

**Mrs. Emma Stolt, of
Appleton, Wisconsin**

"A Neighbor Advised Me to Use Peruna.
I began to Improve at Once."



MRS. EMMA STOLT

Mrs. Emma Stolt, 1069 Oneida St.,
Appleton, Wis., writes:

"Peruna has done me a great deal of
good since I began taking it and I am
always glad to speak a good word for it."

"Three years ago I was in a wretched
condition with backaches, bearing down
pains, and at times was so sore and lame
that I could not move about. I had
inflammation and irritation, and al-
though I used different remedies, they
did me no good."

"A neighbor who had been using Pe-
runa advised me to try it, and I am
glad that I did. I began to improve as
soon as I took it and I felt much better."

"I thank you for your fine remedy.
It is certainly a godsend to sick women."

Catarh of the Internal Organs

Miss Theresa Bertles, White Church,
Mo., writes:

"I suffered with catarh of the stom-
ach, bowels and internal organs. Ever-
ything I ate seemed to hurt me. I
never had a passage of the bowels with-
out taking medicine. I was so tired
mornings, and ached all over. I had a
pain in my left side, and the least ex-
ertion or excitement made me short of
breath."

"Now, after taking Peruna for six
months, I am as well as I ever was.
Peruna has worked wonders for me. I
believe Peruna is the best medicine in
the world, and I recommend it to my
friends."

At Culross Abbey in Fife, Scotland, a
tombstone has been found which is be-
lieved to date from the fourth century of
the Christian era.

Sometimes It Does.

Teacher—Tommy, do you know what
an epic is?

Tommy Tucker—Yes'm. It's something
you take that makes you sick to your
stomach.

No Chance.

"Does your husband indulge in games
of chance?"

"No, indeed."

"But I thought he played the races?"

"So he does."

"But that's a game of chance."

"Not with him."—Houston Post.

Then They Clinched.

Floorwalker—I'd be ashamed to let
my trousers bag as yours do. You ought
to have them creased once in a while.

Bookkeeper—If my shins were as sharp
as yours I wouldn't have any more trou-
ble in keeping my trousers creased than
you do.—Chicago Tribune.

Going Too Far.

"Look here," exclaimed the leading
man, as he entered the green room;
"when I kissed you in the third act
some of the coloring came off your
cheeks and got on my face."

"You villain!" snapped the trape-
ze leading lady.

"Oh, that's all right, madam. I don't
mind being a villain, but I don't want
to be a deep-dyed villain."

Determined Optimism.

"Grandfather, how have you managed
to retain your hopefulness and your
faith in human nature?"

"My dear, I avoid modern fiction, never
go to see a society drama, and read
nothing in the newspapers that has a dis-
play head over it."

The Practical Result.

"The Spenditis are certainly a very
extravagant couple. What is their in-
come?"

"They haven't any. It's all outgo."—
Baltimore American.

With Apologies.

"Where are you going, my pretty maid?"

"I'm going skating, kind sir," she said.

"May I skate with you, my pretty maid?"

"You're too high a roller, kind sir," she
said.

NEWS OF RECENT BOOKS



Dion Clayton, Calthrop's "English
Costume," a description and history of
costume in various periods in England
since the Norman conquest, has been
published by the Macmillan Company.
Its value is greatly increased by the
addition of over 100 colored illustra-
tions.

A new use for the automobile is de-
scribed in Country Life in America by
C. H. Claudy. The author and some
friends took a car straight across the
country, up hill and down dale,
through woods and across streams, on
a wager. The account will prove of
interest to any automobile enthusiast.

"Dante and His Italy," by Rev. Canon
Lonsdale Ragg, has been published
by G. P. Putnam's Sons. The book is
not merely a biography of the "divino
poet," it is rather an attempt to de-
pict afresh the life of Dante's time and
to look at the mediaeval world, and
especially the Italian world of the Tre-
cento, through Dante's eyes. Accord-
ingly, Dante's own writings and those
of his contemporaries have been made
the basis of the work.

An interesting passage in "The Life
and Letters of Edwin Lawrence God-
kin" is the extract from a letter of
Mr. Godkin's, in which he describes
his first meeting with Gladstone: "In
the evening I went to Bryce's to din-
ner. I expected to see the G. O. M.,
but I had not seen Bryce for a fort-
night and did not know whether he
had succeeded in getting him. I found,
on going in, Sir Alfred Lyall, whom I
knew; Sir George Trevelyan, whom I
did not know, but was glad to meet;
Wemyss Reid, the biographer of Fos-
ter, whom I had been trying to meet
ever since I came, and Lord Aberdeen,
Mahon's friend. But the G. O. M.
was not there, and I was afraid to ask
whether he was coming. Suddenly Mr.
and Mrs. Gladstone were announced,
and there sure enough he was, and my
eyes fastened on him as they have
never fastened on any man since I was
20. The first words he said to Bryce
on shaking hands were, 'Is Mr. God-
kin here?' and then he began to apolo-
gize to me for not having sooner taken
any notice of my card, pleading pres-
sure and loss of voice since he came
back from his stumping tour in the
West. I sat by him at dinner and had
a most delightful talk with him. He
is younger in appearance than I ex-
pected, as young as I and in play of
mind, with a charming little vein of
humor and endless interest in all sorts
of things. He left immediately after
dinner to go to the house."

OUR GROWING COUNTRY.

**Though the Population Expands
There is Still Room for More.**

The cities of the United States are
the most expansive in the world, and
naturally take much interest in re-
counting up their population from time
to time. Every tenth year they find
that city directory estimates are apt
to be too liberal, but actual counts sel-
dom fail to show a large and substan-
tial increase. At this time there is a
general protest against the calculations
of the government census bureau, and
they are in truth far too mechanical.
Averaging the growth of American
cities between 1890 and 1900, and add-
ing the annual increase to the years
since the last census was taken, is not
an accurate rule, though it restrains
an undue optimism. The last seven
years has been a period of great busi-
ness prosperity. Over a million immi-
grants a year are coming in. Urban
population is gaining on other forms.
Some cities have been quickened in
growth and others are slowing up. The
census bureau merely applies the mea-
surements of the last decade, which, in
general, will fall short. But the next
national census is not far distant and
the official figures will show the bureau
that its plan of computation is crude.

According to the department's reckon-
ing the population of the United States
in 1900, without Alaska and the
insular possessions, was 83,941,510,
and including these 83,182,240. This is
an addition of 8,000,000 to the continental
population of the country in the six
years ending with 1900. Cities have
gained 15.9 per cent and the rural sec-
tion 8.8 per cent. The four greatest
cities are New York, credited with
4,113,043, Chicago with 2,049,185, Phil-
adelphia with 1,441,735, and St. Louis
with 640,320, leading Boston, next in
rank, by 47,042. An increase of a mil-
lion and a third a year is the estimate
for the whole country. A bluebook re-
cently published in London places the
annual increase of population in the
world at 6,300,000, a fourth of which is
in the United States. At the present
rate of immigration more than 10,000,
000 aliens will come to this country in
the next ten years, but the tide will
recede if the unexampled business ac-
tivity of the present time should fall
off.

Extravagant Economy.

Paul Morton, in a recent address on
insurance, said of a certain proposed
economy:

"That would not be an economy, but
an extravagance, in the long run. It
reminds me of the boy and the jam."

"My son," said this boy's mother,
"isn't it rather an extravagance to eat
butter with that superb jam?"

"No, ma'am, it's an economy," the
boy answered. "The same piece of
bread does for both."

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On savings deposits of a dollar
or more, compounded twice
every year. It is just as easy
to open a Savings Account with
us by Mail as if you lived next
door. Send for our free book-
let, "Banking by Mail," and
learn full particulars. Address

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Savings Bank**

Portland, Oregon
Sixth and Washington Sts.

College Days.

There was once a Yale sophomore
who, as many college men do, found
himself in financial straits and pawned
all his good clothes. A little before
Thanksgiving he got a big check from
home.

When he got home for the holidays
the first thing his mother took out of
the trunk was an overcoat and on it
was pinned the pawnbroker's ticket he
had forgotten to remove.

Hastily grabbing the ticket, he said:
"Hello! They must have forgotten
to take this off at the Smith dance
when I left it in the cloakroom."

A moment later his mother took out
his evening trousers. They also had
a ticket on them.

"Why, Reginald," she said, "surely
you didn't leave these in the cloak
room, too, did you?"—Lippincott's.

FITS St. Vitus' Dance and all Nervous Diseases

permanently cured by Dr. Kline's Great
Nerve Restorer. Send for FREE 24 trial bottle and
treatise. Dr. H. H. Kline, 141, 143, 145, Arch St., Phila., Pa.

The London Graphic suggests that the
British educational authorities set up
phonographs, with a "standard accent" in
all the schools of the empire.

Mothers will find Mrs. Winslow's Soothing
Syrup the best remedy to use for their children
during the teething period.

"King Edward the Shrewd" or "the
Wise" is, according to a Paris corre-
spondent, the title a near posterity will
give to England's ruler.

No Answer Required.

Tommy—Paw!

Mr. Tucker—What's the trouble now,
my son?

Tommy—Why is it that the magazines
don't make their readin' matter as interest-
ing as they do their ad'vtising pages?

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As Cheap as Can Be Bought in the East
Delivery Much Quicker Write Us Today

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A Girls' School of the highest class. College
department, Music, Art, Elocution, Gym-
nasium. Fall term opens September 16.

SEND FOR CATALOGUE

No Secret.

"Do tell me, Mrs. Mannidge, how you
succeed in keeping your hired help so
long."

"By letting them merely help. I really
do the work, you know."

SKIN DISEASES

HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth
and free from blemishes, but when some acid humor takes root in the cir-
culation its presence is manifested by a skin eruption or disease. These
humors get into the blood, generally because of an inactive or sluggish
condition of the members of the body whose duty it is to collect and carry
off the waste and refuse matter of the system. This unhealthy matter is left
to sour and ferment and soon the circulation becomes charged with the acid
poison. The blood begins to throw off the humors and acids through the
pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis,
Salt Rheum and skin eruptions of various kinds. Eczema appears, usually
with a slight redness of the skin followed by pustules from which there
flows a sticky fluid that dries and forms a crust, and the itching is intense.
It is generally on the back, breast, face, arms and legs, though other parts
of the body may be affected. In Tetter the skin dries, cracks and bleeds;
the acid in the blood dries up the natural oils of the skin, which are intended
to keep it soft and pliant, causing a dry, feverish condition and giving it a
hard, leathery appearance. Acne makes its appearance on the face in the
form of pimples and black heads, while
Psoriasis comes in scaly patches on differ-
ent parts of the body. One of the worst
forms of skin trouble is Salt Rheum;
its favorite point of attack is the scalp,
and it is also disagreeable types of skin
disease. The humor producing the trouble
lies dormant in the blood through the
Winter to break out and torment the
sufferer with the return of Spring. The best
treatment for all skin diseases is S. S. S.
It neutralizes the acids and removes the
humors so that the skin instead of being
irritated and diseased, is nourished by
a supply of fresh, healthy blood. External
applications of salves, washes, lotions, etc.,
while they soothe the itching caused by
skin affections, can never cure the trouble

because they do not reach the blood. S. S. S. goes down into the circulation
and forces out every particle of foreign matter and restores the blood to its
normal, pure condition, thereby permanently curing every form of skin
affection. Book on Skin Diseases and any medical advice desired sent free
to all who write. S. S. S. is for sale at all first class drug stores.

S. S. S.

PURELY VEGETABLE

because they do not reach the blood. S. S. S. goes down into the circulation
and forces out every particle of foreign matter and restores the blood to its
normal, pure condition, thereby permanently curing every form of skin
affection. Book on Skin Diseases and any medical advice desired sent free
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FORTY YEARS AGO almost every mother thought her child must have
PAREGORIC or laudanum to make it sleep. These drugs will produce
sleep, and **A FEW DROPS TOO MANY** will produce the **SLEEP FROM WHICH
THERE IS NO WAKING.** Many are the children who have been killed or
whose health has been ruined for life by paregoric, laudanum and morphine, each
of which is a narcotic product of opium. Druggists are prohibited from selling
either of the narcotics named to children at all, or to anybody without labelling
them "poison." The definition of "narcotic" is: "A medicine which relieves pain
and produces sleep, but which in poisonous doses produces stupor, coma, convul-
sions and death." The taste and smell of medicines containing opium are disguised,
and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You
should not permit any medicine to be given to your children without you or
your physician know of what it is composed. **CASTORIA DOES NOT CON-
TAIN NARCOTICS,** if it bears the signature of Chas. H. Fletcher.

**Do Drops
CASTORIA**

Vegetable Preparation for As-
similating the Food and Regula-
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INFANTS & CHILDREN

Promotes Digestion, Cheerful-
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NOT NARCOTIC.

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Pumpkin Seed
Licorice
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Worm Seed
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Watermelon Peppermint

Perfect Remedy for Constipa-
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Worms, Convulsions, Feverish-
ness and LOSS OF SLEEP.

See Similar Signature of
Chas. H. Fletcher
NEW YORK.

At 6 months old
35 Doses - 35 CENTS

EXACT COPY OF WRAPPER.

**Letters from Prominent Physicians
addressed to Chas. H. Fletcher.**

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and
advise its use in all families where there are children."

Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently
prescribed your Castoria and have found it a reliable and pleasant re-
medy for children."

Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and
beneficial for children as your Castoria is, deserves the highest praise. I
had it in use everywhere."

Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed
your Castoria for children and always got good results. In fact I use
Castoria for my own children."

Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Cas-
toria. I have frequently prescribed it in my medical practice, and have
always found it to do all that is claimed for it."

Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a prac-
titioner with your Castoria has been highly satisfactory, and I consider it
an excellent remedy for the young."

Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Cas-
toria as a purgative in the cases of children for years past with the most
happy effect, and fully endorse it as a safe remedy."

Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splen-
did remedy for children, known the world over. I use it in my practice
and have no hesitancy in recommending it for the complaints of infants
and children."

Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an
excellent preparation for children, being composed of reliable medicines
and pleasant to the taste. A good remedy for all disturbances of the
digestive organs."

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Feed your hair; nourish it;
give it something to live on.
Then it will stop falling, and
will grow long and heavy.
Ayer's Hair Vigor is the only
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It will not disappoint you.

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using Ayer's Hair Vigor a short time it began
to grow and now it is fourteen inches long.
This seems a splendid result to me after being
almost without any hair."—Mrs. J. H. Frazar,
Colorado Springs, Colo.

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Irrepressible.

"He would joke at the grave's
brink."

"What causes you to believe that?"

"Why, he is a boarder and he jokes
about prunes."—Houston Post.

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Its location (within walking dis-
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may contain just the proposition you are look-
ing for.

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The only tracts on the market where you can
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Abundance of water. Price \$150.00 per acre—
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Instantly kills lice on Poultry by its
fumes. It is very powerful—the strong-
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not lay or thrive. Sold by dealers. Made
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The Estey Organ is the standard.
Everybody knows the Estey to be first-
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different makes of Pianos—Steinway,
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