Go to Work.

Go to work on Lumbago as if you intended to cure it, and with the use of The Building Shown Here Was Erected St. Jacobs Oil it can be cured very promptly and surely. Rub hard for penetration.

In Japan fashion compels married women to blacken their teeth, not as an ornament, but to make them ugly and save them from temptation.

" Out of Sight Out of Mind."

In other months we forget the harsh winds of Spring. But they have their use, as some say, to blow out the bad air accumulated after Winter storms and Spring thaws. There is far more important accumulation of badness in the weins and arterles of humanity, which needs Hood's Sarsaparilla.

This great Spring Medicine clarines the blood as nothing else can. It cures scrotus, kidney disease, liver troubles, rheumalism and kindred attments. Thus it gives perfect health, strength and appetite for months to come.

Kidneys "My kidneys troubled me, and on advice took Hood's Sarsaparilla which gave prompt relief, better appetite.
My sleep is refreshing. It cured my wife
also "-Michael Boyle, 5473 Denny street, Pittsburg, Pa.

Dyspepsia—"Complicated with liver and kidney trouble, I suffered for years with dyspepsia, with severe pains. Hood's farmparilla made me strong and hearty."

—J. B. EMERTON, Main street, Auburn, Me.

Mip Disease "Five running sores on my lip caused me to use crutches. Was confined to bed every winter. Hood's Sar-saparilla saved my life, as it cured me perfeetly. Am strong and well."—Annie Hobert, 49 Fourth street, Fall River, Mass.

Hood's Sarsaparilla

Ho d's Pills oure liver life, the non-irritating and only cathartic to take with Hood's Sarasparilla.

If there is one time in a man's life when he is devoutly thankful it is when he feels the old boarding house nat rub up against his troners on the day when rabbit stew is announced .-Yonkers Statesman.

No household is complete without a bot-tle of the famous Jesse Moore Whiskey. It is a pure and wholesome stimulant rec-namended by all physicians. Don't ne-less this processity. pleas this necessity.

"As soon as a woman gets fat," says the Savage Bachelor, "her next move is to get a photograph taken that looks like the front of a butcher shop."- Indiamapolis Journal.

FITS Permanently Cured. No fits or nervousnes after first day's use of Dr. Kiline's Great Kerve Restorer, Send for Fits E \$4.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 900 Arch street, Philadelphia, Pa.

It seems queer that a playwright should frequently get a play wrong .-Chicago Daily News

"I hope your hired girl knows her lace." "Yes, and runs it."-Phila-Jelphia Bulletin.

THE ILLS OF WOMEN

And How Mrs. Pinkham Helps Overcome Them.

Mrs. MARY BOLLINGER, 1101 Marianna Bt., Chicago, Ill., to Mrs. Pinkham: "I have been troubled for the past

two years with falling of the womb, leucorrhœa, pains over my body, sick headaches, backache, nervousness and weakness. I tried doctors and various remedies without relief. After taking two bottles of your Vegetable Commound, the relief I obtained was truly wonderful. I have now taken several more bottles of your famous medicine, and can say that I am entirely cured." Mrs. HENRY DORR. No. 806 Findley St.,

Cincinnati, Ohio, to Mrs. Pinkham: For a long time I suffered with chronic inflammation of the womb, pain in abdomen and bearing-down feeling. Was very nervous at times, and weak I was hardly able to do anything. Was subject to headaches, also broubled with leucorrhoa. After doctoring for many months with different physicians, and getting no relief, I had given up all hope of being well Lydia E. Pinkham's Vegetable Compound was doing I decided immedistely to give it a trial. The result was imply past belief. After taking four ottles of Vegetable Compound and using three packages of Sanative Wash can say I feel like a new woman. I sem it my duty to announce the fact o my fellow sufferers that Lydia E. Pinkham's Vegetable remedies have intirely cured me of all my pains and uffering I have her alone to thank or my recovery, for which I am grate May heaven bless her for the

PISO & CURE FOR Bait Cough Syrup. Tastes Good. Use In time. Bold by druggists. CONSUMPTION

good work she is doing for our sex."

DESIGN FOR A STABLE

us a Model of Its Kind.

well-planned and carefully constructed stable as an adjunct to a handsome residence is often the exception Instead of the rule. In situations where the stable and house are seen at the same time the former should match the latter and be in every way in the same general style. It ought to be a picturesque, pleasing design, adding to the charm of the landscape. When a nice house is erected and it is necessary to have a private stable in close proximity, it is often difficult to know just



A NEAT STABLE.

how to plan to meet all requirements and still have a combination of style and effect that will be in keeping with the residence. Another very important thing in a study of this kind, which Is often lost sight of, is the great desirability of the building being rat and vermin proof as near as possible. First, the site should be a level one and the foundation so built that only a few inches will be out of the ground. Then fill the inside ground level with the wall with good, solid dirt, free from loam or vegetable matter.

Study the needs of your stable just as you would those of your kitchen. Be sure to embody in it everything that can be of use to you. Let it be a laborsaving building in economy of materlals used as well as in the other requirements involved. The more thought you expend in this direction the more of a success you will have. Be sure to plan so that you will have a dry base and plenty of air under the floor. Good ventilation is the life of all good work, and without it decay will quickly ensue. Good drainage is also necessary. Carefully graded and constructed stall floors, with drain connections which can be washed out readily, are important from a sanitary point of view especially. In fact, the occupants of a house or stable have most to gain from first-class drainage and ventila-

This building was erected as a model of its kind, and has proved to be so. It is in every way desirable for its uses and is a good example of what a properly equipped stable should be. There is one large box stall with hard dirt floor. The carriage room is floored with tongued and grooved plank two inches thick; second story with ordinary flooring. The foundation is of stone. The structure above the foundation is strongly framed; the first story finished with drop siding; second story and roof, shingled. The roof is left unpainted; all other wood work is painted two coats. The width of the building is twenty-two feet, and the depth eighteen feet. The height of the first story is eight feet, and the second story up to the rafters. The cost of a structure of this kind would naturally vary with the market as influenced by local conditions, but it could probably be built in most places for about \$300. -E. A. Payne.

Why Sheep Are Wooly.

If you want to ask a sheep where he got his wool and why, take a dog into a mountain pasture band and if the sheep are afraid of the dog they will invariably run uphili rather than down. You have your answer. The ancestors of the domestic sheep, like wild sheep of the present day, lived among high mountains and needed their woolly covering to protect them against the constant cold of high atmospheres. They chose the high and inhospitable region to live in because they fond the fierce flesh-eating animals of the plains too strong for them. A proof of these facts is that the wool grows on a sheep the year round.

Shop-Worn Socks.

The National Advertiser tells a story of an old bachelor who bought a pair of socks and found attached to one of them a slip of paper with these words: I am a young lady of 20 and would like to correspond with a bachelor, with a view to matrimony." Name and address were given. The bachelor wrote and in a few days got this letter: "Mamma was married twenty years ago. The merchant you bought those socks from evidently did not advertise or he would have sold them long ago. Mamma handed me your letter and said possibly I might suit you. I am 18 years old."

Bull Fighters on Bicycles. Bull fights on bicycles are now a common sight in Madrid.

Age shows its approach in many ways on a woman. One is the appearance of a little shawl she begins to wear pinned tightly around her sheul-



An Excellent Combination.

The pleasant method and beneficial effects of the well known remedy, SYRUP OF FIGS, manufactured by the CALIFORNIA FIG SYRUP Co., illustrate the value of obtaining the liquid laxative principles of plants known to be medicinally laxative and presenting them in the form most refreshing to the taste and acceptable to the system. It is the one perfect strengthening laxative, cleansing the system effectually, dispelling colds, headaches and fevers gently yet promptly and enabling one to overcome habitual constipation permanently. Its perfect freedom from every objectionable quality and substance, and its acting on the kidneys, liver and bowels, without weakening or irritating them, make it the ideal laxative.

In the process of manufacturing figs are used, as they are pleasant to the taste, but the medicinal qualities of the remedy are obtained from senna and other aromatic plants, by a method known to the CALIFORNIA FIG SYRUP only. In order to get its beneficial effects and to avoid imitations, please remember the full name of the Company printed on the front of every package. CALIFORNIA FIG SYRUP CO.

SAN FRANCISCO, CAL.
LOUISVILLE, RY. NEW YORK, N. Y.
For sale by all Druggists.—Price 50c, per bottle.

His Poculiar View.

''Doesn't it sometimes make you gloomy to hear the wind howling about on a wild night?"

"No," answered the man with a careworn look. "I rather like to hear it. The wind doesn't come up and ring your doorbell and ask how about that bill, or tell you you'll get arrested if you don't tag your dog. It doesn't sing 'I won't go home till morning' away off the key and disgrace the neighborhood. It howls because it entoys it. But it never says anything to hurt anybody's feelings. I sometimes honestly wish that there was more wind in this life and less people."-Washington Star.

CATARRH CANNOT BE CURED

With local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best lonies known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Propra., Toledo, O. Sold by druggists, price 75c.
Halls Family Pills are the best.

Sold by druggists, price 75c. Halls Family Pills are the best.

The phrenologist always has his business on the brain.-Chicago Daily

JOHN POOLE, PORTLAND, OREGON. can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I X L windmill, sold by him, is unequalled.

The Digger Indians must have to scratch for a living .- L. A. W. Bulle-

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FOR MEN ONLY.

DR. FOOTE & STAFF

161 ADAMS ST., CHICAGO.

Men requiring unsurpassed treatment should consult personally or by letter "Free" with the passes and only exclusive men's specialist in the United States. Diseases of men made the study of a life-time. Unfortunates everywhere should immediately communicate with Dr. Foote, of Chicago. Everything confidential. Remedies sent everywhere in scaled patchages and letters in plain envelopes. Corresponience solicited. Latest Surgical, Medical and Electrical methods adopted. Deluging the stomach with drugs abandoned. Avoid drugs recommended by the unauthorized and self-styled specialists in Western towns. Few genuine specialists locate outside of New York or Chicago. In these cities your private affairs are safe. Unequaled treatment for all diseases and weaknesses of the Genito-Urinary, Sexual, Reproductive and Nervous Bystems. Impediments to marriage removed. "Syphala" positively purifies the blood, cures syphilis and removes all white ulcers in throat or mooth, copper colored spots on body and eruptions on skin, also catarrh and rheumailsm. "Vigorala," the only permanent restorer and invigorator, gives vigor to vital organs and nerves, prevents and cures grip. If per bottle, 6 for 15. Trial bottles, either remedy, half price.

"Beloved," he cried, throwing himself at his wife's feet, "we have lost all save honor!" The woman pressed her hand to her streaming eyes and wept as if her heart were breaking. "How awkward?" she sobbed. "Just the thing we don't need if we've got to dead-beat!" Verily, it seemed that a relentless fate pursued them .- Detroit Journal.

A Yankee Pig.

First Spanish citizen-Carramba! These Yankee pigs are insufferable. Second Spanish citizen-Of course. But what is your complaint?

"I offered to let one kick me for a peso, and he kicked me and refused to pay." -- Omaha World-Herald.

When coming to San Francisco go to Brooklyn Hotel, 208-212 Bush street. American or European plan. Room and board \$1.00 to \$1.50 per day; rooms 50 cents to \$1.00 per day; single meals 25 cents. Free coach. Chas. Montgomery.

The president of a gas company naturally has a light income. - Chicago Daily News.

To Mend Shell Camba.

As tortoise shell combs are always prone to break easily, many may find this hint a useful one. First slope the margins of the broken pieces for the distances of about a quarter of an inch from the edge; then overlap these margins and when thus arranged clamp them together with a strong letter clip, and immerse the comb in boiling water for some time. As the horn softens it unites. After it is thoroughly dry, the place where the break had been will be almost invisible. - Boston Globe.

Kleptomania.

Molly-Jack stole something from under my very nose while we were down at the shore looking at those fishing boats.

Dolly-What was it, a little smack? -Somerville Journal.

Precious manhood-Chronic, special and Precious manhood—Chronic, special and private diseases scientifically treated and CURED by Dr. E. M. Ratcliffe, the cham-pion specialist of the Pacific coast. Urin-ary and Kidney Troubles. Lost Manhood, Variancele, Rupture, treated according to latest and best methods known to medical Dr. E. M. Ratcliffe, 265 Morrison St., Portland, Or.

Experiments to produce dead men's features from their skulls are being made in Germany.

TRY ALLEN'S FOOT-EASE.

A powder to be shaken into the shoes, At this season your feet feel swollen, ner-yous and uncomfortable. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It rests and comforts; makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and is a cerfeet, blisters and corns and bunions of all pain and is corns and bunions of all pain and is tain cure for Chilbiains, Sweating, damp for frosted feet. We have over thirty though testimonials. Try it teday. Sold by testimonials. Try it teday. sand testimonials. Try it today. Sold by all druggists and shoottored for 25c. Trial padiage FREE. Address, Allen S. Olmsted, Lo Roy, N. Y.

The Mexican dog has no hair. The hot climate makes such a covering su-

They Work While You Sleep. While your mind and body rest, Cascareta Candy Cathartic repair your digestion, your liver, your bowels, put them in perfect order. All druggists, 10c, 25c, 50c.

Professor Koch, of Berlin, Germany, has discovered that butter, even the best, contains bacilli of tuberculosis.

I know that my life was saved by Piso's Cure for Consumption.—John A. Au Sable, Michigan, April 21, 1895.

It is said that the mortality from cancer in England is four and a half times as great as it was 50 years ago.



The Pleasantest, Most Powerful and Effective Neverfalling Remedy for La Grippe, Catarrh,

Rheumatism. THACK MARK Will cure any ache or pain known in the human body. Send for trial bottle, 25c. This offer lasts 30 days only. Large bottle (300 doses of 5 DROPS cach) \$1.00 or 3 for \$2.50.

SWANSON RHEUMATIC CURE CO. 167 and 169 Doarborn St., Chicag Glasgow, Scotland, numbers among its population a man who is making a

manuscript copy of the Bible. He ex-

pects to finish it in two years. Don't Have to Wait.

We don't have to wait, for cold, sore ness and stiffness will come on from excessive exercise, but it will go immediately after using St. Jacobs Oil to soften and strengthen the strained

The lighthouse at Corunna, Spain, is believed to be the oldest one now in use. It was erected during the reign of Trajan, and rebuilt in 1634.

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Ceylon Japan English Breakfast

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ging and Hoisting Engines; Hoe Chisel Tooth Saws, Albany Grease, etc.

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For Gonorrhora and Gleet get Pabat's Okay Specific. It is the ONLY medicine which will cure each and every case. NO CASE known it has ever failed to cure, no matter how serious or of how long standing. Results from its use will astonish you. It is absolutely safe, prevents stricture, and can be taken without inconvenience stricture, and can be taken without inconvenience stricture, and can be taken without inconvenience and detention from bioisness. PRICE, 35-08. For sale by all reliable druggrish, or sent prepaid by express, plainly wrapped, on receint of price, by PABST CHEMICAL CO., Chicago, III. Circular mailed on request.

RUPTURE CURED. We guarantee to fit every case we undertake. Don't put it of: write for particulars at once. c. H. WOODARD & CO., Export Truss Fitters, 108 Second Street, Portland, Or.

Railroad Across the English Channel. Railroad Across the English Channet.

The English Parliament is considering the plan of connecting that country with France by railway. Engineers say a roadbed can be laid on the bottom of the English channel, and by mounting trestlework on wheels, so that it projects above the water, the railway can be operated. This seems beyond belief, but it is perhaps no more remarkable than some of the cures accomplished by Hostetter's stomach R tiers in bad cases of dyspepsia, indigestion and constipation. This is an age of wonderful achievementa.

In Paraguay, a gentleman is enjoined by the laws of good society to kiss every lady to whom he is introduced.

To Cure a Cold in One Day Take Laxative Bromo Quinine Tableta. All druggists refund money if it fails to

Tommy-"Paw, what is a joint snake?" Mr. Figg-"The kind a man gets from frequenting joints, I reckon." -Indianapolis Journal.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A subterranean city exists in Galicia, Austrian Poland, which contains a population of over 1,000 men, women and children, many of whom have never seen the light of day.

Every One Knows.

Why trifle with a sprain when every one knows that St. Jacobs Oil used in the worst case will so strengthen the injured muscle as to make it the best remedy for this dreaded pain.

There are 40,000 native pupils in the Sunday schools of the Fiji Islands.

"I suffered the tortures of the damned with protruding piles brought on by constipa-tion with which I was afflicted for twenty years. I ran across your CASCARETS in the town of Newell, Ia., and never found anything to equal them. To-day I am entirely free from iles and feel like a new man." C. H. KEITZ, 1411 Jones St., Siouz City, Ia.



Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken, or Gripe, 10c, 25c, 58c. CURE CONSTIPATION.

NO-TO-BAC Sold and guaranteed by all drug-

RICH Government Lands.

A soil of very deep dark loam; will grow all kinds of vegetables, grain, hay—in great abundance. Climate splendid. Crop failures impossible. Adapted to the raising of cattle, sheep, hogs; dairy and poultry industries. In mining district, providing an excellent market for all products. Also rich cranberry lands. Magnificent chance if taken at once. Write for descriptive book giving full particulars. Address today. C. R. DEWITT, Secretary. 28 Thurlow Block, San Francisco, Cal.

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Be Strong In Spring At no other time in the year does your blood need such purity richness and health. Your dizziness, languid feeling, pains in the back, etc., all come from the blood. Take

MOORE'S REVEALED REMEDY Easy and pleasant to take. It will make you strong and well; it has cured thousands of others. It per bottle at your druggist's.

TEETH WITHOUT PLATES Roots Crowned. Bridges Made. Painless filling and extraction. Dr. T. H. White, 27134 Morrison, Portland, Or.



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Praised by thomsands of entisfied indice as anfe, and ways reliable and without an equal. Ask druggist for Dr. Martel's Fronch Female
White and Red. Insist on having the geauing.
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ONE FOR A DOSE. Cure Sick Headache and Dyspepsia, Remove Pimples and Purify the Blood, Ald Digestion and Prevent Billiousness. Do not Gripe or Sicken. To convince you, we will mail sample free, or full box for 25c. DB. BOSANKO CO., Philada., Penna. Bold by Druggists. NO. 12-'99.

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