

Fitness center coming to old Sterling Bank site

By Kathleen Ellyn
Wallowa County Chieftain

Noelle first met Franz when she was looking for a personal trainer to help her get back into fitness-model shape after giving birth to her son Kragon.

Franz Horvath, who was working for Wallowa Memorial Hospital at the time, was exactly what she needed — a graduate-degree physical therapist with a home gym so enviable that football players from high school teams all over the county came to work out in his garage in Joseph.

Over time, it became clear that Franz was more than the perfect personal trainer; he was the perfect mate.

The Horvaths now have been married for two years. They live in Enterprise and are making their dreams come true. And a big dream they had in common — creating a first-class fitness center in Wallowa County — is within about a month of being a reality.

"We've been seriously talking about it for three years," said Noelle. "People

kept telling us 'you've got to make a gym,' and you've got to do what your passion is. You don't make a lot of money with a gym, but it's what we love."

The Vault Health and Fitness, the Horvaths' new gym, is being developed in the old Sterling Bank building on SW First Street in Enterprise. An investment group purchased the property at auction earlier this year. The Horvaths are now leasing that property with a plan to buy it.

The Vault (named after the bank vault within the building) will be a 24-hour fitness facility with equipment for everything from cardio to heavy weights to crossfit workouts. Yoga and Zumba classes also will be offered. The vault itself is being transformed into a bouldering room for climbers.

A gated children's play area with a television for kids' exercise games is being constructed. No child care will be offered, so parents will have to supervise their own children. But kids will have a safe place to exercise just like Mommy and Daddy.



Noelle and Franz Horvath of Enterprise stand by the namesake of their new fitness business, The Vault Health & Fitness — the vault in the old Sterling Bank, which will become the bouldering room.

Kathleen Ellyn/Chieftain

Two full bathrooms with stalls and a shower will be located on the top floor and another bathroom will be available downstairs. The bathrooms have mirrors suitable for putting on your makeup and styling your hair before work.

In time, personal trainers

will be available and rehabilitation fitness programs can be developed with Franz.

The gym will carry exercise supplements, nutritional supplements, protein powders and bars, soaps from Wild Carrot of Enterprise, items from Ruby Peak Naturals of Enterprise, and artwork from

potter Ted Juve of Enterprise.

"We want to partner with as many local businesses as possible," Noelle said.

Businesses from as far away as Portland also are looking at The Vault as a staging area for other events in the county.

"I'm in conversations

with gym chains who say that they've been looking at Wallowa County as a place to come for events for a long time," Noelle said. "We're already forming a group for Spartan Racing, Color Runs, Tuff Mudder mud runs. ... We'll also want to do a yoga camp — a few days to a week in nature."

Many of the Horvaths' plans are a few years down the road and include conversion of the huge parking lot behind the gym into an "American Ninja"-style outdoor space — a jungle gym for big kids, Franz says.

For now, you can get on a preliminary list for a membership. "People are begging to sign up," said Noelle. "We should be able to take signups by the end of November."

The Vault will not be in business until then, possibly a few weeks into November, but a website will be up soon under the name The Vault Health and Fitness LLC and in the meantime you can email Noelle at riseandriseagain247@gmail.com.

A grand opening will be announced in the future.

Silver Lake Bistro moves, expands

By Steve Tool
Wallowa County Chieftain

Silver Lake Bistro in Joseph has pulled up stakes and moved down the street to 19 S. Main St., the former location of Local Loaf. Proprietors and engaged couple Ryan Cook and Samantha Weaver are excited about the move and the new opportunities to expand their business. The

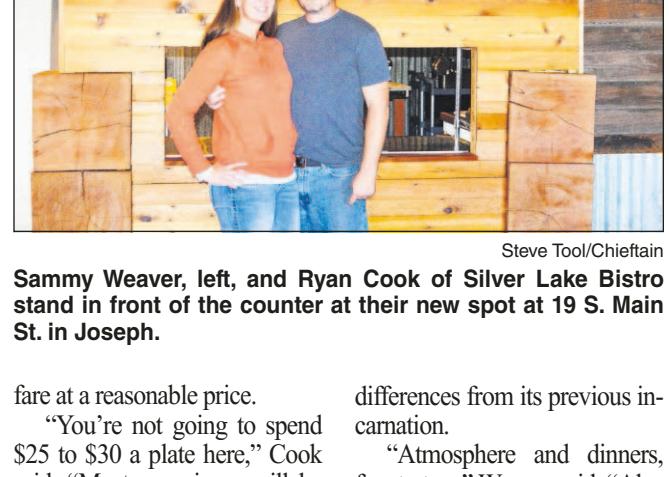
changeover is nearly finished and the couple has already mastered the art of baking with the wood-fired oven on the premises.

"Today, we're cleaning up and trying some new recipes," Cook said. "We're making a Black Bean Kimchi Pizza, which should be interesting."

Cook said the bistro will offer some pizzas with non-traditional ingredients because he wants to offer his customers the type of pizzas they can't get anywhere else, including honey and brown sugar crusts, smoked salmon and white chardonnay cream sauce.

Cook said the experience of their first restaurant gave them a clearer vision of what they'd like to do, and about what the community wants. "We learned we can do our unique recipes and the community likes them. You'd be amazed at how much kimchi we sold. Some people told us we were crazy to offer it."

What the bistro wants to offer is good-quality restaurant



Sammy Weaver, left, and Ryan Cook of Silver Lake Bistro stand in front of the counter at their new spot at 19 S. Main St. in Joseph.

fare at a reasonable price.

"You're not going to spend \$25 to \$30 a plate here," Cook said. "Most our pizzas will be relatively cheap, \$11 to \$13, give or take on the toppings. And we'll have dinner specials, but those won't be that expensive either, because we make everything from scratch." He added that the bistro is concentrating on sandwiches and pizza, along with skillet dishes for dinner hours.

The new bistro offers some

differences from its previous incarnation.

"Atmosphere and dinners, for starters," Weaver said. "Also we're not doing ice cream/soda shop or espresso drinks any more -- it just isn't us."

Cook said the new location is more their style, particularly the wood decor and rustic feel. The couple expanded and opened the kitchen space and built a small bar for their new bistro.

Beer and wine will make their appearance on the menu, once it is cleared with the Oregon Liquor Control Commission. "We're starting with four taps, and we'll have refrigerator for bottled beer," Cook said. "We'll offer wine as well."

Cook said the bistro kitchen will be 100 percent "no waste," with excess vegetables going into soup stock, meal refuse to local hog farmers and oven ashes going to local produce growers. "We pride ourselves on very little going to the trash."

College grant program open

The State of Oregon has announced that Oregon Promise — the new grant program for community college — will begin accepting applications Nov. 1 for enrollment in fall 2016.

The grant program, originally touted as "free education," does not cover all college costs and is limited to qualified students. It does, however, represent significant savings for those qualified.

A new toolkit of informational materials and a video to explain who qualifies for the grant are available at www.OregonPromise.com

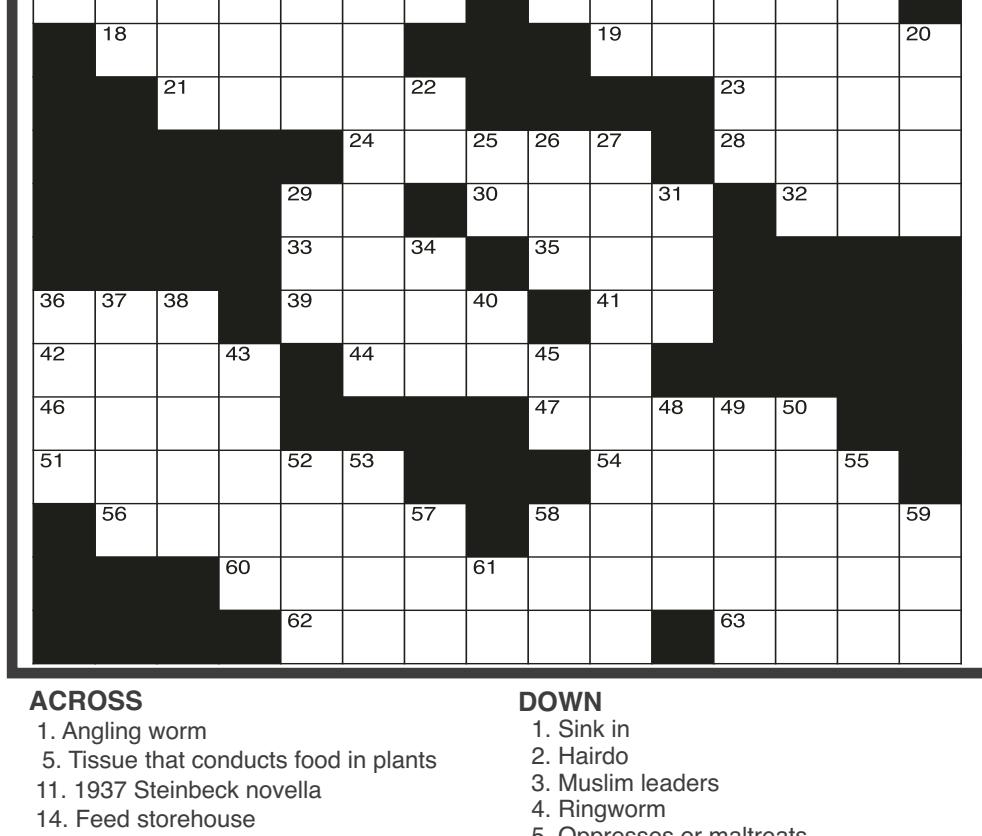
To qualify, Oregon resident students must have graduated from high school or completed their GED by spring/summer of 2016 with at least a 2.5 grade-point average.

Applications for the grant must be filed between Nov. 1 and March 1, 2016. High school or GED transcripts must accompany applications. A free Application for Federal Student Aid (FAFSA) must also have been completed.

Approved applicants must enroll in an Oregon community college within six months of graduating or completing their GED and must accept all state and federal grants (not loans) for which they qualify.

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ACROSS

- 1. Angling worm
- 5. Tissue that conducts food in plants
- 11. 1937 Steinbeck novella
- 14. Feed storehouse
- 15. Raised pattern cotton cloth
- 18. Prophetic signs
- 19. Cowboy competitions
- 21. Ophthalmic products company, Worldwide
- 23. Prefix meaning inside
- 24. Arousing or provoking laughter
- 28. Plant spike
- 29. Atomic #94
- 30. Himalayan goat
- 32. Patti Hearst's captors
- 33. Rock TV channel
- 35. Pen point
- 36. Tiny bite
- 39. Organized work group
- 41. Atomic #58
- 42. Food fish of the genus Alosa
- 44. Fleshy slice of meat
- 46. Shallowest Great Lake
- 47. Tapered tucks
- 51. Winter muskmelon
- 54. Isaac's mother
- 56. Picasso's birthplace
- 58. Lowest hereditary title
- 60. Streisand/Refford film
- 62. Verb states
- 63. Soluble ribonucleic acid

DOWN

- 1. Sink in
- 2. Hairdo
- 3. Muslim leaders
- 4. Ringworm
- 5. Oppresses or maltreats
- 6. Cut fodder
- 7. Natural logarithm
- 8. Not divisible by two
- 9. Independent Islamic ruler
- 10. Written proposal or reminder
- 12. Tilt or slant
- 13. Nests of pheasants
- 16. Portable shelters
- 17. Swiss singing
- 20. Body of an organism
- 22. Opposite of "yes"
- 25. 41st state
- 26. 007's Fleming
- 27. They speak Muskogee
- 29. Payment (abbr.)
- 31. "Spud Papers" author's initials
- 34. Large vessel for holding liquids
- 36. Nanosecond (abbr.)
- 37. Worn to Mecca
- 38. 1/100 rupee
- 40. Of I
- 43. Distributed cards
- 45. Public promotion of a product
- 48. Hard to find
- 49. Thinks or supposes
- 50. More lucid
- 52. Thai monetary unit
- 53. Phil ___, CIA Diary author
- 55. Dialect variant of "heron"
- 57. One of the tender bristles in some grasses
- 58. Pass
- 59. Hot or iced brewed beverage
- 61. Equally

Church Directory

St. Katherine's Catholic Church

Fr. Roger Fernando
301 E. Garfield Enterprise
Mass Schedule
Weekdays 7:15am
Saturdays 5:30pm Sundays 10:30am
(541)426-4008
stkatherineenterprise.org
St. Pius X Wallowa Sundays 8:00am
All are welcome

Summit Church

Gospel Centered Community
Service time: 10:30 am
Cloverleaf Hall in Enterprise
Pastor Mark Garland
www.summitchurchoregon.org



Joseph United Methodist Church

3rd & Lake St. • Joseph
Pastor Cherie Johnson
Phone: 541-432-3102
Sunday Worship Service
10:00 am
Children's Sunday School
meets during service

Faith Lutheran Church

409 W. Main
Enterprise, Oregon
Worship 2nd & 4th Sundays - 2 pm
Bible Study Tuesdays before the
2nd & 4th Sundays at 11 am
LCMS
(Lutheran Church Missouri Synod)

Enterprise Christian Church

207 East Main - (541) 426-3449
Worship at 8:15 & 11:00
Sunday School at 9:45
Evening Worship at 6:00
(nursery at A.M. services)

"Loving God & One Another"
David Bruce, Sr. Minister

Christ Covenant Church

Pastor Terry Tollefson
Church Office: 541-426-0301
Family Prayer: 9:30am
Sunday School: 10am
Worship Service: 11am
723 College Street • Lostine
Providence Academy

Lostine Presbyterian Church

Discussion Group 9:30 AM
Worship Service 11:00 AM

Childrens program during service

[Blog: dancingforth.blogspot.com](http://dancingforth.blogspot.com)

541.398.0597

Hwy 82, Lostine

Stephen Kliewer, Minister

Wallowa Assembly of God

606 West Hwy 82
Wallowa, Oregon
541-886-8445

Sunday School • 9:30

Worship Service • 10:45

Pastor Tim Barton

wallowaassemblyofgod.com

Seventh-Day Adventist Church & School

305 Wagner (near the Cemetery)
P.O. Box N, Enterprise, OR 97828

541-426-3751 Church

541-426-8339 School

Worship Services

Sabbath School 9:30 - 10:45 a.m.

Worship Hour 11:00 a.m. - Noon

Pastor Jonathan DeWeber