, 503-679-4464, www.oregonghostconference.com. The sixth annual Oregon Ghost Conference offers discussions from paranormal experts, workshops, magic shows, readings and ghost tours.

Carolyn Cruso Concert

7 p.m., Cannon Beach History Center, 1387 Spruce St., Cannon Beach, 503-436-9301, www.cbhistory.org, \$15. Cruso is a versatile musician playing the hammered dulcimer, flute and guitar and performs a diverse line up of original tunes, songs and traditional material.

Red & Ruby

7 p.m., McMenamins, 1157 Marion Ave., Gearhart, 503-717-8150, www.mcmenamins.com, no cover. Swing and jazz duo Red and Ruby (Vince Brown and LaVon Hardison) perform original arrangements, musical gems, ballads, roots jazz and Western swing from the 1920s to the present.

"The Mousetrap"

7:30 p.m., Coaster Theatre, 108 Hemlock St., Cannon Beach, 503-436-1242, \$20 to \$25, rated PG.



Preventing falls: Staying healthy and on your feet

Join us March 30 at 3:30 p.m.

As we age, the risk of falling becomes more serious. Falls can result in a broken hip or other bones. Any injury can lead to disability. Even if someone is not hurt by a fall, the fear of falling again can limit a person's activities.

Join Providence experts as they discuss ways you can prevent a fall for yourself or someone you love. The presentation includes a short introduction to tai chi.

Registration is requested. This free event is sponsored by the Providence Senior Health Program.

Register at Providence.org/classes or call 800-562-8964.

Providence Seaside Hospital

Education A
725 S. Wahanna Road
Seaside, OR 97138



NEW

Full color, scenic montage postcards of Astoria now available at the Daily Astorian office!

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