

School Hygiene.

[Continued from page 4]

is close association with tuberculosis fellow pupils or possibly the teacher. Among the fruitful sources of danger is the common drinking cup, which must be abolished for the individual folding cup or the hygienic drinking fountain where no cup is needed. Religious organizations have found that the microbe has no respect for the holy communion cup, as they now use the individual cups. Why not take similar steps to protect the children who drink many times each day from the cup used alike by the healthy and the diseased?

The following rules for the prevention of tuberculosis should be posted in every school room: (1) Do not spit on slate, floor, sidewalk or playground; (2) do not spit except in spittoon, a piece of cloth or handkerchief. On returning from school the cloth may be burned or the handkerchief put in water until such time as it can be washed. (3) Do not put pencils, your fingers, pins, or in fact anything else, in your mouth, except food or drink; (4) protect the mouth and nose while coughing or sneezing; (5) peel or wash fruit before eating it; (6) do not kiss any one on the mouth or allow them to do so to you; (7) learn to love fresh air, breathe deeply and practice it often.

In France the covers of the books are utilized to teach the children how to prevent tuberculosis. Teachers should be impressed with the fact that tuberculosis has killed many times more people than have all the wars since the world began. If the teacher is convinced of the danger he or she will in turn convince the pupil and a great step will have been taken in the right direction. Unfortunately the medical profession has taken little interest in this question until recently. Now nearly all the large cities have medical inspectors for the schools. To the credit of the superintendents and teachers be it said that the medical inspector has received their hearty approbation and support. We have stock inspectors, why not inspectors for boys and girls? Is not tuberculosis among the children as important as scab among the sheep? If it pays to spend state money to eradicate diseases of animals would it not be a good investment to prevent human diseases? Typhoid fever, tuberculosis and many other diseases are preventable, yet this state furnishes several hundred victims annually, causing great loss of life and property.

The general public should come to realize that public health service is second to none in importance to the community and the state. Physicians have ever been foremost in the work of preventing disease. The next few years will see rapid strides made in the direction of preventive medicine. Already many organizations have been formed with that end in view and steps have been taken looking to the formation of a national bureau of health. When that is done all the people in the nation will be united under one flag, to go forth to fight and vanquish the invisible common foe, the microbe.

Joseph Methodists are planning to build a \$4000 church.

A Roseburg business man predicts a big immigration into Douglas county this year.

Rhubarb was gathered from a Coquille garden early this month.

W. O. W.

Heppner Camp No. 60, meets 2nd and 4th Fridays of each month. Visiting members cordially invited.
L. W. BRIGGS, C. C.
J. L. YEAGER, Clerk.

Knights of Pythias.

Doric Lodge No. 20, K. of P.—Meets every Tuesday evening. Visiting members invited.
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GARFIELD CRAWFORD, K. of R. & S.

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He is an experienced compounder of Chinese Medicine. He treats successfully all private, nervous and chronic diseases, also blood, stomach, heart, lung, liver, kidney, female weakness, catarrh and all diseases of the body by the use of roots and herbs, especially prepared for each case. If you call at his office, write for home treatment. Consultation free. J. Man Foo, successor to Hong Wo Tong Chinese Medicine Co., 117 W. Second St., Albany, Oregon.

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Graduate of:
Lenox College, 1885.
Chicago Homeopathic Med. College 1890.
Rusk Medical College, 1892.

Notice For Publication.

Department of the Interior,
Land Office at The Dalles, Oregon,
December 26, 1908.
Notice is hereby given that Edward S. McDaniell, of Hardman, Oregon, who, on Oct. 30th 1903, made Homestead Entry No. 13020, for SW¹/₄ NW¹/₄ SW¹/₄ SW¹/₄ SE¹/₄ SW¹/₄ Section 1, Township 5 S., Range 24 E. W. Meridian, has filed notice of intention to make final five year proof, to establish claim to the land above described, before J. P. Williams, U. S. Commissioner, at his office in Heppner, Oregon, on the 10th day of February, 1909.
Claimant names as witnesses:
Guy L. Hadley, Daniel Rice, Ernest K. Wyland and William T. Reynolds, all of Hardman, Oregon.
J. P. Williams, U. S. Commissioner, Register.
D-17-14

NOTICE FOR PUBLICATION.

Department of the Interior,
United States Land Office, La Grande, Oregon,
Dec. 28, 1908.
Notice is hereby given that Frank H. Hamilton of Heppner, Oregon, who, on July 8th, 1907, made Homestead Entry No. 15299, Serial No. 2988, for NW¹/₄ Section 25, Township 4 S., Range 27 E. W. Meridian, has filed notice of intention to make final Commutation proof, to establish claim to the land above described, before J. P. Williams, U. S. Commissioner, at his office in Heppner, Oregon, on the 10th day of February, 1909.
Claimant names as witnesses:
Robert D. Watkins, Luther Hamilton, James Allen, and Edward Hunt, all of Heppner, Oregon.
J. P. Williams, U. S. Commissioner, Register.
D-17-14

CONTEST NOTICE.

Department of the Interior,
United States Land Office, The Dalles, Oregon,
Nov. 26, 1908.
A sufficient contest affidavit having been filed in this office by George B. McDonald, contestant, against homestead (Serial No. 01433) entry No. 15559, made June 19, 1907, for E¹/₂ SW¹/₄, S¹/₂ NW¹/₄ Section 30, Township 5 S., Range 25 E. W. M., by Edward Anderson, Contestee, in which it is alleged that said Edward Anderson has never established a residence upon said tract of land and has never resided thereon; that said tract is not settled upon and cultivated by said party as required by law; that said alleged absence was not due to his employment in the army, navy, or marine corps of the United States in time of war, said parties are hereby notified to appear, respond, and offer evidence touching said allegation at 10 o'clock a. m. on January 8, 1909, before J. P. Williams, a U. S. Commissioner at his office in Heppner, Oregon, and that final hearing will be held at 10 o'clock a. m. on January 15, 1909, before the Register and Receiver at the United States Land Office in The Dalles, Oregon.
The said contestant having, in a proper affidavit, filed November 20, 1908, set forth facts which show that after due diligence personal service of this notice can not be made, it is hereby ordered and directed that such notice be given by due and proper publication.
Nov 26-Jan 7 C. W. MOORE, Register.

NOTICE FOR PUBLICATION.

Department of the Interior,
U. S. Land Office, La Grande, Oregon,
November 23, 1908.
Notice is hereby given that Morris Rosenbaum of La Grande, Oregon, who, on 21st day of Nov. 1908, made Timber and Stone application, No. 02995, for the N¹/₂ of SW¹/₄ and the E¹/₂ of SW¹/₄ Section 10, Township 4 South, Range 29 East Willamette Meridian, has filed notice of intention to make Final Timber and Stone Proof, to establish claim to the land above described, before the Register and Receiver of the U. S. Land Office at La Grande, Oregon, on the 9th day of February, 1909.
Claimant names as witnesses:
Maud Schofield, N. W. Schofield, C. S. Van Dain and H. J. Ritter, all of La Grande, Oregon.
Nov 26-Jan 28 F. C. BRAMWELL, Register.

NOTICE FOR PUBLICATION.

Department of the Interior,
U. S. Land Office at La Grande, Oregon,
Nov. 23, 1908.
Notice is hereby given that Bertha Giger formerly Bertha Cox, of Heppner, Oregon, who, on Sept. 18th, 1907, made Homestead Entry No. 15575, Serial No. 02343, for S¹/₂ SE¹/₄ and S¹/₂ SW¹/₄ Section 1, Township 4 S., Range 28 E. W. Meridian, has filed notice of intention to make final Commutation proof, to establish claim to the land above described, before J. P. Williams, U. S. Commissioner, at his office in Heppner, Oregon, on the 11th day of January, 1909.
Claimant names as witnesses:
Paul Hiesler, George Moore, Millard French, all of Heppner, Oregon; Edgar Palmer, of Lexington, Oregon.
Nov 26-Dec 31 F. C. BRAMWELL, Register.

Notice of Final Account.

In the Matter of the Estate of R. Krick, Deceased.
Notice is hereby given that the undersigned, as executor of the estate of R. Krick, deceased, has filed his final account in the County Court of Morrow County, State of Oregon, and that Monday, the 1st day of February, A. D. 1909, at the hour of 10 o'clock in the forenoon of said day, and the County Court room in the County Court house at Heppner, Morrow County, Oregon, has been appointed by said Court as the time and place for the hearing of objections thereto and the settlement thereof.
J. P. WILLIAMS,
Executor of the last Will and Testament of R. Krick, deceased.
Sam E. Van Nae or, Attorney for the Est. to, Dated and first published December 17, 1908.

NOTICE FOR PUBLICATION (Isolated Tract).

Public Land Sale. Serial No. 01558,
United States Land Office, The Dalles, Oregon,
Dec. 14, 1908.
Notice is hereby given that, as directed by the Commissioner of the General Land Office, under provisions of Act of Congress approved June 27, 1906, Public-No. 32, we will offer at public sale, to the highest bidder, at 9 o'clock a. m. on the 25th day of January next, at this office, the following tract of land, to-wit: NW¹/₄ NE¹/₄ Sec. 22 Tp. 4 S., R. 28 E. W. M.
Any persons claiming adversely the above-described lands are advised to file their claims, or objections, on or before the day above designated for sale.
D-17-14 C. W. MOORE, Register.

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The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

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HEPPNER, - - OREGON

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Meals Served at all Hours.

We make a specialty of Short Orders. Everything cooked in plain sight.

Highest Market Price paid in cash for fresh eggs.

Groshens Building, corner Main and May Streets.
A. J. Cook, Prop.

FOLEY'S KIDNEY CURE
Makes Kidneys and Bladder Right

CONTEST NOTICE.

Department of the Interior,
United States Land Office, The Dalles, Oregon,
November 20, 1908.
A sufficient contest affidavit having been filed in this office by Thomas C. Beyer, contestant against homestead (Serial No. 01490) entry No. 13125, made December 17, 1903, for E¹/₂ SW¹/₄, S¹/₂ SE¹/₄ Section 17, Township 5 S., Range 26 E. W. M., by Gustavus Miller, contestee, in which it is alleged that said Gustavus Miller has never established a residence upon said land and has never resided thereon and has wholly abandoned the same; that said tract is not settled upon and cultivated by said party as required by law; that said alleged absence was not due to his employment in the army, navy, or marine corps of the United States in time of war. Said parties are hereby notified to appear, respond, and offer evidence touching upon said allegation at 10 o'clock a. m. on January 8, 1909, before J. P. Williams, a U. S. Commissioner at his office in Heppner, Oregon, and that final hearing will be held at 10 o'clock a. m. on January 15, 1909, before the Register and Receiver at the United States Land Office in The Dalles, Oregon.
The said contestant having, in a proper affidavit, filed November 20, 1908, set forth facts which show that after due diligence personal service of this notice can not be made, it is hereby ordered and directed that such notice be given by due and proper publication.
Nov 26-Jan 7 C. W. MOORE, Register.

CONTEST NOTICE.

Department of the Interior,
United States Land Office, The Dalles, Oregon,
November 18, 1908.
A sufficient contest affidavit having been filed in this office by J. E. McMillan, contestant, against homestead (Serial No. 01441) entry No. 10661, made April 11, 1902, for E¹/₂ NE¹/₄, Sec. 27, W¹/₂ SW¹/₄, Section 26, Township 2 S., Range 25 E. W. M., by Eliza M. Willis, deceased, contestee, in which it is alleged that the said entrywoman died on or about the 14th day of June 1903; that during her lifetime she failed and neglected to establish her residence upon said land or reside upon said land at all; that she failed and neglected to cultivate or improve said land according to law; also, that her heirs have wholly abandoned said tract of land and have failed to cultivate or improve the same or in any manner to use the said land for more than six months last past; that said abandonment is not due to service in the army, navy or marine corps of the United States; that there are only four heirs of said entrywoman; that the names of said heirs and their last known post-office addresses are as follows: Samuel E. Willis, Heppner, Oregon; A. A. Willis, Newberg, Oregon; B. F. Willis, Spokane Washington, and Harlan Willis, Volmer, Idaho; that if there are any other heirs of said entrywoman, they are unknown to contestant.
Said parties are hereby notified to appear, respond, and offer evidence touching said allegation at 10 o'clock a. m. on January 8, 1909, before J. P. Williams, a U. S. Commissioner at his office in Heppner, Oregon, and that final hearing will be held at 10 o'clock a. m. on January 12, 1909, before the Register and Receiver at the United States Land Office in The Dalles, Oregon.
The said contestant having, in a proper affidavit, filed November 17, 1908, set forth facts which show that after due diligence personal service of this notice can not be made, it is hereby ordered and directed that such notice be given by due and proper publication.
Nov 26-Jan 7 C. W. MOORE, Register.

NOTICE FOR PUBLICATION.

Department of the Interior,
Land Office at The Dalles, Oregon,
Nov. 10 1908.
Notice is hereby given that Clyde G. Wright, of Hardman, Oregon, who, on Oct. 20th, 1908, made Timber Application No. 01460, for S¹/₂ SE¹/₄ and S¹/₂ SW¹/₄ Section 5 Township 6 S., Range 26 E. W. Meridian, has filed notice of intention to make final Timber proof, to establish claim to the land above described, before J. P. Williams, U. S. Commissioner, at his office in Heppner, Oregon, on the 22nd day of January, 1909.
Claimant names as witnesses:
Anson E. Wright, Fred Knighten, and George Bleakman, all of Hardman, Oregon; Sijas A. Wright, of Heppner, Oregon.
Nov 19-Jan 21 C. W. MOORE, Register

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Fresh and Salted Meats
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PHIL METSCHAN, Manager.
PHIL METSCHAN, JR., Asst. Manager.

Notice for Publication.

Department of the Interior,
Land Office at La Grande, Oregon,
December 1, 1908.
Notice is hereby given that Harriet D. Jellison, of 628 Laurel St., Portland, Oregon, who, on August 28, 1908, made Timber and Stone Sworn Statement, No. 01201, for S¹/₂ NW¹/₄, NE¹/₄ SW¹/₄, and Lots 3 and 4 section 4, and Lot 1, Section 5, Township 4 South, Range 29 East Willamette Meridian, has filed notice of intention to make Final Timber and Stone Proof, to establish claim to the land above described, before the Register and Receiver, U. S. Land Office at La Grande, Oregon, on the 15th day of February, 1909.
Claimant names as witnesses:
C. S. Van Dain and D. C. Brichoux, of La Grande, Oregon; George W. Lilley and William D. Jellison, of Portland, Oregon.
D-10-11 F. C. BRAMWELL, Register.

CONTEST NOTICE.

Department of the Interior,
United States Land Office, The Dalles, Oregon,
November 20, 1908.
A sufficient contest affidavit having been filed in this office by Fred H. Beyer, contestant, against homestead (Serial No. 01467) entry No. 10857, made June 21, 1901, for NE¹/₄ SE¹/₄, Sec. 3, NW¹/₄ SW¹/₄, W¹/₂ SW¹/₄, Section 9, Township 5 S., Range 26 E. W. M., by William W. Lipssett, deceased, contestee, in which it is alleged that said William W. Lipssett never established a residence upon said tract and never resided thereon prior to his death, June 14, 1903; that since his death his heirs have wholly failed to improve said tract of land or to place any improvements thereon whatever; that said tract is wholly unimproved; that said abandonment was not due to employment in the army, navy, or marine corps of the United States in time of war; that Annie Lipssett, who resides at San Jose, California, is the mother of said William W. Lipssett, deceased, and is the only living heir of said William W. Lipssett, deceased.
Said parties are hereby notified to appear, respond, and offer evidence touching said allegation at 10 o'clock a. m. on January 9, 1909, before J. P. Williams, a U. S. Commissioner at his office in Heppner, Oregon, and that final hearing will be held at 10 o'clock a. m. on January 16, 1909, before the Register and Receiver at the United States Land Office in The Dalles, Oregon.
The said contestant having, in a proper affidavit, filed November 20, 1908, set forth facts which show that after due diligence personal service of this notice can not be made, it is hereby ordered and directed that such notice be given by due and proper publication.
Nov 26-Jan 7 C. W. MOORE, Register.

NOTICE FOR PUBLICATION (Isolated Tract)

Public Land Sale
United States Land Office,
The Dalles, Oregon, Nov. 21, 1908
Notice is hereby given that, as directed by the Commissioner of the General Land Office, under provisions of Act of Congress approved June 27, 1906, Public-No. 32, we will offer at public sale, to the highest bidder, at 10 o'clock a. m. on the 4th day of January next, at this office the following tract of land, to-wit: SE¹/₄ SW¹/₄ Sec. 25, Township 4 South Range 26 East Willamette Meridian.
Any persons claiming adversely the above-described lands are advised to file their claims, or objections, on or before the day above designated for sale.
Nov 26-Jan 7 C. W. MOORE, Register.

POLK'S GAZETTEER—A Business Directory of each city, town and village in Oregon and Washington, giving a descriptive sketch of each place, together with the location and shipping facilities and a classified directory of each business and profession. R. L. Polk & Co., Inc., Seattle.

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At Gilliam & Bisbee's Crockery Department.

We will make as much as a 10 per cent cut on all staples, including Cut Glass, Silverware, Graniteware, Tinware, and anything found in this department. Christmas goods from 10 per cent to your own price.

Sale Continues Until February 1.



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PHYSICIAN AND SURGEON.
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NOTICE FOR PUBLICATION (Isolated Tract)

Public Land Sale. (Serial No. 01682)
United States Land Office, The Dalles, Oregon,
December 2, 1908
Notice is hereby given that, as directed by the Commissioner of the General Land Office, under provisions of Act of Congress approved June 27, 1906, Public-No. 303, we will offer at public sale, to the highest bidder at 9:45 o'clock a. m. on the 15th day of January next, at this office, the following tract of land, to-wit: E¹/₂ NE¹/₄ Section 23 and S¹/₂ SW¹/₄ Section 24 Township 5 South, Range 26 E. W. M.
Any persons claiming adversely the above-described lands are advised to file their claims, or objections, on or before the day above designated for sale.
D-10-11 C. W. MOORE, Register.

NOTICE FOR PUBLICATION - Isolated Tract.

Public Land Sale,
Department of the Interior,
U. S. Land Office at La Grande, Oregon,
December 8th, 1908.
Notice is hereby given that, as directed by the Commissioner of the General Land Office, under provisions of Act of Congress approved June 27, 1906, (34 Stats., 577), we will offer at public sale, to the highest bidder, at 10 o'clock a. m. on the 3rd day of January, at this office, the following described lands, to-wit: NW¹/₄ SW¹/₄ SW¹/₄ NE¹/₄ SW¹/₄ Section 22, T. 1 S., R. 27 E. W. M., Serial No. 0828.
Any persons claiming adversely the above-described land are advised to file their claims, or objections, on or before the time designated for sale.
D-10-814 F. C. BRAMWELL, Register.
A. A. ROBERTS, Receiver.

CONTEST NOTICE.

Department of the Interior,
United States Land Office, The Dalles, Oregon,
December 4, 1908.
A sufficient contest affidavit having been filed in this office by W. L. Lowen, contestant, against homestead (Serial No. 01431) entry No. 9157, made March 29, 1901, for W¹/₂ SE¹/₄, E¹/₂ SW¹/₄ Section 6, Township 5 S., Range 25 E. W. M., by Fred Fisher, contestee, in which it is alleged that said Fred Fisher has wholly abandoned said tract; that he has changed his residence therefrom for more than six months since making said entry; that said tract is not settled upon and cultivated by said party as required by law; that said alleged absence was not due to his employment in the army, navy, or marine corps of the United States in time of war.
Said parties are hereby notified to appear, respond, and offer evidence touching said allegation at 10 o'clock a. m. on January 20, 1909, before J. P. Williams, a U. S. Commissioner at his office in Heppner, Oregon, and that final hearing will be held at 10 o'clock a. m. on January 27, 1909, before the Register and Receiver at the United States Land Office in The Dalles, Oregon.
The said contestant having, in a proper affidavit, filed December 2, 1908, set forth facts which show that after due diligence personal service of this notice can not be made, it is hereby ordered and directed that such notice be given by due and proper publication.
D-10-114 C. W. MOORE, Register.

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Cures Coughs, Colds, Croup, La Grippe, Asthma, Throat and Lung Troubles. Prevents Pneumonia and Consumption
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