



"Father,
I'm Glad
You Smoke
Duke's Mixture"

Before we tell you about the boy and his air rifle, we want you to hear about Liggett & Myers Duke's Mixture—the tobacco that thousands of men find "just right" for a pipe—the tobacco that makes "rolling" popular.

Liggett & Myers
Duke's Mixture

This favorite tobacco is fine old Virginia and North Carolina bright leaf that has been thoroughly aged, stemmed—and then granulated. It has the true tobacco taste, for the very simple reason that it is pure tobacco.

Pay what you will—it is impossible to get a purer or more likeable smoke than Duke's Mixture. It is now a Liggett & Myers leader, and is unsurpassed in quality.

In every 5c sack there is one and a half ounces of splendid tobacco—and with each sack you get a book of cigarette papers FREE.

How the Boy Got His Air Rifle

In every sack of the Liggett & Myers Duke's Mixture we now pack a Free Present Coupon. These Coupons are good for all kinds of useful articles—something to please every member of the family. There are skates, sleds, balls and bats, cameras, umbrellas, watches, fountain pens, pipes, opera glasses, etc., etc.

As a special offer, we will send you our new illustrated catalogue of presents, FREE. Just send us your name and address on a postal. This offer expires December 31, 1913.

Coupons from Duke's Mixture may be asserted with tags from HORSE SHOE, J. T. TINSLEY'S NATURAL LEAF, GRANGER TWIST, coupons from FOUR ROSES (10c-15c double coupon), PICK PLUG CUT, PIEDMONT CIGARETTES, CLIX CIGARETTES, and other tags or coupons issued by us.

Premium Dept.

Liggett & Myers Tobacco Co.

St. Louis, Mo.



**O-W-R. & N. READY
FOR BIG BUSINESS**

1000 New Freight Cars For Handling Crops Now Being Delivered.

One thousand new freight cars ordered by the O-W. R. & N. Co., in anticipation of a heavy demand for cars to move the large crops this fall, are now being turned out by the car builders and are arriving at the various reserve stations of the Company in Oregon and Washington at the rate of 50 cars a day. The delivery began on August 1 and the entire 1000 cars will probably be ready for use before the harvest.

"With this order of 1000 new cars," says Mr. F. W. Robinson, Assistant Traffic Manager, "and an additional 2000 just delivered to the Union Pacific, we are confident that we will have plenty of rolling stock for all emergencies this year."

"The greatest need for cars in crop moving time is about the middle of October. As delivery of all new rolling stock will be made by September 1, we expect to be ready for any contingency."

"The new boxcars are all 40 feet long and of 100,000 pounds capacity. This is the standard size adopted by the Company."

"The Pacific Fruit Express has also ordered 2000 additional refrigerator cars, which will bring its total number to 13,000. This will greatly facilitate the moving of the fruit crop."

At present the O-W. R. & N. Co. is arranging for the parking of freight cars at points where they will be quickly available after the harvest.

A most favorable omen in connection with the important problem of car supply is the better understanding that now prevails among shippers in general in the matter of capacity loading and reduction to minimum of lost time in loading and unloading.

To bring this about a most persistent and far reaching propaganda has been conducted throughout the year, not only by railroad traffic departments in the way of direct instructions to agents, but by traffic bureaus in all large commercial centers, and by the Bureau of Railway Economics at the National capital, till it is fairly safe to say that every shipper and agent in the land is alive to its importance. It is believed that the indifference and thoughtlessness of past seasons will be supplanted this year and in future by hearty cooperation, and that car shortage, except on extraordinary occasions, will be largely obviated.

**200 AUTOS TO VISIT
ROUND UP IN BUNCH**

Two hundred automobiles will come from Portland over the old Barlow Toll Gate trail for the Round Up at Pendleton, Sept. 11, 12 and 13, according to Frank Robertson, chairman of the Portland Automobile Touring club. This old trail has now been made into one of the most beautiful scenic highways in the world and to celebrate its opening this run will be made to the Round Up. The first day's run will be made from Portland to Shaniko and the second day from Shaniko to Pendleton. A special repair car will travel with the party and take care of all cars. The automobilists of Portland are quite enthusiastic over the run as it opens up one of the finest roadways in the world and the government has spent considerable money putting it in condition and building four new steel bridges. Special arrangements are being made by the Round Up management to take proper care of the people and the cars when they arrive.

Nothing is gained but much is lost by giving way to melancholy, and there is no need of giving way. Keep in the sunshine, live in bright rooms into which the sun enters some part of every day and not in rooms in which every ray of light and every particle of fresh air is carefully excluded. Such a room is enough to give anyone the perpetual blues. Speak cheerfully to others and say pleasant things to them, look on the bright side. Do these things and the apparently most hopeless case can be cured. It may mean effort, but that in itself is a good thing, because it is discipline.

**HOT WEATHER ADVICE
SINGS NEW TUNES**

Many medical dogmas of old are dying. Advice for hot weather is one of those dogmas that is undergoing revision or reversal from what it used to be.

A generation ago the use of ice water was decreed. Europeans were sure that drinking it was eminently deleterious. Now the so-called health experts assure the new generation that the craving in hot weather for cold drinks not only is natural, but is wholesome, and that Europeans to some extent imitate our consumption of ice and purr with satisfaction over it.

The use of ice cream at the end of a meal has come to be considered by doctors and health departments as a help to digestion. The chilly delicacy sets up a reaction from its coolness that brings more blood to the stomach and nerves its mucous membrane and glands. The result in normally healthful people is the stimulation of the digestive activities.

Drinking affords another instance of revision of physiological orthodoxy. The teaching was that fluids with food diluted the gastric juices and delayed digestion. Ten years' experiments, however, are now supposed to have shown that the gastric juice is not diluted and that drinking at meals does not interfere with digestion. It is maintained that those who take their food dry, except for the salivary and gastric juices, assimilate more easily and acquire more nutrition from their viands. The sole condition as to drinking at meals is to sip slowly instead of deluging the stomach.

The stunning change, however, from the former version of the physiological scriptures is in regard to plunging into cold water when overheated. The children of 1880 were commanded: "Thou shalt not! It'll cost you your life." Today they are informed that observations of bathers going from a Turkish bath into an icy plunge, of putting patients with temperatures of 105 degrees into an iced bath and of cooling sunstroke victims as quickly as possible with ice justify disregard of the old notion.

Verily, these be strange days when doctors go to school to human instincts and find that science justifies instinctive cravings.

**SHARP RISE IN PRICE
OF BEEF IS EXPECTED**

Sharp increase in the prices of fresh beef are expected to follow the drought that is scorching the cattle growing states of Kansas, Iowa, Nebraska and Oklahoma and officials of the Department of Agriculture are not concealing their anxiety over the outlook. Their apprehension is increased by unfavorable reports said to have been received from agents now in South America concerning the condition of the cattle there.

In anticipation of the increased meat imports that would follow the passage of the new tariff measure, Dr. A. B. Melvin was sent by the department to South America to observe the manner in which cattle are slaughtered and meat packed in those countries. He is said to have reported that a serious hoof and mouth epidemic is raging in Argentine, the principal meat growing country of South America and this necessarily would bar the entrance of such meat to the United States.

Australia in the event of serious shortage, is expected to furnish much of the meat consumed by Americans in the immediate future. This supply may be limited, however, because of Great Britain's demands if Argentina fails her market.

Preliminary survey for right of way for the Enterprise Northern railway has been commenced. This road is to run from Enterprise to the north part of Walla Walla county and eventually to Walla Walla, a project people of that city have had in view for a long time. This road would give Walla Walla county a shorter and better outlet and a better market for her products from field and range and would afford Walla Walla a market for fruit and early vegetables. The line would tap an extensive body of yellow pine timber and a large sawmill would likely be located at Enterprise.

**IRRIGON
Peaches for Canning**

We expect to handle, this season
600 Boxes Irrigon Peaches

You all remember those large, luscious Elberta Peaches that come from this famous peach district. Well this is the kind we want to sell you. They are larger and better than usual.

Delivery About Aug. 20

Leave your orders now and be sure you get them when they first come in.

Price on Future Orders

75c BOX

Don't forget where they are sold.

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WHITE STAR FLOUR

Heppner's Best

**NOTHING BETTER
MADE OR SOLD**

Latest improved machinery, the best wheat the world produces and skilled labor give us a product that is unsurpassed.

**Our second grade
DIAMOND M**

Is superior to the best imported brands and much cheaper.

We Guarantee Every Sack.

HEPPNER MILLING CO.

City Meat Market

KINSMAN & HALL, Proprietors

**Beef, Pork, Mutton, Veal,
SUGAR CURED HAMS**

Try Some of our Sausage.

You will find everything necessary to quench that thirst at

THE PALM

Thoroughly prepared to furnish all kinds of Cold Drinks, Ices and Ice Cream.

The installing of the new Optimus Fountain places us in a position to offer up-to-date service,

Your patronage earnestly solicited



Weigh the Car—not its price. Both are light. But the Ford is the one car whose low price does not indicate its high worth—the reason why you must "get busy" today—if you want a Ford this season.

"Everybody is driving a Ford"—more than 200,000 in service. New prices—runabout \$525—touring car \$600—town car \$800—with all equipment, f. o. b. Detroit. Get particulars from

ALBERT BOWKER,
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**Elmer Beaman
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**Fir, Oak, Pine and Slabwood,
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PROMPT DELIVERY SERVICE.

From now on my business is to be strictly cash; leave money with your orders. Orders left either at yard or with Slocum Drug Co. will receive prompt attention.