

# The Fire of Youth



Have you never experienced the strength of nerve, the courage, self-confidence and energy that are the characteristics of the well developed man? Have you lost the fire of youth by dissipations and excesses? Do you look with envy upon the man who has preserved his health intact? Why go on from day to day realizing that you are losing your nerve force, when you can see a cure within your grasp?

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## THEY LIKE THE COLD.

### ANIMALS THAT HAIL WINTER WITH JOY.

Frost and Snow Have No Terrors for Many of the Furred and Also Some of the Feathered Denizens of the Woods and Cultivated Fields.

When the grip of Jack Frost tightens on the land, and turns the soggy garden beds and clayey plow lands to iron, tender hearts are sorry for the song birds whose delicate beaks cannot pierce the frozen soil. And many imagine that all wild creatures feel the bitter cold and suffer alike.

But this is a mistake. For many of the furred, and some even of the feathered, tribes the frost and snow have no terrors. The hawks grow fat in snow time. The kestrel finds the snow a capital background against which to view the small fry he feeds on, while the sparrow hawk soars over the clumps of underbrush watching for the sparrows as they slip in and out of shelter. All the weasel tribe rejoice.

To none more than to the domestic pussy does the cold bring joy. It is her game season. Wild birds of many sorts, in the summer shy inhabitants of the woodlands, swarm into suburban gardens, and prove easier prey than the sparrow.

Dogs revel in the clear, bright days of frost. Even short-coated fox terriers never seem to feel the cold, but scamper madly over the stiff grass. And St. Bernards lose their summer sleepiness and roll delightedly in the powdery snow.

The short, dark winter days of Canada's great Northwest hold no terrors for at least one creature. This is the wolverine, an ugly, bear-like beast, hated and feared by all the trappers. Unseen himself, he follows the hunters and watches them as they set their traps, which they do in a long line extending sometimes as much as thirty miles through the dense evergreen forest. These he visits before the gray winter dawn has broken and takes away the bait, himself far too cunning to risk capture. Or, if the trap already holds a captive, mink or ermine, this, too, he tears away and devours at a safe distance. Many are the stories told of this, the greediest, most powerful and suspicious creature of its vast solitudes.

In the far north of the same vast solitudes the musk ox lives and flourishes all the year around. Fifty below zero does not matter to this quaint animal, with his immensely thick, furry coat. His sharp hoofs are suited to perfection for scraping away the deep snow and laying bare the thick lichen and moss below it. Nothing but warmth worries the little musk ox. Mere freezing point is to him a Turkish bath.

Another victim to warmth is the llama, yet it lives in latitudes which maps mark as tropical. It seeks a nice cold place high on the windy tablelands of the Andes, and there proves itself of great value to the natives. Water and food do not seem to worry the llama, which carries its burden easily where even mules pant with distress in the thin atmosphere of the giant mountains. The camel of the mountains, as the llama is called, small as he is, will carry a load of 100 pounds.

Dozens of different creatures happily doze the winter away—bats and bears, dormice and many others. One of the least known, and yet most interesting of these, is the hamster. This little brute is the most savage and unsociable creature known. Each in a separate hole far underground, the hamster alternately sleeps on a couch of dry grass, or wakes to stuff himself almost to bursting with the great store of corn and beans he has laid up in his winter larder. Winter is for him the season to rest and grow fat.

### A NOTED PRIEST.

Life Story of Dr. Edward McGlynn, St. Mary's Church, Newburgh, N. Y.

Rev. Dr. Edward McGlynn, pastor of St. Mary's Church, Newburgh, N. Y., who died recently, was an able theologian and a magnetic speaker. His differences with Archbishop Corrigan, his ecclesiastical superior, gave him an international reputation. He warmly espoused the doctrines of Henry George and the single tax theory and made addresses at political meetings which served to widen the breach with those in authority in the church. Previously he had declined to establish parochial schools in the parish of St. Stephen's, of which he was pastor, averring that the public schools were good enough. He had also displeased the archbishop by the active part he took in the Land League movement. In 1886 he was commanded not to make political addresses. He kept on, however. On election day, 1886, he rode around the polling places of New York in a barouche with single tax politicians. For this he was ordered to Rome to make explanation of his conduct to the Sacred College. For refusing to do he was excommunicated. Then Dr. McGlynn devoted his time to preaching his land theories and reorganizing the Anti-Poverty Society for this purpose and addressed its meetings frequently. For five years the ban was in force which kept him outside the church. In 1892 it was withdrawn through the intercession of Archbishop Satolli and three years later he was restored to the priesthood and soon after made pastor of St. Mary's Church, Newburgh, where the closing years of his life were made fruitful in extending and intensifying Catholic belief and doctrine in a congregation of 7,000 people.

Dr. McGlynn was born in New York City of Irish parents, who settled there in 1824 from Donegal. In 1837 Edward was born and early manifested a liking for the priesthood. He went to

Rome at 17 to study in the College of the Propaganda. He was a brilliant scholar and at 22 was made priest and at the same time doctor of divinity—a rare honor conferred upon candidates for holy orders. He returned to New York in 1850 and as curate served in several churches and while so acting was attached to St. Stephens Church, and, upon the death of Dr. Cummings, the pastor, succeeded to the vacancy. This was at the age of 29. For 21 years he continued in this relation and made it the largest Catholic parish in the United States—27,000 persons being affiliated with it. His fame as a preacher and his great and unceasing love for the poor as manifested in countless acts of charity made him beloved by the people of all denominations. He gave away the fortune of \$40,000 that his father left him to the poor and in every possible way did all



REV. DR. EDWARD M'GLYNN.

he could to ameliorate their sufferings. It was his exceeding interest in the forlorn and hungry that led him to espouse the George movement in the hope that something might be done by the State to lift the tens of thousands of the miserable poor in New York to a state of independence. He never ceased to the last to make the cause of the poor his own and a great and noble heart was still when the vital spark was extinguished.

### NEURALGIA.

Something About This Troublesome Disease. Pain in a nerve may be due to many causes, such as inflammation of the nerve itself or of the parts around it, pressure by a tumor or swelling somewhere along the course of the nerve, disease at the point of origin of the nerve in the brain or spinal cord, and the like.

When no cause can be discovered for the pain it is called neuralgia; but the term is becoming more and more restricted in its application as medical science advances and new means of detecting disease in formerly inaccessible parts of the body are devised.

The pain is intermittent in character; that is to say, attacks of pain alternate with pain-free periods. The duration of the attacks, as well as of the intervals between them, varies from a few hours to days or even weeks.

Children do not, as a rule, suffer from neuralgia in any part of the body, but they may have headaches, it is true, but those are usually due to eye-strain or to some distinct nervous trouble. The pain of neuralgia is usually very acute and cutting, and is constantly varying in intensity, now dying down for a time, so as to be scarcely noticeable, and again becoming almost unendurable, stabbing the poor sufferer with ferocious malignity.

The character of the pain serves to distinguish neuralgia from so-called muscular rheumatism, the pain of which is a steady dull ache rather than a sharp, boring and paroxysmal agony.

There is a curious form of neuralgia which is called "remittent." It occurs in persons, usually of a nervous type, who have suffered from nerve-pain due to inflammation, the pressure of a tumor, or some other removable cause, and in whom the pain persists after the cause has been removed. The nerve seems to have acquired a habit of hurting, which continues independently of the original cause.

The treatment of neuralgia is often most difficult and unsatisfactory, for if the cause cannot be determined the physician must work at random. The first step must be to relieve the pain during an attack, which is often possible only by means of powerful analgesics.

A neuralgic sufferer is usually below par physically, and, therefore, tonics, nourishing food and a change of air, when possible, almost always do good.—Youth's Companion.

### Wagner in Archey Road.

"I'll tell you," said Molly Donahue (who was giving a musicale), "play 'The Ride of the Waukryies.' It's so cute."

And Wagner bounded into Archey Road. He was soon perhaps the most unpopular stranger that ever visited that hospitable neighborhood. He charged the circle of dissidents and left them helpless on the field of battle. Mr. Donahue's eyes showed panic. He clutched Mr. Dooley by the arm and raised him to his feet.

"Come on! Come on!" he said in a burst of rage that at last mastered all domestic tyranny. "We'll have here while they're a shiteck iv furniture left in th' house."

"But where ar-re ye goin'?" Mrs. Donahue asked.

"I'm goin' down to the rollin'-mills," he said, "where I can hear the hammers peltin'; where I can have quiet."—Ladies' Home Journal.

## CITY NEWS.

Mr. W. L. B. Plummer has entered in his new position as janitor at the custom house.

Mr. Walter Perry has accepted the position of head waiter at the Imperial.

Mrs. R. Barnard's condition is reported to be greatly improved. Her early return home is expected.

Mrs. S. Gayles has not as yet fully recovered her health, but is still unable to take her accustomed place in the social whirl.

Mr. James Beattie expects to welcome his brother, who, with his wife and two sons, left Chicago on the 6th inst. for Portland. They have been residents of Evansville, Ill., but have decided to cast their lot with the Web-foot in the future.

It is reported that a certain corporal stationed at Vancouver has persuaded a young widow to lay aside her mourning weeds and again don orange blossoms in the near future. More anon.

Rev. Robert Arlington, after an absence of five years, arrived in this city last Saturday morning. He was agreeably surprised to note the many changes that have taken place here during his absence. On Sunday evening he preached an eloquent sermon at the Baptist A. M. E. church. He has not decided as to the length of stay in our midst or as to his future movements.

New Northwest lodge No. 2884, G. U. O. of O. F., on last Tuesday evening installed her new officers for the ensuing term. She also determined to give a Valentine party on the 14th of February. So many inquiries have been made as to when the lodge would give something that a large attendance may be anticipated on this occasion.

Rev. A. Anderson is still unable to take an active part in the turmoil of life, but is superintending and laying plans for the accommodation of the forthcoming conference of his church, which is to convene here on the second Wednesday of this month, unless postponed on account of the inability of the Bishop to be here at that time.

It is reported on good authority that the white officers of the Forty-ninth U. S. V., infantry, drew the color line to a great extent on the occasion of being transported from this country to the Philippines, refusing to eat at the same table with the colored officers, and those in authority listened to it and arranged to feed the white officers at the first table and the colored officers at a second table. Such is a sample of the men we send to subdue and civilize a race of people, who, as they happen to have a dark skin, will be looked upon in the same light as the colored officers of those companies. We believe that the fate of the natives of the Philippines living under the ban of color will be far worse than living as they are "reported" to be now "superstitious, ignorant and half-civilized."

We are informed that the matter has been laid before the president. Will he dare to take any steps to right the wrong or will the fear of losing a few votes close his eyes and ears to this as to many other injustices. Officers and gentlemen are supposed to be synonymous terms and for one officer or gentleman to refuse to dine with another, when occasion requires it, should be an offense unbecoming an officer and gentleman, to say the least.

Reedville school district votes a 2-mill tax this year.

B. C. Cash Market. Cheapest and best goods delivered east and west. Corner Seventh and Couch streets. Everything first-class. Cameron & Mergens.

The Storey-Kern Fuel Company has purchased D. Balyas & Co.'s wood business and are prepared to fill all orders for any kind of mill wood. They are the certainly the largest wood dealers in the city. Wood delivered to any address in the city.

When medicines will not cure you, or when you get tired of spending money for medicines, buy the Natural Body Brace from J. A. Clemenson, drug-gist, 227 Yamhill street, between First and Second.

The Comfort, 144 Sixth street, bet. Morrison and Alder. Fine wines, liquors and cigars. A fresh, cool glass of beer always on draught.

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