

SELF-HELP GROUPS

Seaside TOPS (Take Off Pounds Sensibly) — 8 to 8:45 a.m. weigh-in, 9 to 10 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road, Seaside. For information, call 503-861-2904.

Astoria TOPS — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-325-4114.

Warrenton TOPS — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St., Warrenton. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-861-1404.

Alcoholics Anonymous —

To find a meeting, call 503-861-5526 or go to www.aa-oregon.org

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Al-Anon Family Groups information line for Clatsop and Tillamook counties, 503-338-5688. Oregon Area Al-Anon website. oregonal-anon.org

Astoria Al-Anon — 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6467.

Nehalem Al-Anon — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St., Nehalem. For information, call 503-368-8255.

Seaside Al-Anon — 7:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, Seaside, call 503-810-5196 for information.

Tillamook Al-Anon — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., Tillamook, call 503-842-5094 for information; noon Friday, 5012 Third St., Tillamook, call 503-730-5863 for information.

Tillamook Alateen — 5 p.m. Thursday, 5012 Third St., Tillamook. For information, call 503-730-5863.

Warrenton Al-Anon — noon Friday, United Methodist Church, 679 S. Main Ave. For information, call 503-738-5727.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NWONA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to www.nworegonna.org

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (www.purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

ABATE's auction, spaghetti feed to aid Food Bank

The North Coast Chapter of ABATE of Oregon Inc. holds its 26th annual Spaghetti Dinner and Auction, starting at 5 p.m. Saturday at the Astoria Moose Lodge, 420 17th St. The cost for adults is \$10 per person; for children age 12 and younger, the cost is \$3. Proceeds from this event benefit local food banks.

"Each year the Spaghetti Dinner and Auction, along with several other events we stage, generate several thousand dollars for donations to the Clatsop Community Ac-

tion Regional Food Bank," said chapter member Al Jaques. "We are very proud of our efforts over the past many years in supporting the great work by the Clatsop Community Action Food Bank to assist those when they need help."

Donations of auction items can be given to any North Coast Chapter member or brought to the Moose Lodge. For information, email info@northcoastabate.com, call Carl Earl at 503-325-6932 or go to www.northcoastabate.com

RELIGION BRIEFS

Our Saviour's Lutheran SEASIDE — Our Saviour's Lutheran Church presents "Song, Scripture and Sacrament" from 11 to 11:30 a.m. Wednesday at Suzanne Elise Assisted Living, 101 Forest Drive. All are welcome. For information, call the church at 503-738-6791.

St. James Family Center CATHLAMET, Washington — The St. James Family Center, 1134 Columbia St., is holding its annual Holiday Gift Fair from 10 a.m. to 4 p.m. Saturday. Vendors are selling a wide variety of handmade items, including jewelry, wooden trivets, paintings, chart art, crocheted items, new and used Northwest regional books and more. There is also a bake sale of Scandinavian and British goodies, and a Kids' Christmas Store (no one older than age 12 allowed in), where volunteers will be on hand to help kids shop and wrap.

All proceeds go to the St. James Family Center.

St. Mary Star of the Sea — The Catholic Daughters' third Annual Music Fest and Silent Auction is being held from 5 to 7 p.m. Saturday in the St. Mary, Star of the Sea School auditorium, 1411 Grand Ave. The event features the Knappa Marimba Band and acoustic folk music. This event is open to the public.

Auction items include an antique record player and a washer. Two raffles are also being held, and there is free food. The proceeds from the music fest will be distributed among several local charitable organizations, including food banks. Cash and local checks only will be accepted.

On Sunday, an offering is being taken in support of the Catholic Campaign for Human Development at St. Mary, Star of the Sea Catholic Church, 1465 Grand Ave. A Thanks-

giving Day Mass is being held at 10 a.m. Thursday, complete with choral music. All are welcome.

The Knights of Columbus Squires are taking orders for Christmas wreaths. Delivery is Dec. 5 and 6. Monies received from this activity aid the community, and especially young men. For information, call the church at 503-325-3671.

Grace Episcopal Church — Christ the King Sunday is being celebrated Sunday at both the 8 and 10 a.m. services at Grace Episcopal Church, 1545 Franklin Ave. This is the last day of the liturgical church year; the new liturgical year begins next week with Advent.

Following the 10 a.m. service, everyone is invited to gather in the Parish Hall for activities designed to encourage and enable all ages to participate in the season of Advent, making Advent wreaths, crafts and special treats.

This Sunday is also Hunger Awareness Sunday at Grace, with an ingathering of items for the Grace Food Pantry. Especially needed are dry cereal and cans of chili and refried beans.

The Fourth Sunday Community Dinner is being held at 4 p.m. Those wishing to help should come at 3 p.m. to set up or at 4:30 p.m. to clean up.

For information, call 503-325-4691 or go to www.graceastoria.org

Bethany Free Lutheran — Bethany Free Lutheran Church, 451 34th St., is hosting Christian recording artist Steve Green on Sunday. He is singing two songs during the 11 a.m. worship service, and is performing a concert at 6 p.m. as part of Bethany's celebration of its 125th anniversary as a congregation. The concert is free, but seating is limited. Throughout his 29 years of ministry in Christian music, Green has



Steve Green

been honored with four Grammy nominations, 13 No. 1 songs, and seven Dove awards, Christian music's highest honor. With 33 recordings to his credit, including children's projects and Spanish-language albums, Green has sold over three million albums worldwide. For information, call 503-325-2925.

Peace Lutheran

On Sunday, the worship time at Peace Lutheran Church, 565 12th St., changes to 10:30 a.m., when the Festival of Christ the King is being celebrated. The season of Advent begins Nov. 29.

For information, call 503-325-3871.

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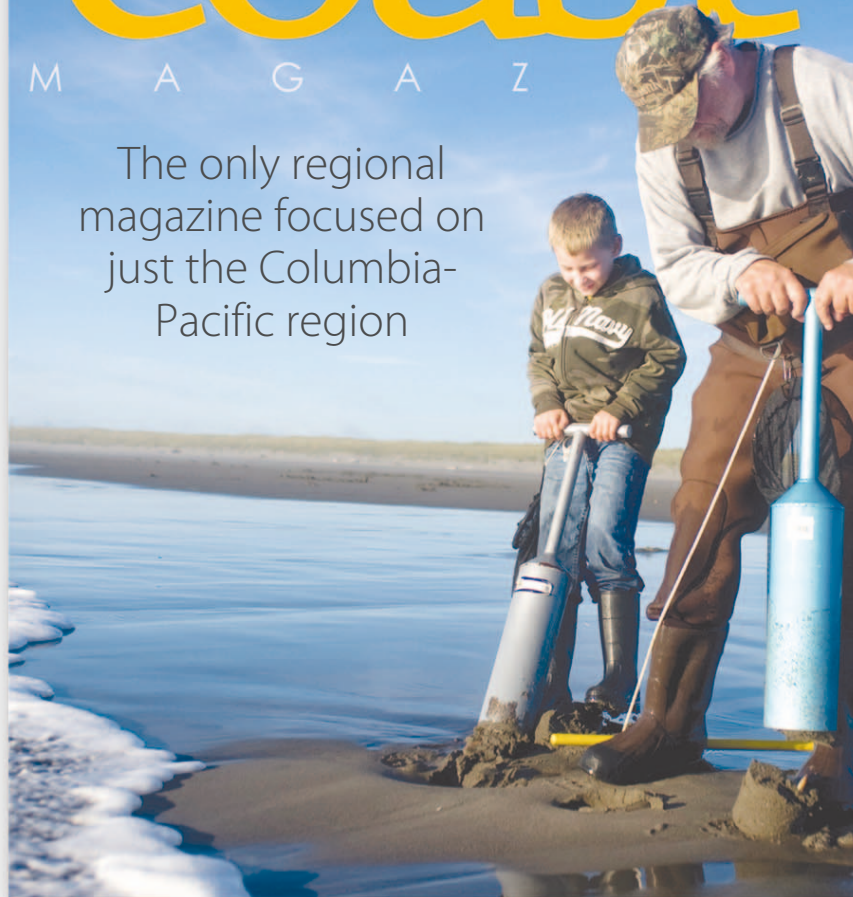
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