

# Household Hints

## A Sick Woman's Devotion to Duty is a Heroism which a Well Person Cannot Understand.

How distressing to see a woman struggling with her daily round of household duties, when her back and head are aching, and every new movement brings out a new pain!

One day the poor woman is wretched and utterly miserable; in a day or two she is better and laughs at her fears, thinking there is nothing much the matter after all; but before night the deadly backache reappears, the limbs tremble, the lips twitch—it seems as though all the imps of Satan were clutching her vitals; she "goes to pieces" and is flat on her back.

No woman ought to arrive at this terrible state of misery, because these symptoms are a sure forerunner of womb troubles. She must remember that Lydia E. Pinkham's Vegetable Compound is almost an infallible cure for all female ills, such as irregularity of periods, which cause weak stomach, sick headache, etc., displacements and inflammation of the womb, or any of the multitudes of illnesses which beset the female organism. Read how Mrs. Frake wrote to Mrs. Pinkham when she was in great trouble. Her letter tells the result, and how a cure was effected by the use of

## Lydia E. Pinkham's Vegetable Compound.

"I have read of your medicine making so many cures and have been advised to write to you, but I feel that it is of no use. The doctor says that I have womb trouble, but he does not seem to help me a great deal. I have such a weakness across me most of the time—have backache, am very nervous, and am troubled with leucorrhoea. I am very weak, cannot walk any distance or stand long unless I ache all over. I would like to know if you think your medicine would do me any good."—Mrs. SAMUEL FRAKE, Prospect Plains, N.J.

"I cannot thank you enough for what Lydia E. Pinkham's Vegetable Compound has done for me. When I first wrote to you I had suffered for years. The doctor said I had congestion of the womb, was troubled with my kidneys and bladder, my back ached dreadfully all the time, and I suffered with bearing-down feeling, could scarcely walk about to do my own housework. I stopped doctoring with the physician and took your medicine, and am now able to do my own work, have no more backache or weakness across me, and can do all my own work. I cannot praise your medicine enough, and would advise all suffering women to try it."—Mrs. SAMUEL FRAKE, Prospect Plains, N.J.

**\$5000** FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.  
Lydia E. Pinkham Med. Co., Lynn, Mass.

The Medicine that has Restored a Million Women to Health is  
**Lydia E. Pinkham's Vegetable Compound**



## FOLK LORE OF THE WEATHER

NATIONAL BUREAU ISSUES AN INTERESTING PAMPHLET BOOK OF OMENS AND PREDICTIONS, ANCIENT AND MODERN

**T**HE United States Weather Bureau has just issued one of the most interesting pamphlets ever prepared in a Government department, a pamphlet treating a subject which appeals to all parts of the country—the weather.

Professor Garrison, who refers to his work by way of introduction as follows: "It is safe to assume that our first parents acquired weather wisdom by observing weather sequences and noting the foreshadowed effects of certain atmospheric conditions on objects animate and inanimate. We may assume further that the knowledge thus acquired was communicated to their descendants and that it was handed down, with additions and amplifications, from generation to generation. We find in the earlier writings and in the Scriptures expressions of weather wisdom, many of which appear in collections of the popular weather sayings of today. Thus by assumption and education we know that man has ever employed inherited and acquired weather wisdom in the daily affairs of life. When flocks and herds have constituted his earthly possessions he has been prompted to lead his charges to places of safety when signs of impending storms appeared. As a navigator his interpretation of the signs of the air has, in innumerable instances, enabled him to adopt measures calculated to avert disaster to his frail craft. As a husbandman he has closely scanned the sky, the air and the earth for signs that would indicate the weather of the coming day and season.

While the peacock comes in for a share: When the peacock looks to his hawk, Soon we'll have both rain and squall. Even Shakespeare is referred to as an authority on weather signs: A red morn, that ever yet betokened Wreck to the seaman, tempest to the land, Skrow to shoublers, wee unto the birds, Gust and foul faws to herlines and herds. Isaak Walton's wise advice to fishermen is given prominecely: When the wind is in the North, The skillful fisher does not fish; When the wind is in the East, 'Tis good for neither man nor beast; When the wind is in the South, It blows the flies in the fish's mouth; When the wind is in the West, There it is the very best.

The influence of the days has one example quoted thus: If on Friday it rains, 'Twill on Sunday again; If Friday be clear, Haver on Sunday no fear. **Meteorological Lore.** Professor Garrison includes all the old sayings. When the sun draws water, rain will soon follow. When the sun is red, he's at his wits' end. When rheumatic people complain of more than ordinary pain, rain is almost sure to follow. The larger the halo about the moon the nearer the rain cloud. When the perfume of flowers is unusually perceptible, rain is not far off. Root, rain and thunder are about to appear. "Clamorous as a parrot against rain," said Shakespeare as a simile. A bee was never caught in a shower. Eternity is indicated when ants travel in a line; good weather when they scatter. When flies congregate in swarms, rain follows soon. A blur of haziness, if it is accompanied by a storm. The moon with a circle brings water in her beak. When the stars flicker in a dark background, rain or snow follows soon.

"The wisdom thus acquired has been perpetuated in the form of trite sayings and proverbs. Many of these sayings are polished gems of weather lore, others have lost their potency by transfer to foreign lands where dissimilar climatic conditions obtain, and a large proportion have been born of fancy and superstition.

One of the trite rhymes to which the Government experts give credence runs: Rainbow at night, sailors' delight; Rainbow in morning, sailors' warning. Another: Evening red and morning gray Will send the traveler on his way; But evening gray and morning red Will bring down rain upon his head.

**Old Weather Proverbs.** The old weather proverbs in rhyme and prose are classified under various heads. These deal with the relations of animals to the weather, the arrangements of the clouds, vagaries of the moon and sun, the wisdom of the fish and birds, the sagacity of insects, the sensitiveness of plants, and finally the forecasts made from the weather conditions on any given day, such as groundhog day. All the sayings one ever

heard of seem to have been collected by Professor Garrison, who refers to his work by way of introduction as follows: "It is safe to assume that our first parents acquired weather wisdom by observing weather sequences and noting the foreshadowed effects of certain atmospheric conditions on objects animate and inanimate. We may assume further that the knowledge thus acquired was communicated to their descendants and that it was handed down, with additions and amplifications, from generation to generation. We find in the earlier writings and in the Scriptures expressions of weather wisdom, many of which appear in collections of the popular weather sayings of today. Thus by assumption and education we know that man has ever employed inherited and acquired weather wisdom in the daily affairs of life. When flocks and herds have constituted his earthly possessions he has been prompted to lead his charges to places of safety when signs of impending storms appeared. As a navigator his interpretation of the signs of the air has, in innumerable instances, enabled him to adopt measures calculated to avert disaster to his frail craft. As a husbandman he has closely scanned the sky, the air and the earth for signs that would indicate the weather of the coming day and season.

## WANT RAILROAD BUILT

PROPERTY-OWNERS ON BASE LINE SIGN PETITION.

**G. W. Gay Says that Nine-Tenths of the Possible Signatures Have Been Secured.**

G. W. Gay, who circulated the petition asking for a franchise for an electric railway on the Base Line road to Montavilla, reports that he secured signatures of nine-tenths of the property-owners on both sides of the road. William Ladd, who represents the Ladd property on the Base Line, which has an extended frontage on the Base Line road, and who would not oppose the granting of the franchise if the property-owners desired the electric railway built. This would make the petition for the road almost unanimous as far as the property-owners are concerned.

**PARSNIPS NOT POISONOUS.** If Cultivated and Not Wild, May Safely Be Fed to Cattle.

SHELBURN, Linn County, Or., Dec. 2.—(To the Editor:—Will you please state if parsnips are dangerous to feed to cows or not? I have been told that they would kill them, but would like more information on the subject without experimenting.

The cultivated parsnip is not poisonous, and is widely cultivated as a culinary vegetable as well as a valuable fodder for livestock. It is not much used for feeding stock in this region, as it is too valuable for this and carrots, turnips, etc., are more easily raised. It is, however, grown extensively in parts of Europe, and cows there, fed on parsnips and hay, yield better milk inferior in color or flavor to that produced from pastureage. In "Money in the Garden," a book published by Orange-Judd Company, it is stated that when parsnips are fed to milch cows the quality of the milk is improved and the butter of finer flavor. This is quite probable, as the nutritious roots of the parsnip have a peculiar and agreeable flavor.

## TO PAY OFF DEBT.

Milwaukee District Will Make Large Levy at Annual Meeting.

At the coming annual meeting of the taxpayers of the Milwaukee School it is expected that a tax will be levied large enough to pay off the present debt of \$3000. The proposition to rebound the debt now bears 7 per cent interest. Next year the intention is to provide the High School grade by introducing the ninth and tenth grades. An addition to the present four-room building will be required.

**FREE TO THE GIRLS.** May Join Physical Culture Classes at Sunnyside This Afternoon.

All girls from the Sunnyside School and the neighborhood are invited to be at the Boys' Brigade hall this afternoon at the close of school. At that time classes in physical culture are to be organized. This work will be under the auspices of the Y. M. C. A. Union and the instruction will be by a competent teacher. An effort will also be made to organize classes for the adults as for girls, but the main object now is to enroll the girls above named.

## SHREDDED WHEAT BISCUIT

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## The Dishes that please the Eye, the Palate and the Reason are made with Shredded Wheat.

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## UNCLE SAM TO BUY COAL.

He Will Need 5000 Tons During the Coming Year.

Sealed proposals for furnishing and delivering 5000 tons of coal to the United States at various points on the Columbia and Willamette Rivers during the coming year will be received at the office of Major W. C. Langitt, United States Engineer Department, until 10 o'clock A. M., December 22.

## THREE-STORY BUILDING.

Malarky and Metacham to Build on Union Avenue and Burnside.

The intersection of Union avenue and East Burnside street promises to be a business center, and East Burnside will be a business street up to East Tenth, where the new street railway turns south. Street-cars now pass the corner every seven minutes, and when the two other branches of the Portland Railway Company are completed an operation cars will cross Burnside bridge every five minutes.

## City Defeats Railway in Court.

NEW YORK, Dec. 2—A referee appointed by the Supreme Court to hear the evidence in a long pending case of the City of New York against the Manhattan Railway Company has decided in favor of the former. If the referee is sustained by the court, the city exchequer will be enriched more than \$600,000.

## THE BAZAAR SEASON IS IN FULL SWING

UNITARIAN CHAPEL IS FILLED WITH HANDSOMELY DECORATED BOOTHS

**O**NE of the handsomest bazars of the season opened at the Unitarian Church last night, the beautiful decorations of the various booths and the large crowd attending giving the church parlors and chapel quite a gala air. Santa Claus will have to work over his regular hours this Christmas if he properly delivers all the pretty and dainty gifts which were purchased at this bazaar last night, for many a mysterious-looking bundle went home under cloaks and in overcoat pockets. Eight handsome booths fill the chapel and there was a constant stream of purchasers at each of them all evening. Articles ranging in price from 5 cents to many dollars were displayed, and it seemed as though the patrons had all brought their nickels and dollars to exchange for these pretty things.

The younger patrons never got very far away from the doll booths, which seemed to have a great attraction for them. The Japanese booth was a glow of many colored lights from the many Japanese and Chinese lanterns hanging about in great profusion. A bevy of pretty maids in Japanese costume, who attended to the customer's wants and poured tea, gave an Oriental coloring and atmosphere to this corner. Misses Alta Smith, Maida Hart and Lindley Morton poured tea, and the Misses Harper, May Batchelor, Geraldine Aitken and Jessie Jones attended. All sorts of dainty little concoctions in fancy work were sold here, and the booth was not only novel, but entirely successful.

For all artistic articles in the line of burnt work, pictures and ornamental bric-a-brac, one had to go to the art booth in charge of Mrs. J. P. Wager and Mrs. Ferry Henshaw. Dainty little calendars and artistic scenes were displayed here and were quickly picked up by eager customers.

## BUSY BEES GIVE BAZAAR.

**Order of Maccabees Have Christmas Wares for Sale.**

The women of the Golden Rule Hive No. 11, Order of Maccabees are holding a remarkably successful bazaar at Morrison and West Park. Bees were never busier and their fine collection of fancy work and useful household articles are

H. Lambson, State Commander, is chairman. While a great many of the fancy articles on sale have been made and donated by the resident members of the Golden Rule Hive, others have been donated by Mrs. F. A. Bennett, Fremont articles of every description can be had, the sofa pillows being a special feature. Mrs. Emily Lucas and Mrs. Bertha Elston preside over the art booth, which is plentifully supplied with all kinds and varieties of artistic bric-a-brac, which make pretty Christmas gifts. Small pictures, etchings and burnt work are in evidence, and judging from the way they were selling they will all find their way into some Christmas stockings.

Jellies, preserves, mince-meat, cake and innumerable good things to eat, all home cooking, too, are displayed at the household booth, where Mrs. Frances Koesel takes orders. Aprons of every style and useful household articles are handled by Mrs. Emmie Hoppen and Mrs. Kate Driscoll, while Miss Ruth Tackabury sells the delicious home-made French candies. The members bespeak fair patronage from the public at large, as their funds are needed to help those who are sick or in need with accidents in their lodge. Hot lunches can be had at noon or any hour throughout the day and the best of home prepared food will be served. Mrs. Florence Klein-smith is in charge of the dining room.

The decorations are unusually pretty and music is furnished every evening.

## MAKE MERRY AT HUSKING BEE

**Young Folks Give Entertainment at First Christian Church.**

About 30 of the young folks of the First Christian Church took part in an old-fashioned New England husking bee last night, which was given in conjunction with the bazaar which the women of the congregation are holding at this week. The stage setting was a perfect reproduction of the interior of an old barn, and the great heaps of corn in the husks lying around the floor, the harness hanging on convenient nails, and lanterns to furnish the merry crowd of huskers light, all made the scene very realistic.

Uncle Nathan and Aunt Peggy Peterson were the hosts of the evening, and their guests included several quartet acts, all of whom contributed to the entertainment of the bee. Songs and recitations were in order, and much sport was made by Scipio, the black servant, Little Hazel Hoopengardner's rendition of "Money-Musk" to a piano and violin accompaniment aroused spontaneous applause.

The housekeepers' booth is always attractive to those who have homes, as well as to those who have not, and the sale of jellies, preserves, mince-meat, cakes and other good things for the table was lively. Mesdames W. A. Buchanan and Ryan McLaren were in charge here, and at the neighboring domestic booth Mesdames W. T. Bodely and O. W. Sloan sold aprons, sunbonnets and all sorts of homely but useful household articles.

A baby booth was something which has never been so far this season. Mesdames F. M. Batchelor and W. H. Peterson sold here little caps, booties, aprons, dresses, fancy rattles, teething rings, and all articles necessary to baby's trousseau.



Mrs. H. Lambson, Chairman Maccabees Bazaar Committee.

selling fast. A number of handsome articles are to be raffled, and among these is included a large hand-painted silk quilt. The bazaar is under the supervision of a committee of which Mrs. N.