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Milady's Mirror

Laughing a Wrinkle Cure.
Laughing is one of the very best remedies for wrinkles. The old saying, "Laugh and grow fat," is certainly a good rule to observe, for laughing is usually accompanied by a happy, care free mind, and there is no better wrinkle eradicator than a contented disposition.

It is simply wonderful how smooth and soft a face becomes if its owner is given to frequent outbursts of hearty laughter. Smiling alone won't do. Laugh with your mouth and eyes and don't be afraid that it will spoil the beauty of your features, for it will not. It may in course of time produce dimpled cheeks or chin, but these are a much coveted possession and sure to increase and enhance one's beauty.

If ill health is the cause of wrinkles the best and only thing to do is to consult a doctor. He will soon find out what the trouble is and will treat you accordingly. And why should you wait until the wrinkles have become so deep and pronounced that it will be a difficult matter to remove them?

If the wrinkles were occasioned by worry look the trouble square in the face and see if it is necessary to worry to such an extent if there is not one way out of it. In nine cases out of ten the trouble will seem much reduced on second sight, for no sorrow is so severe that there is not at least one ray of sunshine to be got out of it if one has only the firm intention of finding it.

Treating the Hair After Sea Bathing.

While salt and water very weak is a good tonic for the hair and scalp, sea bathing with the salt left in the hair is about the worst possible thing, and this is the month when women go down to the seashore and stay around in the surf hours at a time.

As a daily shampoo with clear soft water would soon take out all the luster and leave an almost dry scalp, the best way to manage is to keep the head covered, and the best thing for a cap is silk rubber cloth. This can be had now in so many tints as well as patterns, checks, stripes, etc., that there is no excuse for such a cap being unbecoming. But the cap should cover the hair, and a narrow rubber run through a hem will keep it in place.

After the surf riding or the swim the hair should be let hang as long as possible before being dressed, and if there seems any dampness use a little brush—a toothbrush is good—with a few drops of cologne, parting the locks at inch intervals and rubbing the scalp until it glows. But if there is any salt in the hair it will have to be sprayed out. This does not mean a thorough shampoo, but a good spray with perfectly fresh, clean water, first warm, then cold, and a good rubbing after. The idea is to get the hair dry without the real washing entailed by a regular shampoo.

Good Freckle Lotion.

For freckles there is a lotion which is very good indeed. It consists of chopped cucumbers or cucumbers cut in slices with all the juice in them. They are then bound upon the face in such a way that the juice will dry on.

For freckled and chapped hands there is a bath of witch hazel and cucumber juice in equal parts. This can be applied to the skin with a little sponge. After it has been on fifteen minutes it can be washed off with soap and water, for there is something unpleasant about the nicest lotion when it is allowed to dry upon the skin.

The summer skin is a matter of much anxiety, for in the summer all would have a nice complexion, yet it is extremely difficult when the sunshine brings its blemishes, and the very winds are laden with tan and freckles.

The Time For Massage.

Night is the time to massage the face for the removal of wrinkles. The tired lines must be smoothed out and the muscles of the face braced up before sleep is sought, so that all strain and tension are removed from the features during sleep.

First all dust should be taken away from the skin. Many women will say in reply to this: "There is no dust or grime to remove. My face is quite clean." You are making a big mistake there, for it is really quite impossible to prevent the pores of the skin from collecting some dust during the day.

Sunburned Faces.

Orange flower cream (soothing for sunburned faces) is made as follows: Melt two ounces of white wax in a double boiler, add to it four ounces of oil of sweet almonds and when barely hot remove it from the fire and add to it four ounces of orange flower water.

Beat it with a fork till it is light and creamy, then pour it into small jars, which should be tightly covered. Keep it in a cool place.

To Remove Moth Patches.

To remove moth patches from the skin apply a solution of common baking soda to the patches with a soft cloth or camel's hair brush. Repeat the process several times a day for three days. Allow the soda to dry on, then cleanse the skin of the face with a bran bath. Repeat the treatment if necessary.

KOLLE LEAVES IOWA COLLEGE

The "Corn Man" Joins I H C Service Bureau.

TO HELP PUSH WORK FORWARD

Co-Operation Movement for Larger Crops, Better Roads, More Prosperous People and a Better Nation.

This marks the beginning of a new and greater business service. It is a co-operative movement for larger crops, better roads, happier homes, more prosperous people, and a richer and better nation. That is to say, the I H C Service Bureau proposes to help do for all the states and for Canada what Holden has done for Iowa.

After considering many offers, and after an investigation of the company and its works, Professor Perry G. Holden has entered the service of the I H C Service Bureau at Chicago.

Professor Holden is known wherever real agriculture is known. His whole life is one of service. He originated the idea of carrying information direct to farmers. He is the father of the demonstration train, short school courses, the corn show, county



PROF. PERRY G. HOLDEN.

demonstration farms, and the National Corn Exposition. As head of the extension department of Iowa State College of Agriculture he did a work which, Senator Cummins says, up to the present time has increased the wealth of Iowa \$20,000,000.

The object of the I H C Service Bureau is the promotion of agricultural education, and a co-operation which will tend to raise the whole tone of commercial, industrial and farm life. His agriculture is the basis of progress and progress, naturally farm work is his first attention. The aim is higher efficiency, both on and off the farm.

To do a big work, a big organization is necessary. Not only the business, but the perfection of the International organization as well appealed to Professor Holden. The big general agencies, scattered all over the United States and Canada; the salesmen, travelers and expert machine men; the 40,000 dealers—every one, so far as possible, is to be made an apostle of better farming.

For years the International Harvester Company has realized the importance of service. It has spent millions of dollars in the perfection of labor-saving machines, and now the company is going in for direct service—direct to the farmers, and direct to the farmers' children, that the men and women of tomorrow may be more capable and so more prosperous than the men and women of today.

It is no longer a theory that if we are to get the most out of life we must raise more per acre. "Intensive farming" is in the air. It is the battle cry of peace and plenty. But raising more is the result of mind, not muscle. We must know. And not only that, we must know we know, and know why we know. We must know good seed from bad, right cultivation from wrong, and the whys and wherefores of climates, soils, fruits, cattle, horses, poultry, and so forth.

For these things the bureau was established. But the bureau and Professor Holden see more than an average increase of a few bushels. They see a time coming when farmers will raise twice as many bushels of corn, wheat and oats to the acre, and like yields of all other kinds of farm products. They see a time when farmers and farmers' wives and their children will think more and work less. Every bushel raised means just that much profit, and the profits of the farm promote commerce and industry.

After a period of good work in Michigan agricultural college, better work at Illinois, and a great work at Iowa, Professor Holden came upon a world's work. While in future Professor Holden will designate Chicago as home, it will be a not leaving Iowa. He is now carrying Iowa to the rest of the world.

TRACING A CRIME.

Clever Detective Work by a University Professor.

THE KEEN EYES OF SCIENCE.

They Detected Blood Where There Were No Apparent Traces of It and Found Telltale Finger Marks That Pointed Direct to the Criminal.

Mme. Gulan was the wealthy widow of Jean Howard Gulan, former president of the Bank of France. Mme. Gulan was seventy years old. One night she took a train at Fontainebleau for Paris. She had to herself a first class compartment. When the train arrived in Paris the porters found her compartment unoccupied. The door had been half torn from its hinges, there was a great pool of blood on the floor, and the police picked up from floor a handful of woman's hair, a torn piece of skirt and a first class railroad ticket from Fontainebleau to Paris.

A search along the railroad tracks resulted in the finding of Mme. Gulan's body beside the rails just outside Fontainebleau. It was greatly mangled. A little farther on was found the satchel she had carried. There were no rings on her fingers and no money in her pockets.

Mme. Gulan's relatives took the ground that she had been seized with a hemorrhage, to which she was subject, had tried to open the door of her compartment to summon aid or to get air; that she had in her paroxysm wrenched the door open and had fallen off the train, killing herself. The police were not satisfied with this explanation, particularly after Professor Reiss, the famous Lausanne university criminologist, had pointed out that the cut on the woman's satchel had been made by a knife and not by a sharp stone, as had been thought. This, however, was very little evidence, and Professor Reiss turned his attention to the compartment which Mme. Gulan had occupied. After he had finished his investigation he went to M. Lepine, prefect of Paris, and said to him:

"I am sure that Mme. Gulan was murdered, and I am equally sure that her murderer was a soldier. In the train compartment there were a towel and a stationary washstand. There were no stains upon the towel visible to the naked eye. Nevertheless we subjected every square inch to one of the most delicate tests for blood. We at last discovered an area which gave us the positive reaction for human blood.

"Upon this towel the murderer of Mme. Gulan wiped his bloody hands. He knew that this would be evidence that the old woman did not meet her death by accident as he wished it believed, and so he washed the towel thoroughly, as he thought, and hung it up to dry.

"The detection then of this microscopic quantity of blood, which can be removed from a fabric only by acids, revealed to us that Mme. Gulan met death by the hands of a murderer.

"But I found another piece of evidence. There was, if you remember, a railroad ticket picked up on the floor. On its back was the imprint of a thumb. I compared it with that of Mme. Gulan; it was not hers. I threw its image up enormously on a lantern screen. I was then struck by the peculiar indentation of the little ridges on the inner side of the mark. Careful analysis of these marked ridges showed me that this was the thumb of a man who was actually serving as a soldier. The frequent drills with guns result in the pressure upon the ridges of the inner side of the thumb. This causes a peculiar flattening, which is visible under a microscope when enlarged and is true of no other occupation except that of a soldier.

"As I reconstruct this crime this soldier managed to get into Mme. Gulan's compartment after the train had left Fontainebleau. He knew that she usually carried a number of jewels and a large sum of money. He tried to rob the old woman, and, meeting with unexpected resistance, fought with her in the compartment, killing her by beating her head against the register and then stripped the body of its jewels. He thoughtlessly wiped his hand upon the towel. He knew that this would be evidence of the presence of some one else in the compartment, so he washes the towel with soap and water, but does not know that we can discover blood even when it is only to the amount of one one-thousandth millimeters.

"He then wrenches the compartment door open and throws out the body. He is pressed for time, rips open the satchel with his knife. Then, taking advantage of the slowing down of the train between Fontainebleau and Paris, he jumps from it and makes his escape."

As a result of Professor Reiss' analysis it was found that two soldiers, Gravy and Michel, had followed Mme. Gulan to the train on the night of her murder. They had hidden in her compartment, and when the train had started they murdered her, as Professor Reiss had indicated. The rest of the reconstruction was proved at the trial of these two men. They both confessed, were convicted and sentenced to life imprisonment.

Certainly.

"What was that savage animal that attacked me?"

"That was a razorback."

"Well, he gave me a close shave."—Louisville Courier-Journal.

When the fight begins with himself a man's worth something—Brownrig

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