

Kid-friendly calendar

MONDAYS

PRESCHOOL STORY TIME, 10:30 a.m., Athena Public Library, 418 E. Main St., Athena. Stories, crafts, movement activities, music and snacks. For newborns to age 6. (541-566-2470).

ART STUDIO, 4-5:30 p.m., Pendleton Center for the Arts, 214 N. Main St. Free class for ages 7-12 to develop skills and encourage art exploration. (541-278-9201).

SCIENCE CLUB, 4 p.m., Children's Museum of Eastern Oregon, 400 S. Main St., Pendleton. \$5 per month or \$25/year, pre-registration required. For grades K through 3. (541-276-1066). **Second Monday.**

NUTRITION FOR TWO, 2 to 2:40 p.m., WIC Office, 110 NE 4th Street, Hermiston. Pregnant moms need to eat a healthy diet. WIC shows which foods offer the essential nutrients needed to keep both you and baby healthy. Free. (541-667-2545.) **Monday, Nov. 7.**

INFANT FEEDING BEHAVIORS, 1 to 1:30 p.m., WIC Office, 110 NE 4th Street, Hermiston. A baby's behavior can be very confusing. Learn how and why your infant behaves the way they do and better understand what your baby needs. Free. (541-564-6878.) **Monday, Nov. 14.**

CHILD PHYSICAL ACTIVITY, 10 to 10:40 p.m. (repeats 11/21 at 1 and 2 p.m.), WIC Office, 110 NE 4th Street, Hermiston.

Regular physical activity at any age helps maintain a healthy body. Learn the benefits of regular physical activity and practice fun ways to be physically active every day. Free. (541-564-6878.) **Mondays, Nov. 14 and 21.**

TUESDAYS

COATS FOR KIDS AND CHRISTMAS ASSISTANCE SIGNUPS, 10 a.m. to 2 p.m., Agape House, 500 W. Harper Road, Hermiston. Each child can pick out a warm coat for winter weather (some adult coats available), and parents with children ages 16 and younger can sign up for financial assistance for the holidays. (541-276-3369). **Tuesday, Nov. 1**

PRESCHOOL STORY TIME, 10:30 a.m., Stanfield Public Library, 180 W. Coe Ave. Stories, games and crafts. (541-449-1254).

SENSORY EXPLORATION, 11 a.m. to 4:30 p.m., Children's Museum of Eastern Oregon, 400 S. Main St., Pendleton. This month will feature Pirate Sensory Exploration. Free with admission. (541-276-1066). **First Tuesday.**

TERRIFICALLY FREE TUESDAY, all day, Children's Museum of Eastern Oregon, 400 S. Main St., Pendleton. Story time is held from 4 to 5 p.m. (541-276-1066). **First and Third Tuesdays.**

CRAFTEFTERNOONS, 4 p.m., Pendleton

Public Library, 502 SW Dorion Ave. Join us for a different craft each week; sometimes group projects, sometimes individual. For age 4 and up. (541-966-0380).

ARC ACTIVITY NIGHT, 6 p.m., ARC of Umatilla County, 215 W. Orchard Ave., Hermiston. Games, crafts and light refreshments. Free; open to all. Donations accepted. **Fourth Tuesdays.**

STORY AND CRAFT TIME, 6:30 p.m., Milton-Freewater Public Library, 8 S.W. Eighth Ave., Milton-Freewater. For elementary school-age children. (Lili Schmidt: 541-938-8247).

WEDNESDAYS

BABY BOOGIE & TAPPIN' TODDLERS, 10-10:45 a.m., Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

STORY TIME, 11:15 a.m. to noon, Hermiston Public Library, 235 E. Gladys Ave. (541-567-2882).

LEGO CLUB, 4 p.m., Pendleton Public Library, 502 SW Dorion Ave. We provide the Legos, participants provide the creativity. (541-966-0380). **First and Second Wednesdays.**

THURSDAYS

CLUB 24 TURKEY TROT, 7 a.m. check-in and race-day registration begins, 9 a.m.

racers begin, Sno Road Winery, 111 W. Main St., Echo. Fun 1-mile kids' run or 5K run/walk for all ages. Costumes are highly encouraged. Cost is \$15 for adults, \$10 for ages 6-16, free for 5 and under (unless they want a T-shirt, then must register as youth), includes T-shirt if registered by Nov. 16. Proceeds benefit warming stations in Pendleton and Hermiston. (www.eventbrite.com/e/club-24-turkey-trot-2016-tickets-26664574460) **Thursday, Nov. 24**

PRESCHOOL STORY TIME, 10:15 a.m., Pendleton Public Library, 502 SW Dorion Ave. Books, songs and crafts for toddlers. (541-966-0380).



PRESCHOOL STORY AND CRAFT TIME, 10:30 a.m., Milton-Freewater Public Library, 8 S.W. Eighth Ave., Milton-Freewater. (Lili Schmidt 541-938-8247).

WEEKLY STORY TIME, 10:40 a.m., Umatilla Public Library, 700 6th Street.



Columbia River Community Health Services

541-481-7212 • 450 Tatone St., Boardman, OR 97818
Mon. 7:30 am - 7:00 pm; Tue. - Fri. 7:30 am - 5:00 pm

See us for all your medical needs. Most major insurances, Medicare and Oregon Medicaid accepted. We are an insurance exchange and Medicaid Assistor Site. Please give us a call for more information.

Hablamos Español

