WEDNESDAY, FEBRUARY .



= By WILL IRWIN =

## SELGIAN REFUGEES IN THE RUINS OF TERMONDE

CCORDING to the Commission For Relief in Beigium, the American people will probably have to feed the Beigian people all this winter. "We have taken pains to investigate," said one of the commissioners last week, "and the best informed Europeans tell us that there will be no change in the military situation this winter. It means that we must keep up

with supplies gathered a half a world away. All Belgium depends on American food. Haif of Belgium is never more than a week ahead of starsation Often it has come closer than that. Once the province of Limbourg, remote and hilly, was starving. In some communities the people had not eaten for two days, when one of our United States consuls managed to borrow from the Germans enough brend to keep the people alive until an American shipment arrived to repay the loan. Once Captain Lucey, the shipping agent in Holland. had to borrow 10,000 tons of wheat from the Dutch governme . Llege and Hamme and historic Ghent were crying for bread, and it was still several days before the next American ship was due at Rotterdam. This was a noblething for Holland to do since the Dutch themselves are short on food. Yes: I is a race with hunger, and America, now that she has faced the starter, must

This is America's great and glorious part in the world war of 1914-15 That every American may have a personal chance to help some Belgium he Commission For Relief in Beigium has arranged its "parcel post plan." Any jare locked and he is alone in his ne who wants to send a package containing between twenty and fifty point inonperishable food need only put a tag on the package, address the tag to nearest collection depot of the commission, stamp it in the regular way and drop it in the null chute. If the giver puts on the package tag his name and address, TOGETHER WITH THE LETTER "R." the money he has

WILCON, MUNICIPAL DOCK, PORTLAND, who is collecting agent for this

tions of the United States, what is succeeded in staying in Mexico City. locked in a Mexico City jail twelve

days of the time, and couldn't leave if he wanted to. Yea, verily, life in Mexico is one d-d president after

IF THAT Fremont high school September or October. us how to extricate a misguided fish THE MOST PATIENT PATIENT

bone from our throats without the necessity of given an imitation of United Press Service

**Prison Walls Do Not Hinder** Men From Aiding War Victims

"Sister Susie Knitting Sox for Soldiers" Has Nothing on Sine Sing, for Scores of Prisoners Are Knitting for Europe's Stricken

United Press Service NEW YORK, Feb. 3.- To mother, and the wife, and Sister Mary: Watch your knitting.

To Aunt Jane, you have learned to knit so long befor the rest of us children, women and non-combat. some of them I believe will surpan and smile so condescendingly at us ants" Mrs. Shelling told him, and As knitters many persons, even the now: Watch out for your laurels To Peter Slovanvish of Poland: knit. Osborne gave his consent. Greetings-from Danny the Rat, of "The convicts took to it willingly," can kult in the dark, you know, and a Sing Sing.

In his cheerless warswept cottage, are more adept than many women Peter will open a package one of these I know, and they like it, for it gives days. In it he will find a muffler, them occupation during the hours thought that these prisoners are dewarm, of gray woolen texture, and he they are forced to stay alone in their ing something freely for people the will throw it about his neck, or per. cells, and takes their minds off their never saw. It is their first open. haps give it to little Paul or tiny surroundings.

Katherine, who may need it more "I went into the chapel and picked than Peter. And he will go forth on out four or five men to teach first. the snowy paths and hum a Polish One of them was a burly fellow, perfolk song for he will be warmer, and haps a burglar and I was surprised

happier to know that some one in far at the keen interest he took in the off America has remembered him varn. But he will never know who knitted "He worked a few moments, got this muffler. the swing of it, and said:

Peter's muffler is bling knitted today "up the river." A sharp-faced pickpocket, a burly con-man, or maybe a lifer, who has taken a life and is fore, and was glad to get his hands paying for it in Enlitting-knitting, on the needles and yarn again. counting one stitch, drop stitch, in the long hours after the tier doors cell.

Peter's muffler will be well knitted, more of me.' hough, for the pickpocket, thug, gunman or fine-handed forger can victs volunteered to knit," Mrs. Shel- ing received at the offices of the ter trop a stitch and plek it up as well ling continued. "Warden Osborne mittee, 487 Fifth avenue, every well as you, or Sister Mary, or even Aunt told them of our committee's work Mrs. Shelling has looked over met Jane, who is the best knitter in the and the need of aid in Poland where of them and declares that America

There are five hundred convicts in Belgium. knitting at Sing Sing. Mrs. Ernest

Shelling, of the American Polish Re- needles, through donations to eq. thef committee, taught them how, committee here. Only mufflers, but She was at the prison the other day, and warm, will be knitted by the and took her knitting along. Warden prisoners at first. They are not jet Osborne said he was knitting too, sufficiently adept to try knitting

"We need muffers for the Polish socks-indeed few people are-but suggested that the prisoners might women who are not in prisons. Ast they will devote more time to it. One

is an interesting way to pass all said Mrs. Shelling. "Some of them tary hours.

"'Gee, this is fascinating."

"There is something big in the tunity to help, and, being unfortynates themselves, they more than and

one else, appreciate that misfortune needs relief. "Our committee cannot work h

other states; we have too much to to here, but I hope that prisons elas where take up the practice."

Mrs. Shelling's visit to Sing Sing has aroused her interest in the prime. ers more than she would have be "Another one of my first pupils lieved possible. was a Russian. He had knitted be-

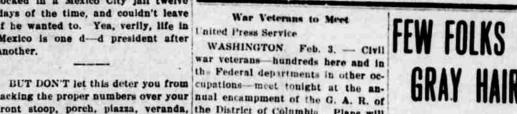
"I went there thinking I might help the Polish unfortunates," the said, "but now I think we are bely "T've got a wife back in Russia,' ing the prisoners, too. Condition he said, 'and she thinks I'm bad, are wonderfully better at the price Now I'll write her that I am knitting now then a few years ago, but the for the Polish. Then she will think men have had too little to do during

their 'long hours.' " "Four or five hundred of the con- Hundreds of knitted articles are bethe devastation has been worse than women who are learning to knit "at

most as well as their great grand-"We are going to furnish yarn and mother's did."

> and men who value that even color that beautiful dark shade of his which is so attractive, use only the old-time recipe.

Nowadays we get this famous minture by asking at any drug store for 50 cent bottle of "Wyeth's Sage and Sulphur Hair Remedy," which darkens the hair so naturally, so evaly ing hair. You just dampen a sponge o rooft brush with it and draw the through your hair, taking one small



be made for the national G. A. R. reunion, which will be held here next



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and iTim to Do the Work Just Right PADE # PINGLE "The Haow How Mes" Der. 6th & Elemeth, Phone S17

> Herald, delivered at lee, or

poultry raising and egg producing, but these industries have developed most largely near to the great markets and they supply, comparatively speaking, a small part of the butter and eggs that are consumed. The general farm still is the main source of milk and egg supply.

for merchandise.

the general farm.

cept his produce except in exchange ramble at will.

that some retail merchants refuse to few half breeds.

It is more than a peculiar coin-

cidence that the two items most com-

buy for cash.' Notwithstanding the

neglect that the producing of eggs

eggs consumed is still produced on

If all of the rural merchants in a town do not wish to handle butter and eggs, let them by agreement, either establish a bufter and egg market where cash will be paid for these products or let them by agreement, have one of their number pay cash for butter and essa.

Of course, the independent market will be better, as there would be a tendency always to spend the money where the cash was received, the merchant who took this produce would get the large share of the cash trade.

Scattered Shots

foods and storms in other

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AND NOW, class, after out

e in danger of noods after merchant was undertaking to com- it goes dry, as the countless gallons pel him to buy by refusing to ac- now consumed as "chasers" will then BRING PHILIPPINE

SOME ONE GIVES the population United Press Service

Philippines islands, has just arrived is the city hospital's experimental ONE CHAP, wishing to overpower here with 500 cases of exhibits for patent whom student nurses are

and butter suffers on the average the rum habit, was advised by a the Panama-Pacific International Ex- treating for almost every known farm even during that period of the friend to eat an apple every time position. These include the best col- disease. year-winter-when there is more he wanted a drink. He decided to lection of pearl ever sent from the She's constructed entirely

time available for giving them at-stick to the "pizen," opining that Pacific pearl fishing regions, repre- wood, hence the patience, tention than at any other season, a he would be th worse shape if he ate sentations of the foresty, mining and it's the city hospital's idea that very large part of the butter and 100 apples or more a day.

plays of the arts and domestic mentation. The nurses become SEVERAL DAYS ago we ventured science. They will be installed im- thoroughly efficient on Miss Sabina Dairying as a special industry has a query as to why Gorza, after being mediately in the Philippine pavillion first. All she lacks is nerves. developed enormously and so has president a couple of weeks, still and in the exhibit palaces.

monly mentioned in contributing to of Mexico as being presidents, mules, SAN FRANCISCOO, Feb. 3.--Chas, always caim and serene. She has the high cost of living are the items motion picture camera men and a R. Morales, representing the prov- sixty nurses and despite this never inces of Mindanao and Suju of the utters a word. For "Miss Sabina"

Don't suffer! Get a dime pack-of Dr. James' Headache agriciuture of the islands and dis- ! uman patients are not for experi-

Tou can clear your head and relieve a dull, splitting or violent throbbing headache in a moment with a Dr. dames' Headache Powder. This old-time headache relief acta almost magi-cludes 27,000 men for the new Brit-ish army, 13,000 territorials and 4, 000 men for the navy. Doctors, nurses and others bring upsthe total to 50,000.

assistance.

fered help of English women doctors, while Russia is gladly accepting such

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Great Britain is refusing the prof-

promptness of treatment counts much toward eliminating the disease-the longer you neglect it the more painful and lingering it becomes. Nyal's Rheumatic Remedy removes the poison from the system in the shortest possible time---its continued use will resuit in a permanent cure. A large bottle for \$1.00.

Whatever a good drug store ought to have-and many things that other drug stores don't keep-you'll find here. Come to us first and you'll get what you want.

Don't Neglect Those Rheumatic Pains

You know that rheumatism, once it becomes established, requires

prolonged treatment-it means much misery and torture during that

time. The joints become stiffened and swollen-you cannot move

without pain-the pain is incessant and sleep is denied you. When

the joints show a tendency to stiffen or become the least painful,

Nyal's Rheumatic Remedy

then is the time to remember



Sabina," beautiful eyes, pinky com- or when it fades, turns gray, dull and Igihts the ladles with Wyeth's Sage plexion and about five 'feet eight lifeless, is caused by a lack of sul- and Sulphur is that, besides beaution inches high, is Cincinnati city hos- phur in the hair. Our grandmother fully darkening the hair after a fee PRODUCT TO EXPOSITION pital's most patient patient.

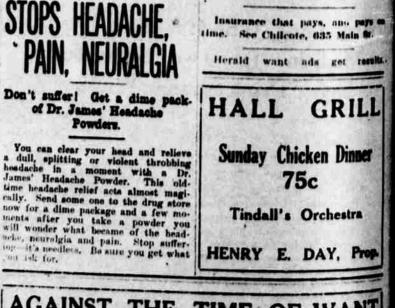
She lies perfectly quiet in a snow Sulphur to keep her locks dark and gloss and lustre and gives it as ap white bed in a private ward and is beautiful, and thousands of women pearance of abundance.

made up a mixture of Sage Ten and applications, it also brings back the

Powders.

Hair that loses its color and lustre, gray hair disappears; but what de

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