

ATTRACTIVE COLOR CONTRAST DISPLAYED IN LININGS OF LATEST OF WRAPS IN PARIS

Nobody Needs Hatpin in Low-Setting Millinery Now in Vogue, But Hatpins Again Are Being Taken Up as Ornaments, Not Being Essential.



6022-Black Hat with Veil Dish of Green Satin Paris

6020-Red Hat with Veil Dish of Green Satin Paris

15920-Dressing Wrap in Denim

the hatpins—white and blue also—have been used to hold the draped ribbons in place against the brim.

Answers To Correspondents

By Lillian Tingle

for Thousand Island dressing. You can make your own variations. The only way to get exactly some particular Thousand Island dressing that you have eaten and especially enjoyed is to get a detailed recipe from the person who made it.

Thousand Island Dressing No. 1.—One cup mayonnaise, three-fourths cup whipped cream, one teaspoon onion juice, two tablespoons chopped green pepper, two tablespoons chopped pimento, one tablespoon tomato catsup, one teaspoon Worcestershire sauce, two tablespoons chili sauce, one hard-boiled egg (finely chopped), paprika to taste. Prepare and mix the chopped ingredients and into a mayonnaise. Chill, then fold in the well-chilled whipped cream and serve at once.

Thousand Island Dressing No. 2.—One cup mayonnaise (if preferred, one-half cup whipped cream, juice of one-half orange, one tablespoon tarragon vinegar, one tablespoon sugar, one tablespoon oil, one tablespoon each chopped chives, nuts, green pepper, olives, capers, fresh cucumber, and chili sauce, one stiff-beaten egg white. If desired add one tablespoon tomato catsup and one teaspoon mustard, with or without paprika. Sprinkle with pepper to taste. Combine the egg and whipped cream and fold these in last.

Thousand Island Salad Dressing No. 3.—One cup French dressing, two tablespoons chopped walnuts or almonds, one tablespoon each chopped pickles, pimento, green pepper, parsley, horseradish, chives, celery, olives, tomato catsup, orange juice, tarragon vinegar, one tablespoon sugar, a few drops each Worcestershire sauce and garlic vinegar (may be omitted), one teaspoon raw egg white, unseasoned paprika. Put all the ingredients into a Mason jar and shake very thoroughly just before serving.

Thousand Island Dressing (general).—To one cup of Thousand Island dressing use from one-half to one cup of such chopped ingredients and flavorings as you prefer, with or without the addition of one-half to one cup whipped cream. Always have the dressing well chilled and mixed just before serving.

As for the cheese cake, I cannot guarantee to give you exactly the kind that your baker makes, as there are dozens of slight differences in recipes. Following, however, are some typical fillings:

Cheese Cake or Pie No. 1.—One pint cottage cheese, one cup sugar, two tablespoons cornstarch, one cup cream, two tablespoons melted butter, grated rind of one lemon, juice of one-half lemon, three eggs. Press the cheese dry and rub through a sieve or colander. Mix with the butter, then add the cornstarch mixed smooth with the cream, then the eggs, beaten until light-colored, with the sugar and lemon. Finally fold in the whites, beaten first until stiff, then with three tablespoons of the sugar until glossy. Have ready a large, very deep, straight-sided pie plate or cake tin lined with any good pastry or with a crumbly shortbread crust or with a cookie dough, as may be preferred. Fill with the mixture and bake from three-fourths hour to one hour, according to thickness. Have the oven rather hot at first to cook the under crust very thoroughly; then moderate the heat to avoid over-cooking the filling and thus toughening or curdling it. Cover with whipped cream if desired when quite cold or cover with sifted sugar or leave plain, as preferred. A few currants may be added if liked.

Cheese Cake or Pie No. 2.—Three cups dry cottage cheese, one cup sugar, one-fourth cup melted butter, one-fourth cup wheat germ, one-fourth cup dried currants, one-fourth pound blanched and finely shredded almonds, three eggs, flavoring of grated orange rind or lemon, or almond flavoring, as preferred. Mix and finish as above.

Cheese Pie or Cake No. 3.—One and one-half cups cottage cheese, two tablespoons flour, two tablespoons cream, one-fourth cup sugar, one tablespoon butter, one-fourth cup currants, one-half teaspoon vanilla, three eggs. Mix and bake as above.

If none of these are what you had in mind, please write again, as I have a number of others. There is also a pineapple and cottage cheese pie, but I don't think the bakeries in Portland make that kind.

EVEN HUMBLEST THINGS OF LIFE ARE DECORATIVE NOW

Gay Little Lamp Intended for Boudoir Is Attractively Gotten Up—Gold Lace Adds Touch of Gaiety and Stunning Hat Has Real Ostrich Plumes.



An Unusual Lampshade

THE famous old rhyme will have to be parodied now: "Like fireflies neath her petticoat, Her lighted lamp shines in and out." For instead of little feet creeping in and out like mice beneath said petticoat, this attractive lady has an electric light bulb set upright on a stand, which also supports her anatomy. In fact, she is a quite legless lady, if you insist on knowing it, and her gracefully spreading skirts are a lampshade. The lady's head, shoulders and arms are of flesh-tinted bisque and her draperies are of thin silk, flowered like the lampshade, with a convenient pin cushion. Pleatings of pink satin ribbon trim the edges of the standard—and yards of camisole ribbon twisted round the rest.

Even the humblest things of life are decorative now. Instead of winding your camisole ribbons on a humdrum drawer of pasteboard, kept in a sewing basket, you wind the ribbon around the head of a lamp. Pleatings of pink satin ribbon trim the edges of the standard—and yards of camisole ribbon twisted round the rest.

MATERNITY GARMENTS SAID TO AFFECT HEALTH OF BABY

Comfortable Clothing Declared Important to Well-being of Mother and Child During Period of Expectancy.

This article by Mrs. Hargreaves is one of a series dealing in The Sunday Oregonian on the care and rearing of children. Mrs. Hargreaves, who is a Portland mother, has made a long and careful study of the subject. Questions pertaining to children will be answered. They should be addressed to Mrs. Hargreaves in care of the Oregonian.

BY SHEBA CHILDS HARGREAVES. THE welfare of the baby depends in a greater measure than is generally realized upon the comfort and physical well-being of his mother in the days before his birth. With the spread of knowledge of pre-natal hygiene the clothing of the expectant mother has received more attention than it did in days gone by, when such subjects were, through false ideas of delicacy, not so freely discussed as they are today.

The modern woman does not consider pregnancy a disease, nor does she isolate herself in her home during the period of expectancy, but goes on the even tenor of her way with no self-consciousness whatever. This happy state of affairs has come about through education, but credit must also be given to the designers of clothing who are now giving much thought to constructing garments for the health of both mother and child. The paper pattern seems trivial, but it has also been a factor in bringing about dress reforms, for given areas where the expense to meet any need which may arise.

Comfortable Clothing Worn. The days of lacy and ruffled clothing for women seems to have arrived. Nothing could be more desirable for the prospective mother than the straight one-piece dresses which are in vogue now. Of course the specially-designed dresses follow the general trend of fashion and may afterward be made over, so that there is no extravagance in selecting a suitable wardrobe.

I must leave the discussion of outer garments to those capable of handling the subject, as I am dealing with clothes from a hygienic standpoint. The demands of hygiene are in this case met in the wardrobe. The case met in the wardrobe. The case met in the wardrobe. The case met in the wardrobe.

Answers to Correspondents

Dear Mrs. Hargreaves—I am writing you for advice about my girl, she is 19 months old and weighs only 27 lbs. I have had her tested and she was physically perfect, but undernourished and underweight. She eats 32 Malin's food; at one year I gave her whole milk, which did not agree with her and she took a pint of milk daily besides a little cereal, broth or fruit, custards or junket. She will not eat eggs or potatoes, also give her Graham crackers and zwieback, I try to change around so that the food will not be the same each day.

She has never been sick except for colds. She is very lively and sleeps well, but she is very pale, has no color in her cheeks and is such a poor eater. Lately she takes only one-half cup of milk for breakfast. She did not have a cold all last winter, but now when I wash her head once a week she takes cold and has earache. She takes cold even when I take her out.

I have been to two doctors. One says she is because she is feeding the other says it is her liver. I started giving her cod liver oil, but she would not take it. I will help her? I want to know how to build up her system. Please give me a diet to give her more flesh and blood. I am small myself—never weighed over 100 pounds, but I wish my baby should weigh more and be fatter than she is.

I give her milk and A. M. cereal at 10 A. M., broth and pudding or baked apple at 2 P. M., milk and toast at 6 P. M., and milk and bread at 10 P. M. I would like much for a reply in next Sunday's Oregonian. Mrs. L. M. R., City.

I think you are worrying needlessly over your baby. You say that she is active and sleeps well. The fact that she is underweight and underweight is probably due to heredity. There is no fixed scale by which human beings are measured. If the child is small she weighs enough for her frame. If the artificial foods you have given her did not tend to fatten her I do not think anything will. A big, fat baby is not to be desired, though many others have the idea that if a baby is not fat it is not well. As a matter of fact an overfat baby will succumb to disease where the thin, wiry type will recover.

I think you are feeding the child correctly; the fact that she plays and sleeps well does not indicate an under-nourished condition. Do not coax her to eat—allow her to miss a feeding if she refuses food—she will make up for it providing you do not give her anything between meals. Missing a meal occasionally is not as serious as most people believe, either for children or grown people. The surest way to spoil her appetite is to try to force food on her, but above all things do not give her any food except that which is suited to her age.

Not all children have rosy cheeks even when they are well; she may be naturally pale, but more than likely the lack of color is due to keeping her too much indoors. Take her out more and she will not take cold so easily. The cod liver oil which you mention are probably due to too much clothing and too warm living rooms. As soon as the weather turns warmer, fence off a little piece of ground and allow her to play out most of the time. An old spoon and a pancake turner for digging in the dirt will do more to put color in her cheeks than any medicine ever will. Do not be afraid of dirt; children need to come in contact with the soil. This is clean dirt and washes off very easily. If the child were mine, she would go barefooted all summer but unfortunately her feet are so small that I cannot do this in children a sure indication of extreme poverty in the parents.

The teething period is trying to children, but I do not believe that cod liver oil will help very much, and as to diet, do not give sugar on the cereals and give no cereals except the patent corn-cob breakfast foods are not suitable for babies. Oatmeal made by the old-fashioned milling process is excellent also the cracked wheat, though these foods must be cooked a long time. For a change try a vegetable soup made by grinding carrots, spinach, lettuce and a little celery, cook this mixture about 15 minutes and thicken with pearl barley which has had a long previous cooking. You might give a little of the vegetable pulp, but it is just as well to strain it and retain just the liquid to which the barley has been added.

Cost of Insect Forest Pests. Indianapolis News. During the last two decades approximately \$20,000,000 damage has been done by the southern pine beetle to southern forests, according to the report of the United States department of agriculture on the destruction caused by insect forest pests.

THE VALUE OF CHARCOAL. Few People Know How Useful It Is in Preserving Health and Beauty. Nearly everybody knows that charcoal is the best and most efficient disinfectant and purifier in nature, but few realize its value as a natural cleanser of the system for the same cleansing purpose.

Why Burden Yourself With Fat? Prominent reason comes and stays where it is not needed—a burden, a hindrance to activity, a source of pleasure, a thief of all that is pretty and graceful. Why don't you take off their name Burden Yourself With Fat? Marmola Prescription Tablet. The Marmola Prescription Tablet is a safe, effective and harmless as the famous Marmola Prescription Tablet. For a free trial bottle which they take their name Burden Yourself With Fat and try a case of Marmola Prescription Tablet. Your druggist sells the bottle, or if you prefer you may write direct to the Marmola Co., 4112 Woodward Ave., Detroit, Mich. You can thus save money by getting the Marmola Prescription Tablet, and get back the graceful figure and poise you desire.

Tint Your Gray Hair Trial Package Free! Just for a short time in order to prove to many more thousands of women that Brownstone is in fact the best hair color, the manufacturers of this really wonderful preparation will give a free trial package free to those who write at once. Brownstone is positively guaranteed and cannot injure the hair in any way, but will quickly transform gray faded hair in the most amazing manner so that your friends will marvel at you when you grow younger instead of older. Regular bottles can be had from any drug store. For a free trial package, send 10 cents to The Keston Pharmacy Co., 539 Copple Blvd., Covington, Ky.—Adv.

GRANDMA NEVER LET HER HAIR GET GRAY She Kept Her Locks Dark and Glossy, With Sage Tea and Sulphur. When you darken your hair with Sage Tea and Sulphur, no one can tell because it comes so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. At little cost you can buy at any drug store the ready-to-use preparation, improved by the addition of other ingredients called "Weyth's Sage and Sulphur Compound." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears and after only one or two applications, your hair becomes beautifully darkened, glossy and luxuriant. Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Weyth's Sage and Sulphur Compound and look years younger.—Adv.

Dandruff Soon Ruins the Hair. Girls—if you want plenty of thick, beautiful, glossy, silky hair, do by all means get rid of dandruff, for it will starve your hair and ruin it if you don't. It doesn't do much good to try to brush or wash it out. The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring, use enough to moisten the scalp and rub it in gently with the finger tips. By morning most of it, or not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it. You will find, too, that all itching and digging of the scalp will stop, and your hair will look and feel a hundred times better. You can get liquid arvon at any drug store. It is inexpensive and four ounces is all you will need, no matter how much dandruff you have. This simple remedy never fails.—Adv.

Alkali in Shampoos Bad for Washing Hair. Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle. The best thing to use is Mulsified coconut oil shampoo, for this is pure and entirely free from alkali. It is cheap and beats anything else all over the place. You can get Mulsified at any drug store, and a few ounces will last the whole family for months. Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff. Be sure your druggist gives you Mulsified.—Adv.

Lady Druggist's Advice Taken. "My sister-in-law is a druggist. She told me of several bad stomach and liver cases which were benefited by taking May's Wonderful Remedy and advised me to try it. I had numerous bad attacks due to bloating and had been to several doctors. I had no relief before getting your remedy. I am feeling fine now." It is a simple, harmless preparation that removes the catarrhal mucus from the intestinal tract and always the inflammation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will convince or money refunded. At the Owl Drug Company and druggists everywhere.—Adv.

Round Garter Condemned. The round garter should never, under any circumstances, be worn; it impedes circulation and may cause varicose veins and other serious troubles, which last a lifetime. Side supports, which carry the weight of the stockings from the shoulders, are easily made at home. Take two strips of heavy muslin four inches wide, Double and stitch. The strips should be long enough to cross in the back and meet on the hips after the fashion of suspenders. Regular stocking supporters are then fastened to the sides, and the problem is solved for the whole time. The matter of providing suitable clothing may seem very trivial to the casual reader, but it makes all the difference between comfort and discomfort to the wearer. Time spent in altering clothing to meet the needs is always well spent, for the ability to work without fatigue depends greatly upon proper fitting garments. Exercise is a pleasure instead of a big bear if the clothing fits the body so that there are no points where there is strain or undue looseness. Proper clothing for the mother is even more essential to the health and

High Heels Declared Dangerous. High heels throw the whole body out of alignment; they not only bring undue pressure on certain nerves but they tilt the body forward so that the weight is wrongly carried. And