

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other Rheumatism the sufferer is apt to turn to the imment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain tempo-rarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Pheumatism is due to an excess of uris acid in the blood, brought about by Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead



of a weak, sour stream, constantly depositing acrid and corrosive matter in the muscles, nerves, joints and bones, the body is fed

my sermon in shorthand this morngetting tired of this business of turning church into school. It is a dese-

"there is a proud satisfaction in hav-



Sodium is an excellent conductor of lectricity, and in view of the increasing price of copper and the growing demand for that metal not only for electric installations, but for many other purposes, the idea has been broached that sodium should be tried as a material for electric cables. Experiments looking to this end have lately been made by A. G. Bett. He filled an iron tube 130 feet in length with melted sodium. The core thus formed had a cross-section of an inch and a half. A current of 500 ampheres was readly transmitted through it. Mr. Bett thinks that sodium conductors constructed upon this plan may be made cheaper than conductors of copper.

A satisfactory rubberless tire has been evolved. The scheme consists of filling a thin inner tire with a hot solution of glue, glycerine and chromic salts as the tire reposes in place on the rim of the wheel. This is allowed to harden for a few days when the tire material which will withstand the for this rubber substitute that it is very durable and will carry heavy loads without deterioration or loss of resiliency. It is much theaper than rubber The advantages will outweigh this ob-

superior grades-Herr Martin, a gov-

Indians and War Paint.

The Indians have a tradition that tells how the custom of painting their faces originated. A certain big chief while hunting deer was chased by a lion and fell exhausted, calling upon the Big Bear, which Indians believe was the grandfather of man, to save him. The Big Bear heard and went to the man's assistance, scratching his foot and sprinkling the blood over him. No animal will eat bear or taste his blood, and when the lion smelled it he turned away. But in doing so he scratched some of the blood off the Indian's face with his claw by accident When he found himself unhurt, the Indian was so thankful that he let the blood dry on his face. With the marks of the lion's claws this gave the effect of stripes, and ever afterward when going on hunting expeditions for man or beast the Indian painted his face in stripes as à charm against danger.

King Edward is quite six inches shorter than Queen Alexandra.

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chorus is sung by millions. "Before using Ayer's Hair Vigor I had very thin and very poor hair. But I continued to use the Vigor until my hair greatly improved in every way. I have used it off and on for the past ten years."- MRS. M. DRUMMOND, Newark, N.J. Made by J. C. Ayer Co., Lowell, Macs. Also manufacturers of ers SARSAPARILLA. PILLS. CHERRY PECTORAL. ENGRAVING Write Us

The Song of the Hair

There are four verses. Verse

1. Ayer's Hair Vigor makes

the hair grow. Verse 2. Ayer's

Hair Vigor stops falling hair.

Verse 3. Ayer's Hair Vigor

cures dandruff. Verse 4.

Ayer's Hair Vigor always re-

stores color to gray hair. The

