

MORE NOTES

Continued from Page 1B

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Astoria Kiwanis Club — noon, El Tapatio, 229 W. Marine Drive. For information, call Robert McClelland at 503-894-0187 or Susan Brooks at 503-741-0186 or 503-328-4994.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Warrenton Kiwanis Club — noon, Doogers Seafood and Grill, 103 U.S. Highway 101, Warrenton. For information, call Darlene Warren at 503-861-2672.

Warrenton Caregiver Support Group — 1:30 to 3 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support, information and resources for caregivers. For information, call Grace Bruseth at 503-738-6412.

Line Dancing for Seniors — 1:30 to 2:30 p.m., Astoria Senior Center, temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. For information, call 503-325-3231.

A Course in Miracles — The Astoria ACIM study group meets weekly from 3 to 4 p.m. For information and location, call Nelle Moffett at 916-307-9790 or email moffett@cglfellowship.org

Spinning Circle — 3 to 5 p.m., Astoria Fiber Arts Academy, 1296 Duane St. Bring a spinning wheel. For information, call 503-325-5598 or go to <http://astoriafiberarts.com>

Lower Columbia Hospice Bereavement Support Group — 4:30 to 6 p.m., Columbia Memorial Hospital Community Center, Chinook Conference Room, 2021 Marine Drive. Open to age 18 or older. For information, call 503-338-6230.

North Coast Chapter, ABATE of Oregon — 5:30 p.m., Astoria Moose Lodge, 420 17th Street. All are welcome. For information, call 503-791-7253.

Peninsula Arts Association — 6 p.m., PAA Office, Long Beach Depot Building, Third Street N. and Pacific Highway, Long Beach, Wash. All are welcome. For information, call 360-665-6041 or go to <http://beachartist.org>

WEDNESDAY Help Ending Abusive Relationship Tendencies — 10



Submitted photo

A tour of the Point Adams National Oceanic and Atmospheric Administration (NOAA) Research Station in Hammond is planned by the Angora Hiking Club.

Hikers to tour Point Adams NOAA Research Station

HAMMOND — The Angora Hiking Club meets Nov. 20 for a Hammond-Warrenton Estuary walk and tour of the Point Adams National Oceanic and Atmospheric Administration (NOAA) Research Station in Hammond, starting at 9:30 a.m. at Light-house Park, 44 N. Main Ave. in Warrenton.

A tour of the museum in the park is

followed by a level 3-mile walk along the estuary shoreline to Point Adams. Although the station is not typically open to the public, the Angora Hiking Club has arranged for a facility tour which will showcase the historical building and the research activities conducted there.

Walkers are asked to wear sturdy walking shoes and bring adequate wa-

ter. No dogs are allowed. Nonmembers of the club are welcome to participate in this walk as space permits. Those planning to attend should call Jim and Kathleen Hudson at 503-861-2802.

For information about the Angora Hiking Club, go to www.angorahiking-club.org, call Bob Westerberg at 503-325-4315 or email westysr@charter.net

to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Open Sewing Gathering — 10:30 a.m. to 4:30 p.m., Home-spun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Astoria Chapter Daughters of the American Revolution — 11 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Lane. Evelyn Laughman presents a program on Germany and the Palatinate Chapter DAR in Ramstein, Germany. Members and women interested in membership may call Sandra Fuller for information and reservations at 503 325-2419.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75

for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. For information, call 503-325-3231.

North Coast Multiple Sclerosis Care and Share Help Group — noon, Clatsop Retirement Village, 947 Olney Ave. For information, call 503-325-7898.

Ukulele Players — 1:30 p.m., Warrenton Masonic Lodge, 66 S.W. Fourth St., Warrenton. All

are welcome, including beginners. Loaner ukuleles available. For information, call Roger Williams at 503-717-5645.

Northwest Tea Party — 6:30 p.m., Uptown Cafe, 1639 S.E. Engsign Lane, Warrenton. For information, call 503-325-7220.

WomenHeart of North Oregon Coast — 6:30 p.m., Columbia Memorial Hospital Health and Wellness Pavilion, third floor conference room, 2165 Exchange St. Peer support group for women living with, or at risk of heart disease. For information, email Michele Abrahams at WH-NorthOregonCoast@womenheart.org

U.S. Coast Guard Auxiliary, Buoy 10 Flotilla 64 Astoria — 7 p.m., USCG Tongue Point Swimmers Building No. 1. Open to the public. For information, go to www.cgaux.org

Seaside Elks Lodge No. 1748 — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

Maple Chapter No. 95, Order of the Eastern Star — 7:30 p.m.,

Masonic Lodge Hall, 201 N. Holladay Drive, Seaside. For information, call 503-717-0808.

THURSDAY La Leche League of Astoria — 11 a.m. to 12:30 p.m., 320 South St. For those interested in breastfeeding; mothers, babies and toddlers welcome. Topic: "What to Expect: The Normal Course of Breastfeeding." For information, call Megan Oien at 503-440-4942 or Janet Weidman at 503-741-0345.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., Peace Lutheran

Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seasiderotary.com>

Veterans of Foreign Wars, Fort Stevens Post 10580 — 7 p.m., Warrenton Christian Church, 1376 Anchor St., Warrenton. For information, call Mel Jasmin at 503-861-2030.

Lower Columbia Classic Car Club — 7 p.m., Steve Jordan's shop building, 35232 Helligso Lane. New members welcome. For information or directions, call Steve Jordan at 503-325-1807.

Rainland Fly Casters — 7 p.m., First Presbyterian Church Annex, 11th Street and Harrison Avenue. For information, call Tom Scoggins at 503-325-6358, or Walt Weber at 360-777-8295, or go to www.rainlandflycasters.com

FRIDAY AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

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Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

OTHER Craft Vendors Wanted — For 20th Annual Starving Artist Faire, 7 to 10 p.m. Dec. 4, 10 a.m. to 6 p.m. Dec. 5 and 11 a.m. to 4 p.m. Dec. 6, Astoria Armory, 1626 Exchange St. For information, call Cindy Peake at 503-458-6250 (evenings) or email cindykp_6@hotmail.com

Gloves and Mittens Needed — The Astoria Warming Center needs a substantial number of large size (so they will fit everyone) men's crocheted or knitted warm gloves and mittens for the coming winter. Some hats are also needed. For information, call Sandy Rea at 503-738-3103.



Astoria author Muriel Jensen

Local author holds book signing

A book-signing party is being held from 11 a.m. to 2 p.m. Saturday at Pat's Pantry, 1133 Commercial St., for Muriel Jensen's new Harlequin Romance, "To Love and Protect," which was released Nov. 1. Jensen hinted the book is about "a cop and a crook." Refreshments will be served.

Nutcracker tickets on sale

The Little Ballet Theatre's production of "The Nutcracker" is being performed at 2 and 7:30 p.m. Dec. 5, and 2 p.m. Dec. 6, on the stage of the Astoria High School Auditorium.

This year marks the 41st year of Little Ballet Theatre's traditional start of the Holiday. Special attention is given to the young members of the audience, as they are invited on stage, following the two matinees, to receive a candy cane from the Mechanical Bear and

the Sugar Plum Fairy.

At every performance the audience can view the wooden characters of the story built by Dan Foss. Lighting designers Michael and Rhonda Alderman lend their talents to bring the story to life on the stage, the costumes are designed by Debbie Barbic, and the Tchaikovsky score is being played by 55 musicians, conducted by Cory Pederson. A 12-voice choir highlights the Kingdom of Snow scene. Tickets for "The Nutcrack-

er" are on sale now at Tickets-West (<http://bit.ly/1QiahTQ>) and at the Liberty Theatre Box Office from 2 to 5:30 p.m. Wednesdays through Saturdays.

For information, call 503-468-0659 or email maddoxdancers@opusnet.com



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Stop in for homemade, Italian ice cream We won "Peoples Choice" for Best Dessert at 2015 Iron Chef

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Free square dance lessons offered

WARRENTON — The Hayshaker Square and Round Dance Club is presenting a free introductory Square Dance Lesson with Darrell Kalmbach from 6 to 8 p.m. tonight at the Pacific Grange, 90475 U.S. Highway 101, Warrenton.

Those who find it enjoyable can come back Saturday for another lesson from 1 to 3 p.m. at a cost of \$3. A square dance is being held from 6 to 8 p.m. Saturday, which offers a chance to use everything learned. Admission to the dance is \$3.

For information, call Sylvia Davis at 503-325-8109 or go to www.hayshakers.org

DailyAstorian.com

Especially for Seniors

IT'S THAT TIME OF YEAR!

1/2 PRICE MONDAYS

SENIORS EAT FOR HALF PRICE ALL DAY

CHECK OUT OUR **\$5 DAILY SOUP & LUNCH SPECIALS**

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