

BASEBALL

Continued from 1B

scored in the fifth inning to give Cottage Grove a 4-1 lead.

But Elmira quickly erased that deficit in the bottom of the fifth inning. Mason Walker led off with a triple, and Clarke brought him in with an RBI single. Two batters later, Chad Estrella took Ollivant over the left-field fence for a two-run homer.

In seven innings of work, Ollivant threw eight strikeouts, allowed seven hits and no walks. For Elmira, starter Levi Wahl threw four strikeouts

and allow seven hits in four innings.

Despite giving up the three-run lead, and not being able to capitalize with the bases loaded in the top of the seventh, Geiszler said he has seen a lot of progress from the group since the beginning of the summer season.

"I just see a little more confidence as we go along. When the game's moving they're starting to react instead of standing around or not knowing where to go," he said.

The Lions have a completely different look from the team that last took the field for the final

varsity game in May. Gone are three graduated seniors; Lucas Ward and Payton Presley are playing Legion Baseball, and on average, 3-4 more players are missing from each game due to other summer conflicts. But Geiszler said that he is still very pleased with the turnout — about 19 kids per game — and the opportunities to see what others can do when given the opportunity to play.

"You kind of feel like you're starting over, especially when you have so many incoming freshmen, because you're reteaching a lot of things, but that's good. That's only going to make us bet-

ter next year," he said.

Geiszler said that senior Kaleb Mallory and Cross, a junior, have especially thrived with expanded roles.

"Those guys have filled in really well," he said. "Kaleb could start and be a huge factor for us next year. And the good thing about Jaace is that he wants to catch, and we didn't have that last year. He's very coachable and wants to get better."

Up next: Cottage Grove hosts Junction City today at 6 p.m.



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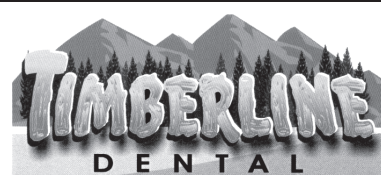
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These Safety Tips
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WATER SAFETY TIPS

Whether it's a trip to the beach or a dip in the community or backyard pool, you can ensure that swimming is as safe as it is fun by following a few basic safety tips.

THERE IS NO SUBSTITUTE FOR ACTIVE SUPERVISION

Actively supervise children in and around open bodies of water, giving them your undivided attention.

Whenever infants or toddlers are in or around water, an adult should be within arm's reach to provide active supervision. We know it's hard to get everything done without a little multitasking, but this is the time to avoid distractions of any kind. If children are near water, then they should be the only thing on your mind. Small children can drown in as little as one inch of water.

EDUCATE YOUR KIDS ABOUT SWIMMING SAFELY

Every child is different, so enroll children in swimming lessons when you feel they are ready. Teach children how to tread water, float and stay by the shore.

Make sure kids swim only in areas designated for swimming. Teach children that swimming in

open water is not the same as swimming in a pool. They need to be aware of uneven surfaces, river currents, ocean undertow and changing weather.

Whether you're swimming in a backyard pool or in a lake, teach children to swim with a partner, every time. From the start, teach children to never go near or in water without an adult present.

You can start introducing your babies to water when they are about 6 months old. Remember to always use waterproof diapers and change them frequently.

DON'T RELY ON SWIMMING AIDS

• Remember that swimming aids such as water wings or noodles are fun toys for kids, but they should never be used in place of a U.S. Coast Guard-approved personal flotation device (PFD).

TAKE THE TIME TO LEARN CPR

We know you have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind — and the more peace of mind you have as a parent, the better.

Local hospitals, fire departments and recreation departments offer CPR training.

Have your children learn CPR. It's a skill that will serve them for a lifetime.

SUMMER BOATING TIPS:

Alcohol and boating don't mix. Studies have shown that even a small amount of alcohol, when combined with the marine environment, can seriously impair your judgement. Passengers should avoid going "overboard" as well.

When fueling your boat, stop all engines, motors, and other devices that could produce sparks. Always leave with a full tank.

Conduct a safety orientation before leaving the pier. This includes location of life preservers, how to put them on, location of life rafts and location of emergency check-off list.

Be prepared. Talk to experienced service personnel about what kind of parts and tools you should carry on your boat. A first-aid kit and emergency supplies are also a must.

Check the weather before leaving and heed all small craft advisories.

Make a float plan and make sure someone on shore knows your exact route.

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