

Volunteers needed to assist wildlife

The Daily Astorian

The Wildlife Center of the North Coast is looking for volunteers who are interested in helping with animal care and support.

A volunteer orientation and training is being held from 2 to 4 p.m. Oct. 29 at Clatsop Community College, 1651 Lexington Ave.

Volunteers must be age 18 or older, and be able to commit to one four to six hour

shift per week for at least six months. To attend the training, RSVP by email to volunteer@coastwildlife.org by Oct. 28.

Other volunteer opportunities that don't require animal handling, such as facilities/maintenance, community outreach, education, or animal transport are also available, and do not require training. For information, call 503-338-0331 or go to www.coastwildlife.org

Tip-a-cop Thursday at Mo's Restaurant

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CANNON BEACH — Local law enforcement agencies are jointly hosting and serving as hosts and waiters at the Tip-A-Cop fundraiser, which is being held from 4 to 8 p.m. Thursday at Mo's

Restaurant, 195 Warren Way. The event also features fun and food, celebrity greeters and special guests.

The proceeds will benefit Special Olympics Oregon athletes, the local programs, and regional and state-wide competitions.

Eat spaghetti and help the warming center

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WARRENTON — A Spaghetti Feed fundraiser is being held from 5:30 to 7:30 p.m. Thursday at the Warrenton Grade School, 820 S.W. Cedar Ave. The event also includes a Muriel Dunn Pie

Auction and raffle prizes. The cost is \$5 per adult, \$3 for children age 11 and younger and \$15 for a family pass. All proceeds will go towards the Warrenton Warming Center. For details, call 503-440-8104.

Join Read for the Record at libraries on Thursday

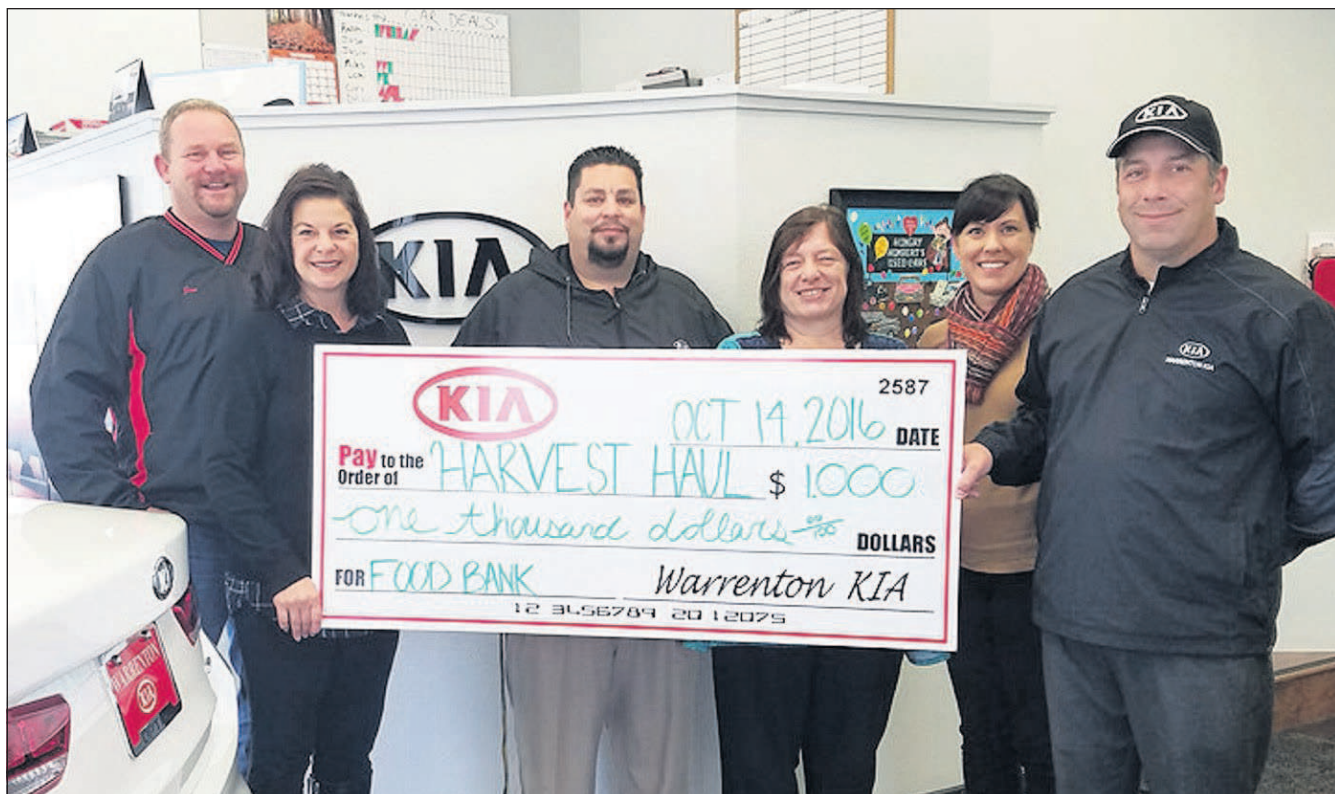
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Read for the Record takes place from 6:30 to 7:30 p.m. Thursday at two local libraries with a group reading of "The Bear Ate Your Sandwich" by Julia Sarccone-Roach. At the Astoria Public Library, the guest

reader is Peter Gimre; the guest reader at the Seaside Public Library is Justin Grafton. The first 30 families will go home with a free copy of this year's book.

For information, contact NW Parenting at 503-325-8673 or northwestparenting@gmail.com

Warrenton Kia hauls in donation



Submitted Photo

Warrenton Kia is once again supporting the annual Harvest Haul by donating \$1,000 to the food drive, which benefits the Ilwaco and Long Beach, Washington, food banks. Pictured from left, Jim and Roxanne Morinville, Ralph Rasmussen, Lori Larsen and Kimberly and Gregg Lundberg.

SELF-HELP GROUPS

Seaside TOPS (Take Off Pounds Sensibly) — 9:15 to 10:15 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road. All are welcome. For information, call 509-910-0354.

Astoria TOPS — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-298-9058.

Warrenton TOPS — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-861-1404.

Alcoholics Anonymous — To find a meeting, call 503-861-5526 or go to www.aa-oregon.org

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Al-Anon Family Groups information line for Clatsop and Tillamook counties, 503-338-5688. Oregon Area Al-Anon website. oregonal-anon.org

Astoria Al-Anon — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6467.

Clatskanie Al-Anon — 8 p.m., Monday, United

Methodist Church, 290 S. Nehalem St. For information, call 503-728-3351.

Nehalem Al-Anon — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Seaside Al-Anon — 6:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Tillamook Al-Anon — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; noon Friday, 5012 Third St., call 503-730-5863 for information.

Tillamook Alateen — 6:30 p.m. Thursday, 5012 Third St. For information, call 503-730-5863.

Warrenton Al-Anon — noon Friday, United Methodist Church, 679 S. Main Ave. For information, call 503-738-5727.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NWONA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to www.nworegonna.org

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (www.pure-lifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

Star of the Sea seeks school photos

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St. Mary, Star of the Sea Catholic Church is renovating the entrance of its parish hall/auditorium. The renovation will include a display of Star of the Sea School memorabilia and pictures of each graduating class from 1939 through 2011.

The school educated local students for 115 years, from 1896 to 21011. It included a high school until 1969. In 1970, it became a grade school, from kindergarten through sixth grade. Seventh grade was added in 1976, and in 1977, the school expanded to include eighth grade, as well.

The parish needs help locating photos of six missing graduating classes, including 1971, 1972 (sixth grade), 1978, 1979, 1980 and 1984 (eighth grade). If you can help, call Amy Russell at the parish office at 503-325-3671. All original photos will be copied and returned.

SENIOR NOTES

Alzheimer's Association Oregon Chapter — Information, referral and counseling services for families and caregivers of people with Alzheimer's, dementia and other related disorders. For information, call 800-272-3900 (24 hours a day).

Astoria Alzheimer's & Other Dementia Family Support Group — 2 to 3:30 p.m. third Monday, Clatsop Care Center, 646 16th St., first floor conference room. Open to all family members of people with dementias. For information, call Rosetta Hurley at 503-325-0313, ext. 216, or email support@clatsopcare.org

Clatsop Behavioral Health After Hours Crisis Line — 503-325-5724.

Clatsop Community Action — 503-325-1400. Respite care services, low-income energy assistance, emergency food assistance,

housing information, emergency personal care items.

Columbia Senior Diners — 11:30 a.m. weekdays, 1111 Exchange St., Astoria Senior Center. Cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Exploring New Concepts of Retirement Education (ENCORE) — 503-338-2408. Provides a wide assortment of educational experiences for individuals older than 50.

Elder Friendship Line — 800-971-0016. Available from 8 a.m. to 11 p.m.; crisis calls taken 24/7.

Food Pantries — 503-325-1400. Clatsop Community Action serves six food pantries in Clatsop County through the Oregon Food Bank Network. Call for area locations and hours.

Grief Support Group, Seaside — 2 to 4 p.m. first Thursday, Bob Chisholm Community Center, Meeting Room 1, 1225 Avenue A, Seaside. For information, call Lower Columbia Hospice at 503-338-6230.

Legal Aid Services of Oregon — 888-245-4091. Provides free services in civil cases to low income people.

Lifespan Respite — 503-325-1400. Provides information, referral, training and paid respite for family caregivers.

National Suicide Prevention Lifeline — 800-273-TALK (8255). A 24-hour, toll-free suicide prevention service for anyone in a suicidal crisis. TTY users should dial 800-799-4TTY (4889).

National Alliance on Mental Illness — 800-950-NAMI (6264)

or locally, 503-717-1835. Separate support groups for people with mental illness and families of those with mental illness are available.

Northwest Oregon Housing Authority — 503-861-0119. Rent assistance based on income.

NorthWest Senior and Disability Services — 503-861-4202 or 800-442-8614. Medicaid services, food stamps, information

and assistance, family caregiver support services, Medicare choice assistance, home delivered meals, senior meal sites and senior peer counseling.

Oregon Aging and Disability Resource Connection — 855-ORE-ADRC (673-2372), www.adrcoregon.org. Information and services for older adults, people with disabilities, their caregivers and families.

Oregon Home Care Commission Registry and Referral System — 877-867-0077, <https://www.or-hcc.org>. Provides lists of home care workers available to hire.

Partners for Seniors — 503-717-7174. Serves South Clatsop County seniors with volunteer visits, transportation, light housekeeping, yard work, minor home repairs, daily phone calls.

NEW

Full color, scenic montage postcards of Astoria now available at the Daily Astorian office!

3 for \$1

Tourists, visitors, family & friends will love sending these!

949 Exchange Street, Astoria • 503-325-3211

COMING MONDAY!

HOUSING CRUNCH

In a five-day special report, The Daily Astorian describes the problem and search for housing solutions through the eyes of professionals, developers, homeowners and renters.

The shortage of housing options affects:

- All income levels
- All ages
- All walks of life
- All areas

MONDAY: Overview of the issues county-wide

TUESDAY: Astoria

WEDNESDAY: Warrenton

THURSDAY: South County

FRIDAY: County and rural areas