Questions for Women

If you were offered sure aid in time of trouble would you put it aside and accept something of doubtful efficiency ?

If you saw before you a strong and safe bridge leading to your goal, would you ignore it to try some insecute and tottering structure?

The answer to these questions is plain. You would, of course, choose without hesitation what all evidence showed to be the safe thing, and you would risk nothing in useless experiments.

Why, then, do some women risk one of their most precious possessions-their health-in trying medicines of unknown value, which may even prove hurtful to them.? Lydia E. Pinkham's Vegetable Com-

pound has stood the test of years. It has the largest sale of any remedy for female ills in the world, and nothing could have given it this sale except its own merit.

Do not try any experiments, but buy what is known to be reliable. Mrs. Pinkham's Compound can do all that is claimed for it, and all statements in regard to it can be easily verified. Write to Mrs. Pinkham at Lynn, Mass., for a little book she has just published containing letters from the mayor of Lynn, the postmaster and others. Mrs. Pinkham's advice is offered free

of charge to all women who write to her for aid. This invitation is con-stantly renewed. A million women have been cured of serious female ills by Mrs. Pinkham's advice and medicine.

Three Letters from One Woman, Showing How Lydia E. Pinkham's Vegetable Compound Cured Falling of the Womb:

"DEAR MRS. PINKHAM-I see your advertisement in the papers in regard to treating woman's diseases, and would be grateful to you for your ad-vice in my case. I am suffering from falling of womb, have pains in my sides and legs, in fact I ache all over. I am getting so weak I cannot stand on my feet much. I have the head-ache sometimes, and a choking, tight feeling in my breast and throat. Have a baby seven months old. I hope to hear from you soon, as I am in so much distress."-MRS. J. R. COMPTON, Eggbornsville, Va., May 16, 1898.

"DEAR MRS. PINEHAM-I followed your advice and I am now on the sec-ond bottle of your Vegetable Com-pound and I think it is going to cure me. If it does I will ever praise it, for I am, and have been, a great suf-ferer; but now I live in hopes of getting well."-MRS. J. R. COMPTON, Eggbornsville, Va., July 12, 1898.

"DEAR MRS. PINKHAM-Again I write to you. When I first wrote to you for advice in regard to my troubles I thought I could never get well again. After receiving your letter I followed your advice exactly, and thanks to you, I am cured of that dreadful disease. I cannot find words to express the good your medicine will do. It is really more than was recom-mended to mc."-MRS. J. R. COMPTON, Eggbornsville, Va., April 12, 1899.

Two Women Cured of Irregularity, Falling of the Uterus and Ovarian

WILL BE BLOWN UP. ago a Plute Indian, armed with only a knife, met and overcome one of these monsters. The Indian was living at last accounts, but the bear was dead. DESTRUCTION OF ARCH ROCK, Mustang is the Indian's name. He SAN FRANCISCO BAY. and another Piute were out in a tremendously wild region of the Hetch-Hetchy valley and when descending Grim, Gray and Picturesque Pinuacle a Terror to the Mariner-Has Been a the bed of a gorge they almost ran into

Menace to Navigation Ever Since the jaws of the largest grizzly they had ever seen. Mustang and his companion fired their rifles at the brute, but the two shots produced no more effect in Shag rock No. 1 and Shag rock No. 2 arresting the bear's charge than would

the Days of '49.

in San Francisco having been disposed the throwing of a pebble against the of, contractors are now busily engaged wind stop a cyclone. Mustang was a in work preliminary to the demolition step in advance of his companion and of the still more famous Arch rock in bruin reached him first, knocking his the same maritime thoroughfare. The gun one way and him the other. The forty-niner cannot recall the day when companion climbed a tree. Mustang this picturesque menace to navigation plunged his knife to the handle into the was not anathematized by the sailor shaggy monster, slashed it again and man. Many a time its destruction has again across his rough hide, ripped and been suggested, and its demolition cut until blood poured from a dozen would have been accomplished gashes in the herculean carcass; then long ago but for the sentimental oppo- he fell under a crushing blow from one sition of a few veteran Californians of the spiked paws and lay quivering who hated to see their odd-looking old on the rocks with the bear tearing friend disappear forever. Residents of strips of hide from his back and chew-Sausalito have always been particular- ing his arms and shoulders to a pulp. ly averse to its destruction, their cry Meantime Mustang's friend was vainalways being that it was one of the ly trying to get his rifle into working sights of the bay. Eventually contin- order. It had been injured when he ued agitation by pllots and others in- climbed the tree. From morning till terested in shipping bore fruit, and now night this condition lasted. The bear Arch rock must follow in the way of soon left the mangled remains of Mustang and lumbered in red vengeance the two others.

In early days of California's history it over to the tree where perched the was a favorite amusement for young other Indian. After trying in vain to men to wait for an unusually low tide climb he limped back to Mustang, but and then pull a boat through the arch. before he could tear the man to pieces So far as is known the first time this the Indian, who was by no means dead feat was accomplished was in 1857, yet, drove the knife into his enemy's when Captain Frank Murphy, one of vitals. The bear staggered off a few the best known pilots of his day, rowed a small boat through. For a few years the daring trip was occasionally made or attempted, but eventually a couple but fell for good in a few minutes. Asof young fellows, in trying to do the sistance soon reached Mustang, who trick, were dashed against the arch by men of his own race. the heavy swell. The boat was smash-

Does Not Come with Age. A medical man has discovered that neither in youth nor old age is a man

Arch rock a wide berth. Frank Boyd, a noted pilot of the Call- likely to make the biggest fool of himfornia coast, voiced the opinion of all self. Extreme youth usually is considmen in his profession when he called ered not to have arrived at the dignity Arch rock a dangerous spot, and said of years of discretion, yet a homely It should have been blown up long ago. proverb would have us believe that "When they come to survey that spot," "there is no fool like an old fool." This he said, "they will find every inch of medical observer has broached the ground in the vicinity of Arch rock theory that there is an "aberration covered with anchors and chains. period of middle life," between the Coasters and deep-water ships by the ages of 57 and 62. "If," he says, "a

ed and the young men lost their lives.

Since that time rowboats have given



ARCH ROCK, SAN FRANCISCO BAY.

Those who subscribe now for the 1901 volume of The Youth's Companion

Sending \$1.75, a year's subscription price, with this slip or the name of this publication, will receive,

Free, all the remainfrom the time of subscription To January 1, 1901, in-cluding the Holiday issues, and The Companion's 1901 "Puritan Girl" Calendar, lithographed in twelve colors. BY

Boston, Mass.

than inside.

comes flat.

easily burns.

Outside and Inside.

less form. No Cure, No Pay. 50c.

TO CUBE A COLD IN ONE DAY

E. C. Atkins & Co., saw manufac-

nature is on each box. 25c.

O

Illustrated Announcement and Sample Copies FREE on Request.

THEYO

When the Sun Goes Down in Turkey. It is not easy for a man nowadays in In Turkey the disappearance of the sun at night is accounted for by the good society to break with impunity periodical retirement of that pious the common canons of morality. And luminary for prayers and religious reyet are we not sensible that it is a good deal easier to be good outside flection.

DON'T GET FOOTSORE, GET FOOT-EASE.

A powder. At this season your feet feel swollen, nervous and uncomfortable. I you have smarting feet or tight shoes, try Allen's Foot-Ease. It rests and comforts; makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and is a certain cure for Chilblains, Sweating, Damp or Fronted Feet. We have over 30. Damp or Frosted Feet. We have over 30,-600 testimonials. Don't get tootsore get Foot-Ease. Try it today. Sold by all druggists and shoe stores for 25c. 'Trial package FREE. Address, Allen S. Olm-sted, Le Roy, N. Y.

dress, F. J. CHRINE I a Com. Sold by Druggists, 75c. Hall's Family Pills are the best. The Chicago & Alton will exclude news agents from trains.

The Best Prescription for Malaria Chills and Fever is a bottle of Grove's water and slowly brought to a boil. Tasteless Chill Tonic. It is simply iron and quinine in a tasteless form YOU KNOW WHAT YOU ARE TAKING No Cure, No Pay. Price 50c.

Boil eggs for 15 minutes if required

Piso's Cure cannot be too highly spoken of as a cough cure.-J. W. O'BRIEN, 322 Third Ave. N., Minnenpolis, Minn., Jan. 6, 1900

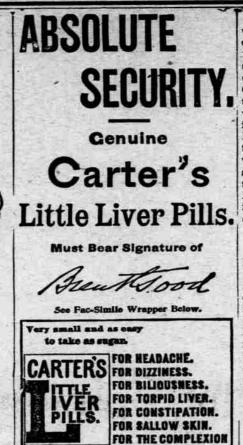
All jars containing stores should be covered.

Carter's luk is just as cheap as poor ink and is the best ink made. Always use Carter's. Take Laxative Brome Quining Tab-lets. All droggists refund the money if it fails to cure. E. W. Grove's sig-

Fish an l omons, or strongly flavored loods, must be kept separate.

Stops the Gough and Works Off the Cold. Laxative Bromo-Quinine Tablets cure a cold in one day. No cure, No Pay. Price 25 cents.

gold medal at the Paris exposition in After slicing onions put the knife at the department of machinery, which once into cold water, it removes the included all kinds of saws operated by hundred have come within an ace of careful examination be made of the smell better than hot.



S Cents Puraly Vegetable. Acention The Youth's Companion, CURE SICK HEADACHE.

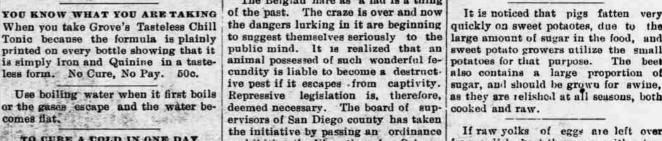
The Valley of Humiliation.

Here a man shall be 'ree from the life; all states are full of noise and vancos he is expected to lead. confusion, only the valley of humiliation is that empty and solitary place. Here a man shall not be let and hindered in his contemplation, as in other places he is apt to be. This is a valley that nobody walks in but those that love a pilgrim life .-- John Bunyan.

Beds Are Scarce in Russia.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pro-nounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitu-tional disease, and therefore requires constitu-tional disease, and therefore requires constitu-tional treatment. Hall's Catarrh Cure, man-ufactured by F.J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doges from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it falls to cure. Send for circulars and testimonials. Ad-drees, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 760. Beds are quite an innovation in Russia, and many well-to-do houses are still unprovided with them. Peasants sleep on the tops of their ovens; middle-class people and servants roll themselves up in sheepskins and lie down near stoves; soldiers rest upon wooden cots without bedding, and it is only within the last few years that students Thin'y shelled eggs are less liable in schools have been allowed beds. to crack when boiled, if put on in cold

Belgian Hare a Pest. The Belgian hare as a fad is a thing



the initiative by passing an ordinance prohibiting the liberation of a Belgian escaped to remain at large or uncon- will not dry up. fined. Butter, unless clarified, should not

Good cider differs greatly from that made of inferior apples. Instead of be used for greasing tins, etc., as it using half-rotten apples select those that are perfect and fully ripe. When the cider is running from the press strain it thoroughly. Use lard barrels, first cleaning the lard from the barrel, turers, Indianapolis, Ind., received a but should a little adhere to the sides

Omnipotence may build a thousand worlds and fill them with bounties; omnipotence may powder mountain into dust, and burn the sea, and consume the sky, but omnipotence cannot do an unloving thing toward a believer. Oh! rest quite sure, Cl .tian, a hard thing, an anloving thing from God toward one of His own people is quite impossible. He is as kind to you when He casts you into prison as when He takes you into a palace; He is as good when He sends famine into your house as when He fills your barns with plenty. The only question is: Art thou His chid? If so, He hath rebuked thee in affection, and there is love in His chastisement.-Christian Work.

Decrease of Drunkenness.

In an address before the railroad branch of the Y. M. C. A. of New York City, Chauncey M. Depew made a statement as to the decrease of drunkenness among railroad men that is worth repeating, coming from so high an authority. Twenty veras ago, he said, when there were about 15,000 men in the New York Central service, the average proportion of men discharged for drunkenness within a certain period was at least 20 per cent. Now, with \$0,000 men employed by the company, not one per cent is dropped from the service for that cause.

A Post of Dang r. The colonel of a regiment occupies the post of danger. According to the record more colonels have been killed in action, in proportion to their number, than officers of any other grade. A general can keep under cover, more or less, but the colonel's position is noise and from the hurryings of this with his regiment, and when it ad-

Still More Counterfeiting.

The Secret Service has unearthed another band of counterfeiters and secured a quantity of bogus bills, which are cleverly executed. Things of great value are aiways selected for initation, notably Hostetter's Stomach Bitters, which has many imita-tors but no equals for disorders like indi-gestion, dyspepsia and constipation.

Put the sugar used for sweetening fruit tarts in the middle of the fruit, not on the top, or it will sodden the pastry

E H Grove

This signature is on every box of the genuine Laxative Bromo=Quinine Tablets he remody that cures a cold in one day

It is noticed that pigs fatten very quickly on sweet potaotes, due to the large amount of sugar in the food, and sweet potato growers utilize the small potatoes for that purpose. The beet also contains a large proportion of as they are relished at all seasons, both cooked and raw.

If raw yolks of eggs are left over from a dish, beat them up with a teahare or perimtting one that may have spoonful of water to each yolk and they

Catarrh

The cause exists in the blood, in what causes inflummation of the mucous membrane.

It is therefore impossible to cure the disease by local applications.

It is positively dangerous to neg-



Trouble

"DEAR MRS. PINKHAM - I have female weakness. Menstruation ir-regular, and I suffer bearing-down pains in left side and hip. My doctor said I had womb trouble and enlargement of the ovaries. I have doctored two months, but see no improvement." -Miss Mary E. REED, Swan Creek, Ill.

"DEAR MRS. PINKHAM-Your good advice has been worth more than all I ever received from a doctor. Words cannot express my gratitude to you for Lydia E. Pinkham's Vegetable Compound. After twelve years' suffering I am stout and healthy."—Miss MARY E. REED, Swan Creek, Ill., April 28, 1899.

"DEAR MRS. PINKHAM - I suffer female troubles. My doctor wishes my ovaries taken out, but I shall never consent. Menstruation is irregular and my head has a tired feeling. Hospital treatment does me no good. I have five children and am forty-four years old. Please advise what medi-cine to take."-MRS. E. H. SONDERS, 437 happened. A sudden change of wind N. 40th St., Philadelphia, Pa., September 27, 1898.

"DEAR MRS. PINKHAM-I followed the advice you gave me and your medi-cine has cured me. I felt better when I had taken the Vegetable Compound but a week."-Mas. E. H. SONDERS, Philadelphia, Pa., February 6, 1899.

Another Case of Nervous **Prostration and Inflam**mation of the Bladder **Cured** by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINEHAM-I have used your Vegetable Compound for female weakness and it has done wonders for me. I also had nervous prostrationwas not able to look after my housework. After taking one bottle I began to improve, and am now better in every way and feel like a different person." -MRS. DELLA KEISER, Marionville, Pa., February 22, 1899.

"DEAR MRS. PINKHAM-I cannot praise your Vegetable Compound enough for the good it has done me. I suffered from inflammation of the bladder. I tried doctors, but obtained no relief. At last I decided to write dies, I am entirely cured."-MRS. K. S. GRADY, 131 Union St., High Bridge, New York City, April 11, 1899. .



CUTLER'S CARBOLATE of IODINE A guaranteed Cure for Catarrh and mption. \$1.00. D Lock Box 145.

JOHN POOLE, PORTLAND, ORLGON, can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I X L windmill, sold by him, is un-



going on the rock and had to slip preventable disasters of the last twenty their anchors in order to get clear. The years and of the ages of those who first vessel that I remember being were held responsible by the verdict of wrecked on Arch rock," continued Cap- mankind for such lamentable issues tain Boyd, "was the pilot-boat Sea there will be found a strange coinci-Witch. That was in 1855. All the dence in the rage of their ages." pilots had 'boarded off' and the schoon- Here is an interesting and practically er was coming in in charge of the boat- inexhaustible field for investigation. keeper. There was a dense fog and Politicians who are "ag'in' the governthe boatkeeper mistook Arch rock for ment" may trace the blunders of an a sloop under sail and getting his administration to the sinister influence course accordingly made the mistake of some boss who was passing through of his life. All hands were saved, but the fatal period at the time, and "regrettable incidents" of all kinds, in the Sea Witch was a total loss.

"The next wreck was that of the war or peace, may be traced to their clipper ship Flying Dragon in the win- true origin. In time, no doubt, we ter of 1861-62. She made the fastest shall appreciate the necessity of requirrun on record from Newcastle, N. S. ing all public men, on entering the fatal W., thirty-five days, and anchored off period, to take a five years' holiday and Meiggs wharf. Captain Watson, the to resume work only when they have and ouce was an opera house and ballwell-known marine surveyor, was in passed the age of aberration .- New command of the vessel, but the pilot York Press.

Dissipated Hailstorms. "An effort is being made in France to and a fierce squall drove the Flying dissipate hallstorms by firing cannon at Dragon down on the rock and she bethe clouds," writes Consul Covert to the came a total loss.

State Department from Lyons. "Fifty-"The next vessel lost on the rock was two cannon, manned by one hundred the bark Autocrat in 1869. She was and four cannoneers and their chiefs, loaded with coal and drifted down to have been distributed over an area of her doom in a dense fog. Since that twenty-five acres of rich vineland. A time numberless vessels have made the high point in the vineland to be covered acquaintance of Arch rock and always by the experiments were selected as the to their disadvantage. The old ferry central post of observation and a sigboat Clinton went on one of its ledges in a fog and the steamer Oregon, now running between the sound and Nome, lost her bilges on it. The old bark Columbia stuck on it for a day and a night, and, last of all, the bark Ceylon drifted down on it a few months ago and was saved by the quarantine steamer Sternberg. As it was the Ceyion lost all her sheathing. It would The artilleries, from forty to fifty take a page to give the number of vesstrong, fired their guns and stopped the sels that have just escaped going on thunder and lightning. In the neigh-

Arch rock by slipping their cables, and boring communes the people saw colwhen the contractors come to boring umns of flame rise three hundred feet I'll guarantee they will find more chain above the cannon when the shots were and anchors than rock." fired.'

FOUGHT A FIERCE GRIZZLY. Beyond Him. Piute Indian Kille1 the Huge Brute Matthew Arnold, next to Whistler.

was perhaps the most colossal egotist The California grizzly bear has been of his time. one of the most powerful and uncon-After his return to London from his querable beasts ever known to the first lecturing tour in America, he vis-Western ploneer. A meeting with him ited old Mrs. Proctor, widow of the has usually brought death to the hardy poet "Barry Cornwall," and mother of Adelaide Proctor. Mrs. Proctor, who adventurer who dared enter the en-

was then 80 years old, in giving Mr. Arnold a cup of tea, asked him. "And what did they say about you in America?"

"Well," said the literary autocrat, "they said I was conceited, and they said my clothes did not fit me." "Well, now," said the old lady, "] think they were mistaken as to the clothes."-New World.

W. H. SMITH & CO., Buffaio, H. Y., Prop's. the spectacle. There is death in the Papa Was Wearing the Laundry. The little girl was inclined to answer the door bell about as soon as it sounded, and sometimes she gave answers

Mothers will find Mrs. Winslow's Soothng Syrup the best remedy to use for their shildren during the teething period.

When using frozen meat the great tional sawing contest in Australia, will point is to slowly and thoroughly thaw, do much to establish the reputation of it before cooking.

Order of Colored Nuns. In New Orleans is an order of col-

ared nuns, founded many years ago. It was instituted for the special purpose of giving education and moral training to young colored girls and to care for orphans and aged, infirm pering more than a century old, in the old French- quarter of New Orleans, room.

canal the distance between the same of 10,753 miles.

900 DROPS

AVegetable Preparation for As-

similating the Food and Regula-ting the Stomachs and Bowels of

INFANIS (HILDREN

Promotes Digestion Cheerful-ness and Rest Contains neither

Opium, Morphine nor Mineral.

Prope of Old Dr. SAMUEL PITCHER

A perfect Remedy for Constipa-tion, Sour Stomach, Diarrhoea

Worms, Convulsions, Feverish-

ness and LOSS OF SLEEP.

Fac Simile Signature of

Call Flateter.

NEW YORK.

At6 months old

EXACT COPY OF WRAPPER.

35 DOSIS-35CINIS

NOT NARCOTIC.

akin Send-

machinery, the other group containing their hard mare exhibit of hand saws, cross cut saws, wood saws, etc. This faucet. latest success, following the victory of

the Atkins saws in the recent interna-

sons of their race. In its orphan asy-lum are children of all ages up to 14 washes the udders and teats of the years. The convent is a stately build-ing more than a century old, in the ful washing of the hands. Any dairyman who will practice such methods and who will invite his customers to witness his mode of management, will receive the highest prices for his milk,

The distance from New York to San instead of selling to dealers. It may Francisco by water, around Cape Horn | take a year or more to establish a repuis 15,660 miles. By the Isthmian tation for such milk, but the fact will become known and the future of the points would be 4,907 miles-a saving dairyman will be large profits and more customers than he can supply.

Bears the

Signature

of

to enter other than that which forces lect it, because it always affects in during the drawing at the spigot or the stomach and deranges the gen-

it will be an advantage. Keep the

barrel in a cool place and allow no air

eral health, and is likely to develop A Berlin physician has written an article on the dangers resulting from into consumption.

tional sawing contest in Australia, will do much to establish the reputation of the brand in the markets of the world.
All Australian race courses are oval, and from 1½ to 1½ miles each in circumference.
But few dairymen who have large herds are as careful in milking as they should be. Not one in a hundred everwashes the uddres and tests of the world.
All Australian race courses are oval, and from 1½ to 1½ miles each in circumference.
But few dairymen who have large herds are as careful in milking as they should be. Not one in a hundred everwashes the uddres and tests of the careful courses are digestible but the indipartition and the careful courses are digestible but the indipartition and the careful courses are digestible but the indipartition and the careful course courses are digestible but the indipartition and the careful courses are digestible but the indipartition and the careful course and tests of the course can be addres to a catarrh.

gestible portions are valuable in the Hood's Sarsaparilla manure heap. Bran at \$12 per ton is

Promises to cure and keeps the promise. It is better not to put off eatment-buy Hood's to-day.

ing mineral matter, thus promoting growth of the animal while adding greatly to the value of the manure.

worth the price, even if applied to the

crops direct, but when used as food it

assists to balance the ration by supply-

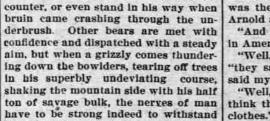
ing, as it is the cause of many cakes and pastry being heavy.

SURE CURE FOR PILES ITCHING Piles produce molsture and cause lich This form, as well as Bilnd, Riedding or Protra Piles are cured by Dr.Bosanko's Pile Reme Stops itching and bleeding. Absorbs tumors, it Jar at druggists or sent by mail. Treatise free. W me about your case. DE. BOSANKO, Pb Inda Avoid banging oven doors while bak-



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PORTLAND, ORECON.



with Only a Knife.

red jaws, ripping and tearing in the powerful claws, strength to dash a man's head from his body at a blow from one of the huge forelegs. Coming head-on, he is like all savage creation to whoever might be there that were turned loose He is usually more than curious. One day the man who collects mortal can face; only the preternatur- the packages of laundry was at the ally brave and reckless court death and door and asked if the laundry was defy the fates by daring to stand and ready. "No," she replied; "papa has "ight when he comes. Yet a few days | got it on."

nal code adopted under which, when a shot is heard from the central post all the cannon are fired, at twice a minute and more slowly after the first ten shots. I translate the report of the first firing at the storm cloud this season: The farmers of Denice were aroused at one-thirty o'clock on the night of June 5 and 6. The storm was very severe.